



SRI BALAJI VIDYAPEETH (SBV)

(Deemed to be University)
U/S 3 of UGC Act 1956
Puducherry-607402

This document contains the details of the
Value added program on Systematic Training Program for Interns,
conducted by Mahatma Gandhi Medical College & Research Institute,
Sri Balaji Vidyapeeth, Deemed to be University.



(This document is attested from pages 1-37)



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Puducherry-607402

Criteria 1

Metrix 1.3 : Curriculum Enrichment

1.3.2

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Details of Value-added Course on Systematic training Program for Interns

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5. [Enrolled List of students](#)

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Pillaiyarkuppam, Pondicherry-607 402.

NAAC 2020



MAHATMA GANDHI MEDICAL COLLEGE AND RESEARCH INSTITUTE

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**VALUE ADDED COURSE ON
SYSTEMATIC TRAINING PROGRAM FOR INTERNS**

Course Content





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OVERVIEW

The systematic training program for interns is a value-added course, that engage the interns and specialize them in the basic skill set that are essential for a doctor to assess and perform them with confidence in and outside their alma mater.

CATHETERIZATION:

This patient presents to you with acute retention of urine. Catheterize this patient.

Catheterization station:

S. No.	Index No.	Marks
1.	Introduces self/gets consent	1
2.	Uses sterile precautions	1
3.	Cleans the parts properly	1
4.	Lubricates catheter adequately	1
5.	Introduces correctly	1
6.	Connects to urobag	1
7.	Checks for urine flow	1
8.	Inflates balloon	1
9.	Fixes catheter to thigh	1
10.	Thanks patient and tidies up	1
	Total marks	10

Materials required:

1. Male catheterization mannequin with simulated urine preloaded
2. Foley's catheter 16G
3. 10 cc syringe *2
4. Gloves (1 pair/candidate)
5. Simulated cleaning solution, gauze and sponge holder





6. Lubricating jelly
7. Kidney dish
8. Appropriate disposal bag for biohazard waste

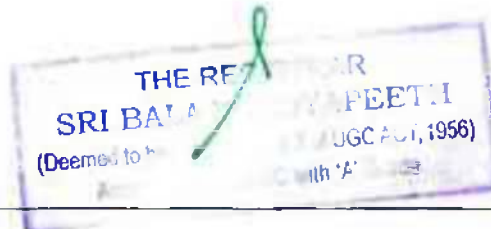
NG TUBE INSERTION:

This patient requires nasogastric tube feeding for dysphagia secondary to partially obstructing carcinoma oesophagus. Insert the provided nasogastric tube into the stomach of the mannequin and explain precautions to be taken to ensure safe NG feeding.

Observer check list for NG tube insertion:

1. Takes consent and explains procedure	
2. Uses personal protection	
3. Lubricates tube adequately	
4. Inserts tube gently through nose	
5. Asks patient to swallow at correct time	
6. Ensures correct tube placement by auscultation while injecting air/aspirating gastric content	
7. Explains need for check X-ray	
8. Explains feeding protocol (clear water followed by escalating liquid feeds, aspiration every 4 hours to rule out gastric stasis))	
9. Explains proper NG tube care (flush after every feed, sterile precautions while feeding, proper NG tube closure after feeds)	
10. Thanks patient	
Total marks (out of 10)	

Materials required:





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1. NG tube insertion mannequin
2. NG tube size 16
3. Gloves (1 pair per candidate)
4. Lubricating jelly
5. Gauze
6. Kidney tray/galipot
7. Stethoscope
8. 20 cc syringe

RECTAL EXAMINATION:

This patient complains of increased frequency of micturition with difficulty in initiating urination and poor stream. Perform a rectal examination for the patient and give your findings.

Observer check list for rectal examination

	Roll No
11. Takes consent and explains procedure	
12. Uses personal protection	
13. Inspects anus	
14. Lubricates finger adequately	
15. Inserts finger correctly	
16. Palpates all walls of rectum	
17. Describes findings correctly	

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18. Inspects finger on withdrawal	
19. Wipes anal jelly	
20. Thanks patient	
Total marks (out of 10)	

Please give one mark for each correct step

Materials required:

1. Rectal examination mannequin with nodular prostate
2. Gloves (1 pair per candidate)
3. Lubrication jelly
4. Gauze for wiping
5. Torch

SUTURING:

Apply one vertical mattress suture using the materials given.

