

SRIBALAJIVIDYAPEETH



THE UNIVERSITY LOGO



Inspired by Spirituality A University is born To educate in healthcare and shine welfare on all through diligent labour illuminated by research & knowledge 'Let Wellbeing Prevail'

VISION

To be in the forefront of higher education in order to give India the high calibre manpower she needs.

MISSION

To provide quality collegiate education from undergraduate level to postdoctoral programs.

To ensure a high standard of behavior and discipline, amongst our student community.

To guarantee rapid transfer of the very latest research findings into our Institutions.

To create a climate of joyful learning to impart skills in students which will make them successful in their endeavor.

To provide meaningful industrial education, research and training at all levels.

To offer a wide range and flexibility of options especially in the areas of non-formal and continuing education.

To set a high standard of professional conduct and ethics for staff and students alike.

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SBV PUBLICATION DATABASE 2015

Cumulative publications of SBV for the year 2015 is 640. For further details log on to http://www.sbvu.ac.in .

AUDITED FINANCIAL STATEMENT

For details of the Financial Resource of SBV for the year 2015 log on to https://drive.google.com/file/d/0B93y49fK56SLZDRNTkl2Uzk5S0k/view



Shri M.K.Rajagopalan,

Chairman of Sri Balaji Vidyapeeth



It is indeed my pleasure to congratulate the Team of Sri Balaji Vidyapeeth for successfully sailing in the Academic journey during the year 2015 and for securing NACC-A-grade. During the year 2015, I am sure that Sri Balaji Vidyapeeth has steadfastly progressed in the fields of innovative courses, doctoral programmes and research works. All the constituent colleges of Sri Balaji Vidyapeeth have shown keen interest in developing the teaching-learning methods, evaluation methods and extra co-curricular activities keeping in mind the welfare of students and faculty. I feel happy to record my comments in the Annual progress report of SBV for the year 2015.

M. K. Rajagopalan FOUNDER CHAIRMAN SBV & SBECPT



Prof. Rajaram Pagadala,

Chancellor of Sri Balaji Vidyapeeth



Health Professionals in Service of Society and Humanity with Social Responsibility - 2015

It is amazing to see the foundation and growth of Mahatma Gandhi Medical College and Research Institute, transforming itself into Sri Balaji Vidyapeeth University (SBVU). The University besides embracing the existing constituent colleges in Puducherry and Chennai producing Health Professionals also is serving the international community of students and patients.

Today, the SBVU stands as a premier Post-Doctoral institution in private sector. The mission and the vision with which the Management established these institution is to make them academically flourish and yet serve the community.

The soul aim is to produce physicians of tomorrow taught and trained by experience and committed faculty. The objective is to go beyond the prescribe curriculum and students are exposed to hands on training early and pursue research.

The aim of SBVU is to see the young and immature students entering to turn them out as Health Professionals in Service of Society and Humanity with Social Responsibility.

Prof. Rajaram Padagala, Chancellor, SBV.

Prof. K.R.Sethuraman,

Vice Chancellor of Sri Balaji Vidyapeeth

The most striking achievement of SBVU during the year 2015 has undoubtedly been securing NACC-A-grade with a score 3.11 of 4.0. Achieving this in the very first cycle of NAAC is a remarkable turn around for SBVU, considering its travails since 2009.

The other note worthy event in 2015 has been the signing of academic partnership agreement with partners Medical International (PMI group) of USA for curriculum development and skills upscaling of the Faculty of Medicine of SBV. We believe that this initiative will go a long way in improving the image of the medical courses offered by SBVU at MGMCRI and SSSMCRI, making them attractive to the prospective UG and PG Students. The credit for pushing for SBVU-PMI Collaboration goes to our young and dynamic deputy Chairman of SBECPT Dr.M.R.Prashanth, who made the initial contact with PMI during his Postgraduate study at Boston and persisted with it until the signing of the MOU.

The staff and student of all the four Constituent Colleges have worked hard and showed tremendous team work in preparing for accreditation by NAAC. SBVU is truly blessed to have a heady mix of young and enthusiastic Faculty members working side by side with "Senior Zen masters", who have wisdom acquired from long years of experience. We look forward to 2016 with the invigoration created by the award of A-grade by NAAC.

> Prof. K.R.Sethuraman Vice Chancellor, SBV

Prof. A.R. Srinivasan,

Registrar of Sri Balaji Vidyapeeth



Year 2015 was an important year in the annals of Sri Balaji Vidyapeeth. National Assessment and Accreditation Council (NAAC), an autonomous institution of University Grants Commission (UGC), on the recommendation of the duly appointed Peer Team declared Sri Balaji Vidyapeeth as an accredited institution. Sri Balaji Vidyapeeth was accredited with CGPA of 3.11 on four point scale at A Grade. The certificate of accreditation was given on 16th November, 2015 and is valid for five years.

While the news of accreditation by NAAC came towards year end, there was an unanimous response to resolve our commitment for furtherance of developmental activities in the frontiers of academics, patient care and Research, in the years to come.

Several initiatives of UGC were implemented including the sustenance of the module on Environmental sciences for undergraduate students. The Chancellor's medal (inter-Collegiate) event continues to be a prestigious one, conducted on a nodal theme provided by UGC. This year, essay and poster contests were held to signify Teachers day.

Sri Balaji Vidyapeeth takes due cognizance of Academic Flexibility vested with Deemed Universities. A few courses in Allied Health Sciences were promulgated and more are on the anvil that could be taken up in early 2016.

Wishing Sri Balaji Vidyapeeth Godspeed and good luck.

Prof. A.R. Srinivasan Registrar, SBV



SRI BALAJI VIDYAPEETH

UNIVERSITY COMMUNIQUE

SRI BALAJI VIDYAPEETH ACCREDITED BY NAAC WITH "A" GRADE

Sri Balaji Vidyapeeth, in its endeavor to bring in quality improvement and sustenance in all its health sciences institutions, underwent the assessment and accreditation process by the National Assessment and Accreditation Council, an autonomous body constituted by the UGC for quality assurance of Higher Educational Institutions in India.

The active preparatory process started in March 2015 with the constitution of the NAAC steering committee headed by the Chairman, Shri M.K.Rajagopalan and guided by the Vice-Chancellor Prof.K.R.Sethuraman and the Pro-Vice-Chancellor Prof.Y.M.Jayaraj. The IQAC Coordinators from all the four constituent colleges formed the main work force (Steering Committee) supported by the Management staff and the task force committee members from all the departments.

The Steering Committee and the Task force members were actively involved in the preparation of the Self Study Report



of Sri Balaji Vidyapeeth (three volumes) which was submitted online on the 29th September, 2015. The report was accepted by NAAC and the peer team to assess the University was announced by the NAAC in October, 2015.

The peer team, including eminent academicians from different disciplines across the country visited the institute on 02.11.15 to 05.11.15. The peer team included Prof. (Dr)

Chandrasekhar Shetty, Chairperson, Prof. D. K. Maheshwari, Member Coordinator, Prof. (Dr.) Anand Kumar, Prof. (Dr) H.P. Singh, Prof. (Dr.) Ajay Agarwal, Dr. Nigamananda Das, Dr. K. Lalitha, Dr. Neelam Parikh, Dr. Neeru Vasudeva, and Dr. Shyam D. Ganvir.

On 2nd November, 2015, the team was given a warm welcome at the University building. The visit commenced with the Vice Chancellors presentation about the university followed by the Dean (Research & Post Graduate Studies) at SBV Board Room. The team then visited CIDRF and Medical Simulation Lab. The team then split to visit Mahatma Gandhi Medical College and Research Institute and Indira Gandhi Institute of Dental Sciences and presentations highlighting the unique features of the institutes were made by the respective Deans. The team had a luncheon meeting with Governing Body / Management / State Government Representatives / University Representatives on the first day followed by visit to the departments. This was followed by student interaction and interaction with prominent alumni and parents. The day ended with the cultural activities by the students and faculty of SBV.

On the second day the teams visited the various departments of MGMCRI, IGIDS and KGNC followed by visit to CYTER (Yoga) and CMTER (Music). An introduction of the hospital was given the Medical Superintendent. The team also attended to the presentation by Coordinators of SAF, Education Units, SBV AHEAD, Student Counselor – SBV (Medical Education Unit), IT Cell – Head of IT Cell, IQAC Presentation & Interaction.

On the third day, the teams visited the off campus SSSMCRI and the UHTC (Ariyankuppam) and RHTC (Seliamedu) in the main campus. This was followed by a presentation on the extension activities & collaboration presentation by ADHS. This was followed by visit to Emergency Medicine, Central Clinical Laboratory, Pharmacy, Blood Bank, CSSD, and Visit to Hostels, Gym, Sports facility, Kitchen, Central Laundry & Other Central Facilities, Estate Office, Power Stations, and Quarters.

The team also listened to the presentations made by Controller of Examination, Registrar, Finance Officer

followed by Interaction and Checking Documentary Evidences of the respective statutory offices. The team also interacted with Non-Teaching Staff and Administrative Staff. The documentary evidence of all departments was checked by the peer team at a central place. The third day ended with the meeting with the Vice Chancellor. On the fourth day, the report was shared with the Vice Chancellor followed by the exit meeting.

The entire event was well coordinated and supported by the SBV fraternity. The institute feels proud of the contributions made by everyone which resulted in 'A' grade with a CGPA score of 3.11. The Internal Quality Assurance Cell (IQAC) team wishes to thank each and every one of the SBV fraternity for this tremendous achievement.

FROM VC'S DESK

PREFACE: SRI BALAJI VIDYAPEETH - A SAGA IN THE MAKING

"Our mission is to inspire and empower young students to make them realize their latent talents and potential..."

> -Rajagopalan.MK, Chairman -SBECPT & Founder of SBV

Seven years since inception is but a brief journey for Sri Balaji Vidyapeeth (SBV), a deemed-to-be University of Health Sciences. It underwent a critical assessment within months of its inception, when it was at a nascent stage of development. Instead of causing gloom, it has galvanized the management and the staff of SBV to work much harder and make appreciable progress since 2009. With a sense of collective pride, we humbly present the details to the accreditating and regulatory authorities.

The Founding Trust - SBECPT

Sri Balaji Educational and Charitable Public Trust (SBECPT) was formed in 1996, under the leadership of Mr. M K Rajagopalan, the Chairman of the Trust. The charitable trust operates on a self-financing non-profit basis in promoting collegiate education.

In the words of the Founder, "We believe that every field of education makes a difference. Acquiring professional skill is an empowering process, enabling the achievers to enjoy access to knowledge and information which broadens horizons, increases opportunities and creates alternatives for building a better life and a nation of resourcefully dynamic people with a healthy mindset." The trust owns and operates seven colleges in the Union Territory of Pondicherry and Tamil Nadu with a total student base of more than 6,000. Four of these colleges dealing in health sciences constitute Sri Balaji Vidyapeeth. The most notable of SBECPT's colleges is the Mahatma Gandhi Medical College & Research Centre (MGMCRI), which has an 1180-bedded hospital.

Initiation of the Constituent Colleges of SBV

Mahatma Gandhi Medical College & Research Centre (www. mgmcri.ac.in) was the first to be started in 2001. In the same campus, Kasturba Gandhi Nursing College (www.kgnc.ac.in) was started in 2003 and Indira Gandhi Institute of Dental Sciences (www.igids.ac.in) was started in 2006.

Shri Sathya Sai Medical College and Research Institute (www.sssmcri.ac.in), located at Ammapettai (near Tiruporur) and 45 kms from Chennai was started in 2008.

Formation and Growth of SBV

These four colleges of health sciences set up by SBECPT were brought under the deemed-university of Sri Balaji Vidyapeeth (www.sbvu.ac.in) in 2008 as its constituent colleges (3 on-campus and one-off-campus).

The Vision of SBV is "To be in the forefront of higher education and to give the country the high calibre manpower." The management and staff of SBV have worked diligently to make the vision a reality. The products of the constituent colleges have spread to various parts of India and several other nations for professional practice or for further studies. A noteworthy milestone: MGMCRI, in its 14th year of operations and sixth year under SBV, has achieved the landmark of being only the sixth private medical institution to be permitted the maximum intake of 250 students per annum for its MBBS course.

There has been a tremendous growth in the range of courses being offered in all the four constituent colleges and in the levels of specialization going up to the Super-specialties. The growth in health-professions education is matched by a remarkable growth in the range of healthcare services offered to the community. By making the basic out-patient and in-patient services free or highly subsidized, there has been a notable increase in patient numbers. The range of service extends from the basic and innovative "First Contact Care Clinic" to Tertiary care in several specialties and incorporating complementary and alternate therapies, viz., Yoga-therapy and Music-therapy in an integrated manner.

For effective adoption of AYUSH within modern health care, health-research and health-professions-education, the "SBV Academy of Integrative Medicine for Holistic Individual General-Health" (SBV-AIM-HIGH initiative) has been launched in 2013. SBV-AIM-HIGH has promoted holistic patient care, higher education and research in Yogatherapy and Music-therapy.

Similarly, in the field of Health-Professions (HP) Education, in order to promote doctoral research and also for capacity building through Faculty Development Programmes, PG courses and Doctoral research in HP-education, the "SBV Academy for Health Professions Education and Academic Development" (SBV-AHEAD) was set up in 2013. The following couplet captures the spirit of the Academy.

"The learner's joy is joy of all the world they see; thus more The learners learn, the more they love their cherished lore." (Thirukkural Couplet-399)

Five senior educationists, with cumulative experience of over 100 years in higher education, run this initiative which has already made significant contributions, in the 'Training of Trainers' in Dental Education, in launching of PG Diploma in Health-Professions Education, by starting doctoral research in Medical Education, and by submitting an exhaustive report to the Medical Council of India on 'Objectivisation of Evaluation in Undergraduate Medical Education'.

The Dean (Research and Postgraduate studies) oversees all research undertaken by the constituent colleges of SBV. Under his mentorship there has been a tremendous growth in research output since 2008 with a total of 1864 Research papers published in SBV as of September 2015. Similarly the number of doctoral researchers has gone up from 0 in 2009 to 56 in 2015. The visionary chair-person of SBECPT Shri MK Rajagopalan has created a Central Inter-Disciplinary Research Facility (CIDRF) - managed by the Trust - to promote Doctoral and Post-Doctoral research in Basic sciences and to collaborate with healthcare professionals to conduct inter-disciplinary research initiatives. CIDRF is strategically located in the College building of MGMCRI to enable easy interactions between the academia and the research staff.

Impact on the Community (Bahour Commune & Pillayarkuppam Panchayat)

Pillayarkuppam village is a rural hamlet 17 kms from the city of Pondicherry. It is a part of Embalam assembly constituency, which is reserved for SC candidates. This area, which was rustic in 1999, has been totally transformed in 15 years due to the collateral development arising out of the creation of the three constituent colleges of SBV. As one drives from the city of Puducherry, one can see Reddychavadi, an adjacent village of Tamil Nadu, which stands in stark contrast to the excellent "PURA development" visible in the villages of Puducherry along the national highway 45-A.

The population which gets modern healthcare available so close to their homes is appreciative of the healthcare providers and the students, who are the future healthcare providers. The community responds positively to SBV. Under a voluntary body donation scheme called the "Moksha scheme", more than 50 bodies have been received by MGMCRI, which also runs a successful voluntary blood donation scheme.

Students are treated with parental care at SBV. Even the students who are unable to perform in the assessment are not labelled as "Low Achievers" or "Slow learners" but now grouped as 'Students Needing Additional Curricular Support' (SNACS). Additional curricular support is offered to them to catch up and progress in their studies.

Internationalisation and Globalisation are current trends in all fields including health professions education. SBV has had several visitors from the West to survey the current activities and suggest further improvements. The Royal College of Physicians and Surgeons - Glasgow, had visited SBV twice. Senior academicians have been bestowed with honorary Fellowship of the Royal College.

The state of the art Simulation Lab cum Clinical Skills Centre of MGMCRI has been accepted by the American heart Association (AHA) as an International Collaborating Centre (ICC-AHA) for Basic Life Support and Advanced Cardiac Life support. All medical students of SBV undergo relevant training at the ICC-AHA and receive AHA certification.

Two of the Professors of Medicine are in the International Advisory Board for two prestigious text-books of Medicine (Davidson's and Cecil's Text-books) respectively. Visiting professors from various Universities (USA, UK, Malaysia) have visited SBV and interacted with the staff and students. Two major International meets on the theme of "Patient Safety" was organised by MGMCRI and SBV in 2010 and 2012. An International conference on Nursing Education was organised by KGNC in 2013.

Also this year SBV conducted an International conference on "Climate Change and Health" in January 2015. Under student exchange programme, medical students from UK and USA have visited MGMCRI.

We believe that the following couplet of the Tamil Saint Thiruvalluvar elegantly summarizes the collective belief of the hard-working staff and management of SBV:

"Who strive with undismayed, unfaltering mind, At length shall leave opposing fate behind." (Couplet-620; Chapter-62)

We believe that time is now ripe for the collective endeavour of the management and the staff of SBV and its constituent colleges to be recognized and appropriately rewarded.

"Sri Balaji Vidyapeeth offers different avenues for the discerning students and transforms them into distinguished professionals, thus paving an innovative path to human progress." - M.K. Rajagopalan, Founder - Chairman of Sri Balaji Educational and Charitable Public Trust (SBECPT)

DISTINGUISH FACTS FROM OPINIONS (AND AVOID DISTORTIONS)

Many of us are known to be rather weak in differentiating between fact and opinion and often mix them up. A simple and harmless example: a professor who believes that the rains may reduce out-patient load may say, "Today there are no patients"- a verifiable fact- instead of saying "I think we may have no patients today due to the rains"- a personal opinion.

"Fact" is something that has actual existence and a part of objective and verifiable reality. "Opinion" is a personal view or judgment, which may be imaginary or based on fact. "Distortion" is a deceptive twisting of fact, by mixing our own opinion with facts.

It has become difficult to distinguish between facts, opinions, and distortions partly because of the increasing complexity of knowledge and partly due to multiple sources of information available. With more sources of information, it is arduous to thoroughly evaluate these sources. Moreover, psychological research has revealed our inherent intellectual limitations in our perception of facts: we all carry psychological filters, which influence what we perceive.

There is a real danger to society when factual information is intentionally manipulated and distorted for tactical gains. Mixing-up fact and opinion to create distortions may seem to be a short-term path to success, but in the long term the information system of an organization will collapse. If individuals are unable to distinguish between accurate and distorted information then any dialogue based upon fact is impossible. How can we distinguish facts from opinions and distortions?

We must understand that it is easy but dangerous to distort the statements and analysis of others, with our own impressions.

We must be open to hearing opposing opinions and viewpoints with equanimity so that the need to distort facts with personal opinion is minimized.

Finally, Integrity is truly the interpersonal glue of all social groups and we should foster integrity among our peer group.

Let us all cultivate clarity and integrity in presenting information as verifiable facts or as personal opinions. Let us wisely select and use reliable and undistorted sources of information.

EVOLVE INTO A RESONANT LEADER

For HODs, being the 'Boss' brings with it a barrier between them and their team members. They cannot be effective leaders if people are hesitant to approach them. Maintaining a hard exterior may show HODs to be "tough leaders"; however this is not effective leadership. They need to introspect: "*Do I want to rule or do I want to lead*?" *To lead effectively, one must be approachable to one's team members.*

The following six simple steps can help make one to be a more approachable leader.

1. Boss sets the mood of the team : The mood of a boss sets the tone for the work place. Learning the names of the team members and spreading 'message or greeting of the day' shows them how approachable the boss is. This applies to everyone in the organization, from the support staff to the next in command. The boss should see the value in all of them and show them he/she cares.

2. Smile : Nothing conveys approachability more than a simple smile. Walking around with a scowl does not convey approachability. People will already be intimidated enough to approach the boss and most will avoid approaching a 'grumpy' boss. *Get the chip off your shoulder and smile*. Be personable and polite. This is simple manners but many of us forget it too often.

3. Keep your door open: Organisations today prefer an 'open door' policy. This means that at any time some staff member can come to the boss with an issue. If you want to be approachable, lead by example and physically keep your door open if you can. When the bosses door is closed a lot people will not want to interrupt you. Show your team you want to see them as much as they want to see you by an explicit open door policy.

4. Share your Set Backs (and success stories) : Often leaders do not want to talk about failures for fear of losing face. Nothing is further from the truth. *Talking about the setbacks and what you learned from them is an excellent way for your team to learn from you.* Being a leader is about mentoring and developing your team. Use your experiences to help them grow and develop.

5. Plan enjoyable moments with the team

Think of ways to have fun with your team: call it team building, retreat, staff-day or whatever. This is where they see the human side of 'the boss'. This is a great way to make yourself more approachable. It is a good motivation tool and fosters team-spirit.

6. Recognize Your Team : Human beings have a need to be recognized. If you want to be approachable and motivate your team at the same time, recognize them. Go out and tell them that they are doing a good job. You can do even better by recognizing them in front of their peers. *They will then strive hard to live up to your expectations. 'That which gets recognized gets repeated' (Google "theory X and theory Y").*

Once the boss establishes initial rapport, the team would feel more comfortable coming to the boss when there are issues. *Treat your team right and they will reciprocate.*

SENSE OF BELONGING – THE DRIVING FORCE FOR SEEKING RECOGNITION

[All the staff and students of SBV and its constituent colleges deserve appreciation of the enthusiastic hard work they put up for long hours to prepare for the peer-team visit from NAAC. After a 6-year wait, getting awarded an A-grade in the very first cycle was truly a historic and exhilarating moment. While introspecting on what made all us at SBV work so hard to belong to a highly rated institution, I came across an insightful article, from which I have extracted a few thoughts. -VC.]

Belongingness in an educational institution reflects 'the extent to which the staff and students feel included, accepted, respected, and supported by others'. The need for belonging can contribute to explaining a variety of human behavior: for example, non-inclusion (pre-NAAC peer-team visit) may result in negative emotions such as diffidence, anxiety, envy, depression, stress and loneliness, while belongingness (post NAAC accreditation) results in positive emotions such as confidence, happiness and joy. "Human beings have a pervasive need to form and maintain at least a minimum quantity of lasting, positive, and significant interpersonal relationships." (Baumeister & Leary, 1995) Historically, such a need has been labeled as 'the need for positive regard from others' (Rogers, 1951), 'belongingness' (Maslow, 1954), etc.

The need to belong is a precursor to social connectedness; however, individuals differ in the strength of their need to belong.

Sense of Belonging among Students

The feeling of belonging may have a direct and powerful influence on students' motivation. Hoffman et al. found five factors related to sense of belonging:

- Empathetic faculty understanding,
- Perceived peer support,
- Perceived isolation,
- Perceived faculty support and comfort, and
- Perceived classroom comfort.