Suturing station:

S. No.	Index No.	Marks
1.	Introduces self/gets consent/explains procedure	1
2.	Uses sterile precautions, cleans and drapes	1
3.	Handles needle safely	1
4.	Holds needle correctly in needle holder (junction of 2.3 and 1/3 from the needle tip)	1
5.	Holds dissecting forceps correctly	0.5
6.	Lifts wound edge with dissecting forceps at appropriate site	1





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7.	Passes needle through tissue 1cm from wound edge on each side	1
8.	Ties a triple throw reef knot	1
9.	Ties knot with enough tension just to approximate wound edges	1
10.	Cuts suture to appropriate length (0.5-1cm)	0.5
11.	Correctly disposed of sharps	1
	Total marks	10

Materials required:

1. Suture material with needle
2. Suturing simulator
3. Instruments
 - a. Needle holder
 - b. Dissecting forceps (toothed)
 - c. Suture cutting scissors/ straight Mayo's scissors
4. Gloves, mask
5. Gauze and simulated cleaning solutions
6. Sharps disposal box

WOUND DRESSING:

Use the materials provided to clean and dress this wound

Observer check list for wound dressing

	Roll No
21. Takes consent and explains procedure	
22. Uses sterile technique	

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23. Uses proper no touch technique	
24. Cleans the wound surroundings properly with antiseptic	
25. Avoids vigorous cleaning of raw wound surface	
26. Applies antiseptic ointment to raw area	
27. Covers wound with sterile gauze with enough layers to prevent soakage	
28. Ties and secures bandage correctly	
29. Explains dressing care precautions to patient	
30. Thanks patient	
Total marks (out of 10)	

Please give one mark for each correct step

Materials required:

1. SP/ mannequin limb with strap on wound
2. Gloves (1 pair per candidate)
3. Antiseptic cleaning solution (simulated)
4. Gauze (1 sterile pack per candidate)
5. Antiseptic ointment
6. 4 inch crepe bandage/ cotton bandage*5
7. Kidney tray/galipot





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EVENT REPORT FORM



Name/ Title of the Program
1 st Systematic training programme for CRRI
Type of the Program <i>(Please mention if this is a CME/CDE/CNE/conference/ workshop/ seminar/ symposium/ panel discussion/ Faculty development program/ student enrichment program/ alumni program/ Commemoration days; Also please mention the level, if this is at Regional/ National/ International/ Departmental, Institutional/ University level)</i>
Value added course
Conducted by
MGMCRI, SBV.
Date/ Time
08 th and 09 th February, 2019
Venue
D2 Lecture Hall, E - LIBRARY Hospital Block, MEU, Medical Simulation Centre, MGMCRI, SBV Campus, Pondicherry.
Target Audience/ Stakeholders
CRRI
Program sponsors
SBV University, Puducherry
Credit points/ hours
NIL
Activities conducted in the Program <i>(in bulleted list)</i>

this document is attested from pages 1-21

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The programme schedule is given below:

Date	Venue	Subject	Resource Person
08.02.19	D2 (Hospital Block)	Shock	Team CCU
	E - LIBRARY	Informed Consent	Dr. Seetesh Ghose, HOD, 0B & GY + Team OBGY
09.02.19	MEU	Advanced Module — Communication skills	Team Psychiatry
	Medical Simulation Centre	Suturing	Team Plastic Surgery

Detailed report of the program

The 1st systematic training programme for the CRRI (Jan-March 2019 batches) was conducted as per instructions of the honorable Vice Chancellor, Dr. S.C Parija, as a value added course. It was a 2day SBV value added interdisciplinary program that was organized & conducted by MGMCRI, SBV university, on 8th & 9th February, 2019. at MGMCRI Campus, Pondicherry.

The target audience were CRRI (Jan- March 2019 batches). Four departments were involved in the 1st systematic training program like Team CCU, Dr. Seetesh Ghose, HOD, 0B & GY + Team OBGY Team Psychiatry and Team Plastic Surgery. There were a total of 09 resource persons from various specialities & disciplines..