The sense of belonging is associated with students' academic engagement and involvement in classroom activities, academic and social behaviors, motives and attitudes, expectancies, values and goals and self efficacy. Let us work together to promote the feeling of belongingness among the staff and students of SBV and its constituent colleges; let us thereby create a positive and joyful climate for teaching and learning of health sciences.

That day will come when all the staff and students collectively and joyfully engage in academic (and extracurricular) pursuits; that day will come when our auditorium is filled with all of us eagerly participating in all our scientific meets.

(The full article on "Sense of Belonging: Background Literature" is available at this link:

https://www2.le.ac.uk/offices/ssds/projects/studentretention-project/dissemination/papers-and-publications/ Sense%20of%20Belonging%20Lit%20Review.docx.)

ACTIVITIES OF VC DURING THE YEAR 2015

JANUARY - 2015

01.01.2015- New Year Celebration at SBV

02.01.2015-Monthly review meeting of SBV.

05.01.2015-Launching of Music Therapy Week

06.01.2015-Visit to Chennai to meet with Partners Medical International, USA and to Biotech Division of IIT (Madras)

07.01.2015-Felicitations to Department of Anaesthesia on Award winning presentations.

09.01.2015-International conference on Climate Change and Health opening remarks by VC.



10.01.2015-Discussions with Prof. Edwin Michael on collaborative research.

22.01.2015 to 24.01.2015-Visit of University of Dundee, UK to SBV for Inter-varsity collaboration



26.01.2015-Republic Day – Flag salute



28.01.2015 & 29.01.2015-SAF awards in 2 sessions 31.01.2015-Rational Therapy session in Intern's orientation program.

February - 2015

05.02.2015-Dental Educator's workshop 06.02.2015-Monthly review meeting of SBV. 07.02.2015-Faculty dinner by Chairman SBECPT 11.02.2015-Launch of Learning Management system (LMS) of KGNC 13.02.2015-SAF guest lecture by Prof. Seshadri of SRMC. 20.02.2015-Meeting with German Research Foundation (DGF) group from Germany.
23.02.2015- Inauguration of Diabetic ward
26.02.2015-Inauguration of Sports Day – KGNC.
28.02.2015-Inauguration of ARENA of IGIDS. Faculty dinner by Chairman SBECPT



March – 2015

04.03.2015-Felicitation of B.Sc. (Nursing) students who completed Yoga training – CYTER, SBV. 06.03.2015-Monthly review meeting of SBVU. 02.00 PM – SAF guest lecture by Dr. T.S.Ganesan 07.03.2015-Inauguration of MIDASICON 13.03.2015-Smt. Rukmani Ammal Internal Oration on "Capacity Building: a multi-dimensional initiative".



16.03.2015-Sports Day prize distribution – IGIDS.
19.03.2015-KGNCAnnual Day
20.03.2015-NABH office Inauguration
20.03.2015-Trauma Conference
20.03.2015 & 21.03.2015-IGIDS Annual Day
23.03.2015-Inauguration of E-OT
24.03.2015-World TB Day – Poster Contest
25.03.2015-KGNC – Talk on "Tips on publishing Articles on high impact journals."

28.03.2015- IMSA Conference on "Blood Stream infections."



28.03.2015- Biochem society CME on "Clinical Nutrition".

31.03.2015-HUG – Interaction between senior citizens and students of SBV under auspices of Helpage – India

APRIL 2015

01-04-15 - Sri VidyaGanapathy, Maha Kumbabishekam 03-04-15 – Discussions with Prof Suresh Kumar on setting up Palliative care course/service at MGMCRI 03-04-15 – International Essay contest awards ceremony



04-04-15 – Guest Lecture by Dr N Ranganathan of Kibow Inc, USA on "The role of Gut microbiome in Chronic Kidney disease"

07-04-15 - Academic council meeting

09-04-15 – Visit to SRMC to see and learn NAAC preparedness initiatives by SRMC

10-10-15 – MVK Iyer External Oration by Padma Bhushan Dr BM Hegde

12-04-15 – Chief Guest for Lecture-Demo of Yoga by Dr Meena Ramanathan at St Joseph Cluny Hospital.

21-04-15 – SBV Team meets with the PMI group (Harvard Associates) at Chennai regarding institutional development of MGMCRI and SSSMCRI. 30-04-15 – Presided over the CNE on National Health Services at KGNC.

MAY 2015

06 & 13 May – Mentor for ME Unit's FDP sessions 21-05-15 – Visit to SSSMCRI to inaugurate Research methodology workshop

29-05-15 – Chief Guest for the course commencement ceremony for the PG scholars of MGMCRI

JUNE 2015

02-06-15 – NAAC preparedness orientation for faculty and staff of SBV

03-06-15 – Postgraduate study skills for Radiologists – Persuasive talk in Dept of Radiology

05-06-15 – Chief Guest for the International Nurses' Day celebration at KGNC & MGMCRI



18-06015 – Special Academic council on supplementary examinations for 1st MBBS

19-06-15 – Visit by IQAC resourse persons from SRMC to MGMCRI for sharing of experiences

21-06-15 – Chief Guest for launching the Yoga-week events of CYTER, at city center, MGMCRI

22-06-15 – Presided over the CME on Clinical Embryogenesis organized by the Dept of Anatomy

23-06-15 – Chief Guest for the one-day conference organized by CMTER, MGMCRI

24-06-15 – Chief Guest for launching the Yoga-week events of CYTER, at SSSMCRI

26-06-15 – Chief Guest for National conference on Yoga Therapy, MGMCRI.

JULY- 2015

01.07.2015 - Doctors Day: Chief Guest at Manakula Vinayagar Medical College and General Hospital. Puducherry.

From 01.07.2015 to 03.07.2015 - Resource person at the Dental educators TOT part-I.

04.07.2015 - Doctoral research review meeting.

From 08.07.2015 to 10.07.2015 - Resource person at the Dental educators TOT part-II.

14.07.2015- Conducted PMI group meeting.

16.07.2015 - Doctoral committee meeting.

17.07.2015- Presided over CRRI Orientation program. 20.07.2015- Presided over the Inauguration day for 1st MBBS at MGMCRI.

From 21.07.2015 to 24.07.2015 - Visit to SBV by the PMI group, USA.

30.7.2015 - Chief Guest at Inauguration of 1st BDS at IGIDS and IPR cell opening.

AUGUST - 2015

12.08.2015- Chief Guest at Inauguration of students clubs at MGMCRI.

17.08.2015 - Conducted Planning meeting for NAAC visit.

15.08.2015 - Independence day celebration at SBV

September - 2015

01.09.2015 - MCI approved courses at MGMCRI. 04.09.2015- Gave a talk at the Teachers day celebration at SAF, MGMCRI

From 07.09.2015 to 15.09.2015 - Presided over the faculty development program of MEU, MGMCRI.

10.09.2015 - Letter of intent signed by CIDRF with Dr. Priya Balakrishnan of Viswa Immortality Institute, Texas, USA for collaborative research.

12.9.2015 - SRMC talk on NAAC Accreditation process.

14.9.2015- Talk on PG study Skills at IGIDS

18.9.2015 -Visit by Dr. Olithselvan, Hepatologist regarding collaboration with MGMCH on liver transplantation.

19.9.2015 - Inauguration of NSS at MGMCRI

21.9.2015 - White Coat Ceremony at MGMCRI for 2nd MBBS

25.9.2015 - IPR National conference



OCTOBER

07.10.15 - Inaugurated faculty development Program by KGNC on Paediatric Emergency.



07.10.15 - Inaugurated live workshop organized by Dept. of Cardiology on advanced Angioplasty techniques 08.10.15- Curriculum design workshop for MEU (Part 1) 15.10.15- Curriculum design workshop for IGIDS 16.10.2016 - CME programme on Clinical update on Cardiovascular system.



16.10.15- Meeting with visiting Hon. Professor from Malaysia Dr. Datowira LR Chandran, Professor of Medicine AIMST University, Malaysia.

26.10.15 – University Administrative Block inauguration with pooja.

28.10.15 – 29.10.15 - Pre NACC MOCK assessment by Peer team

30.10.16 - Professor KRT's farewell party.

NOVEMBER

01.11.15 (Sunday) - Preparation for NAAC visit

02.11.15 – 04.11.15 - Four day visit by 10 members from NAAC



08.11.15 - (Sunday) Roentgen Day CME by Radiology dept, MGMCRI.

11.11.15 – 14.11.15 - Educational Workshop by DEU of IGIDS

18.11.15 - Teleconference with PMI

19.11.15 - 21.11.15 - National Conference on Medical Education (NCHPE- 2015) at MAMC New Delhi. Key note address on, 'Innovation and regulation in medical education'. 23.11.15- MOU signing between SBV-CMTER and IMC-KREMS University, Australia



24.11.15- Student reflections on cadaver as a teacher 25.11.15 - PG Exam Board Meeting (MDS Results)

DECEMBER

01.12.15 - AIDS day Poster Competition04.12.15 - PhD planning of new proposals from IGIDS5.12.15 - Flood Relief Meeting11.1215 - CRRI – exit program and carrier guides

12.12.15 - FDP on cervical Cancer. Key note: Talk on cost effectiveness (HPV) vaccine.

- 18.12.15 PG Symposium based on dissertations.
- 16.12.15 Flood Relief Distribution



18.12.15 - Meeting between IGIDS and IOWA University representative for Liaison in Public Health Dentistry and student visitor ship

19.12.15 - New doctoral research in education for presentation 19.12.15 - Small animal research facility proposal- visit by expert group



22.12.15 - DEU certification of participants 22.12.15 - First PhD Public viva (Dr.AN.Uma) 27.12.2015- Yoga Jivana Satsangha International organization honoured Prof KR Sethuraman, with the award of Acharya Ratna Shironmani.

29.12.15 - PhD internal review of 3 projects

SRI VIDYA GANAPATHY TEMPLE MAHA KUMBABISHEKAM AT SBV CAMPUS

Sri Balaji Educational and Charitable Public Trust constructed Sri Vidya Ganapathy temple comprising of three Sannadhis of Sri Vidya Ganapathy, Sri Valli Devasena Sametha Sri Subramanya Swamy and Sri Devi Sri Boodevi Sri Maha Vishnu at Sri Balaji Vidyapeeth campus which remained a divine dream for the Chairman Shri. M.K. Rajagopalan. The time had taken its own course and 2015 is the year when God's Grace has been showered for the Maha Kumbabishekam.



Prior to the Maha Kumbabishekam (Consecration), rituals were performed between 29/03/2015 and 31/03/2015. The Maha Kumbabishekam was performed on 1st April 2015 by a team of Pundits headed by Dr. Sivasri. Bala Sarvasvara Gurukal from Karaikal.

The holy rituals started from 4.00 am until the Maha Kumbabishekam of the Gopuram conducted at 6.30 am and of the different Sannadhis, Sri Valli Devasena Sametha Sri Subramanya Swamy and Sri Devi Bhoodevi Sametha Maha Vishnu respectively at 6.45 am.

The holy function was headed by Shri. M.K.Rajagopalan, Chairman and Smt. Gowri Rajagopalan, and their family members. The Vice-Chancellor of Sri Balaji Vidyapeeth, the Dean and Principals of the constituent colleges of the Trust, Faculty, staff of the constituent colleges, well wishers of the Trust, Management members of the Trust, local dignitaries and the Press attended the holy function in large numbers. Also the Management of Panchavadi Temple had sent its representatives to the function and honoured by sending Blessed Maha Prasadam which was distributed to the participants and the public. At the end of the holy function, Anna Prasadam was distributed to all on behalf of Sri Vidya Ganapathy Temple.

Chilpakala. Shri. N. Dasarathan from Vellore had sculptured all of the icons of the God and Goddess in the temple. All the arrangements for the holy function were carried out by a team of staff headed by Mr. Kannan Aiyer, General Manager (Finance).

MEDICAL EDUCATION UNIT

Students counseling Service at SBV

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A specific batch of students was continuously reported to be troublesome by many faculties from the beginning of their course. There is no consequence without a cause; a hair thin problem may turn out to be crater if it is not communicated. Hence an intervention was done with each student in small groups, based on the factors: Influence their effective learning, Preventing them to be attentive, Personal/other issues that stand as a barrier, Need modifications in Teaching/classroom and Brief modification suggestions. Teaching and Learning is a two way process that go hand in hand. Hence both the Faculties and Students feedback is a must for planning the modifications. The consolidated reports were sent to higher authorities for developmental plan of actions. The session had a positive feedback. MGMCRI staff nurses were given theoretical and practical sessions on "The essence of counseling" so as to enable them know when, how and why

counseling service has to be referred. From January 2015 to March end we served 140 students, 2 staffs and 18 parents with 81 individual sessions, 19 group counseling sessions and 3 life skill trainings.

As MGMCRI created history with the recognition of 250 students intake in the year 2014-2015, specific importance is given well in advance to identify slow learners based on their test performance. Student counselor developed and administered a tool to understand their confidence level and approach to face the university exam. A workshop was conducted on 30.04.2015 on "Overcoming Exam anxiety" with IEFT (Instant Emotional freedom technique) training and "Positive Affirmation Practice". To bridge the gap between Students and Teachers, a session on "Teacher as a Student Counselor" was included in the In-house Faculty Development Programme on 27.05.2015. With this sensitization faculties approached for counseling service either for referral or for self without any stigma.

Orientation Workshop for Fresher's: The Counseling Cell organized an Orientation Workshop for the Fresher's batch of MGMCRI, IGIDS and KGNC with focus on overcoming home sickness, adapting and adjusting to college/campus life and in pursuing their academic goal achievement.

Behavioral Issue Identification: Responding to the problem of absenteeism from clinical posting by 9th semester students on the date of their theory examination, the Counseling Cell arranged a friendly discussion with the concerned students. Based on mutual discussion, steps are being initiated for resolving this problem.

Support for Supplementary Batch Students: A workshop was organized to boost up the students' confidence level and to prepare them to face supplementary exam in a positive manner.

Personality Development **Workshop**: A workshop was organized for the outgoing Graduates of KGNC and Second Year Students of MGMCRI to help them learn the ways of improving their approach toward others especially in handling the patients.

Out Reach Programmes: The Student Counselor actively participated in a program organized by MBBS student's parents at Chidambaram on 15th August 2015. She spoke on "Psychological Well Being" as a part and parcel of Personality Development to the rural area students studying in 7th to 10th standard. She was also invited as a Chief Guest to

address to the Inauguration of "Psychology Association" at St.Joseph's Arts & Science College, Cuddalore on 18.08.2015

Communication Skills: This workshop focused on enabling the students improve their communication skills in order to develop good rapport building with the patients during their learning period itself. The module included demo and role plays which were found highly useful by the participants.

Stress Management: Nursing students are vulnerable to high stress due to high demand of the curriculum. This workshop was designed to enable the students to understand the cause and consequences of stress and deal with it effectively through sound healing technique. The workshop was found highly useful by the students.

The Student Counselor gave a capsule talk on 01.10.2015, on the topic "Assessment of learners' stress level, and study skill pattern for fresh MBBS Students"; IGIDS students and faculty were introduced to various stress management strategies through a lecture demonstration on "Stress management through Sound Healing" on 29.12.2015. Similarly, KGNC students and faculty were sensitized about "Emotional Disturbances of Students" on 30.12.2015



The Student Counselor was invited by the All India Radio, Pondicherry to offer guidance to young couples about leading a healthy marriage life and preventing divorce on 15.12.2015. This was broadcast under the programme "Vasantha Vasal" on 5th and 11th January 2016 respectively. The Student Counselor was invited to conduct a session on "Stress Management" to the employees of Central Cooperative Bank, as part of Refreshment Course on 31.12.2015.

The Student counselor is the Coordinator for "Fine Arts Club". Under this forum, three monthly meets were held. The students' paintings were displayed in the form of posters put up for exhibition in the Dean's Office premises

Dr. K.A. Narayan visit to AIMST University, Kedah, Malaysia

Professor K.A. Narayan, Professor of Community Medicine was invited by AIMST University to be a consultant for the development of the Master's in Public Health Course [MPH programme] and for the revision of the Undergraduate Curriculum in Community Medicine for the Faculty of Medicine, AIMST University. Dr. Narayan met Dr. Ravichandran, Vice Chancellor, AIMST University and discussed the feasibility of student exchange programmes and a programme for training of Health Professionals in pedagogical methods.

DUNDEE UNIVERSITY WELCOMES INDIAN DELEGATION FROM SBV UNIVERSITY

A delegation of senior representatives from one of India's premier healthcare, academic and research institutions visited the University of Dundee in the last week of April 2015 to explore possibilities of developing closer links between the two institutions.

The visit from Sri Balaji Vidyapeeth University (SBV) in Pondicherry follows a similar trip made to India by staff from the School of Medicine at Dundee in January 2015.

The Indian delegation visited facilities in Medicine, Dentistry, Nursing and the Centre for Anatomy and Human Identification over the course of their time at Dundee.

"We are delighted to welcome our visitors from SBV and look forward to exploring the development of greater links between ourselves and India," said Professor John Connell, Vice-Principal for Research and Head of the College of Medicine, Dentistry and Nursing at the University of Dundee. "We operate on a global stage and are continually exploring opportunities for partnership and collaboration around the world, including in significant markets such as India."- Roddy Isles, Head of Press, Dundee University



FROM THE OFFICE OF THE REGISTRAR

International Conference on Climate Change and Health Held at Sri Balaji Vidyapeeth - 9.1.15

In line with the University Grants Commission's (UGC) grand vision of inculcating Environmental Conscience in every Indian graduate, Sri Balaji Vidyapeeth organized a oneday International Conference on 'Climate Change and Health' at Mahatma Gandhi Medical College and Research Institute.

The Conference was inaugurated by Prof.Pagadala Rajaram, Chancellor of Sri Balaji Vidyapeeth, in the presence of Prof.K.R.Sethuraman, Vice-Chancellor of the University. Prof.Michael Edwin from Notre Dame University, USA spoke on "Modelling the Effects of Climate Change on Vector-Borne Diseases". Prof. K.V.Devi Prasad from



the Department of Ecology & Environmental Sciences, Pondicherry University spoke on "What Climate Change means to Health Professionals". Prof. Kathiresan from Annamalai University spoke on "Effect of Climate Change on Mangroves ". Prof. K.R.Sethuraman, Vice-Chancellor of SBV spoke on "Science of Climate Change and its Effect on Health"During the conference, the speakers planted saplings inside Sri Balaji Vidyapeeth campus. All the delegates were provided cotton bags and seeds to be planted in their houses. The afternoon session included presentation of scientific papers and posters on Climate Changes and its impacts. Earlier during the inauguration session of the conference, the Chancellor of SBV released the conference proceedings. It was decided Sri Balaji Vidyapeeth will hold conference every year on different themes concerning Environmental Issues.

DUNDEE VISIT-

The College of Medical Education, University of Dundee, UK, one of the topmost medical institutions, is set to

collaborate in Medical Education and Research with Sri Balaji Vidyapeeth, a deemed University, Puducherry, after a visit by a four member team from the University of Dundee on January 22, 2015.

Dr. Gary Mires, Dean of Medical Education and Professor of Obstetrics and Gynaecology, Dr. Mairi Scott, Director of Professional Development Academy, Professor of General Medicine and Medical Education, Dr. Rami Abboud, Head of Orthopedics and Trauma Surgery and Dr. Susie Schofield, E-learning Lead and Senior lecturer in Center for Medical Education from the University of Dundee visited SBV and its constituent Colleges from 22.01.2015 to 24.01.2015.



During their visit they had an intensive interaction with the University officials and said that they would go back and formalize the collaboration within a month. If executed it would be Dundee's first collaboration in the country.

They look forward to take up joint programmes for skill upgradation in medical and surgical specialties, promote faculty and student exchange between SBV and Dundee University, collaborate research projects that utilize Indo-UK funds, besides joining programmes for continuing professional development in Medicine, Dentistry and Nursing and curriculum bench-marking at SBV by educational experts from Dundee .

'How the Health Professions Education be transformed in the 21st Century.' – The Award ceremony for the International Essay Competition

The voices of young people are crucial for the shaping of our future. We need to empower them and ensure that their contributions count. The Academy for Health Professions Education and Academic Development (SBV- AHEAD), under the auspices of Sri Balaji Vidyapeeth, (Declared Under Section 3 of the UGC Act, 1956), Puducherry, India,

organized an international essay contest on 'How the Health Professions Education be transformed in the 21st Century.'

The aim was to harness the energy, imagination and initiative of the health professionals-in-the-making to promote a culture of transformation in the health professions education. The contest was open to all undergraduate students from medical, dental, nursing & allied health sciences.

Globally, health and well-being of all the people are of vital importance for global peace and security. In the 21st century, we need a health system that provides optimal healthcare and healthier quality of life for all, in a sustainable manner. To do so, the system must eliminate inequities in healthcare access and provide protection from existing and emerging health threats.For which, the healthcare education itself needs to change.

The challenge we posed to the young people of health professions are, How to go about transforming the health



professions education, while facing the challenges of the 21st century? This is a poser that needs vision and out-of-the-box thinking.

The awards are dedicated to all the unsung primary care physicians of the World, (Exemplified by Dr KN Raman, a primary care physician from Anaimalai village, on whose Centenary Commemoration this contest was held) who overcome various challenges and continue to provide patientcentred health care.

Dr. K.N. Raman centenary Commemoration Awards :

1st Prize (1000 USD), was awarded to Mr. John Michael Deblois of St. Luke's College of Medicine, Philippines.

2nd Prize (500 USD), was awarded to Mr. Dhamodharan Hariharan of Sri Manakula Vinayagar Medical College, Puducherry. 2nd Prize (500 USD), was awarded to Ms. Teh Xing Hui of A.B. Shetty Memorial Institute of Dental Sciences, Mangalore, Karnataka.



Certificate of Merit was being awarded to all the published essays and Certificate of Participation for all valid entries.

The awards distribution ceremony was held on Friday, April 3, 2015, 2.30 PM – 3.30PM, Lecture hall, Ground floor, College block, SBV Campus, Puducherry.

Dr. A.R. Srininivasan, Registrar, SBV welcomed the gathering. Dr. K.R. Sethuraman, Vice – Chancellor, Sri Balaji Vidhyapeeth, presided over the function. Dr. Suresh Kumar, Director, Institute of Palliative Medicine, A WHO Collaborating Center for Community Participation in Palliative and Long Term Care, Calicut Medical College was the Chief Guest and distributed the prizes. Dr. V. N. Mahalakshmi, HOD, Paediatric Surgery and contest coordinator, proposed the vote of thanks. A compilation of the selected essays was also released during the occasion.

Academic Council Meeting Held on 7Th April 2015.

The Academic Council Meeting of Sri Balaji Vidyapeeth was held on 7th April 2015 under the chairmanship of Prof.K.R.Sethuraman, Vice-Chancellor of Sri Balaji Vidyapeeth. The Registrar, Prof.A.R.Srinivasan tabled various agendas for ratification, There were elaborate discussions on the topics and the agendas were approved after detailed discussions with the consensus of all the members including the external members.

Sri Balaji Vidyapeeth, Pondicherry took pride in initiating the birth anniversary celebrations of the *divine tamil poet Thiruvalluvar* and *Dr.Sarvepalli Radhakrishnan*, the first Vice-President and second President of free India.

This year, UGC had made a passionate plea that the birth anniversary of the illustrious Tamil poet-philosopher Thiruvalluvar be celebrated on a grand scale and that colleges and higher educational institutions should conduct essay competitions, debates etc.,

In this regard, Sri Balaji Vidyapeeth, conducted essay and poster competitions at Collegiate level for Chancellor's Medical for the students of Health Sciences of the institutions in and around Pondicherry.

Essay contest:

The topic of essay for the inter-collegiate competition was *"THE SIGNIFICANCE OF THIRUKKURAL-VISION FOR THE HIGHER EDUCATIONAL INSTITUTIONS IN THE 21st CENTURY"*.

Poster Contest:

The Chancellor's medal poster competition, commemorating Teachers' day-the birthday of Dr.Sarvepalli Radhakrishnan



was held at MGMCRI campus on 25th September, 2015. The theme for the Poster contest was "*TEACHING AND LEARNING RESOURCES FOR THE 21st century.*"

Results:

In the essay contest, Ms. MARY CATHERINE, II BSc (N) of Kasturba Gandhi Nursing College had bagged the First place winning the Chancellor's Gold medal that carried a cash award of Rs.3000, followed by Dr. SHOUVIK MALAKAR, II MDS student of Indira Gandhi Institute of Dental Sciences who had bagged the Second place winning the Chancellor's Silver medal and a cash award of Rs.2000 and Dr. ARVINA R, I MDS student of Indira Gandhi Institute of Dental Sciences had bagged the Third place winning the Chancellor's Bronze medal and a cash award of Rs.1000.

In the Poster contest, Ms. RENUKA DEVY, II BDS of Sri Venkateswara Dental College had bagged the First place



winning the Chancellor's Gold medal that carried a cash award of Rs.3000, followed by Ms. SIVA SANGARI, III B.Sc (N) student of College of Nursing, Pondicherry Institute of Medical Sciences (PIMS) who had bagged the Second place winning the Chancellor's Silver medal and a cash award of Rs.2000 and Ms. NANDHINI S, II B.Sc (N) student of Kasturba Gandhi Nursing College had bagged the Third place winning the Chancellor's Bronze medal and a cash award of Rs.1000.

The Chancellor Medals, Cash awards, Trophies, Certificates of Participation and Appreciation were presented by the Chancellor of Sri Balaji Vidyapeeth, Prof. Rajaram Pagadala at a glittering function held on 25th September 2015 in the Ground Floor Lecture Hall of Mahatma Gandhi Medical College & Research Institute. The function was presided over by Prof. K.R. Sethuraman, Vice-Chancellor. Prof. A.R. Srinivasan, Registrar, Prof. M. Ravishankar, Dean- Mahatma Gandhi Medical College and Research Institute, Dr. Carounanidy Usha, Principal - Indira Gandhi Institute of Dental Sciences, Dr. Renuka Guhan, Principal- Kasturba Gandhi Nursing College, faculties of all constituent colleges, students and invited guests attended the function in large numbers. All the arrangements for the Chancellor's Medal Contest were done by the Registry of Sri Balaji Vidyapeeth.

Academic Council Meeting Held on 30Th September 2015.

The Academic Council Meeting of Sri Balaji Vidyapeeth was held on 30th September 2015 under the chairmanship of Prof.K.R.Sethuraman, Vice-Chancellor of Sri Balaji Vidyapeeth. The Registrar, Prof.A.R.Srinivasan tabled various agendas for ratification There were elaborate discussions on the topics and the agendas were approved after detailed discussions with the consensus of all the members including the external members.

Felicitation of ICMR STS Recipients (2014)

Sri Balaji Vidyapeeth under the aegis of the Scientific and Academic Forum (SAF), MGMCRI felicitated 21 recipients of the prestigious ICMR – Short Time Studentship. Only

a few hundred fellowships are given country wide and it is a matter of great pride and honour that we have been continuously receiving this award since the year 2009. However, over the years a big quantitative leap in the number of student awardees from SBV has been observed.

In a glittering function, Dr. Jambulingam P Director, Vector Control Research Centre, (VCRC), Puducherry congratulated the awardees and their faculty guides on the stupendous achievement. He later gave away Certificate of Merit and Cash Award for the Student Awardees and their Guides. The function was presided over by Prof. K.R.Sethuraman, Vice-Chancellor.

SBV Postgraduate Symposium

Sri Balaji Vidyapeeth in association with the Scientific and Academic Forum of MGMCRI organized a Postgraduate Symposium for the final year Postgraduates of all the constituent colleges on 18*th* December 2015.

A Total of 25 podium and 62 posters were presented on behalf of the postgraduate final year students of the constituent colleges of SBV. The results were announced and prizes will be given on the occasion of Researchers day to be held in the month of January 2016. Dr. Saloni Arora of MGMCRI bagged first place in Podium Presentation. Dr.Nitin Unikrishnan of IGIDS, Dr. Hussain Ahmed of MGMCRI, Dr. Varunn of MGMCRI and Dr.V. Haarika of MGMCRI together bagged the second place. In the Poster category, Dr. Balasubramanian Anusha of MGMCRI was adjudged winner for the first place. The second place was bagged by Dr.Lakshmi Priya of IGIDS and Dr. Nivedita of MGMCRI. Ms. Jayapradha of KGNC and Dr. Hemanathan of SSSMCRI bagged the third place. Under the Best Paper Award, Dr.V. Haarika of MGMCRI won the First Place, Dr. Banipreet and Dr. Varunn of MGMCRI won the Second Place and the Third Place was won by Dr. Hussain Amhed of MGMCRI.

Public Viva Voce for the PhD students of SBV

The Public Viva Voce for the defense of the thesis by the PhD scholars was held in the month of December 2015. The batch of students who have completed their PhD thesis and whose thesis was approved by the Board of Examiners (Thesis) had their Public Viva Voce during the month of December.

Among them, Mrs. Uma A.N successfully defended the thesis titled "The Study of Histopathology and the role of Chromosomal alterations in Etiopathogensis of Premalignant lesions and Squamous cell Carcinoma of oral cavity". The Viva was held on 22.12.2015. The Board of Examiners consisted of Prof. Dhananjay Kotasthane, Guide, (MGMCRI), Prof. S.K.Verma External Expert (JIPMER) and Prof. G. Koteeswaran, (MGMCRI).

Mrs. Mary Hydrina D' Silva successfully defended the thesis titled "The Effects of Ultrahigh frequency radiation emitted from cell phone on the developing tissues of chick embryos – A histological study". The Viva was held on 28.12.2015. The Board of Examiners were, Prof. J. Anbalagan, Guide, (MGMCRI), Dr. Tarnekar Aaditya M, External Expert (MGIMS – Sevagram), and Prof. S.S. Rajasekar, (MGMCRI).

REPUBLIC DAY CELEBRATION

Dr. Partha Nandi, staff advisor, organized Republic Day Celebration on 26th of January 2015 along with the Students' Council inside the MGMCRI Campus. The programme started with flag hoisting. Flag was hoisted by respected Vice Chancellor, SBV who was accompanied by the Dean of MGMCRI, Principal of Dental College (IGIDS) and Principal of Nursing College (KGNC). The programme followed by patriotic songs by nursing students, student's speech by Ms. Haranchal Kaur, member, Students' Council and then the Vice Chancellors gave the Republic Day address. The celebration ended with everyone dispersing with a note of high spirit of patriotism.

INTERNAL QUALITY ASSURANCE CELL IQAC Report From KGNC

In association with IQAC – KGNC, the Dept of Psychiatric Nursing organized a Panel Discussion on "Preparing Nursing Teachers as Mentors" on 28.01.2015

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Mrs. Gerald Roseline.M, Asst. Prof. Dept of Psychiatric Nursing welcomed the gathering. Mrs. Prabavathy.S, Assoc. Prof and HOD Dept. of Psychiatric Nursing welcomed and introduced the Panel Members. Moderator of the Panel Discussion was DR. Mangaiyarkarasi Ravi Rajan, Educationist, Medical Education Unit, SBV AHEAD, MGMC&RI. She commenced the program with her deliberation on "Techno savvy Teenagers and Tactful Teachers". Dr. Kumar, Clinical Psychologist, Founder of Center for Improving Relationship and Personal Effectiveness, Puducherry, presented on "Strengthening Mentor - Mentee Bond through Psycho-emotional support". Mr. Sendhil.V, Psychologist & Counselor gave a précised presentation on "Adolescent Diversity - Mentoring Skills and Styles". Followed by that, Dr. Avudaiappan, Psychiatrist, MGMC&RI, Puducherry, deliberated on "Balancing within and beyond classroom teachers' and learners' perspectives". Lastly Mrs. Prabavathy.S, Assoc. Prof, HOD, Dept. of Psychiatric Nursing, presented on "Capacity Building of Nursing Faculty as Mentors". The presentation session was followed by open forum which paved the way for a strong and powerful discussion yielding

a lot of techniques that could be followed while mentoring the students, both in teachers and students perspectives.

"Personality Development – A Professional Mandate"

II year M. Sc (N) students joined hands with IQAC & Faculty Welfare Cell and conducted a value added programme, titled "Personality Development – A Professional Mandate" on 03.03.2015

Mr. Sridharan.M, Yoga Master of PSBB Millennium School, deliberated on "Rejuvenate Mind & Body of Mentors". He insisted the importance of mind and body rejuvenation in our everyday hassles with the suitable pictures. He also emphasized the necessity of practicing yoga and relaxation techniques in a day to day life. The presentation induced the participants thirst to know more about relaxation techniques. The second speaker of the day Dr.Mangaiyarkarasi Ravi Rajan. N, Emeritus Scientist, CIDRF, SBV threw light on "Meditation - Speak with the Soul". She elicited the importance of meditation and its influence in our turbulent society. She made the session interesting through video clippings, which depicted various meditation techniques. Mr. Sridharan. M, Yoga Master of PSBB Millennium School, demonstrated various basic 'Yogasanas' for normal healthy living. Later, Dr. Mangaiyarkarasi Ravi Rajan. N demonstrated various meditation techniques to relax our mind. The group took an active participation by doing return demonstration and found that the personality development programme was much informative and very useful.

IQAC Report From IGIDS

On the occasion of Oral & Maxillofacial Surgeon's Day on 13.02.2015, Dr. Krishnakumar Raja, Prof. & HOD, SRM Dental College, presented on "Orthognathic in a nutshell", while Dr. SainathMatsa, Founder & CEO, Praseedha Hair transplant clinic, Chennai, presented on "The Road not taken". On 20.02.2015 to 22.012.2015 a programme titled, "Gold n gold, A Restorative Extravaganza" was held at SBV university. The programme started with inauguration ceremony at 9.00 am. Prof. R.Sathyanarayanan welcomed the gathering, Prof. Carounanidy Usha honoured the dignitaries, Prof. Lakshminaryanan, Honourable secretary, IACDE, Prof. K R Seethuraman, Vice chancellor, SBV, Prof Kandaswamy D, Dean, SRMC. Honourable Vice chancellor, Prof. K.R.Seethuraman presided over the function and delivered the presidential address. Prof Kandaswany D felicitated the gathering. Prof. Lakshminarayanan inaugurated the event by opening the unique treasure box containing Indigenous instruments for gold foil restorations fabricated by Prof. R.Sathyanarayanan. He gave the inaugural address and emphasized the relevance of gold in current scenario. Prof.Kandaswamy, Prof. Carounanidy Usha and Prof. Sathyanarayanan R delivered the scientific deliberations. Post lunch session was covered with live demonstration of complete cast inlay steps by Prof. Sathyanarayanan R.

On 21st Feb, 2015, First guest lecture was given by Prof. A.P.Tikku at 9.30 am and ended at 11'00 am on gold foil Techniques. The second lecture was demonstration of gold foil instruments by Satyanarayanan R. On 22nd Feb 2015, Ten registered participants were trained in direct foil restorations by Prof. Sathyanarayanan R. Ten work stations with all necessary instruments and equipments was arranged in the conference hall. All participants were given certificates and Precious gold foil as registration gifts

Between 18.03.2015 and 19.03.2015 a "Skill Enhancement Programme" for alumni (SEA) with the theme "An Exclusive Intensive Workshop in Fixed Partial Prosthodontics" was held at SBV university. On day 1 a lecture on Overview of Criteria for Establishing a Strong Foundation with Tooth Preparation was delivered by Prof. Manoharan, Tooth Preparation Designs and Considerations for Durability of the Restoration and Replacements by Prof Sinivasan, Selection of restorative/replacement material in clinical practice by Prof. David Livingstone and The weapons for success -Armamentarium for Tooth preparation was presented by Dr. Rajkumar. Live Demo in groups of 4 with Ceramic preparation on Typodont models with index fabrication and Hands on tooth preparation was done by the participants on typodont models. On day 2 Gingival Retraction by Dr. Balaji, Impression techniques by Dr. Mohammed Ali and Provisionalisation by Dr. Sivasenthil was delivered. Demo on Provisionalisation and impression techniques , Hands on Tooth preparation on patients with guidance by faculty and Hands on Provisionalisation and Impression making was taught with guidance by faculty. The session was followed by a talk titled, Shade Selection and Communication with the Technicianby Dr. Shivashakthy and Delivery and cementation of crowns and bridges by Dr. Varsha Murthy

IQAC of MGMC & RI, KGNC & IGIDS and Department of Community Medicine, MGMCRI

An International Conference on Climate Change and Health, to sensitize participants on the issue of Global Climate Change, its effects on human health & ways of mitigating and adapting to climate change was conducted on 09.01.2015. The highlight of the inaugural ceremony was the presence of Prof. Michael Edwin from Notre Dame University USA. The Souvenir and sticker were released on the occasion, followed by planting

of saplings. The following plenary session was organized, 'Science of Climate Change & its Effects on Health' by Prof.K.R.Sethuraman, Vice-Chancellor, SBV, 'What Climate change means to Health Professionals' by Dr.Devi Prasad, Pondicherry University, 'Modeling the effects of climate change on Vector Borne diseases' by Prof.Michael Edwin, Notre Dame University, USA, 'Effect of Climate change on Mangroves' by Prof.Kathiresan, Annamalai University, 'Adapting to climate change'- A Health Perspectives by Dr. Ganapathy, Professor, Anna University and 'Climate change: How to mitigate the threats to global Security' by Ms.Inge Van Alphine. There were paper Presentations, Posters, Photos & Short videos by many participants which was followed by a Panel Discussion. Following the plenary session the conference closed with the Valediction, feedback and distribution of prizes for the winners.

FROM THE OFFICE OF IQAC-SBV - ORIENTATION PROGRAMME ON "QUALITY IN HEALTH PROFESSION EDUCATION"

IQAC-SBV organized a one day Orientation Programme on "Quality in Health Profession Education' on 19th June 2015 for all faculty of constituent colleges of Sri Balaji Vidyapeeth. All the HODs and the faculty members participated in the programme. A team of resource person from Sri Ramachandra University (SRU), Porur, Chennai



facilitated the program along with in house faculty. The resource person of SRU first had a meeting with the Vice Chancellor at the conference hall. The program started with a welcome address by the Vice Chancellor, SBV. Dr.N.Ananthakrishnan, Dean, Research and post graduate studies, SBV gave presentation titled, "Presentation of SBV - its current scenario," Later, Dr.LT.Col. A.Ravikumar, Director and Professor - ENT, IQAC Senior Co-ordinator, SRU, spoke on "Importance of Accreditation". This talk was followed by the Resource person of SRU, presenting about the salient features of varied aspects of "Quality in Health Profession Education' delivered by Dr. Latha Ravichandran, Professor, Paediatric Medicine, IQAC Member, SRU, Dr. D. V. Chamundeeswari, Principal, Faculty of Pharmacy, IQAC Coordinator, SRU, and by Dr. S. J. Nalini, Vice Principal - Faculty of Nursing, IQAC Member, SRU. The last part of the one day Orientation Programme had a "Panel discussion & concept clarifications" where many questions from the audience cell were neatly answered by the panel members. The programme came to an end with the programme Coordinator, IQAC, SBV, Dr. R. Pajanivel, proposing the vote of thanks.

Activities Of Intelluctual Property Rights (IPR) Cell of IQAC

As a drive for innovation the Intellectual Property Rights (IPR) Cell at SBV was formed by the Vice Chancellor on 1st July 2015 with Dr. S. Mishra, Professor of Plastic Surgery as Director and Dr. Balanehru Subramanian, Dy. Director, CIDRF as Additional Director.

The IPR cell of SBV was formally inaugurated on 30.7.2015 by Dr. S.R. Rao, Advisor, Department of Biotechnology, Ministry of Science and Technology, Govt of India.

Encouragement and guidance for creating Patents was imparted by the IPR cell and complete specification for an India Patent (Application No.4499.CHE.2015) was filed in Chennai on 27th August 2015 by Dr. M. Senthil, Associate Professor, Public Health Dentistry, IGIDS of SBV.

A National Conference on Intellectual Property Rights

A National Conference on Intellectual Property Rights (IPR) was conducted by the IPR Cell of Sri Balaji Vidyapeeth at the MGMCRI campus on 25 September 2015, Friday. 220 delegates and number of distinguished speakers and inventors from all over the country attended the meet. The conference was inaugurated by the eminent scientist Prof. S. C. Parija, Director of JIPMER, Pondicherry. He delivered an informative lecture on "IPR and Health Care". Prof. P Rajaram Pagadala, Chancellor, SBV, in his address, stressed on the role of innovation in the progress of the nation and awarded prizes to young innovators from SBV and released the souvenir. Prof. K.R. Sethuraman, Vice-Chancellor, SBV in his key note address mentioned that Sri Balaji Vidyapeeth



is laying strong emphasis on innovation and released the draft IPR policy guidelines of SBV. Prof. T. Ramakrishna, Min. of HRD Chair on IPR, National School of Law University, Bangalore in his guest talk presented a World Overview of IPR, stating that India needs to make a lot of progress in this area. Prof P. Iyer, Chairman, IP Cell, IISc, Bangalore talked on 'Technology Licensing at IISc'. Ms. Sangeeta Nagar, Sr. Scientist, Patent Facilitation Cell, TIFAC, New Delhi spoke on "Facilitation of patents by TIFAC". Mr. O. Prasad Rao, Asst. Controller of Patents, Chennai talked on 'Processing of patent applications'. Mr. Rajaraman, Patent attorney from Chennai discussed on "How to file a patent application". Inventors presented their papers on their inventions. Prof. S. Mishra, Organizing chairman



welcomed the gathering and Dr. M. Senthil, Organizing Secretary and Dr. Varsha offered the vote of thanks.

A JOINT SYMPOSIUM IN ASSOCIATION WITH PARTNER MEDICAL INTERNATIONAL

Partners Medical International (PMI) is an academically-based international health care organization whose mission it is to enhance the capabilities of health care systems worldwide. PMI has a panel of 7000 academicians of various disciplines. Based on their needs assessment, their relevent panelist are identified for consultancy services. They also customize education and training programs for physicians, nurses and healthcare professionals at all professional levels. MGMCRI organized a Joint Symposium in Association with Partner Medical International (PMI), on 22.07.2015 at MGMCRI campus on Experience in Curricular changes by



the PMI Group and finally there was a talk by Dr. H Thomas Aretz and Dr.Lynn Eckhert, delegated from PMI group, on the topic "Role of Integration in Medical Curriculum" to the elite audience of SBV Medical, Dental and Nursing fraternity

Externship Training Programme

Vice Chancellor facilitated a first-of-its-kind collaborative externship training programme with the University of Texas Southwestern, USA. Under the programme, graduate medical students from UTSW would undergo supervised externships at SBV University, in a chosen area . topic . field of medicineDr.Praanavi Sreeramoju, Associate Professor, Medicine-Infectious Diseases, UTSW initiated the first contact and Louis Bian, a second year medical graduatewas the first candidate to benefit from the initiative.Extensive online discussions later, the area . topic of externship was finalized, based on the candidate's area of interest - tuberculosis and public health.

Dr. R.Kannan, Associate Professor of Surgery, MGMCRI was the local guardian for Louis Bian, who underwent two months of externship training attached to the Department of Community Medicine, MGMCRI from June - August 2015. He was aided by the social workers, postgraduates and the faculty of the department in carrying out field visits, interacting with tuberculosis patients, discussing with public health program managers and more. At the end of his two months programmed, Louis made a summary presentation of his observations and findings. Similar future programs are being planned and we hope both institutions get benefitted from the initiative.

"Kudos"

From: Pranavi Sreeramoju

<Pranavi.Sreeramoju@utsouthwestern.edu> Date: Wed, Oct 7, 2015 at 12:53 AM Subject: Thank you so much!

To: "seetharamann@mgmcmri.ac.in"

"Sethuraman K. R." <vc@sbvu.ac.in>

Dear Dr. KRS and Dr. Seetharaman,

I want to thank you again for offering such a terrific rotation for Louis. He has learnt a great deal and he showed me lots of pictures and his write up is excellent. I had a chance to review the write up last week and it just needs a few finishing touches before we publish it. This was an outstanding first rotation and a great new beginning. I'll be on the lookout for future students interested in going to Pondy - I'm sure there will be. **Warm regards, Pranavi**

UT Southwestern Medical Center. USA

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COURSE COMMENCEMENT CEREMONY -2015

The Ssecond Batch of 250 Students Course Commencement Ceremony was held on 20.07.2015 at the college block third floor lecture hall. The ceremony was held under the auspices of our honourable Chairman of SBV, Shri MK Rajagopalan. The day witnessed great personalities on the dias - Shri MK Rajagopalan, Chairman, SBV, Prof.KR.Sethuraman, Vice Chancellor, SBV, Prof.N.Ananthkrishnan, Dean (R&PGS), M.Ravishankar,Dean, Prof.Nirmal Coumare, Medical Superintendent, Prof.S.Ravichandran, Additional Director, Prof.VN Mahalakshmi, Vice Principal (Academics) and Prof.Partha Nandhi, Vice Principal (Student Affairs) who honoured the ceremony with their illuminating talks on how a future doctor be molded so as to make the doctors profession a Nobel one in thought and action.





MAHATMA GANDHI MEDICAL COLLEGE AND RESEARCH INSTITUTE

Prof. M. Ravishankar,

DA., MD (Anaesthesiology), FRCP (Glasgow) Dean, Mahatma Gandhi Medical College and Research Institute.