The course commenced at 9.00 am on 08.02.19 at D2 Lecture Hall with a welcome address to participants and resource persons by the Course Coordinator. It also included providing brief information about the structure and various components of the course along with expectations from participants; and introducing coordinators and other support staff to be present over next two days. This was followed by participants signing their attendance and then administering the Pre-test (electronically on mobiles) to all of them. The pre test comprised a set of 15

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multiple choice questions involving various scenarios with a weightage of two marks each. The first session started at 9.30 am. Attendance from participants was once again obtained before wrapping up the day's sessions.

On the second day i.e.09.02.19 once again after marking attendance for participants. The sessions focused on various aspects and contexts within members of a healthcare team (last session of the day). Each of the sessions lasted for 3 1/2 to 4 hours; which included power point presentations interspersed or followed by video demos and/or group tasks related to the lecture followed by interactive discussions and clarifications with audience and summing up the topic. Tea and lunch breaks were provided at appropriate times. The course ended with collecting feedback electronically (using specially prepared google forms on mobiles) from participants about the course. This was followed by electronic administration of the Post test with the same set of questions, this time with access to correct answers at the end. Finally, a vote of thanks was delivered by the coordinator.


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MGMC & RI, PUDUCHERRY

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Name/ Title of the Program
2 nd Systematic training programme for CRR
Type of the Program <i>(Please mention if this is a CME/CDE/CNE/conference/ workshop/ seminar/ symposium/ panel discussion/ Faculty development program/ student enrichment program/ alumni program/ Commemoration days; Also please mention the level, if this is at Regional/ National/ International/ Departmental, Institutional/ University level)</i>
Value added course
Conducted by
MGMCRI, SBV.
Date/ Time
09 th and 10 th May, 2019
Venue
D2 Lecture Hall, E - LIBRARY Hospital Block, MEU, Medical Simulation Centre, MGMCRI, SBV Campus, Pondicherry.
Target Audience/ Stakeholders
CRR
Program sponsors
SBV University, Puducherry
Credit points/ hours
NIL
Activities conducted in the Program (in bulleted list)
The programme schedule is given below:

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Date	Venue	Subject	Resource Person
09.05.2019	(Hospital Block)	Professionalism	Dr.Seethesh Ghose, VP curriculum
	Medical Simulation Centre	First AID	Dr. Hemant Kumar+ Team Anaesthesiology
10.05.2019	MEU	Clinical Note Making	Prof.Sathyanarayan Reddy + QMS team
	E - LIBRARY	Introductory module	Team Psychiatry

Detailed report of the program

The 2nd systematic training programme for the CRRI (April-June 2019 batches) was conducted as per instructions of the honorable Vice Chancellor, Dr. S.C Parija, as a value added course. It was a 2day SBV value added interdisciplinary program that was organized & conducted by MGMCRI, SBV university, on 9th& 10th May, 2019 at MGMCRI Campus, Pondicherry.

The target audience were CRRI (April- June 2019 batches). Four departments were involved in the 2nd systematic training program like Dr.Seethesh Ghose, VP curriculum, Dr. Hemant Kumar+ Team Anaesthesiology, Prof.Sathyanarayan Reddy + QMS team, Team Psychiatry. There were a total of 12 resource persons from various specialities & disciplines.

The course commenced at 9.00 am on 09.05.19 at Hoapital Block a welcome address to participants and resource persons by the Course Coordinator. It also included providing brief information about the structure and various components of the course along with expectations from participants; and introducing coordinators and other support staff to be present over next two days. This was followed by participants signing their attendance and then administering the Pre-test (electronically on mobiles) to all of them. The pre test comprised a set of 15

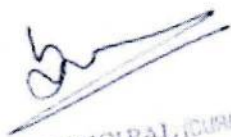


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multiple choice questions involving various scenarios with a weightage of two marks each. The first session started at 9.30 am. Attendance from participants was once again obtained before wrapping up the day's sessions.

On the second day i.e.10.05.19 once again after marking attendance for participants. The sessions focused on various aspects and contexts within members of a healthcare team (last session of the day). Each of the sessions lasted for 3 1/2 to 4 hours; which included power point presentations interspersed or followed by video demos and/or group tasks related to the lecture followed by interactive discussions and clarifications with audience and summing up the topic. Tea and lunch breaks were provided at appropriate times. The course ended with collecting feedback electronically (using specially prepared google forms on mobiles) from participants about the course. This was followed by electronic administration of the Post test with the same set of questions, this time with access to correct answers at the end. Finally, a vote of thanks was delivered by the coordinator.