The year 2015 was a very fruitful year in term of academics. It started with appointment of the undersigned as Dean in April 2015 and appointment of two Vice Principals, one for curriculum and another to look after the student welfare. The activities started earnestly focusing on handling the additional load of handling 250 students every year. The problem of converting the large group into small groups for clinical posting was successfully managed to every body's satisfaction by the Vice-Principal curriculum.

Early exposure to community for the freshly joining medical student was considered that resulted in the HeART program (Health Appraisal by Rapid Technique). Another program CReAMS (Clinical Research and Audit by Medical students) was introduced for the students entering with clinical postings. Both these programs were well appreciated by the NAAC team that visited us for inspection and it had an impact in the University getting 'A" grade by NAAC team.

The institute also sought external guidance in curricular reforms. In collaboration with Partners Medical International (PMI, Boston, USA) the institute analysed the logistics and directions to be taken for standing out in Medical curriculum. A team from MGMCRI visited Harvard Medical School Boston USA and had interactions with the renowned faculty there. The team returned with many ideas for student welfare, curricular development both for undergraduate and postgraduate studies.

Hope all these will be implemented in the coming years.

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Peer reviewer

Dr. P. Karthikeyan, Professor and HOD, Department of ENT reviewed a chapter "Nasal symptoms and Examination" in Essentials of ENT by Dr. Mohan Bansal. II Edition, JAYPEE Publisher, Januaury 2016. Dr. N.S.Kannan, Associate Professor, Surgery Dept., has so far done 84 peer reviews from 2/7/2014 to 13/11/2015 for JCDR (Journal of Clinical and Diagnostic Research), a pubmed and scopus indexed journal and has now become an associate editor for JCDR.

Dr. Dhananjay S Kotasthane, HOD, Dept., of Pathology has peer reviewed for the International journal Libertas Academica: Cancer Growth and Metastasis, BMC research notes and Clinical medicine Insights Oncology.

Dr. Mangala. G, Associate Professor, Dept., of Pathology is a peer reviewer for the Journal of evaluation of Medical and Dental Sciences.

Dr. Vaishali Kotasthane, Assistant Professor, Dept., of Pathology, is a peer reviewer for the Journal of International Academy of Forensic Science and Pathology.

Dr. Anandraj Vaithy.K, Assistant Professor, Dept., of Pathology, is a peer reviewer for the Journal of Pharma and Biomedical Sciences and for Libertas Academica.

Mrs.A.N.Uma, Assistant Professor in Medical Genetics, Genetic Lab, is a peer reviewer for the Journal of Disease and Global Health (ISSN: 2454-1842), International Knowledge Press, S107, 3 Hardman Square, Spinningfields, Manchester, M3 3EB, UK and Pharmacy and Pharmacology Research, http://www.netjournals.org/.

MISCELLANY

Dr. S. Mishra, Professor, Dept. of Plastic Surgery, MGMCRI published an abstract of the Paper "Some medical devices for use in treatment of lymphoedema and in hand surgery" Published in the souvenir of National Conference on Intellectual Property Rights (IPR) held at SBV on 25.09.15

Note - For further information of the SBV Publication DATABASE for the year 2015 visit us online at http://www.sbvu.ac.in



ACADEMIC INITIATIVES

OFFICIATION AS CHAIRPERSON/ RESOURCE PERSON IN ACADEMIC/SCIENTIFIC EVENTS

Dr.G.Ezhumalai, Sr.Statistician & Research Consultant, R & PG Studies, participated in SPSS training programme for M.Phil (R&D) scholars as a resource person, Gandhigram Rural Institute (Deemed University) on 28.11.2014 and 29.11.2014.

Dr.Pajanivel, Professor, Department of Pulmonary Medicine gave a guest talk on "Algorithm of Transudative and Exudative pleural effusions" in Pleural Update 2015 which was conducted by Apollo Hospitals at Chennai on 25.1.2015.

Dr Reddi Rani, Prof, OBG gave a guest lecture on 'Modern trends in Management of PPH' in ManakulaVinayagar Medical College in January, 2015.

Dr. T. Sivashanmugam, Professor, Department of Anaesthesiology, delivered a lecture on "Ultrasound Guided Upper Limb Nerve Block" at 30th National Conference-International Society for Study of Pain Conference, Chennai, held on 6.02.15.

Prof. Joseph Philipraj, Department of Urology chaired a session on "Vijayawada Prize Poster Session" in USICON 2015 organized by Urology Society of India held from 05.02.2015 to 08.02.2015 at Ranchi



Dr. T. Sivashanmugam, Professor, Department of Anaesthesiology, delivered a lecture on "RSI-Current Concepts" at RACE-2015 (Ramachandra Anesthesia Continuing Medical Education) in Chennai held on 8.02.15.

Dr.Pajanivel, Professor, Department of Pulmonary Medicine attended 'Ramachandra Respiratory Rapid Review' (RRRR) as a faculty and gave talk on 'Surviving Sepsis Guidelines', which was organized by the Department of Pulmonary Medicine, Sri Ramachandra Medical College, Chennai on 14.2.15 and 15.2.15.

Dr. V.R. Hemanth Kumar, Associate Professor, Department of Anaesthesiology, delivered talk on Role of Anesthesiologist in Trauma Care at the CME on "Golden Hours in Trauma" conducted by MGMCRI, held on 20.03.15.

Prof. M. Ravishankar, Head of the Department of Anaesthesiology, participated as a Chairperson on CME program "Golden Hours in Trauma" conducted by MGMC&RI, Pondicherry held on 20.03.15.

Dr.G.Ezhumalai, Sr.Statistician & Research Consultant, R & PG Studies, participated in an UGC sponsored "National workshop on Statistical application and uses of SPSS in Research for Faculty and Research Scholars" conducted at Gandhigram Rural Institute (Deemed University) as a facilitator between 25.03.2015 and 26.03.2015

Dr.K.SurendraMenon, Professor & HOD, Department of Pulmonary Medicine attended a 'RNTCP State level conference' as a faculty and chaired a session on 'HIV-TB', which was organized by department of Community Medicine, Indira Gandhi Medical College & Research Institute, Pondicherry on 25.03.15.



Prof. M. Ravishankar, Head of the Department, Department of Anaesthesiology, participated in afternoon session as a Chairperson on CME program, "Bloodstream Infections"

organized by IMSA and MGMC&RI, Pondicherry held on 28.03.15.

Dr.Seetharaman, Professor & HOD, Department of Community Medicine, was invited as resource person for the CME "Modern Concepts in Clinical Nutrition" organized by Department of Bio-Chemistry at Mahatma Gandhi Medical College and Research Institute, Puducherry on 28.03.15.

Dr. Sameer M Jahagirdar, Associate Professor, delivered a talk on "Catheter Acquired BSI" at Blood Stream Infection Conference conducted by MGMCRI, held on 28.03.15.

Dr. K.S.Seetha, Professor & Head, Department of Microbiology, was invited to be the Chairperson for the II session of the CME on "Bloodstream Infections-An Update" organized by International Medical Science Academy, Pondicherry Chapter and MGMC & RI - Hospital Infection Control Committee held at MGMC & RI, Pondicherry on 28.03.2015.

Dr.Manimekalai K. and Dr.Somasundarm G., Department of Pharmacology attended and chaired a session in 'CME on Clinical Nutrition', MGMCRI on 28.03.2015

Dr.P.Karthikeyan Professor and HOD, Department of ENT gave a talk on "Allergic Rhinitis – GP's perspectives" held on 31.03.15 at Hotel Accord, Pondicherry.

Dr Seetesh Ghose, Prof and HOD, OBG, gave a guest lecture on 'Polycystic disease of ovary' in ManakulaVinayagar Medical College in March, 2015.

Dr SunitaSamal, Prof, OBG, gave a guest lecture on 'Early Pregnancy loss' in monthly OGSP meet in March.

In the CME Programme organized by the Dept., of Biochemistry, MGMCRI, Dr. D. Gunasekaran, Professor, Dept., of Paediatrics was the Chairperson for a Panel discussion on the topic "Role of Nutrition & Dietetics to Health Professionals".

Dr Madanmohan (Prof & Head), Department of Physiology chaired a workshop on yoga and delivered guest lecture on "Yoga Therapy" during International Yoga Festival organized by Government of Puducherry.

Dr.K.A.Narayan, Professor of Community medicine conducted a Panel Discussion on "NCD Prevention and Control on Curriculum Implementation" for UG Medical Students. Dr SeeteshGhose, HOD, Dept of OBG chaired a session on laparoscopy in infertility in "Clinical Embryology and its Significance in Assisted Reproductive Techniques" on 22.06.15 conducted by the dept. of Anatomy held at MGMCRI, Pondicherry.

DrSunitaSamal, Professor, Dept of OBG chaired a session on ART in infertility in "Clinical Embryology and its Significance in Assisted Reproductive Techniques" on 22.06.15 conducted by the dept. of Anatomy held at MGMCRI, Pondicherry.

Professor K. Srikanth , Department of Ophthalmology was appointed as External examiner at Chettinad Medical College on 27.4.15 & Annamalai University on 13.5.15 for PG examination.

Dr .K. A. Narayan, Professor, Community Medicine was resource person for "An update workshop on Research Methodology & Medical Writing" – Preparation of Project Reports at Shri Satya Sri Medical College & Research Institute, Chennai

Dr .K. A. Narayan, Professor, Community Medicine was resource person for the Faculty Department Programme for Indira Gandhi Institute of Dental Science, SBVU, Puducherry

Prof. Tirou Aroul.T, HOD, Dept of Surgery was a resource person in interns orientation program held between 16.07.2015 and 17.07.2015 at MGMCRI.

Dr. Sivashanmugam, Professor and Head, Dr. Hemanth Kumar, Dr. Parthasarathy, Associate Professors, and Dr. Jaya, Assistant Professor, Department of Anaesthesiology invited as a faculty for Panel Discussion on "Neuroxial Block" in HILLCON-2015 conducted by Indian Society of Anaesthesiologists, Salem City Branch at Yercaud on 18.07.15 and 19.07.15.

Dr. Hemanth Kumar, Associate Professor, Department of anaesthesiology, invited as a faculty for panel discussion on "Perioperative Care" conducted by Association of Surgeons of India, Tamil Nadu and Pondicherry Chapter, Pondicherry City Branch at Pondicherry on 24.07.2015

Dr. Rani P, Associate Professor, Department of Anaesthesiology was invited as a faculty to deliver a talk on "Role of Anaesthesiologist in Labour Room" at the 3rd Labour Congress International Conference at

Ganga Women and Child Centre, Coimbatore on 26.07.2015.

Dr. Kusha Nag, Associate Professor, Department of Anaesthesiology was invited as a faculty to deliver a talk on "Perioperative fasting guidelines and fluid therapy in pediatric patients" in ISA Clinical Meet at Pondicherry on 01.08.2015.

Prof. TirouAroul.T, HOD, Dept of Surgery delivered a lecture in RMMCH, Annamalai University on "Surgical Site Infections" on 02.08.2015.

Dr. Ravishankar M., Professor and Dean, MGMCRI, Department of Anaesthesiology was invited as a faculty to deliver a talk on "Anaesthesia Machine and Expectations of Consumers" in Dr. Mrs. SudhaIyer Memorial CME-2015 organized by SolapurAnaesthesiologist Society (SAS) and Department of Anaesthesia at Dr. V.M.G.M.C. at Solapur on 02.08.2015.



Dr. Sripriya R., Associate Professor, Department of Anaesthesiologywas invited as a faculty to deliver a talk on "Crisis Management due to Machine Failure" in Dr. Mrs. Sudhalyer Memorial CME-2015 Organized by SolapurAnaesthesiologist Society (SAS) and Department of Anaesthesiaat Dr. V.M.G.M.C. at Solapur on 02.08.2015.

Prof.C.P.GaneshBabu, Department of General Surgery delivered a lecture on 'Upper GI Bleed' in TN & P ASICON 2015 in Kodaikanal from 07.08.15 to 09.08.15.

Dr.MohamedHanifah M.D.;M.R.C.P.(U.K.),Professor of Medicine, was invited speaker in a CME programme conducted at Cluny Hospital, Pondicherry,on 11.10.2015. The topic "Brain Attack....Are We Ready?" was well received by the august gathering comprising Senior doctors, post graduates, medical administrators and Senior Nursing staff. Dr.Hanifah rued the fact that despite thrombolytic therapy being in existence for about twenty years, it's abysmally under



utilized in this part of the country. Pondicherry, being a hub of tertiary care hospitals, which can be reached within half an hour from any part of town, should be a trend setter for this kind of therapy in the country. In the lively discussion that followed he was able to convince one and all that in the long term such therapy can be more cost effective than the secondary prevention strategy that is being practiced currently.

Dr. Parthasarathy, Associate Professor, Department of Anesthesiology was invited as a faculty to deliver a guest lecture on "Initiation and Completion of dissertation" at Thanjavur Medical College on 25.09.2015.

Prof. Ramesh, HOD, Department of Biochemistry was the Judge for Poster Presentation in IPR National Conference held at MGMCRI on 25.09.2015.

Dr. Selvaraj Stephen, Professor of Microbiology delivered a guest lecture on "Microbiological perspective of Rabies" at the CME on "World Rabies Day, 2015" at AVMC&H, Pondicherry on 28.09.2015.

Dr. Eswaran S, Professor & Head, Dr. Abu Backer S, Senior Resident, Department of Psychiatry, participated as resource persons in a mental health orientation program titled "Mental health: A scientific view", organized in commemoration of World Mental Health Day 2015, by State Mental Health Program, Government of Puducherry, at Kamala Nehru Hall, Bahour, Puducherry on 09.10.2015.

Dr.J.Anbalagan, Professor, Department of Anatomy attended and chaired a scientific session in state level conference of Tamil Nadu association of Anatomist on 10.10.2015 at PRIMS Medical College, Chennai.

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology delivered a lecture on "Pharmaco dynamics and pharmacokinetics of drugs used in Obstetric Anaesthesia

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in MeenakshiAnaesthesia CME (MAC-2015) at Meenakshi Mission Hospital, Madurai on 18.10.15.

Dr. DewanRoshan Singh, Associate Professor, Department of Anaesthesiology delivered a lecture on "US guided lower limb nerve blocks" in Pain Management and Update CME Programme conducted by Rural Medical College, Pravara Institute of Medical Sciences at Red Hall, PIMS, Loni, Maharastra on 24.10.15.

Dr. Sripriya, Associate Professor, Department of Anaesthesiology delivered a lecture on "Adjuvants in central Neuraxial block" in *6th* Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort on 31.10.15 and 1.11.15.

Dr. Smrita Swamy, HOD, Dept of Radiology chaired a session at the CME on Breast Cancer update 2015, held at JIPMER on 31.10.15. She was also a Speaker at the MORE 2015 conducted by the Dept. of Orthopedics and spoke on the topic, 'CT & MR imaging' held at MGMCRI on 30.12.2015. She also organising chairman for the Roentgen day celebration by Radiology Department on 08.11.2015 at MGMCRI.



Dr. Jaya V., Assistant Professor, Department of Anaesthesiology delivered a lecture on "Anterior Abdominal plane block" on 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort on 31.10.15 and 1.11.15.

Prof.C.P. Ganesh Babu, Department of General Surgery chaired session on colostomy care and its complication in Osteomy Care Symbosium in JIPMER on 07.11.15.

Dr. P. Soundararajan, Professor of Pediatrics, gave a talk on "What is expected of Pediatric Radio Imaging" on Roentgen day celebration by Radiology Department on 08.11.2015 at MGMCRI.



Prof.C.P. Ganesh Babu, Department of General Surgery delivered lecture on, Care Of Patient with Post operative Bleeding in Gastrointestinal Nursing CNE held in JIPMER on 11.11.15

Dr. T.Sivashanmugam, Professor and Head, Department of Anaesthesiology conducted workshop on "Ultrasound guided Vascular Access and Nerve Blocks" in Indian College of Anesthesiologists (ICA) 7th Annual Conference at Chennai from 13.11.15 to 15.11.15

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology delivered a lecture on "Quality Assurance and Safety in Anaesthesia" in Indian College of Anesthesiologists (ICA) 7th Annual Conference at Chennai on 13.11.15 to 15.11.15.

Prof.Robinson Smile, Department of General Surgery, chaired session in Endofeast held in IGMCRI on 14.11.15.

Prof.C.P. Ganesh Babu, Department of General, Surgery chaired a session on Colonoscopy tricks and tips in Endofeast held in IGMCRI on 14.11.15.

Dr.R.Pajanivel, Professor, Department of Pulmonary Medicine gave a talk on Asthma COPD overlap syndrome (ACOS) in "CME – Updates on COPD" organized by Department of Pulmonary Medicine, JIPMER on 16.11.15

A National Conference on Health Professions Education (NCHPE-2015) was organized by the Maulana Azad Medical College (MAMC), New Delhi from 18.11.15 to 21.11.15. Prof K.R. Sethuraman, Vice Chancellor, delivered a key note address on "Innovations, Advances and Regulations in Medical Education", took part in a Panel Discussion on "International recognition of medical education, and chaired a key note address delivered by Stefan Lindgren on "Designing Contextual Curriculum".

Dr. B.V. Adkoli, Professor, Medical Education Unit, conducted a Pre-Conference Workshop on "Effective Communication and Interpersonal Skills"; Led a Symposium on Role of e-learning and Medical Informatics in improving quality of medical education, and chaired a Key note address delivered by Regional Cooperation in Medical Education delivered by DrBipinBatra, Executive Director, National Board of Examination, New Delhi at the National Conference on Health Professions Education (NCHPE-2015) organized by the Maulana Azad Medical College (MAMC), New Delhi from 18.11.15 to 21.11.15.

Dr.S.S.Rajasekar, HOD, Department of Anatomy, presented a paper titled "Morphometric Analysis Of The First Rib In Dry Bone" in 63rd NATCON of ASI held at King George's Medical university UP, Lucknow, India held between 20.11.15 and 23.11.15. He also chaired a scientific session on Gross Anatomy & Histology.

Dr. Eswaran S, Professor & Head, Psychiatry, chaired the session on "Diagnosis & Management of ADHD" at the CME on Child Psychiatry - "Understanding the Juvenile Jigsaw", at Sri ManakulaVinayagar Medical College and Hospital, Madagadipet, Puducherry on 27.11.2015.

Dr. Jayapal V, Professor, Department of Microbiology chaired an oral paper session at the XXXIX National Conference of Indian Association of Medical Microbiologists on 27.11.2015, at JIPMER, Pondicherry.

Dr. Umadevi S, Professor, Department of Microbiology chaired an oral paper session at the XXXIX National Conference of Indian Association of Medical Microbiologists on 27.11.2015, at JIPMER, Pondicherry.

Dr. Selvaraj Stephen, Professor, Department of Microbiology chaired a session titled 'Pneumonia' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.2015, at JIPMER, Pondicherry.

Dr. Srirangaraj. S, Professor, Department of Microbiology chaired a session titled 'Sexually transmitted infections' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 29.11.2015, at JIPMER, Pondicherry.

Dr. Srirangaraj. S, Professor, Department of Microbiology was invited as a Judge for thee-Poster session at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.2015, at JIPMER, Pondicherry. Dr. Arunava Kali, Assistant Professor, Department of Microbiology was invited as a Judge for the e-Poster session at the XXXIX National Conference of Indian Association of Medical Microbiologists between 28.11.2015 and 29.11.2015, at JIPMER, Pondicherry.

Prof. S. Ambujam, Dept of DVL, presented a paper titled, "When Aging Hits The Skin – A Dermatologist's Experience" at the 1st International conference of Indian Academy of Health Psycology, University of Jammu from 6th to 8th Dec 2015. She was a resource person for the National seminar on 'Mental - psychological health and adolescent problems', organized jointly by department of Psychology, University of Jammu & Gandhi Peace Foundation, Delhi G.D Goenka Jammu, on 11.12.15 and made a presentation titled, "Mental Health and adolescent skin problems.

Dr. T.Sivashanmugam, Professor and Head, Department of Anaesthesiology invited as a Chairperson on Scientific Session in IGAP-2015 4th Annual CME and Workshop of Department of Anaesthesiology and Critical Care conducted by ISA Puducherry State Branch at Indira Gandhi Medical College and Research Institute, Puducherry on 13.12.15.

Dr. Hemanth Kumar, Professor, Department of Anaesthesiology, delivered a lecture on "Applied Physics for Anesthesiologists" in IGAP-2015 4th Annual CME and Workshop of Department of Anaesthesiology and Critical Care conducted by ISA Puducherry State Branch at Indira Gandhi Medical College and Research Institute, Puducherry on 13.12.15.

Dr.R.Pajanivel, Professor, Department of Pulmonary Medicine gave a talk on "6 minute walk test and diffusion capacity of lungs" in Tamil Nadu and Pondichery Pulmonology Conference (TAPPCON) 2015 on 26.12.15

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CONDUCTION OF WORKSHOPS / PRESENTATIONS IN ACADEMIC/SCIENTIFIC EVENTS

Dr. Sukanto Sarkar, Assistant Professor, Department of Psychiatry, presented a paper titled "Consultation-Liaison Psychiatry services in a tertiary care hospital in South India", at the Annual National Conference of the Indian Psychiatric Society (ANCIPS), organized at Hyderabad, from 08.01.15 to 11.01.15.

Dr Pallavee, Assoc.Prof. Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai and presented a poster on "Foetal fibular hemimelia with focal femoral deficiency following perinatal misoprostol use'.

Dr Lopamudra, Assoc Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai and presented a paper on 'Twin Delivery – is routine caesarean section necessary'.

Dr JasminaBegum ,Assoc Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai, and presented a paper on 'Fallopian tube carcinoma'.

Dr Shweta Gupta, Assistant Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai, and presented a poster on 'Successful management of live cervical ectopic pregnancy'.

Dr AishwaryaJagan, Asst Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai, and presented a paper on 'Incidental Diagnosis of velamentous insertion of placenta at cesarean section'.

Dr SetuRathod, Asst Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai, and presented a paper on 'Spontaneous quadruplet gestation'.

Dr Sunil Samal, Asst Prof., Dept. of OBG attended 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai, and presented a paper on 'Mature teratoma with uterine fibroid'.

Dr RupalSamal, Asst Prof., Dept. of OBG attended a workshop on 'caesarean section' at the 58thAll India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai and presented a paper on 'Caesarean section in Multipara'.

Prof.Ananthakrishnan N, Department of Surgery presented a paper titled, "Surgery for corrosive strictures – Indications, choice of conduit, need for esophagectomy,



difficult strictures, high strictures with airway involvement" at the Master Class on Esophageal Diseases & Live Operative Workshop on Robotic Esophageal Surgery" conducted at Sir Ganga Ram Hospital, New Delhi on between 02.02.2015 and 03.02.2015.