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Name/ Title of the Program
3 rd Systematic training programme for CRRI
Type of the Program <i>(Please mention if this is a CME/CDE/CNE/conference/ workshop/ seminar/ symposium/ panel discussion/ Faculty development program/ student enrichment program/ alumni program/ Commemoration days; Also please mention the level, if this is at Regional/ National/ International/ Departmental, Institutional/ University level)</i>
Value added course
Conducted by
MGMCRI, SBV.
Date/ Time
28 th & 29 th August, 2018
Venue
MEU, D2 (Hospital Block), E-Library MGMCRI, SBV Campus, Pondicherry.
Target Audience/ Stakeholders
CRRI
Program sponsors
SBV University, Puducherry
Credit points/ hours
NIL
Activities conducted in the Program (in bulleted list)
The programme schedule is given below:

Location: Pillaiyarkuppam, Puducherry
Date: 2020-05-22 14:17:47

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Date	Venue	Subject	Resource Person
28.08.2018	D2 Hospital Block	AC Pain Relief	Team Anaesthesiology
	MEU	Team Work	Team Psychiatry
29.08.2018	E-Library	ECG 1	Team General Medicine
	E-Library	ECG 2	Team General Medicine

Detailed report of the program

The 3rd systematic training programme for the CRRI (July to September 2018 batches) was conducted as per instructions of the honorable Vice Chancellor, Dr. S.C Parija, as a value added course. It was a 2day SBV value added interdisciplinary program that was organized & conducted by MGMCRI, SBV university, on 28th & 29th August, 2018. at MGMCRI Campus, Pondicherry.

The target audience were CRRI (July to September 2018 batches). Four departments were involved in the 3rd systematic training program like Team Anaesthesiology , Team Psychiatry , Team General .Medicine. There were a total of 09 resource persons from various specialities & disciplines..

The course commenced at 8.00 am on 28.08.2018 at D2 Hospital Block with a welcome address to participants and resource persons by the Course Coordinator. It also included providing brief information about the structure and various components of the course along with expectations from participants; and introducing coordinators and other support staff to be present over next two days. This was followed by participants signing their attendance and then administering the Pre-test (electronically on mobiles) to all of them. The pre test comprised a set of 15 multiple choice questions involving various scenarios with a weightage of two marks each. The first session started at 8.00 am. Attendance from participants was once again obtained before wrapping up the day's sessions.

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On the second day i.e.29.08.2018 once again after marking attendance for participants. The sessions focused on various aspects and contexts within members of a healthcare team (last session of the day). Each of the sessions lasted for 3 1/2 to 4 hours; which included power point presentations interspersed or followed by video demos and/or group tasks related to the lecture followed by interactive discussions and clarifications with audience and summing up the topic. Tea and lunch breaks were provided at appropriate times. The course ended with collecting feedback electronically (using specially prepared google forms on mobiles) from participants about the course. This was followed by electronic administration of the Post test with the same set of questions, this time with access to correct answers at the end. Finally, a vote of thanks was delivered by the coordinator.


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Name/ Title of the Program
4 th Systematic training programme for CRRI
Type of the Program <i>(Please mention if this is a CME/CDE/CNE/conference/ workshop/ seminar/ symposium/ panel discussion/ Faculty development program/ student enrichment program/ alumni program/ Commemoration days; Also please mention the level, if this is at Regional/ National/ International/ Departmental, Institutional/ University level)</i>
Value added course
Conducted by
MGMCRI, SBV.
Date/ Time
23 rd & 24 th November, 2018
Venue
Ground floor Lecture Hall,D2 , Medical Simulation Centre MGMCRI, SBV Campus, Pondicherry.
Target Audience/ Stakeholders
CRRI
Program sponsors
SBV University, Puducherry
Credit points/ hours
NIL
Activities conducted in the Program (in bulleted list)
The programme schedule is given below:

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Date	Venue	Subject	Resource Person
23.11.2018	Ground Floor – Lecture Hall	Financial Managements & Investments	Mr.Kannan of Kotak Mahindra Bank
	D2	ABG+Oxygen Therapy	Team CCU
24.11.2018	Medical Simulation Lab	Initial Assessment of Trauma	Dr.Tirou Aroul + Team General Surgery

Detailed report of the program

The 4th systematic training programme for the CRRI (October – December 2018 batches) was conducted as per instructions of the honorable Vice Chancellor, Dr. S.C Parija, as a value added course. It was a 2day SBV value added interdisciplinary program that was organized & conducted by MGMCRI, SBV university, on 23rd & 24th November 2018 at MGMCRI Campus, Pondicherry.