Dr. T. Sivashanmugam, Professor, Department of Anaesthesiology conducted workshop on US guided regional anesthesia at 30th national conference by International Society for Study of Pain at Chennai on 05.02.15.

At the National Conference, DERMACON-2015 conducted in Mangalore from 13.02.15 to 15.02.15, Dr.Anuja Anna Varghese, Assistant Professor, DVL presented a paper on "Unusual Presentation of Vesiculobullous disorders" & a poster on 'Congenital erythropoietic porphyria-A rare case report', Dr.Behanan Santhosh, Assistant Professor, DVL presented a poster on "3 cases of Unilateral nevoid acanthosisnigricans" and Dr.Sandra Eliza Mathew, Assistant Professor, DVL presented an e-poster titled, 'A case of Giant Porokeratosis of Mibelli treated with 5-Fluorouracil'.

Dr. T. Sivashanmugam, Professor, Department of Anaesthesiology, conducted workshop on "US guided sciatic nerve block" in "Coimbatore Anaesthesia program" CAP in Coimbatore held on 08.03.2015.

Dr. Jaya, Assistant Professor, Department of Anaesthesiology, conducted workshop on "US guided sciatic nerve block" in "Coimbatore Anaesthesia program" CAP in Coimbatore held on 08.03.2015.

Dr.BehananSanthosh and Dr.Sandra Eliza Mathew, Assistant Professor, DVL presented papers in the Award paper category at the CUTICON-Puducherry which was held on 22.03.15 at Indira Gandhi Medical College, Puducherry.

Dr. D. Gunasekaran, Professor, & Head, Department of Pediatrics delivered a guest talk on "Adverse Events Following Immunization" at "Sri ManakulaVinayagar Medical College & Research Institute" on 06.04.15.

Dr. Rani, Associate Professor, Department of Anaesthesiology, delivered a lecture on "Anaesthesia for Obstetric Emergency" in ISA Puducherry-Clinical Meet, at Hotel Shenbaga Convention Centre, Pondicherry on 17.04.15.

Dr. Rani, Associate Professor, Department of Anaesthesiology, delivered a lecture on "Safe and Secure Anaesthesia for sterilization procedure" in Family

Welfare Programme at Cuddalore Head Quarters on 30.04.2015.

Dr. Sivashanmugam, Professor and Head, Dr. Sameer M. Jahagirdar, Associate Professor, Dr. Parthasarathy, Associate Professor, Dr. Selvam, Assistant Professor, Department of Anaesthesiology, conducted Circumcision Camp at Prangipettai from 27.04.15 to 30.04.15 and from 2.5.15 to 5.5.15.

Dr. Sivashanmugam, Professor and Head, Department of Anaesthesiology, delivered a lecture on "Know your ultrasound and its applications" in ACE (Anaesthesiology Continuing Educations at Kanyakumari Government Medical College and Hospital Asaripallam, Nagercoil on 01.05.2015.

Dr. Sripriya, Associate Professor, Department of Anaesthesiology, delivered a lecture on "Ultrasound guided upper limb blocks" in ACE (Anaesthesiology Continuing Educations at Kanyakumari Government Medical College and Hospital Asaripallam, Nagercoil on 01.05.2015.

Dr. Jaya V, Assistant Professor, Department of Anaesthesiology, delivered a lecture on "Ultrasound guided upper limb blocks" in ACE (Anaesthesiology Continuing Educations at Kanyakumari Government Medical College and Hospital Asaripallam, Nagercoil on 01.05.2015.

Dr. Eswaran S, Professor & Head, Department of Psychiatry, served as external examiner for MD Psychiatry & DPM examinations, (NTR University), Guntur Medical College, Andhra Pradesh, on 13.05.2015.

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology, delivered a lecture on "Safe Anaesthesia for sterilization" in Deputy Director of Family Welfare, Thanjavur on 15.5.2015 in the morning session.

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology, delivered a lecture on "Complex regional pain syndrome" in ISA CME, Thanjavur, on 15.5.2015 in the evening session

Dr. Sivashanmugam, Professor and Head, Department of Anaesthesiology, conducted workshop on "Lower limb nerve block" in ISA Meet Trichy SONOMASTER-2015 at Hotel Sangam, Trichy on 21.06.2015.

Dr. Hemanth Kumar, Associate Professor, Department of Anaesthesiology, was invited as a faculty for "Lower limb nerve block" workshop in ISA Meet Trichy SONOMASTER-2015 at Hotel Sangam, Trichy on 21.06.2015.

Dr. Sivashanmugam, Professor and Head, Department of Anaesthesiology, delivered a lecture on "Ultrasound guided regional anaesthesia" in ISA Meet Trichy SONOMASTER-2015 at Hotel Sangam, Trichy on 21.06.2015.

Dr.Manimekalai K., HOD, Department of Phar-



macology.was a guest speaker in the CME on 'Dyslipidemia-Current Update' conducted by Dept of Pharmacology, Chengalpattu Medical college on 25.06.2015.

Dr.P.Karthikeyan Professor and HOD, Dept. of ENT gave a talk on "Clinical Diagnosis and Management of Vertigo" on 26.06.15 HOTEL Accord , Pondicherry.



Dr. Sripriya, Associate Professor, Dr. Jaya and Dr. Thirilogasundary, Assistant Professor, conducted ISA Puducherry PG Symposium, at Department of Anaesthesiology MGMCRI and presented a Module on "Anaesthesia machine (markIII, 9100c) on 05.07.2015.

Dr. Kusha, Associate Professor and Dr. Annie Sheeba, Assistant Professor,

conducted ISA Puducherry PG Symposium, at Department



of Anaesthesiology MGMCRI and presented a Module on "Breathing Systems" on 05.07.2015.

Dr. Rani, Associate Professor and Dr. Indubala, Assistant Professor, conducted ISA Puducherry PG Symposium, at Department of Anaesthesiology MGMCRI and presented a Module on "Gas monitoring (etco2, Agent) on 05.07.2015.

Dr. Sivashanmugam, Professor and Head, Dr. Antony John Charles, Assistant Professor, conducted ISA Puducherry PG Symposium, at Department of Anaesthesiology MGMCRI and presented a Module on "Invasive pressure monitoring" (ABP, CVP) on 05.07.2015.

Dr. Hemanth Kumar, Associate Professor, Dr. AnandMonickam Medical Officer, Simulation Centre, Dr. N. Krishnaveni, Professor, conducted ISA Puducherry PG Symposium, at Department of Anaesthesiology MGMCRI and presented a Module on "ECG monitoring" on 05.07.2015.

Dr. Sameer M. Jahagirdar and Dr. DewanRoshan Singh, Associate Professors, conducted ISA Puducherry PG Symposium, at Department of Anaesthesiology MGMCRI and presented a Module on "Neuromuscular monitoring" on 05.07.2015.

Dr. DewanRoshan Singh, Associate Professor and Dr. Jaya, Assistant Professor, Department of Anaesthesiology, participated as an ACLS Instructor for ACLS course conducted by Medical Simulation Center at MGMCRI on 12.07.2015.

Dr. Sunayana C, Clinical Psychologist, Dr. Sivaprakash B, Professor, Department of Psychiatry conducted an Orientation program for 1st year MBBS students on the topic 'Mental health & well-being of medical students on 21.07.2015.

Dr. R. Reeta and Dr. Kulkarni Sweta, Assistant Prof., Department of Biochemistry attended workshop on Method

Validation and presented poster at ABIMIDCON Tamil Nadu Chapter on 30.07.15 to 01.08.15.

Dr. Thirilogasundary, Assistant Professor, Department of Anaesthesiology, participated as an ACLS Instructor for ACLS course conducted by Medical Simulation Center at MGMCRI on 09.08.2015.

Mrs.A.N.Uma, Assistant Professor in Medical Genetics, Genetic Lab, was the judge for the poster competitions for the under graduate students at the National Seminar and CME on Therapeutic Potential of YOGA conducted by CYTER as part of International Yoga Day Celebrations on 26.06.2015

Dr.R.Durai, Assistant Professor, Dept. of general Surgery presented a paper titled "Recurrent Lumbar Hernia in a child"



and a poster titled "congenital lymphatic malformations - a case series" on 08.08.15at ASICON 2015, TN & P chapter, at Kodaikanal.

Dr. Sameer M. Jahagirdar, Associate Professor, Department of Anesthesiology, participated as a BLS Instructor for BLS course conducted by Medical Simulation Center at MGMCRI on 28.08.2015.

Dr. Sameer M. Jahagirdar, Associate Professor, Department of Anesthesiology, participated as an ACLS Instructor for ACLS course conducted by Medical Simulation Center at MGMCRI on 28.08.2015.

Dr. Hemanth Kumar and Dr. Sameer M. Jahagirdar, Associate Professor, Department of Anaesthesiology conducted Webinar on "Update on controversies in Sepsis Management" at MGMCRI, Chief Moderator: Dr. Rajesh Chawla, MD, FCCM, Senior Consultant Respiratory and Critical Care Medicine, Indraprastha Apollo Hospital, Delhi on 09.09.2015.



Prof. TirouAroul.T, HOD, Dept of Surgery attended, "GI stapler hands on workshop" at MGMCRI held on 11.09.2015 along with his team of faculty members and was also the Organizing chairman for the workshop.

Dr. K.SurendraMenon, Professor & H.O.D, Department of Pulmonary Medicine gave a talk on 'Eosinophilic Lung Diseases'and was an examiner for PG case presentation at Progress in Pulmonary Medicine-CME for PG students of South zone, which was organized by Department of Pulmonary Medicine, Madras Medical College, Chennai, on 11.09.15 and 12.09.15.

Dr. R.Pajanivel, Professor, Department of Pulmonary Medicine gave a talk on 'NIV in COPD' at Progress in Pulmonary Medicine- CME for PG students of South zone, which was organized by Department of Pulmonary



Medicine, Madras Medical College, Chennai, on 11.09.15 and 12.09.15.

Dr. S. Mishra, Professor, Dept. of Plastic Surgery, MGMCRI was the Chairman, organizing committee of the National Conference on IPR on 25.09.15at SBV, MGMCRI campus.

Dr. S. Mishra, Professor, Dept. of Plastic Surgery, MGMCRI presented a paper entitled "Some medical devices for use

in treatment of lymphoedema and in hand surgery" at the National Conference on Intellectual Property Rights (IPR) held on 25.09.15, SBV.

Dr.Sunita Samal, Professor, Dept of OBG attended 2nd contact session in medical education and presented a poster on 'Empathy level among MBBS students' at SRMC Chennai in September.

Dr.Sunil Kumar Samal, Professor, Dept of OBG gave a guest lecture on "Recent trends in the management of Post Partum Haemorrhage" in KGNC, Pondicherry.

Dr.A.N. Uma, Asst. Professor in Medical Genetics, Department of Anatomy, presented a paper in at the PRIMSANATCON 2015, the 38th Annual Conference of Association of Anatomist, Tamil Nadu held at PRIMS Medical College, Tamil Nadu between 10.10.2015 and 11.10.2015 and spoke on the topic titled "Chromosomal variations in Transgenders". She also received MM Copper Award for her paper presentation titled "Ring chromosomes in Oral Cancer – patients" for the year 2014.

Dr. N.Mugunthan, Associate Professor, Department of Anatomy, attended and presented a paper, titled, "Effect of 2G &3G Mobile Phone radiation exposures on Mice Liver" in state level conference of Tamil Nadu association of Anatomist on 10.10.15 at PRIMS Medical College, Chennai.

Dr. A.R. Srinivasan, Department of Biochemistry presented a paper on the purported use of "Indian classical music ragas as therapeutic agents in Guided imaging and music (GIM)", at the IMSACON, Vythiri, Kerala on 12.10.15.

Dr. M. SathishBabu, Department of Biochemistry presented poster presentation titled "Task based learning by framing MCQ's among undergraduate dentistry students" in 7th National Conference on Health Professions Education (NCHPE) at Maulana Azad Medical College, New Delhi from 18.11.15 to 21.11.15.

Prof. R. Ramesh, Department of Biochemistry presented poster presentation titled "Effect of Medical College environment and curriculum on Non Cognitive functions and academic success among 1st MBBS students" in 7th National Conference on Health Professions Education (NCHPE) at Maulana Azad Medical College, New Delhi from 18.11.15 to 21.11.15.

Dr. Umadevi S, Professor, Microbiology, presented a poster titled 'Correlation of Amp C production with Biofilm production among Non-fermenters' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 27.11.2015, at JIPMER, Pondicherry.

Dr. Pravin Charles M.V, Assistant Professor, Microbiology, presented a poster titled 'Inhibitory effect of Curcumin on biofilm produced by microbes' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 27.11.2015, at JIPMER, Pondicherry.

Dr. Jayapal V, Professor, Microbiology, presented an oral paper titled 'Rapid detection of Methicillin Resistant Staphylococcus aureus (MRSA) in nose, groin, and axilla swabs by BD GeneOhm MRSA achromopeptidase assay and comparison with culture' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.2015, at JIPMER, Pondicherry.

Dr. Pramodhini S, Associate Professor, Microbiology, presented a poster titled 'Virulence factors expression of clinical isolates of Pseudomonas aeruginosa and their antibiotic susceptibility pattern, in a tertiary care hospital, Pondicherry' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.2015, at JIPMER, Pondicherry.

Dr. Kalaivani R, Assistant Professor, Microbiology, presented a poster titled 'Emerging antibiotic resistance pattern of Klebsiellapneumoniae and characterization of its various resistance mechanisms from tertiary care hospital' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.2015, at JIPMER, Pondicherry.

Dr. Valentina Y, Tutor, Microbiology, presented a poster titled 'Asymptomatic bacteriuria in pregnant women' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 28.11.15, at JIPMER, Pondicherry.

Dr. Arunava Kali, Assistant Professor, Microbiology, presented a poster titled, 'Bacteriological study of neonatal sepsis from a tertiary care hospital in Puducherry' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 29.11.2015, at JIPMER, Pondicherry.

Dr. Srirangaraj.S, Professor, Microbiology, presented an oral paper titled 'Utility of antibiotic screening of urine for better laboratory interpretation of urine cultures: A study from Puducherry' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 29.11.2015, at JIPMER, Pondicherry.

Dr. Lavanya S, Tutor, Microbiology, presented a poster titled 'Antimicrobial susceptibility pattern of Methicillin Resistant Staphylococcus aureus (MRSA) at a tertiary care hospital in Puducherry' at the XXXIX National Conference of Indian Association of Medical Microbiologists on 29.11.2015, at JIPMER, Pondicherry.

Dr.Pramod Kumar GN, Associate Professor, Dept of Forensic Medicine attended and presented a research article on "Student's perspectives on objective structured practical examination (OSPE) in Forensic Medicine - A report from India" in 23rd Annual state level conference of KAMLS (KAMLS -RRMC -2015) held between 3.12.15 and 5.12.15 at Rajarajeshwari Medical College, Bangalore, Karnataka.

Dr. C S Singh, Associate Professor, Dept of Radiology participated at the VII National Conference on Health Professions education held at MAMC, New Delhi from 19.11.15 to 21.11.2015 and attended two Workshops titled, Quality Assurance in Medical education and Teaching Learning in a clinical setting respectively. He also gave an oral presentation titled, "Effectiveness of innovative teaching of Radiology to Undergraduate students"

Dr. Kusha Nag, Associate Professor, Department of Anaesthesiology, presented a paper titled "Assessment of Patient Satisfaction ATA Pre-anesthetic evaluation clinic of a tertiary care hospital" in 63rd Annual National Conference of Indian Society of Anesthesiologists ISACON-2015 at Jaipur on 25.12.15 to 28.12.15.

Dr. DewanRoshan Singh, Associate Professor, Department of Anaesthesiology, presented a paper titled "Comparison of two different doses of Dexmedetomidine infusion for allaying procedural discomfort and anxiety in patients undergoing surgery with central neuraxial blockade: A randomized trial" in 63rd Annual National Conference of Indian Society of Anesthesiologists ISACON-2015 at Jaipur on 25.12.15 to 28.12.15.

Dr. S Mishra, Professor, Department of Plastic Surgery, presented a paper entitled "Retreat flap: A concept; and its use in a series of cases" at the 50th Annual conference of the Association of Plastic Surgery of India, held in Mumbai from 28.12.15 to 31.12.15. His article entitled "Looking good - A Civilization aspiration" was published in the Golden jubilee Souvenir in the section "Musings in prose and lyrical tilts"

Public Viva Voce - Ph.D Presentations 2015



Mrs.A.N.Uma, Asst. Professor in Medical Genetics, Genetic Division, Anatomy Department under the guidance of Prof. Dhananjay. S. Kotasthane, HOD, Dept. of Pathology, MGMCRI and under the co guidance of Prof.T.Tirou Aroul, HOD, Dept of Surgery, MGMCRI presented and defended her PhD thesis titled, "The Study of Histopathology and the Role of Chromosomal Alterations in Etiopathogenesis of Premalignant Lesions and Squamous Cell Carcinoma of Oral Cavity" on 22.12.2015, successfully and was declared eligible for the degree of PhD in Interdisciplinary Research (Biomedical Genetics - Medical Genetics) in the faculty of Allied Health Sciences, SBV University, Pondicherry. The Board of Examiners consisted of Prof. DhananjayKotasthane, Guide, (MGMCRI), Prof. S.K.Verma, External Expert (JIPMER) and Prof. G. Koteeswaran, (MGMCRI). She is the first Ph.D candidate of Sri Balaji Vidyapeeth University, Pondicherry.

Under the guidance of Dr. J.Anbalagan, Professor, Department of Anatomy, MGMCRI, Mrs.Mary Hydrina D`Silva, Ph.D candidate presented and defended her PhD thesis on 28.12.15 successfully and was declared eligible for the degree of PhD Anatomy in the Faculty of Medicine, SBV University, Pondicherry.

PARTICIPATION IN ACADEMIC/SCIENTIFIC EVENTS

Prof.Kingshuk Lahon, Department of Pharmacology attended a CME on Diabetes conducted by Tagore Medical College on 6.12.14

Prof. K.A.Narayan, Prof. Raj Kumar Patil, and Dr. S. Vijayalakshmi, PalveSachinBhaskar, Assistant Professors, Department of Community Medicine participated in "International seminar on Research for prevention and control of NCD" held at PIMS between 13.01.15 and 14.01.15, organized by Dept. of Community medicine, PIMS, Puducherry along with the University of Alabama Birmingham, Florida International University, Madras Diabetic Research Foundation, the US NIH Fogarty International Centre and Indian Council of Medical Research. Dr. Bakshi Assistant Professor, Department of ENT attended "MEGA FESS" held between 16.01.15 and

17.01.15 at Kochi, Kerala.

Dr SeeteshGhose, Prof and HOD, and Dr Vasavi, Assistant Prof., OBG Department attended CME at the 58th All India Congress of Obstetrics & Gynaecology held from 21.01.15 to 25.01.15, Chennai.

Dr.V.Keshavan, Asst Professor, Department of Pulmonary Medicine attended a 'Pleural update 2015' CME, which was conducted by Apollo Hospitals at Chennai on 25.01.15.

Dr. Avudaiappan S, Assistant Professor, Department of Psychiatry, participated in a panel discussion titled "Balancing within & beyond classroom - Teachers & learners perspective", organized by the IQAC of Kasturba Gandhi Nursing College, MGMCRI campus, Puducherry, on 28.01.15

Dr. Avudaiappan S, Assistant Professor, &Senthil Kumar M, Social Worker, Department of Psychiatry, participated in a mental health camp, jointly organized by Tamilnadu Pudhuvazhvu Thittam& Department of Health Care Services, MGMCRI, at Vallalar High School, Kandamangalam (Ariyur), on 29.01.15.

Dr Rupal Samal, Asst Prof., OBG, underwent training in Basic course in Ultrasound in Sonoscan Coimbatore in January.

Dr Sima Biswas, Department of Ophthalmology, attended the CME on "Glaucoma update" - on 25.01.15& "Management of Endophthalmitis" on 29.03.15 conducted by the Pondicherry Ophthalmology association.

Dr Dhananjay S Kotasthane, Prof and HOD and Dr Vaishali D Kotasthane, Asst Prof, Dept of Pathology participated in International CME in "Pathology, Histopathology & Cytology" held between 5.02.15 to 7.02.15 at Goa organized by Indian Academy of Cytologists, Goa chapter & supported by European Federation of Cytology Societies) & International Academy of Cytology).

Prof. Mossadeq, Prof. Joseph Philipraj, Dr. Prasant Nayak and Dr.Vasudevan, Dept. of Urology attended the national conference organized by Urology Society of India (USICON 2015) held from 05.02.15 to 08.02.15 at Ranchi, Jharkhand.

Dr. Avudaiappan S, Assistant Professor, & Dr. Sivaprakash B, Professor, Department of Psychiatry, participated in a discussion with Mark Gevisser, a South African author and journalist, on various issues related to the mental health of transgender individuals, on 05.02.15. This was in connection with an article being prepared by Mr. Gevisser on the problems faced by transgender population in India, for publication in The Guardian - a British national daily newspaper.

Dr VijayaSundaram, Associate Professor and Dr.Sithananda Kumar Assistant Professor, Department of ENT attended "35th Sinuses and Beyond- Live Endoscopic Sinus Surgery" held on 5.02.15 at MAA ENT center, Hyderabad.

Dr. K.A.Narayan, Professor, Department of Community Medicine, attended the First All India Peoples Medical and Health Science Convention, organized by Peoples Council for Education and NITTE University, Mangalore at NITTE University, Mangalore between 05.02.15 and 08.02.15

Dr Rajendra Dhaka, Professor, Dr K.Shanumgasamy, Dr Vinita Singh, Dr Madhumitra, Asst Professors, Dept of Pathology participated in CME on Gastrointestinal and Hepatic Pathology on 7.02.15 at JIPMER, Pondicherry.

Prof. Kirtinath Jha, Professor of Ophthalmology attended the AIOS Annual Conference – New Delhi on February 08.02.15&09.02.15.

Dr.Srikanth.S, Prof. & HOD, DVL participated as a delegate in the national conference, DERMACON-2015 conducted in Mangalore, between 13.02.15 and 15.02.15.

Dr.P.Karthikeyan, Prof. & HOD, ENT attended "Master class on vertigo, Dizziness and its management" by Prof. Micheal Strupp University of Munich, Germany held on 21.02.15 at Hotel Marriott, Kochi, Kerala.

Dr. P. Soundararajan, Professor of Pediatrics, attended East Coast Pedicon 2015, Conference on 1.03.15 in New Delhi.

Dr.C.Kameshvell, Associate Professor, Community Medicine, attended a CME on "The role SNRI- desvenlafaxine as first line treatment in Major Depressive Disorder" organized by Pfizer Pharmaceuticals at Hotel Accord, Puducherry on 01.03.15.

Dr.P.Vaithiyanathan, Assistant Professor, Community Medicine, participated in CME on "Fever on day to day Practice" on 01.03.15 organized by Indian academy of Paediatrics- Villupuram, Cuddalore and Pondy chapter at Hotel Accord in Pondicherry.

An in house seminar on LCMS was conducted by WATERs and Dept of Pharmacology MGMCRI on 5.3.2015. which was attended by faculty members, Dr.Manimekalai K., Dr.Somasundarm G., Dr.Kartik J. Salwe, Dr.Padmavathi S., Dr.Sudarcodi R., Dr. Johan Pandian J., Dept of Pharmacology; Dr.SubimanSaha, Profressor of Biochemistry, Dr.Hemachandran, Professor and HOD, Dept of Nephrology, Dr. Sameer, Associate Professor of Anaesthesiology, Dr.Easwaran Professor & HOD Dept of Psychiatry and staff members from CIDRF.

Dr. Manimekalai, Dr. Somasundaram G., Dr. KartikJ. Salwe, Dr. Johan Pandian J, Department of Pharmacology attended a 'Seminar on consumer and NPPA' at Anna Institute of Management, Chennai on 07.03.2015

Dr.Sudarcodi R., Dr. Johan Pandian J., faculty members, Department of Pharmacology attended 'Post validation workshop for BDS Pharmacology' IGIDS, on 11.03.2015

Dr.Pramod Kumar GN, Associate Professor, Dept of Forensic Medicine & Toxicology, attended Forensic Workshop on "Ballistics and Scene of Crime –A Live Demonstration" held at Karnataka State Police Training Institute, Channapatna, Bangalore, on 14.03.15. Practical demonstration on range of fire & wound ballistics, crime scene investigation, Forensic Photography was the key features of workshop.

Dr.C.Kameshvell, Associate Professor, Community Medicine, attended a CME on "The advantage of early treatment of stroke and its recent advancement" by Dr.Paranjyothi, Senior Neurologist, Pondy Neuro Centre at Hotel Accord, Puducherry on 22.03.15.

Dr. Seetharaman, Professor & HOD, Dr. Raj Kumar Patil, Professor Department of Community Medicine, attended a RNTCP state level conference on "Tuberculosis: Reach, Treat and Cure every one" organized by Puducherry State Task Force and RNTCP core committee at Indira Gandhi Medical College and Research Institute, Puducherry on 25.03.15.

Dr. T. Sivashanmugam, Professor, Department of Anaesthesiology, attended one day CME workshop on Thoracic Anesthesia in CMC Vellore held on 28.03.15.

Dr. Hemanth Kumar, Associate Professor, Department of Anaesthesiology, attended one day CME workshop on Thoracic Anesthesia in CMC Vellore held on 28.03.15.

Dr. Antony Charles, Asst. Prof., Department of Anaesthesiology, attended one day CME workshop on Thoracic Anesthesia in CMC Vellore held on 28.03.15.

Dr.Subramaniyan R, Department of Ophthalmology attended the CME on 'Management of Endophthalmitis' on 29.03.15.

Dr SunitaSamal, Prof., OBG, attended a workshop on 'Advanced training in medical education' in SRMC Chennai in March.

Dr.R.Krishnagopal, Prof & Head, Department of OrthopaedicSurgery attendedCadavar workshop on 7.2.15 at SRM, Chennai.

Dr. Abirami D, Asst Professor, Department of DVL attended, ASCICON conference held at Kolkata from 9.4.15 to 11.4.15.

Dr.A.Mossadeq, Prof & Head, Department of Urology attended 48th Annual Conference of Urological Society of



India, held from 5.2.15 to 8.2.15 at Mega Sports Complex, Khelgaon, Ranchi, Jharkhand and met American Urological Association Secretary, Dr.GopalBadlani.

Dr.A.Mossadeq, Prof & Head, Department of Urology attended the American Urological Association (AUA) Annual meet 2015 held from 15.05.2015 to 19.05.2015 at New Orleans, USA and attended interesting Andrology/ Fertility & Germ Cell Transplantation Symposiums.He also actively participated in Neuro Urological Discussions and interacted with Dr.JerryBlaivas, USA and Dr Paul Abrams, UK, pioneers in the field of Neurourology. He also had discussion with MahendraBandari, Director, Robotic Research Centre, Detroit, USA. At AUA meet 2015, Dr.GopalBadlani, Secretary, AUA invited Dr.A.Mossadeq as an international visiting faculty to Wake Forest Baptist Medical Centre; Winston-Salem.NC. USA, a renowned institute in Regenerative Medicine.

Dr. M. Kalirattiname, Associate Professor, Dept. of General Medicine attended 6th World Congress of Diabetes India 2015 conference at Chennai from 9.4.15 to 12.4.15.

Dr.Padmavathi S, Dr.Sudarcodi R, Dr. Johan Pandian , Faculty members, Department of Pharmacology.attended a Workshop on Drug Utilisation studies in JIPMER on 11.04.2015

Dr. ThirilogaSundary, Assistant Professor, Department of Anaesthesiology, participated as ACLS & BLS Course Instructor from 15.4.15 to 17.4.15 in Simulation Centre at MGMCRI.

Dr. Krishnaveni, Professor, Dr. Sripriya, Associate Professor, Dr. Gayatri, Assistant Professor, Dr. Annie Sheeba, Assistant Professor, Dr. Selvam, Assistant Professor, Dr. Aruloli, Assistant Professor, Department of Anaesthesiology attended ISA Puducherry-Clinical Meet, at Hotel Shenbaga Convention Centre, Pondicherry on 17.04.15.

Faculty training programme was attended by 3 Assistant Professors, Dr. R. Ramachandran, Dr. Raji, Dr. Najuk Mehta, Department of DVL on every Wednesdays in the MEU conducted from 06.05.2015 – 10.06.2015.

Dr.Sudarcodi R, Faculty member, Department of Pharmacology attended a ME TL methods workshop conducted by SBVU on 6.5.2015.

Dr.Sadeesh, Dr.Meera, Dr.Prabavathy, Dept. of Anatomy attended the "4th National conference GENXTANACON 2015" conducted by Society of Clinical Anatomist on 9.05.15& 10.5.15 held at Coimbatore.

Dr. Gayatri Mishra, Assistant Professor, Department of Anaesthesiology, participated as ACLS & BLS Course Instructor from 26.05.15 to 27.05.15 in Simulation Centre at MGMCRI.

Dr. Abu Backer S, Senior Resident, and Senthil Kumar M, Social Worker, Department of Psychiatry, participated in a Mental health camp at Kandamangalam, Tamil Nadu, on 27.05.2015.

Dr. Kusha Nag, Associate Professor, Dr. DewanRoshan Singh, Associate Professor, Dr. Antony John Charles, Assistant Professor, Dr. Gayatri Mishra, Assistant Professor, Dr. Annie Sheeba, Assistant Professor, Department of Anaesthesiology attended In-house Faculty Development Programme at MEU Class Room, College Block, MGMCRI on 06, 13, 20, 27.05.15 and 03.06.2015.

Dr. Kartik J. Salwe attended, Faculty member, Department of Pharmacology. a CME on Awareness on Yoga on 21.6.2015

Dr P Reddi Rani, Professor, DrLopamudra, DrJasmina, Associate Professors, Dr Anita, DrJeyapriya, DrSharmila, Dr Sunil, Assistant Professors, Dept of OBG attended EMBRYONEVIR conference in MGMCRI in June.

Dr. K. S. Seetha, Professor & Head, Dr. Umadevi S, Professor, Dr. Valentina Y, Tutor and Dr. Lavanya S, Tutor attended the CME on, "Clinical embryology and its significance in assisted reproductive techniques", organized by Department of Anatomy, Mahatma Gandhi Medical College and Research Institute, Pondicherry, on 22.06.2015.

Dr. Manimekalai K., Dr. Somasundaram G., Dr. KingshukLahon, Dr. Padmavathi S, Dr. Sudarcodi R, Dr. Johan Pandian, Faculty members, Department of Pharmacology. Attended Clinical Embryology & Its Significance In Assisted reproductive Technique in MGMCRI on 22.6.2015

Dr. D. Gunasekaran, Professor & Head, Dr. P. Soundararajan, Professor, Dr. Anup John Thomas, Dr. Raj Kishore, Assistant Professors, Department of Pediatrics attended "Embryonavenir", a CME on "Clinical Embryology and its significance in ART" conducted by Department of Anatomy on 22.06.15.

Dr. N. Seetharaman, HOD & Professor, Dr. Raj Kumar Patil, Professor, Dr.Partha Nandi, Professor, and Dr.Palve Sachin B, Assistant Professor, Community Medicine, attended a CME on " Clinical Embryology and its significance in ART" organized by Department of Anatomy at Mahatma Gandhi Medical College and Research Institute, Puducherry on 22nd June 2015.

Dr. S.Bakshi Singh Assistant Professor attended CME on "Clinical Embryology and its Significance in Assisted Reproductive Techniques" on 22.06.15 conducted by the dept. of Anatomy held at MGMCRI, Pondicherry. Dr. Anup John Thomas, Assistant Professor, Department of Pediatrics attended the 2nd International Conference on Music therapy "Current Trends in Music Therapy Education, Clinical Practice & Research conducted by CMTER on 23.06.15.

Dr. V.R. Hemanth Kumar, Associate Professor, Department of Anaesthesiology, attended Simulation Workshop in Ganga Anaesthesia Refresher Course-2015 at Ganga Hospital, Coimbatore on 25.06.2015.

Dr.JohanPandian , Faculty member, Department of Pharmacology attended a CME on 'Dyslipidemia-Current Update' conducted by Dept of Pharmacology, Chengalpattu Medical college on 25.06.2015

Dr. Anup John Thomas, Assistant Professor, Department of Pediatrics attended National Seminar and CME on Therapeutic Potential of YOGA conducted by CYTER as part of International Yoga Day Celebrations on 26.06.15.

Dr. N. Seetharaman, HOD & Professor, Dr. Raj Kumar Patil, Professor, Dr.Abhijit V Bortane, Dr. C. Kameshvell, Associate Professors and Dr. P. Vaithiyanathan, Dr.Palve Sachin B Assistant Professors Community Medicine, attended a CME and national seminar on "Therapeutic Potential of Yoga " organized by Centre for Yoga Therapy, Education and Research (CYTER) and Department of Physiology at Mahatma Gandhi Medical College and Research Institute, Puducherry on 26th June 2015.

Dr. P.Karthikeyan Professor and HOD, Dr. V. NirmalCoumare, Professor and Chief, Dr. VijayaSundaram -Associate Professor, Dr. NeelimaVijayan, Dr. Sithananan Kumar, Dr. Bakshi, Dr. MadhuPriya- Assistant Professors, Dr. Davis Thomas – Senior Resident, Dept. of ENT attended lecture on "ENDOSCOPIC ADENOIDECTOMY" by Dr. Vasudevan at AOI on 26.06.15 held at Hotel Adithi, Pondicherry.

Dr. N. Krishnaveni, Professor, Department of Anaesthesiology, attended Ganga Anaesthesia Refresher Course-2015 at Ganga Hospital, Coimbatore on 26.06.2015 to 28.06.2015.

Dr. Antony John Charles, Assistant Professor, Department of Anaesthesiology, attended Ganga Anaesthesia Refresher Course-2015 at Ganga Hospital, Coimbatore on 26.06.2015 to 28.06.2015.

A meeting with a team from Chhattisgarh government, with officials from its State AIDS Control Society (CGSACS)

regarding sex transformation surgery done at MGMC&RI was attended by Prof. Dr. Krishnan (HOD) & Dr. Raji (A.P) from Dept of DVL who also made a presentation regarding TG clinic and its activities.

Dr. P.Karthikeyan Professor and HOD, Dr.V.Nirmal Coumare, Professor and Chief, Dr. VijayaSundaram, Associate Professor, Dr. NeelimaVijayan, Dr. SithanananKumar, Dr. S.BakshiSingh, Dr. MadhuPriya– Assistant Professors, Dr. Davis Thomas – Senior Resident, , Dept. of ENT, attended lecture on "Management of cough and nasal allergic rhinitis" by Dr. JagadeeshChandrasekar on 28.06.15 held at Hotel Accord, Pondicherry.

Dr.Siddarth, Asst.Prof, Dept. of Radiology, attended the National Indian Radiological and Imaging Association (IRIA) conference held in Cochin from 27.01.15 to 30.01.15.

Dr.Swathi N, Assoc. Prof, Department of Ophthalmology attended the Board of studies meeting for syllabus of BSc Optometry on 4.07.15 at SSSMCRI, Kanchipuram.

Prof. Dr. K. Srikanth, Dr. A. R. Rajalakshmi, Dr. Sima Biswas and Dr. S. VeniPriya, faculty members, Department of Ophthalmology attended the Intra ocular Implant & Refractive society of India conference held from 4.07.15 to 5.07.15 in Chennai.

Prof. K Srikanth, HOD, Department of Ophthalmology, Dr. S. Pramodhini, Associate Professor, Dept. of Microbiology attended NTTC at JIPMER between 6.07.15 and 8.07.15.

Dr. Manimekalai K, Dr. Somasundaram G, Dr. KingshukLahon, Dr. KartikJ. Salwe, faculty members, Department of Pharmacology. attended a 'CME on Herbal Pharmacology' at Sri Venketeshwara Medial College, Puducherry on 7.07.15.

Dr. Kalaivani, Assistant Professor participated in Workshop on "Molecular Techniques in Microbiology" organized by IAMM-Puducherry chapter in SMVMCH, Pondicherry on 10.07.2015.

Dr. S. Pramodhini, Associate Professor, Dr. Kalaivan, Assistant Professor, Dr. Valentina Y and Dr. Lavanya S, Tutors, Dept. of Microbiology participated in the CME on "Microbial Infection-an Update" organized by IAMM-Puducherry chapter in SMVMCH, Pondicherry on 11.07.2015. Dr.G.Jayaraman, Associate Professor, Dept. of Radiology, attended the BRACE 2015 conference held in Chennai organized by Madras Medical College from 12.07.15 to 14.07.15.

Dr. VijayaSundaram, Associate Professor, Department of ENT, attended SZERC CON 2015 "Hands on Temporal Dissection and Live Surgical Workshop" held from 24.07.15 to 26.07.15 at South Zone ENT Research Centre, Villupuram.

Prof. Dr. K. Srikanth, Dr. A. R. Rajalakshmi, Dr. Sima Biswas and Dr. S. VeniPriya, faculty members, Department of Ophthalmology attended the Tamil Nadu Ophthalmologists Association conference held from 24.07.15 to 26.07.15 in Madurai.

Prof. S. Umadevi, Dr. Valentina Y and Dr. Lavanya S, Tutors, Dept. of Microbiology participated in the workshop and regional conference on "Panoramic parasight", conducted by the Department of Microbiology, SSSMCRI and IAMM, Tamil Nadu &Puducherry chapter, held between 29.07.2015 and 30.07.2015 respectively at SSSMCRI, Chennai.

Prof. Subiman Saha & Dr. G. Niranjan, Associate Prof., Department of Biochemistry attended workshop on Method Validation and ABIMIDCON, Tamil Nadu Chapter on 30.07.15 and 1.08.15.

Dr. Krishnaveni, Professor, Dr. Hemanth Kumar, Dr. Rani, Dr. DewanRoshan Singh, Associate Professors, Dr. Gayatri Mishra, Dr. Antony John Charles, Dr. IndubalaMaurya, Dr. Annie Sheeba, Assistant Professors attended a ISA Clinical Meet at Pondicherry on 01.08.2015.

Dr.G.Arthi, Dr.Jayanthi, Faculty members, Department of Anatomy attended state level CME Rainbow 2015 organized by Rajah Muthiah Medical College and Hospital, Chidambaram on 02.08.15.

Dr.Abirami, Assistant Professor, Department of DVL attended the SAARCD Conference held at Mysore from 4.08.15 to 6.08.15.

Prof.C.P.Ganeshbabu, Dr. N.S.Kannan, Dr.R.Kannan, Dr.Durai from department of General surgery attended ASICON -2015, TN & P chapter in Kodaikanal on from 7.08.15 to 9.08.15.

Dr.P.Karthikeyan, Professor and HOD, Department of ENT attended "ENT Conclave" on 08.08.15 held at Hotel Leela Palace, Chennai, organized by Prof. Dr. Milind Kirtane.

Prof.TirouAroul.T, HOD, Dept of Surgery participated in the CPC with the department of Pathology, Oncology & Radio diagnosis on 12.08.2015 at MGMCRI.

Dr. P. Karthikeyan, Professor and HOD, Department of ENT attended, "Master Class Live Surgical Workshop" on 15.08.15 and 16.08.15 at Bangalore organised by Prof. Mahadeviah and Dr.Vijayendra.

Dr. Ravishankar M., Professor and Dean, Dr. Rani, Dr. Sripriya, Dr. Hemanth Kumar, Associate Professors, Dr. Jaya, Dr. Gayatri Mishra, Assistant Professor, Department of Anaesthesiology, attended a ISA Clinical Meet at Pondicherry on 29.08.2015.

Dr.R.Vimal Raj, Assistant Professor, Dr. VineethAlexandar, and Dr. M.M.MuhamedKamaludeen, Senior Resident, Department of Pulmonary Medicine attended ACCP REALM INDIA, which was organized by ACCP(American College of Chest Physicians) at Chennai, on 08.09.15.

Dr.G.Jayaraman, Associate Professor, Dept. of Radiology, attended the MACE 2015 CME organized by Madras Medical College, Chennai on 9.09.15 and 10.09.15.

Prof. TirouAroul.T, HOD, Dept of Surgery, Dr. P. Karthikeyan, Professor and HOD, Department of ENT, Prof Dr.K.Srikanth& Prof Dr. K.N.Jha, Department of Ophthalmology, Dr. K.S. Seetha, Professor & Head, Prof.



Selvaraj Stephen and Prof. S. Umadevi, Dept. of Microbiology attended FDP workshop series - in house at MGMCRI on 7.09.15,11.09.15, 14.09.15 and 23.09.15.

Dr.K.SurendraMenon, Professor & H.O.D and Dr.Pajanivel, Professor, Department of Pulmonary Medicine attended Progress in Pulmonary Medicine-CME for PG students of South zone as a faculty, which was organized by Department of Pulmonary Medicine, Madras Medical College, Chennai, on 11.09.15 and 12.09.15. Dr. M. SathishBabu, Assistant Prof., Department of Biochemistry attended NABL training Programe at PIMS, Pondicherry on 18.09.15 to 20.09.15.

Dr. P. Karthikeyan, Professor and HOD, Dr. VijayaSundaram, Associate Professor, Dr. Sithananda Kumar, Dr. Bakshi and Dr. MadhuPriya, Assistant Professors, Department of ENT, attended "ENT Today" (Otology Update) Live Surgical Workshop" on 19.09.15 held at JIPMER, Pondicherry.

Dr. Abirami, Assistant Professor, Department of DVL attended the 'Ninth Cosmetology, Laser and Dermatosurgery Workshop 2015' held at Stanley Medical College, Chennai on 20.09.15.

Prof. TirouAroul.T, HOD, Dept of Surgery attended National Conference on IPR - Intellectual Property Rights at MGMCRI on 25.09.2015.

Dr. Sivashanmugam, Professor and Head, Dr. DewanRoshan Singh, Associates Professor, Dr. Antony John Charles, Assistant Professor, and Dr. Anil Thomas, Senior Resident, Department of Anaesthesiology, attended 5th National Conference Academy of Regional Anaesthesiology of India at the J.N. Tata Auditorium Bengaluru from 25.09.15 to 27.09.15.

Dr. K.S. Seetha, Professor & Head, Dr. S. Pramodhini, Associate Professor, Dr. Pravin Charles, Dr. R. Kalaivani, Dr. NamrataBhosale, Assistant Professors, Dr. Valentina Y and Dr. Lavanya S, Tutors, Dept. of Microbiology, Dr. Sivaprakash B, Professor, Department of Psychiatry,Prof. K. Henri Balraj, Department of Physiology,Dr. N. Krishnaveni, Professor, Department of Anaesthesiology,Mrs.A.N.Uma, Asst.Prof in Medical Genetics, Genetic Division, attended the National Conference on Intellectual Property Right (IPR) organized by IPR Cell, Unit of Internal Quality Assurance, Sri BalajiVidyapeeth, on 25.09.2015 at MGMC&RI, Pondicherry.

Dr.KingshukLahon, Dr. Johan Pandian J, faculty members, department of Pharmacology attended a National Conference on 'Intellectual property rights' at MGMC & RI on 25.09.15.

Dr. Vani PC, Dr. Anita Nancy, Dr. Jayanthi, Assistant Professors, Dept. of Anatomy attended the National Conference on Intellectual Property Right (IPR) organized by IPR Cell, Unit of Internal Quality Assurance, Sri BalajiVidyapeeth, on 25.09.2015 held at MGMC&RI, Pondicherry.

Prof. K. Henri Balraj, Department of Physiology participated as delegate in 9th Annual Conference of Association of Physiologists of Tamil Nadu conducted by Department of Physiology, Meenakshi Medical College Hospital & RI, Kanchipuram on 26.09.15 and 27.09.15.

Dr. Vijayasundaram, Associate Professor, Dr. Sithanandha Kumar, Dr. Bakshi, Assistant Professors, Department of ENT attended lecture on "ENT today" (Head and Neck Surgery) Live Surgical Workshop on 1.10.15 and 2.10.15 at JIPMER, Pondicherry.

Dr.Sharmila, Assistant Professor, Dept of OBG attended 'Ferticon' in Chennai in July.

Dr. Vijayasundaram, Associate Professor, Dr. Sithanandha Kumar and Dr. S Bakshi Singh, Assistant Professors, Department of ENT, attended lecture on "ENT today" (Head and Neck Surgery) live surgical workshop on 01.10.15 and 02.10.15 at JIPMER, Pondicherry.

Dr.Pramod Kumar GN, Associate Professor, Dept of Forensic Medicine attended CME – Forensic Update 2015 conducted by Department of Forensic Medicine & Toxicology, JSS Medical College & Hospital, Mysore on 03.10.2015

Dr.SunitaSamal, HOD, Professor, Department of Obstetrics &Gynaecology attended ATCOM sensitization and Revised BMW at JIPMER on 15.10.15 as observer as a part of her FIME course.

Dr.SeeteshGhose, attended ATCOM sensitization and Revised BMW at JIPMER from 13th to 16.10.15

Prof. KingshukLahon, Dr. Johan Pandian J., Assistant Professor, Department of Pharmacology attended an 'International workshop on Pharmacovigilance' conducted by CITI, AIIMS, New Delhi and University of Miami at Sri Ramachandra University, Chennai on 27.10.15.