The target audience were CRRI (October to December 2018 batches). Three departments were involved in the 4th systematic training program like Team CCU, Team Gen.Surgery, Dr.Tirou Aroul, Mr.Kannan.. There were a total of 09 resource persons from various specialities & disciplines..

The course commenced at 8.00 am on 23.11.2018 at Ground Floor Lecture Hall, with a welcome address to participants and resource persons by the Course Coordinator. It also included providing brief information about the structure and various components of the course along with expectations from participants; and introducing coordinators and other support staff to be present over next two days. This was followed by participants signing their attendance and then administering the Pre-test (electronically on mobiles) to all of them. The pre test comprised a set of 15 multiple choice questions involving various scenarios with a weightage of two marks each. The first session started at 8.00 am. Attendance from participants was once again obtained before wrapping up the day's sessions.

On the second day i.e. 24.11.2018 once again after marking attendance for participants. The sessions focused on various aspects and contexts within members of a healthcare team (last session of the day). Each of the sessions



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lasted for 3 1/2 to 4 hours; which included power point presentations interspersed or followed by video demos and/or group tasks related to the lecture followed by interactive discussions and clarifications with audience and summing up the topic. Tea and lunch breaks were provided at appropriate times. The course ended with collecting feedback electronically (using specially prepared google forms on mobiles) from participants about the course. This was followed by electronic administration of the Post test with the same set of questions, this time with access to correct answers at the end. Finally, a vote of thanks was delivered by the coordinator.


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SBV Campus, Pillaiyarkuppam, Puducherry - 607 403

MEDICAL EDUCATION UNIT

Certificate of Participation

This is to certify that Dr.....

*attended the..... **Systematic Training Programme for the Interns**.....*

held at MGMC&RI, Puducherry on..... as a Participant

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Dean
MGMCRI



Co-Ordinator
Medical Education Unit



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Systematic Training Programme Participant list		
Sr. No	UIM NO	Student Name
1	1301001115	CHARU KASINI. R
2	1301001116	RAKASRI. R
3	1301001118	MRUTHULA. G
4	1301001119	RANITHA SHRI. V
5	1301001122	RAMYA. S
6	1301001124	MANASVINI. S
7	1301001126	MITHUNA. M
8	1301001128	RICHARD ROBERT. S
9	1301001134	MANASA SARASWATHY. K
10	1301001137	RAMMOHAN. G
11	1301001141	NIVETHA. A
12	1301001144	SAKTHIVEL. N
13	1301001145	ALAMELU VARSHA M.U
14	1301001150	HAMSAVARDHINI. R
15	1001001033	GAUTAM. R
16	1001001149	VIVEKANANDAN. S
17	1101001019	ASHOK RAJ. A
18	1101001051	JANISH. A
19	1101001143	VASHINDAR. B
20	1201001002	AFRIN. A
21	1201001011	ARAVIND. K
22	1201001055	KEERTHANA. C
23	1201001078	NAVEEN MICHAEL RAJ. U
24	1201001084	NIVETHAN. R
25	1201001104	SAI KRISHNA G.B
26	1201001147	VINOTHINI. N
27	1301001016	JEYANTHI PRIYADARSHINI. S
28	1101001042	GOKUL RAJ. R.K
29	1201001105	SAI RAGHAVAN. D
30	1001001016	AVINASH. R
31	1101001079	MURALIDHARAN. R
32	1301001071	SARANATH. K
33	1301001107	ABINAYA. S
34	1301001117	AHILA. M
35	1301001140	MAHESH K.G
36	1301001112	PUNITH /A/N. R
37	1301001096	MITHU MEENAL. M