Dr.Seetha K.S. Professor & Head, Dr.Umadevi S, Professor, Dr.Pramodhini S, Associate Professor, Dr.Pravin Charles M.V., Dr.Kalaivani R, Dr.Namrata K. Bhosale Assistant Professors, Dr.Lavanya S and Dr.Valentina Y, Tutors, Microbiology Department attended the national symposium on 'Molecular techniques in diagnosis and research', organized by CIDRF at Mahatma Gandhi Medical College and Research Institute on 31.10.2015. Prof. Krishnaveni, Dr. Rani, Associate Professor, Dr. Antony John Charles, Dr. Gayatri Mishra, Dr. Annie Sheeba, Dr. IndubalaMaurya, Assistant Professors, Dr. Prasanna Senior Resident, Department of Anesthesiology attended 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort between 31.10.15 and 1.11.15.

Dr. P. Karthikeyan Professor and HOD, Department of ENT attended 3rd International Rhinoplasty Live Surgical Workshop between 30.10.15 and 01.11.15 at Goa Medical College, Goa.

Prof. Ganesh Babu, Dr.R.Kannan, Dr.Saravanakumar, Dr.Abilash, Department of General Surgery attended Osteomy care Symposium in JIPMER on 07.11.15.

Dr. Avudaiappan S, Assistant Professor, Dr. AshwinthJothy P, Assistant Professor, and Senthil Kumar M, Social Worker, Department of Psychiatry, participated in a mental health camp at the children's observation home, Cuddalore, Tamil Nadu on 13.11.2015.

Prof.Robinson Smile, Prof. C.P.GaneshBabu, Dr.R.Kannan, Assoc.Prof., Dr.Praveen, Asst.Prof., and Dr.Abilash, Senoir Resident, Department of General Surgery attended Endofeasta in IGMCRI on 14.11.15.

Prof.C.P.Ganeshbabu, Department of General Surgery attended AT- COM sensitization program in JIPMER on 14.11.15.

DrSeeteshGhose, Dr Rani Reddi, DrSunitaSamal, Professors, Department of Obstetrics &Gynaecology attended a CME on 15.11.15 "ART– basics to advances" in JIPMER.

Dr. Sunil Samal, Professor, Department of Obstetrics & Gynaecology attended Workshop on basic technique in vascular anastomosis at JIPMER, Puducherry, on 15.11.15.

Prof. SubimanSaha, Department of Biochemistry participated in 7th National Conference on Health Professions Education (NCHPE) at Maulana Azad Medical College, New Delhi from 18.11.15 to 21.11.15.

Dr. P. Vaithiyanathan and Dr. S. Vijayalakshmi, Assistant Professors, Community Medicine, attended Revised National Tuberculosis Control Programme Zonal Task Force South II Meet at Thiruvananthapuram from 23.11.15 to 26.11.15.

Dr. Lavanya S, Tutor, Microbiology Department, attended the Workshop on "Molecular techniques as applied to Clinical Microbiology" conducted by Dept. of Microbiology, Pondicherry Institute of Medical Sciences, Pondicherry on 25.11.2015 and 26.11.2015.

Dr. Srirangaraj. S, Professor, Microbiology Department, attended the Workshop on "Bacterial Pathogenomics for rapid diagnosis, detection of resistance and evolution" at Pondicherry University on 26.11.2015.

Dr. P. Soundararajan, Professor of Pediatrics, attended CME on Child Psychiatry at Sri ManakulaVinayagar Medical College on 27.11.15.

Dr. Shashidhara M, Assistant Professor & Prof. Dr.Eswaran.S. Department of Psychiatry, participated in a CME on Child Psychiatry - "Understanding the Juvenile Jigsaw", at Sri ManakulaVinayagar Medical College and Hospital, Madagadipet, Puducherry on 27.11.2015.

Dr. Jayapal V, Professor, Dr. Selvaraj Stephen, Professor, Dr.Umadevi S, Professor, Dr.Srirangaraj S, Professor, Dr.Pramodhini S, Associate Professor, Dr.Pravin Charles M.V., Assistant Professor, Dr.Arunava Kali, Assistant Professor, Dr.Kalaivani R, Assistant Professor, Dr.Lavanya S, Tutor and Dr.Valentina Y, Tutor attended, Microbiology Department, MICROCON – 2015, the 39th Annual Conference of Indian Association of Medical Microbiologists from 27.11.2015 to 29.11.2015, at JIPMER, Pondicherry.

Prof.C.P.GaneshBabu and Dr.R.Kannan, Assoc.Prof. Department of General Surgery attended CME on Cervical Cancer in MGMCRI on 12.12.15.

DrJeneth Berlin Raj, Associate Professor Department of Physiology participated in flood relief medical camp (Cuddalore) organized by Society of St. Vincent De Paul, Pondicherry Central Council in December 2015.

Prof. Krishnaveni, Dr. Rani, Dr. Sameer M. Jahagirdar, Associate Professors, Dr. Antony John Charles, Dr. Jaya, Dr. Annie Sheeba, Assistant Professors, Dr. ArchanaAreti, Senior Resident, Department of Anaesthesiology attended IGAP-2015 4th Annual CME and Workshop of Department of Anaesthesiology and Critical Care conducted by ISA Puducherry State Branch at Indira Gandhi Medical College and Research Institute, Puducherry on 13.12.15. DrSunitaSamal, Dr. P Pallavee, Professors, Department of Obstetrics & Gynaecology attended ATCOM sensitization program on 14.12.15 at JIPMER, Puducherry.

Dr.Palve Sachin B, Assistant Professor, Community Medicine, attended 'Revised Basic Course Workshop in Medical Education Technology' at JIPMER, Puducherry from 15.12.15 to 17.12.15.

Dr. Eswaran S, Professor & Head and Dr. Shashidhara M, Assistant Professor, Department of Psychiatry, participated in an update on Child and Forensic Psychiatry, organized by SreeBalaji Medical College & Hospital, Chennai, in association with Indian Psychiatric Society (Tamil Nadu Branch), at Chennai, Tamil Nadu on 20.12.2015

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology, attended as a delegate in KUMB MET CON-2015, 3rd Annual Conference of Metabolic Club of Kumbakonam at Kumbakonam on 26.12.15 and 27.12.15.

Dr. Kusha Nag and Dr. DewanRoshan Singh, Associate Professor, Department of Anaesthesiology attended as delegates in CME & Conference 63rd Annual National Conference of Indian Society of Anesthesiologist ISACON-2015 at Jaipur from 26.12.15 to 29.12.15.

Dr. J Vijay, Associate Professor, Department of Plastic Surgery, attended the 50th Annual conference of the Association of Plastic Surgery of India, held in Mumbai from 28.12.15 to 31.12.15.

MISCELLANY

Prof.Ananthakrishnan N, Dept. of General Surgery has been appointed as the Member of the Task force constituted by the Union Government of India for reviewing pending legislations regarding Medical Education

Dr.Somasundaram.G Department of Pharmacology obtained Professional diploma in clinical research from Catalyst Clinical Services, New Delhi.

Dr.KingshukLahon Department of Pharmacology obtained Professional diploma in clinical researchand Professional certificate in pharmacovigilance from Catalyst Clinical Services, New Delhi.

Record book named "Objective Structured Practical Instructions (OSPI)" was prepared by the Department of Physiology for First Year MBBS students.

Prof & HOD, Dr.Manimekalai K., Department of Pharmacology was the Organizing chairman for 6th State conference IPS - Puducherry chapter 12.2.2015

'Time' Magazine is one of the most prestigious news publication in the world. In the latest issue of 'Time', (Cover dated Feb 2, 2015.) under the health column, in an article on the benefits of Yoga, referred to the article published in Journal of Clinical and Diagnostic Research by our faculty members titled, 'Effect of Yoga Therapy on Selected Psychological Variables among Men Patients with Insomnia', authored by S.Parthasarathy, R.Sobana, Duraisamy, K.Jaiganesh and S.Vadivel of MGMCRI. Our heartiest congratulations to authors of above article.

Dr. S. Mishra, Professor, Dept. of Plastic Surgery, MGMCRI has been appointed as Director, Intellectual Property Right (IPR) Cell, a part of IQAC, SBV on 1.07.15 by the Vice Chancellor. He is currently working on "Trial skin grafting in chronic ulcer - A concept". Also he is working on "A comparative study of scar from zigzag incisions with those of linear incisions made along relaxed skin tension lines during routine surgery".

Prof. Ramesh, HOD, Department of Biochemistry, has become a Life Member of Indian Academic of Biomedical Science.

DrReddi Rani P, Professor, Dept of OBG delivered a talk on Gynaecological implications of HIV infection in Rainbow FM.

Prof .KingshukLahon, Department of Pharmacology obtained 'Advanced certificate in scientific writing & creation of essential documents' from Catalyst Clinical Services, New Delhi.

.AN Uma, Asst.Prof in Medical Genetics, Genetic Division was judge for power point presentation on the theme, "Tribute



to Kalam" for Cuddalore School students conducted by IMA, Cuddalore& Education Dept of Cuddalore at St.Josephs School on 22.08.2015.

.AN Uma, Asst.Prof in Medical Genetics, Genetic Division was the Quiz master on the theme, "Abdul Kalam" for Cuddalore School students conducted by IMA, Cuddalore& Education Dept of Cuddalore held at Krishnaswamy Memorial Higher Secondary School, Cuddalore on 31.08.2015.

Prof. Jaiganesh K, Department of Physiology, gave an awareness talk on the occasion of "World heart day" on 29.09.15 in SURYAN FM Radio session on 'health awareness'.

Dr.Sobana.R, Assistant Professor, Department of Physiology took part in the group music therapy session organized by CMTER for geriatric community St. Joseph's home, Cuddalore in the month of October, 2015

SCIENTIFIC AND ACADEMIC FORUM

On the months of January 2015 to March 2015, the Scientific and Academic Forum conducted one Postgraduate's poster and podium presentation, two monthly meetings, four guest lectures and Srimathi Rukmani Ammal Annual Internal Oration.

28.01.2015 and 29.01.2015- Postgraduate poster and podium presentation

SAF conducted postgraduate poster and podium presentation competition on 28.01.2015. Postgraduates from Mahatma Gandhi Medical College and Indira Gandhi Institute of Dental Science presented their thesis as poster. Honorable Chancellor, Vice-Chancellor, Prof N Ananthakrishnan (Dean, Research & PG studies) visited the venue and



had interactions with the postgraduates. Judges were Dr. Robinson Smiles (Emirates Prof, Department of Gen.

Surgery), Prof. Karthikeyan (HOD, Department of ENT) and Prof. Krishnan (Dean, Administration).

The afternoon session had podium presentation where one postgraduate student from each department was selected for the competition. Judges were Dr.Usha Carounanidhi, Principal, IGIDS, Dr. Sathyanarayanan, Prof, Department of Radiotherapy and Prof. Phillips, Department of Urology. After the presentation, SAF president and the Chancellor congratulated all the presenters on their good work and motivated everyone gathered in the scientific session to get involved in research activities.

Podium presentation by postgraduates continued on 29.01.2015. After the presentation, Prof. N.Ananthakrishnan, Dean, Research & PG studies congratulated the presenters and gave valuable tips for future presentation like time management during presentations, quality of slides and posters, objectives and limitations of the study and to give importance to statistics. He acknowledged the guides and co-guides for improving the standards of thesis and emphasized the importance of attending the research methodology workshop conducted by the Medical Education Unit. Judges gave their comments about the presentation which was followed by prize distribution.

1st prize for the Podium presentation was bagged by Dr. Swetha Paulose, Dept of Oral Medicine & Radiology and the 2nd prize went to Dr.Dalena Mathew, Dept. of Anaesthesiology. 1st prize for the Poster presentation was bagged by Dr. Radhika, Dept. of Anaesthesiology and the 2nd prize was shared by two post graduates, Dr. Saravanakumar, Dept of Oral Pathology, and Dr. Madhulika Dept. of Oral medicine and radiology. The first best paper award went to Dr. Keerti, Dept of Gen. surgery and the 2nd prize went to Dr. Vishnupriya, Dept of Physiology. Faculties were awarded with certificate for their publications with impact factor



>1. The awardees were Dr.Uma.A.N.(Anatomy), Dr.Mary Hydrina (Anatomy), Dr. A.R. Srinivasan (Biochemistry), Dr. N.Mugunthan (Anatomy), Dr. Stephen Selvaraj (Microbiology), Dr.Rajan.K.V (Gen.Surgery) Dr. Shobana.R

(Physiology) and Dr. Umadevi. S (Microbiology) from MGMCRI, Dr. Swayanjothi (Anatomy), Dr. Sathyalakshmi (Anatomy), Dr. Kalaivani (Community Medicine) and Dr. Sourabh Srivastava (Community Medicine) of SSSMCRI, Dr. Sivaramakrishnan from Oral pathology, IGIDS and Ms. Ramya Mohan from KGNC.

The Vice-Chancellor addressed the gathering and thanked the Chairman of SBV for all the support and encouragement, he also emphasized on further advancements in PG research activities and shared his dream of conducting a Regional Conference of Postgraduate presentation in the future.

06.02. 2015, Monthly SAF meet

Vice-President Dr. Karthikeyan gave the welcome address. Minutes of previous meet was given by SAF secretary Dr. Manoj Karthik. He conducted the mediquiz. Capsule talk was given by Dr. Madan Mohan, HOD, Physiology, on Yoga and its therapeutic potential'. He emphasized the uses of regular yoga practice in improving physical, mental, spiritual status of mankind and also as a stress reliever. He shared his work done in yoga at national and international level. He also mentioned that CYTER has planned to conduct workshop twice every year. This was followed by case reports: Dr.Elamaran, Asst.Prof, CTVS spoke on, 'Lower limb arterio-venous fistula- rare site of choice for hemodialysis', Dr. Bahanan Santhosh, resident, Dept of Dermatology spoke on, 'An unusual presentation of vesiculobullous disorders' and Dr. Prabhakaran, Resident, Dept of Orthopedics, spoke on, 'Late patellar tendon reconstruction'. HOD, Department of Pharmacology distributed prizes to the undergraduate students for 100% attendance, university rank and overall performance in the subject of Pharmacology. This was followed by vote of thanks given by SAF secretary.

13.02.2015, SAF Guest lecture on "Newer pathogenesis on type II diabetes mellitus" by Dr. Krishna Seshadri

SAF President Dr.Seethesh Ghose welcomed the gathering. The meeting was attended by Chancellor, Vice-Chancellor, Dean (Academics) and MS. Dr Jayasingh, HOD, Dept. of



Medicine gave the welcome address. Dr. Lokesh, Associate Prof., Dept of Medicine introduced the speaker. Our Chancellor felicitated the Guest speaker with a bouquet. The guest speaker Dr. Krishna Seshadri, Endocrinologist from SRMCRI, Chennai enlightened the risk factors for diabetes and pointed that the current lifestyle is the primary cause for the higher incidence of diabetes. A good interactive session followed and guest speaker was honored by the Vice-Chancellor. This was followed by short lecture on swine-flu by Dr. Mohammed Hanifa and Dr. Seetharaman. They explained when and who needs prophylactic treatment, who needs to be admitted and precautions to be taken. Dr. Thumbanathan, proposed the vote of thanks.

20.02.2015, SAF Guest lecture on "Role of a doctor in Antartica" by Dr. Venkatachalam

SAF President welcomed the gathering. The Guest speaker, Dr.Venkatachalam (Anesthesiologist, Cochin) was felicitated by Vice-Chancellor with a bouquet. Dr. Jeneth introduced the speaker. Dr. Venkatachalam gave an excellent outline about the nature of Antartica with volumes of beautiful photos. With his photos he made the audience feel the place with him. He shared his experience of giving anesthesia



and doing surgery on his colleagues and management of myocardial infarction. The Guest speaker was honored by Dr. Seetesh Ghose. Dr. Manoj Karthik delivered the vote of thanks.

06.03.2015, SAF Guest lecture on, "Newer horizon in management of cancer" by Dr.T.S.Ganesan

Dr. Seetesh Ghose welcomed the gathering and guest speaker. Dr. Manoj Karthik introduced the speaker. Dr. T. S. Ganesan, Head Clinical Research, Medical Oncology, Cancer Institute Adyar, Chennai, delivered a talk on cancer genomics. He elaborated in detail about the history of DNA discovery, different types of mutations and method of sequencing of gene done for past 20 years. He told about the genome projects, cosmic database work done on ovarian carcinoma. He presented few case summaries and said about the challenges faced today which were followed by an interactive session. Case presentation was given by Dr. Nirmala, Resident, and Dept of General medicine on "A unique presentation of Langerhans cell histiocytoma." Dr. Manoj Karthik delivered the vote of thanks.

13.03.2015, Srimathi Rukumani Ammal Internal Oration 2015

Srimathi Rukumani Ammal Internal Oration given by our beloved Vice-chancellor Prof. K. R. Sethuraman on "Capacity



building- multidimensional approach". SAF president Dr. Seetesh Ghose welcomed the gathering and briefed about origin of internal oration. Vice-Chancellor Prof. K. R. Sethuraman and Mrs. K. R. Sethuraman were felicitated with bouquets. Prof. M Hannifa gave a formal introduction of the Vice-Chancellor – 'Dr KR Sethuraman was the first to introduce echo and ultrasound in JIPMER, held many prestigious administrative posts in Malaysia and Sri Lanka (universities), author of nine books and 30 publications, introduced video based learning, international advisor for Davidson, Text book of medicine (21& 22 edition)'

SAF president presented the oration medal and citation to Prof. K. R. Sethuraman. Prof. K. R. Sethuraman described the process by which individuals can increase their inner potentials and their abilities. He elaborated the steps how he developed dental educational unit with



IGIDS Principal Dr. Usha and their plan to start mentorship programme training of dental educators. He described the steps for successful capacity building. He described the methods he used to develop capacity building of clinical competence among medical students in JIPMER in clinical examination such as history taking and physical examination, in technological aspect such as procedural skills and ECG interpretation, on humanistic basis about the doctor patient relationship and ethics and in social and preventive method.

He used role play simulation for history taking to overcome the language problem and obtained excellent feedback from examiners for excellent history taking by the students. He used innovative method of OSCE for remedial education. He wrote the first book on OSCE in medical education worldwide. He improved the student's analytical and interpretational skills by conducting regular ECG class. He emphasized the importance of quality care by conducting integrated orientation programme on quality care for interns from 1988 to 2005, on oral and written communications, rational diagnostics and therapeutics and ethics. He also mentioned his failures mainly as utilization failure of telemedicine project with ISRO, multiple terminal hospital computerization project, and modular training for sixth semester students.

His advice for younger generations based on what he learnt is to focus on the process with diligence, not to worry about what others will think of their performance, not to pursue the rewards and trust that will reach, and view each attempt as mere practice for next attempt.

Shri.M.V.K.Iyer Annual External Oration By Prof. Belle Monappa Hegde

Health Professions Education in The 21St Century

On 10.04.2015 Shri.M.V.K.Iyer Annual External Oration started by welcoming the distinguished guest speaker Prof. BM. Hegde, our beloved chairman Shri.MK.Rajagopalan, Vice-chancellor Prof.KR.Sethuraman and SAF president Dr.Seetesh Ghose to the dias. Chairman honoured our guest speaker with bouquet. Chairman and Vice-chancellor were honoured by SAF president. This was followed by invocation song and lighting of Kuthuvilaku by the dignitaries. SAF president welcomed the gathering. Presidential address was given by the Chairman Shri. MK.Rajagoplan. Vice-Chancellor felicitated our guest speaker and mentioned that he was the visionary for creating this educational institutions (Balaji Vidyapeeth) and an excellent orator and people were eager to attend his talk. Prof. Philip introduced the guest speaker and his outstanding performances during his studies and workplace. He has many awards to his credits, few to

mention doctor B.C.Roy award, Padmabhusan. He had held many administrative posts in Manipal and retired as vicechancellor of Manipal University. Our chairman honoured the speaker with oration medal and citation.

His primary advice was to be compassionate to the patients which doctors are lacking now. He emphasized the importance of compassion in patient care by many examples and scholarly quotes. Yama is the most ethical person where he treats everyone alike and does his job, he only kills people but doctors kills both person and wealth. He quoted William Wordsworth "we have sold our soul to the devil". He mentioned about an obstetric case of shoulder dystocia that happened in United Kingdom and patient was given only the choice of vaginal delivery and did not give the choice of Caesarean in spite of patient's request and the child that was delivered had mental retardation. Hence he said the importance of explaining the patients of all possible alternative treatment available. He gave an example of cancer patient where he undergoes mutilating surgery, burning radiotherapy and poisonous chemotherapy but the outcome can be determined only by God. He mentioned Hippocrates quote "cure rarely, comfort mostly, console always" and said the can be comforted with consolation till he lives.

Health is not in hospital or with doctors. Essential things for healthy life are a) clean water b) uncontaminated meals three time a day c) economic empowerment of people d) sanitation in every house and e) education of girls. He said the present status as sickness society. He compared today's health education to English washermans donkey where everything is without thinking. He mentioned Socrates quote "EDUCE" which is training the students to deliver rather than teachers delivering lectures in the class. Here he mentioned that almost all universities in USA have professors who have financial benefits from pharmaceutical companies for promoting their products in classes. He said that LANCET journal 2010 April issue and NEJM has article regarding this.





He mentioned that when study on publications from leading journals were tried to replicate, 70% their studies were found to be fake and thus said the importance of learning from textbooks.

He advised to read article on Physiology in www.arkimodel. com and Webers "the truth about reality", D.Wallace "Genetics" 2008;179:727, William John "Are doctors predicting the unpredicatable"1991:303;1565. He emphasized that a doctor should command the faith of the patient and said studies have proved that by gaining patients faith patients can be treated better without medical intervention or placebo treatment. He said that holistic treatment is recognized by our cells better than allopathic medicine. He finally mentioned that present medical education is sickness education; it is not saying the true physiology, mathematical ways followed are wrong, while ayurvedic medicine is good medicine too. He concluded that education must aim at making healthy mind.

SAF General Body Meeting On 7th May 2015

The election of office bearers for 10th Executive Council of Scientific and Academic Forum, MGMCRI for the academic year 2015-16 was conducted on the 7th of May 2015. The election was conducted with Dr. Robinson Smile being the returning officer for the polls.

The following members were selected as office bearers: President - Dr. R Ramesh (Professor and Head of the Department of Biochemistry), Vice-President - Dr. Sunita Samal (Professor of OBG), Secretary - Dr. Pramod Kumar GN (Associate Professor of Forensic Medicine), Joint Secretary - Dr. Dhiyanesh K (Assistant Professor of Orthopedics), Treasurer - Dr. Satvinder Singh Bakshi (Assistant Professor of ENT), Executive Members - Dr. Reeta R (Assistant



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Professor of Biochemistry), Dr. Kaushik S (Assistant Professor of General Surgery), Dr. Rahe R (Assistant Professor of Anatomy), Dr.Gautham Gunasekaran (Resident, Dept of General Surgery)

The Chronicle team wishes the new SAF team a great year of academic accomplishments.