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38	1301001066	MEMAVATHI S
39	1001001055	LAKSHMI NARAYANAN S.R
40	1301001005	GOWTHAM. R
41	1301001023	ADITHYA YADAV
42	1301001055	YUJAY KRISHNA ADUSUMALLI
43	1301001062	GOWTHAM. K
44	1301001095	MIRAMBICA SAMANTA
45	1301001130	KEVINROSHAN ROZARIO
46	1201001012	ARAVIND. T
47	1201001089	NIRANJAN. B
48	1201001103	SACHIN. S
49	1201001109	SANGHITA CHAKRABORTY
50	1201001142	VIDHYAHAR. K
51	901001083	NITHESH JAY BENSAM. W
52	286375053	Karthikeyan
53	286375084	Nischal Lysander
54	801001020	ARUN PRASATH. P


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Systematic Training Programme Participant list

Sl.No	UIN Number	Name
1	1201001001	ABHILASH M
2	1201001003	AISWARYA M
3	1201001005	AKSHADA B
4	1201001008	AKSHAYA S
5	1201001007	AMUTHA PRIYA S.M
6	1201001009	ANU SRISHTI C
7	1201001010	ARAVIND J
8	1201001013	ARUL MOZHI P
9	1201001018	ASWATHI C
10	1201001018	ASWINI ANUGRAHA R
11	1201001022	BALACHANDIRAN V
12	1201001028	BINOTH NAVILSON E
13	901001072	MOHAMED YUSUF FAZAL MALIK M
14	1101001022	BHARANIDHARAN P
15	1001001017	BALACHANDRU B
16	1201001036	GOWTHAM KRISHNAN R
17	1201001038	HAMRAJ BHASKER M
18	1201001039	RAO HANEESHA
19	1201001040	ILAVENIL G
20	1201001043	JAYALAKSHMI R
21	1201001047	JHANANI R.K
22	1201001048	JOHN BENIAL KUMAR K
23	1201001053	KAVETHA J
24	1201001054	KEERTHANA B
25	1201001056	KIRAN RAJ R
26	1201001057	KIRIPRASAD R

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27	1201001059	KRITHISHA K
28	1201001061	LAVANYA R
29	1201001062	LOGESHWARAN. I
30	1201001063	MAJETY SUBHA HARINYA
31	1201001064	MAHESH ARVINTH. R
32	1201001065	MALEPATI CHANDANA
33	1201001066	MANIVANNAN S
34	1201001067	PRIJANTHINI
35	1201001068	MEENA R
36	1201001070	MUGUNDA RAJ. M
37	1201001073	NALINA P
38	1201001074	NANDHINI MUNIRATHINAM
39	1201001075	NANDHINI. P
40	1201001077	NAVEEN KUMAR S.S
41	1201001079	NEELES. K
42	1201001080	NEENA K
43	1201001085	OMPRABHA. P
44	1201001088	PRAVEEN. M
45	1201001090	PREETHIKA PALANI
46	1201001081	PRITHIVIRAJ. M
47	1201001092	PRIYA. N
48	1201001093	FRIYANGA. K
49	1201001095	PRIYANKA. P
50	1201001096	RAGHAVI. R
51	1201001100	RANGARAJAN D.V
52	1201001101	RISHMITHA ROY C.K
53	1201001108	SANGEETHA. V
54	1201001110	SARANYA. B
55	1201001112	SATHIYA SHEELAN. G
56	1201001113	SATHYA. R
57	1201001114	SEEMA ANJUM. H
58	1201001116	SHAARUNATHI E.G
59	1201001117	SHALIMA. S

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60	1201001118	SHARMILA S
61	1201001122	SIVABALAN M
62	1201001123	SIVAGAMI S
63	1201001124	SNEHA GANGA S
64	1201001126	SOUNDHARYA M
65	1201001128	SREE SHYAMINI S R
66	1201001130	SUGANYA S
67	1201001133	SUVAORA K
68	1201001134	SWATHI S
69	1201001135	SWEATHA K
70	1201001140	VASANTHA KOGILAM M
71	1201001141	VASULINGAM R.M
72	1201001143	VIGNESHVARAN P
73	1201001144	VIJAYA BABU C.J
74	1201001145	VINITHA D
75	1201001148	VISALI P
76	1201001149	VISHALINI A
77	801001045	DILIP COUMAR D
78	1201001029	DHIVAKAR S
79	1001001014	ASWIN MUKESH R
80	1201001034	GEORGE JOSEPH
81	1001001140	VENKATESAN S
82	1101001007	ALOYSIUS REUBEN
83	1201001030	DHIVYA V
84	1101001044	GOPINATH M.K
85	1101001085	NIROSHA S
86	1101001131	SWATHI S
87	1101001103	RAKUL RAJ N
88	1101001126	SRIRAAM M
89	1101001133	THIAGHU P
90	1101001145	VIJAYAKUMAR S
91	1101001038	FERINA SANOFAR I S
92	1101001007	KISHEN KHANNA PS

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93	1101001089	NIVEDA R
94	1101001113	SHAMICK SAHA
95	1201001049	JOTHI MEEMA N
96	246372045	PRADIP J
97	226375053	POPURI KIRAN P
98	226375047	NAMITHA N


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Sr. No	UIN NO	Student Name
1	0901001008	ANUMITHA. S
2	1301001121	RUMESH KANNAN. G
3	1201001087	PONNAS JANAIRAMAN. S
4	1301001101	VISHNU PRIYAN T
5	1301001038	MITHUN. C
6	1301001056	VIMAL RAJ. C
7	1301001084	SHYAM SUNDAR. S
8	1301001100	NISHARDHANA. D
9	1301001125	SRI VESALAKSHI. C
10	1301001142	VIGNESH M.N
11	1001001023	DEEPAK SAMSON
12	1201001121	SIDDHARTHAN. A
13	1301001039	MONISH KUMAR. T.K
14	1301001059	VENKATA SATISH ANYAM
15	1301001085	SUSHMITHA @ TULASI. S
16	1301001034	SIVA SELVI. N
17	1301001127	PRASANNA LAKSHMI. U
18	1301001146	PRAVEEN KUMAR. M
19	1001001030	EMIL VINCENT
20	1301001020	JEYANTH ARUN KUMAR. C
21	1301001041	CHANDINI. B
22	1301001068	SUSHIL C
23	1301001065	VENKATA PRAKASH. C

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1	1301001211	DHAMODHARAN. M
2	1301001229	JAYA KUMAR. K
3	1301001247	ABIRAM K.A
4	1101001020	ASHWIN KUMAR. R
5	1301001027	ABHINESH. N
6	1301001043	MATHUMITHA. S
7	1301001070	SUSHMITHA BASKAR
8	1301001093	KAVIN. M
9	1301001120	RAVEENA. M
10	1301001132	RAGHAV S.R
11	1301001149	GONDEN PRABHU. P
12	1201001037	GOWTHAM RAJ. G
13	1301001028	HARIN VAIDYA. G
14	1301001044	BHAVITHRA. K
15	1301001076	VIKRAM MANOHARAN
16	1301001097	MANI KANDAN. B
17	1301001136	ARUN KUMAR. H
18	1201001060	LAL SUDHARSHAN. D
19	1301001053	CHANDRANAS. K
20	1301001080	SATHYA PRIYA. P
21	1301001098	PANKAJKUMAR. C
22	1301001123	MAYURA. M
23	1301001139	BHUVANESSWAR K.C

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**VALUE ADDED COURSE ON
SYSTEMATIC TRAINING PROGRAM FOR INTERNS**

Course Content





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OVERVIEW

The systematic training program for interns is a value-added course, that engage the interns and specialize them in the basic skill set that are essential for a doctor to assess and perform them with confidence in and outside their alma mater.

CATHETERIZATION:

This patient presents to you with acute retention of urine. Catheterize this patient.

Catheterization station:

S. No.	Index No.	Marks
1.	Introduces self/gets consent	1
2.	Uses sterile precautions	1
3.	Cleans the parts properly	1
4.	Lubricates catheter adequately	1
5.	Introduces correctly	1
6.	Connects to urobag	1
7.	Checks for urine flow	1
8.	Inflates balloon	1
9.	Fixes catheter to thigh	1
10.	Thanks patient and tidies up	1
	Total marks	10

Materials required:

1. Male catheterization mannequin with simulated urine preloaded
2. Foley's catheter 16G
3. 10 cc syringe *2
4. Gloves (1 pair/candidate)
5. Simulated cleaning solution, gauze and sponge holder





6. Lubricating jelly
7. Kidney dish
8. Appropriate disposal bag for biohazard waste

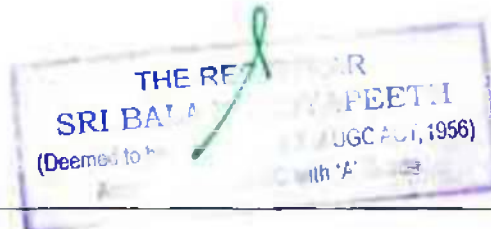
NG TUBE INSERTION:

This patient requires nasogastric tube feeding for dysphagia secondary to partially obstructing carcinoma oesophagus. Insert the provided nasogastric tube into the stomach of the mannequin and explain precautions to be taken to ensure safe NG feeding.

Observer check list for NG tube insertion:

1. Takes consent and explains procedure	
2. Uses personal protection	
3. Lubricates tube adequately	
4. Inserts tube gently through nose	
5. Asks patient to swallow at correct time	
6. Ensures correct tube placement by auscultation while injecting air/aspirating gastric content	
7. Explains need for check X-ray	
8. Explains feeding protocol (clear water followed by escalating liquid feeds, aspiration every 4 hours to rule out gastric stasis))	
9. Explains proper NG tube care (flush after every feed, sterile precautions while feeding, proper NG tube closure after feeds)	
10. Thanks patient	
Total marks (out of 10)	

Materials required:





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1. NG tube insertion mannequin
2. NG tube size 16
3. Gloves (1 pair per candidate)
4. Lubricating jelly
5. Gauze
6. Kidney tray/galipot
7. Stethoscope
8. 20 cc syringe

RECTAL EXAMINATION:

This patient complains of increased frequency of micturition with difficulty in initiating urination and poor stream. Perform a rectal examination for the patient and give your findings.

Observer check list for rectal examination

	Roll No
11. Takes consent and explains procedure	
12. Uses personal protection	
13. Inspects anus	
14. Lubricates finger adequately	
15. Inserts finger correctly	
16. Palpates all walls of rectum	
17. Describes findings correctly	

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18. Inspects finger on withdrawal	
19. Wipes anal jelly	
20. Thanks patient	
Total marks (out of 10)	

Please give one mark for each correct step

Materials required:

1. Rectal examination mannequin with nodular prostate
2. Gloves (1 pair per candidate)
3. Lubrication jelly
4. Gauze for wiping
5. Torch

SUTURING:

Apply one vertical mattress suture using the materials given.

Suturing station:

S. No.	Index No.	Marks
1.	Introduces self/gets consent/explains procedure	1
2.	Uses sterile precautions, cleans and drapes	1
3.	Handles needle safely	1
4.	Holds needle correctly in needle holder (junction of 2.3 and 1/3 from the needle tip)	1
5.	Holds dissecting forceps correctly	0.5
6.	Lifts wound edge with dissecting forceps at appropriate site	1





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7.	Passes needle through tissue 1cm from wound edge on each side	1
8.	Ties a triple throw reef knot	1
9.	Ties knot with enough tension just to approximate wound edges	1
10.	Cuts suture to appropriate length (0.5-1cm)	0.5
11.	Correctly disposed of sharps	1
	Total marks	10

Materials required:

1. Suture material with needle
2. Suturing simulator
3. Instruments
 - a. Needle holder
 - b. Dissecting forceps (toothed)
 - c. Suture cutting scissors/ straight Mayo's scissors
4. Gloves, mask
5. Gauze and simulated cleaning solutions
6. Sharps disposal box

WOUND DRESSING:

Use the materials provided to clean and dress this wound

Observer check list for wound dressing

	Roll No
21. Takes consent and explains procedure	
22. Uses sterile technique	

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23. Uses proper no touch technique	
24. Cleans the wound surroundings properly with antiseptic	
25. Avoids vigorous cleaning of raw wound surface	
26. Applies antiseptic ointment to raw area	
27. Covers wound with sterile gauze with enough layers to prevent soakage	
28. Ties and secures bandage correctly	
29. Explains dressing care precautions to patient	
30. Thanks patient	
Total marks (out of 10)	

Please give one mark for each correct step

Materials required:

1. SP/ mannequin limb with strap on wound
2. Gloves (1 pair per candidate)
3. Antiseptic cleaning solution (simulated)
4. Gauze (1 sterile pack per candidate)
5. Antiseptic ointment
6. 4 inch crepe bandage/ cotton bandage*5
7. Kidney tray/galipot