SAF Internal Meeting

During The Second Quarterly of 2015 (April –June), the Scientific and Academic Forum, Medical Education Unit, MGMCRI, Conducted one internal meeting & 3 guest lectures.

The first SAF meeting was held on 5th June 2015. SAF secretary Dr.Pramod Kumar GN welcomed the gathering, R.Ramesh gave the inaugural speech. Capsule talk was given by Dr.Sathyanarayan Mishra (Prof of Plastic Surgery) on "Intellectual Property Right". This was followed by Case presentations - 'Systemic Lupus Erythematosus In A Male Child – A Case Report' by Dr.Sandra E Mathew (PG), Dept of DVL, 'Congenital melanocytic Neuronevus - A case of scalp swelling in a 10 year old child' by Dr.Raja Vigneshwari (PG), Dept of Pathology, 'Sentenced to death for being a girl- a rare case report of 22 yrs G4p2L2a1 at 19 weeks with incomplete abortion with fetal head in broad ligament' by Dr.Akila (PG), Dept of OBG. Certificates were issued for all PG Presentations & Mediquiz winner. Program concluded by vote of thanks by Dr.Dhiyanesh (Joint Secretary). Around 120 members attended the meeting.

SAF External Meeting

SAF Guest Lecture on "Discovery of Novel Innate Immune Pathways in the Pathogenesis of Multiple Sclerosis"

A guest lecture was organized by the Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI on 26.5.2015. The speaker was Dr.Sushmita Jha, Head of Biology Dept, IIT Jodhpur. She delivered a guest lecture on "Discovery of Novel Innate Immune Pathways in the Pathogenesis of Multiple Sclerosis". Dr.Pramod Kumar (Secretary) welcomed and introduced the speaker to gathering. The session was chaired by Dr.R Ramesh, President, SAF. The essence of her lecture is as below.

Multiple sclerosis (MS) is a chronic, unpredictable, neurodegenerative disease that affects millions of people worldwide. The debilitating symptoms of MS include sensory and motor dysfunctions and reduced cognitive function. These symptoms result from neuroinflammation characterized by lymphocyte/macrophage infiltration, microglial and astroglial activation, enhanced cytokine/chemokine



production, demyelination and axonal loss. Understanding the underlying mechanisms by which neuroinflammation affects demyelination along with mechanisms of repair such as remyelination is critical for development of therapeutic interventions.

The NLR (nucleotide-binding domain, leucine-rich repeat containing) gene family is a recently discovered family of more than 20 genes that consist of important regulators of inflammation and immunity. NLR gene family members show significant genetic linkage to several chronic human immunologic diseases (including crohn's disease, vitiligo and asthma), and play key roles in immune regulation to pathogens and injury. My talk will focus on our discovery of the role of NLR family members, Pyrin-domain containing 3 (NLRP3) in multiple sclerosis.

The guest lecture ended with interaction by audience. After the talk the guest speaker was honoured by R.Ramesh (President, SAF) with a memento followed by vote of thanks by Dr.Dhiyanesh. D

SAF Guest Lecture On "Ethics And Humor In Medicine"

A guest lecture was organized by the Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI on 23.6.2015. The speaker was Dr.KP Puthuraya, Prof of Physiology, International Medical College, Bangalore (Unit of MS Ramaiah Medical College). He delivered a guest lecture on "Ethics and Humor in Medicine". Dr.Sunita Samal (Vice President, SAF) welcomed the guest speaker with a



bouquet. Dr.Pramod (Secretary) introduced the guest speaker to gathering.

Prof Puthuraya is an erudite scholar, eminent professor, a profound thinker, a powerful orator, a good humorist. The lecture was more of humorous with ethical and moral issues related to medical profession and in general sense. He mentioned that as a doctor we should know basic principles of 'Do Good, Do No Harm'. A doctor is also a teacher; he should have 'Bhodhanabhiruchim (aptitude for teaching)', Bodhanasaamarthyam (art of teaching), 'Gambheeryam (Dignity)', 'and Motivational power'.

Professor K.R Thyagarajan, Dept of Orthopedics appreciated the talk by saying that "one of the best talk I ever heard till now". After the talk the guest speaker was honoured by Dr.M Ravishankar, Dean (Admin) with a memento followed by vote of thanks by Joint Secretary.

SAF Guest Lecture On "Tips For Students On Personality Development & How To Prepare For The Exam"

Third guest lecture was organized by the Scientific and Academic Forum (SAF), for 1st MBBS students on 24th June 2015, "Tips on Personality development & how to prepare for the exam". The speaker was Dr.KP Puthuraya, Prof of Physiology, International Medical College, Bangalore (Unit of MS Ramaiah Medical College). Dr.M Ravishankar, Dean (Admin) welcomed & Introduced the speaker to students. The essence of her lecture is as below :

Indian Culture demands that a student has to follow Brahmacharya. This Sanskrit term means restraint in daily habits, control over one's senses and leading a disciplined life. An ideal student is a model to other students. He has a dream and a goal to reach and he is committed for this. He quoted a line-"Plan your work and work your plan". Prepare a list of things to be done on a particular day before going to sleep on the previous night itself or early in the morning. A rough schedule of tasks and projects we wish to complete in a day, a week, a month, a year should be ready in our mind.



He advised students that, in life we have to develop certain special talents and skills. Everyone is architect of his own future; we ourselves have to carve our distinctive personality. Great men like Mahatma Gandhi, Swami Vivekananda possess a personality as tall as the Himalayas; and hence they become leaders and guides of people. To be different from others we have to develop 'extra' qualities. The one who grows well physically and mentally but does not grow morally becomes a dangerous man.

Gandhiji said, "An educated crook is more dangerous to the society than uneducated" because he lacks moral development. He said that "education is not merely spending few years in a school or college" but "education is advancement of knowledge and dissemination of truth, it is the result of hunger for knowledge (Winston Churchill)".

A student should know how to convert a dream into reality by the help of teachers, which needs hard work and planning. Speaker concluded the talk by saying that, the basic principle of all the examinations should be that 'the deserving should not fail and the undeserving should not pass'.

SAF- Commemorations

Doctors Day Celebration on 1st July, 2015

Scientific and Academic Forum, MGMCRI celebrated doctor's day with various activities starting with planting the sapling by Dr.NAnanthakrishnan (Dean, PG & Research) and Dr.MRavishankar (Dean) at 9.30 am. It was followed by inauguration of blood donation camp. Dr.Ravishankar M inaugurated the camp and distributed certificate to donors. 60 Doctors from various specialties including interns donated



blood for the good cause. In the afternoon at 2pm, the program started with brief introduction about Doctors' Day by Dr. Ramesh R, President of SAF. It was followed by felicitation address by Dr. NAnanthakrishnan (Dean, PG & Research) & Dr. MRavishankar(Dean). Dr. Ravichandran, Additional Director addressed the gathering and read out the special message by Chairman of SBV University, Shri MK Rajagopalan to Doctors. Finally Vice chancellor

Dr.KR Sethuraman gave the key note address. Our Chancellor Dr. RajaramPagadala had also sent a message from USA to doctors of SBV family. Program ended with vote of thanks by Dr.Pramod Kumar GN, SAF Secretary.

Doctors Day Message from the Chancellor

Dear Doctors, Fellow Faculty and Friends,

Doctors' community is a rare sect of the society. They serve as a healer and helpful as friend. A doctor therefore has a rare combination of qualities to help relieve the pain and suffering. The doctors must also function as counsellors to the patients and members of their family.

While 'Doctors Day' is being observed paying tribute to legendary Physician, Surgeon, Politician and Community leader, Dr. B. C. Roy, it is apt to change the observance of Doctor's Day to the day of Guru Poornima. Remember as doctors we are also teachers and are respected as Guru by those who have trust in us.

A doctor is a noble person serving the society and thus the humanity. A doctor is a teacher too who must teach his or her disciples and patients with the knowledge that they have, in promoting preventive medicine. We the medical teachers learn from the dead and dying. Gather information, analyze the data picking up the evidence based medicine and practicing on the living to save their lives. In doing so the Doctor's responsibility is to treat the patient as a human with humane characteristics bestowed by God to us.

Therefore a doctor must adopt a path of uprightness and learn with interest and understanding. The intuitions that you get should be for the overall management of the patient. The physical body that you examine is for protecting and promoting the productive by attaining health to live with a 'Quality of Life".

As a doctor you assume the responsibilities to be a Social Reformer. Be an inquisitive person to research as a Social Scientist, learn more about the disease. And treat the patient as a Social Engineer to repair the malfunctioning members of the family with disease and disability. Use all the tools that you have and help increasing the productive of the person whom you see as a patient.

Therefore, friends, take a pledge today, on this "Doctors day' as a day of Learning from the Guru and Teaching others as Guru considering as a sacred duty. These traditions have been given to us and dictated by Rishis and Maharishis from the time of Vedas. You are not realizing how divine you are in carrying out the mission of God for promoting a healthy society, You are not only a physician of godly qualities but a teacher who can assume the role of a Guru to group of people who come to seek relief from their pain.



You are a learned teacher, a wise

man of the society who has the inquisitive nature like a child to learn and practice. Therefore you are charged with humane qualities. Discharge your duties with responsibility and dedication to serve the family and the society. By nature you are trained not to deceive, cheat, or falsify the facts when a patient enters in the doorway of your clinic.

We are all teachers basically. As a qualified physician you not only treat the ailments but enable the societal members coming to you seeking relief from their ailments but one should also promote health education to prevent diseases to build a healthy society. Help them promote healthy homely environment.

May God bless you all.- P.Rajaram

Doctors Donating Blood for their Patients - 01.07.2015

The observance National Doctors' Day fulfills the need to show the importance and contribution of physicians in our lives. There are several ways that this day is observed, while doctors at Mahatma Gandhi Medical College observed this day in a different way by donating blood on 01.07.2015. It is very appreciable that under the initiation of SAF, 45 doctors of various specialties donated blood amidst their busy schedule. Voluntary blood donation is undoubtedly, the highest form of humanitarian service as it is done without expectation of even knowing who it will help.

The need for blood is constantly increasing, apart from diseases like dengue, millions lose their lives to natural and man-made disasters. The number of people dying in road accidents is also growing. The popular misconception that a person becomes weak by donating blood is wrong. On the contrary, there are several benefits of blood donation. Donating blood improves overall cardiovascular health as blood donated regularly helps males in particular to reduce the amount of iron in the blood which can reduce the chance of heart attacks. Additionally, it can also lower the risk of severe cardiovascular events such as stroke. Blood donation enhances the production of new blood cells as new cells are produced by the marrow within 48 hours of donation, and



all of the red blood cells the donor loses during donation are completely replaced within a month. Blood donation has also been seen to lower risk of cancer including liver, lung, colon, stomach and throat cancers. Blood donation has other obvious benefits like receiving a free prior health screening plus mini blood test. Blood is also tested for some major diseases and the donor is immediately informed in strict confidentiality if any of these tests show positive results. A blood donor by his donation saves many lives and gives hope to many whose situation may otherwise be hopeless.

SAF - Internal meet & Guest Lectures

During the third Quarterly of 2015 (July -Sept), the Scientific and Academic Forum, Medical Education Unit, MGMCRI, conducted three internal meeting & 6 guest lectures.

03.07.2015

The first SAF meeting was held on 3rd July 2015. SAF secretary Dr.Pramod Kumar GN welcomed the gathering, Dr.K.R.Thyagarajan; Professor of Orthopedics chaired the scientific session. Mediquiz was conducted by



Dr.Kaushik S. Capsule talk was given by Dr.Kingshuk Lahon, Professor of Pharmacology on "Pharmacovigilance". This was followed by case presentations - "Congenital Lymphatic Malformations - A Case Series" by *Dr.R.Durai*, *Senior Resident, Dept of Paediatric surgery* 'Osmotic demyelination syndrome' by Dr. T Haripriya,

Resident , Dept of Radiology, 'Out of the pelvic brim metastasis, Unconventional or under reported?' byDr.Vijay, Resident, Department of General Surgery. Certificates were issued for all PG Presentations &Mediquiz winner. Program concluded by vote of thanks by Dr.Kaushik S.

21.08.2015

The second SAF meeting was held on 21st August 2015. SAF joint secretary Dr.Dhiyanesh welcomed the gathering; Mediquiz was conducted by Dr.Kaushik S. Capsule talk was given by Dr. SumathySundar (HOD, Centre for Music Therapy Education and Research, MGMCRI on "In spotlight: Centre for Music Therapy Education and Research". This was followed by another capsule talk by Dr. K N Jha, Professor of Ophthalmology, MGMCRI on "Corneal Transplantation: Bridging the Gap"

18.09.2015

The third SAF meeting was held on 18th September 2015. SAF joint secretary Dr.Dhiyanesh welcomed the gathering; Mediquiz was conducted by Dr. Durai R. Capsule talk



was given by Dr M Joshua Daniel, Associate Professor, Dept. of Transfusion medicine on "Blood Transfusion the Double edged Sword". This was followed by case presentations - "Saline Nasal Douching Versus Decongestant Nasal Drops Douching: A Comparative Study of Relative Efficacy in Post-Septal Surgery" by Dr M P Kavin Kumar, PG, Department of ENT and HNS, "Nephrogenic to neurogenic - The saga of Diabetes Insipidus" by Dr. A. ArmelArputhaSivarajan, PG, Dept of Radiology, "A Tale of 24 Digits : Familial Tetra Polydactyly" by Dr. NeelambariYazhini C, PG, Department of Paediatrics. Certificates were issued for all PG Presentations & Mediquiz winner.

SAF guest lecture on "Role of Integration in Medical Curriculum" - 22.7.2015

A guest lecture was organized by the Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI

on 22.7.2015. The speaker was Dr. Thomas Aretz, Vice President of Global Programs at Partner Medical International and also serves as an Associate Pathologist of Massachusetts General Hospital. He delivered a guest lecture on "Role of Integration in Medical Curriculum". Dr.Pramod Kumar (Secretary) welcomed gathering. Dr.VN Mahalakshmi (Vice Principal, Curriculum) introduced the speaker to audience. The session was chaired by Dr.R Ramesh, President, SAF.

Dr. ThomasAretz is certified in anatomic and clinical pathology by the American Board of Pathology. He explained what does the term "Integrated Curriculum" mean and how do we go about its design, implementation, and evaluation which went on to be a great interactive and comprehensive session.

The Integrated Curriculum is becoming an increasingly popular concept internationally. The goal of integration is to break down barriers between the basic and clinical sciences currently in place as a result of traditional curricular structures. Integration should promote retention of knowledge and acquisition of skills through repetitive and progressive development of concepts and their applications. Selecting content is only part of the battle; successfully integrating it across disciplines and across time to maximize student preparation is the true challenge. The main goal is to engage the faculty, including the most senior faculty, as teachers, mentors, and guides for medical students and to develop a new model of clinical education that is based on the educational and developmental needs of the student and that offers longitudinal continuity of patient experience, cross-disciplinary curricular content, faculty mentoring, and student evaluation. All students are expected to participate actively in the tutorial learning process. The guest lecture ended with interaction by audience. After the talk vote of thanks was given by Dr. Pramod Kumar.

Two SAF guest lectures -"Bone and Joint - How to keep it safe" & 'Hazards of Indigenous treatment'- 04.08.2015

Department of Orthopaedic surgery, MGMCRI in Association with SAF under the aegis of Pondicherry Orthopaedics Association, conducted the guest lecture on 04.08.2015. Dr. Krishnagopal, Prof & HOD department of Orthopaedics welcomed and introduced the guest speaker to gathering. Prof A. A. Rajamani, from Dept of Orthopaedics, MGMCRI delivered a talk about "Bone and Joint - How to keep it safe". He explained about the change in the recent life style of the individual and how it makes impact on the bones and joint, followed by Prof N. Rajagopalan, Prof and HOD, Department of Orthopaedics, IGMC&RI discussed about the 'Hazards of Indigenous treatment'. He explained about the different forms of indigenous treatment available and its further complications.

The guest lectures ended with interaction by audience. After the talk the guest speaker was honoured by R.Ramesh (President, SAF) with a memento followed by vote of thanks by Dr.Dhiyanesh.

SAF guest lecture on "Breast Feeding - Make It Work" -06.08.2015

Department of Pediatrics, MGMCRI in association with SAF conducted the guest lecture to commemorate the "Breast Feeding Week" on 06.08.2015. Dr. Gunasekaran, Prof and HOD, Department of Pediatrics welcomed the gathering and honoured the Guest speaker with a Bouquet. Dr.Soundarajan, Prof of Pediatrics introduced the guest speaker, Dr. Kumutha, Prof and Head of Neonatology, Saveetha Medical College, Chennai. She discussed about the 'breast milk banks' with pasteurized facility in all major hospitals across the State, which is a service established for collecting, screening, processing, storing and distributing donated human milk. The launch of the new scheme will renew the hope for the betterment of malnourished children. She explained the Banked human milk is regarded as "the next best" after the biological mother's breast milk. The guest lecture ended with interaction by audience. After the talk the guest speaker was honoured by R.Ramesh (President, SAF) and Dr. Gunasekaran with a memento followed by vote of thanks.

SAF guest lecture on "Violence against Doctors - Are we prepared?" - 07.08.2015

A guest lecture was organized by the Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI on 07.08.2015. The speaker was Dr.B.Cheran, Doctor turned Advocate, has relinquished his registration in Tamilnadu Medical Council and practicing Law for the benefit of the members in CPA and IMA in High Court. He delivered a talk on "Violence against Doctors - Are we prepared?" His clear and powerful presentation is seen to be believed. He is bestowed with best voice. He explained about the deterioration of the doctor-patient relationship in India. In many hospitals, doctors are overworked and under pressure from politicians who can interfere with medical admission, affecting doctors' self-esteem. Violence against doctors is in the news with increasing frequency. Many reports concern medical professionals being roughed up, even killed, by patient's disgruntled relatives. Medical personnel are amongst the highly vulnerable faction being increasingly subjected to violence by patients, particularly in government hospitals. He explained the audience with many case scenarios and how to overcome the situation to some extent. The guest lecture

ended with interaction by audience. After the talk the guest speaker was honoured by R.Ramesh (President, SAF) with a memento followed by vote of thanks by Dr.Pramod Kumar.

SAF "Workshop on adverse drug reaction monitoring"- 02.09.2015

The department of Pharmacology, in collaboration with Scientific and Academic forum (SAF), MGMCRI conducted an adverse drug reaction (ADR) monitoring workshop on



02.09.2015. It was mainly targeted at training the CRRIs. The goal was to create awareness about ADR reporting and to inculcate the culture of reporting in our hospital among the participants. The objectives of the workshop were as follows: To raise awareness about the importance of Pharmacovigilance and adverse drug reaction (ADR) reporting. To enable the participants to differentiate between adverse drug event and adverse drug reaction. To enable the participants to perform causality assessment of adverse drug events. To enable the participants to fill up the CDSCO form as per the National Programme.

Three SAF Guest Lectures- "Medicine over seven decades", "Transforming Medical Education in 2015" & "My experience as a Teacher" - 04.09.2015.

Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI conducted the Guest Lecture on 4th September 2015 to commemorate the "Teachers Day". Dr. Pramod Kumar (Secretary) welcomed the speakers and the session was chaired by Dr. R Ramesh, President, SAF.Dr. Mohammed Hanifah, Professor of Department of Medicine, introduced the guest speaker, Dr. S. Chandrasekar, Former Director of JIPMER and Prof of Medicine to the gathering. He delivered a talk on "Medicine over seven decades". He expressed his experience as a doctor in medical practice and emphasized the importance of lifelong learning in medicine through sharing of lived experiences. Dr. N. Ananthakrishnan, Dean (PG & Research) and Prof of surgery, MGMCRI delivered a lecture on "Transforming Medical Education in 2015". Dr. K.R. Thiyagarajan, Prof of Orthopaedics, MGMCRI, shared an interesting talk on "My experience as a Teacher". On this occasion SAF, MGMCRI felicitated Dr. S. Chandrasekar (Former Director of JIPMER and Prof of Medicine) Dr. N. Ananthakrishnan (Dean -PG & Research), Dr. K.R. Thyagarajan (Prof of Orthopaedics), Dr.KR Sethuraman (Vice Chancellor, SBV University).

During last Quarterly of 2015, the Scientific and Academic Forum & Medical Education Unit, MGMCRI, conducted three internal meeting & 2 guest lectures, one Poster competition to commemorate World AIDS Day and Post Graduate Symposium 2015.

The first SAF meeting was held on 01.10.2015. SAF secretary Dr.Pramod Kumar GN welcomed the gathering, Prof.R.Ramesh, SAF President, chaired the scientific session. Mediquiz was conducted by Dr.Durai R. Capsule talk was given by Mrs Rama, Student Counselor, SBVon "Assessment of learners' stress level, and study skill pattern for fresh MBBS students at MGMCRI". This was followed by Case



presentations – Yoga not always eye friendly in hypertensives by Dr.B.Anugraha. PG, Dept of Ophthalmology, 'Seroprevalence of HIV and Hepatitis B surface antigen (HbsAg) among voluntary blood donors in a tertiary care centre of Puducherry by Ms.Meena (VII Sem MBBS Student), 'Traumatic ventral Hernia by Dr G. Anil Kumar. Post Graduate, Dept of General Surgery.

The second SAF Meeting was held on 06.11.2015. Dr. Srikanth, HOD of Ophthalmology department chaired the session. Mediquiz was conducted by Dr.Durai followed by case presentations – 'TUFF-PCNL totally ultrasound guided Flouro Free Per Cutaneous Nephro-lithotomy by Dr.Satyajeet Pattnaik, M.Ch student from dept of Urology, 'Caesarean Scar Pregnancy – A Diagnostic Dilemma by Dr. Sunil Kumar Samal, Assistant Professor of OBG, 'Adult Leiomyosarcoma of Spermatic Cord- a case report' by Dr.P Maharaja, Dept of Surgery, 'Buccal Mucosal graft Substitution Urethroplasty – An audit of donor site complications' by Dr.Vishal, M.Ch student, Dept of Urology.

The third SAF Meeting was held on 04.12.2015. Mediquiz was conducted by Dr.Durai. Capsule talk was given by Dr.Vineet Thomas Abraham, Associate Professor of Orthopaedics on "Shoulder is not always frozen!". This was followed by case presentations - "Broad ligament twin ectopic pregnancy – a rarity" by Dr Aishwarya Jagan, Assistant Professor, Dept of OBG, "Acute Confusional state in Alcohol withdrawal - a diagnostic dilemma" by Dr.Robbin Bose, PG student, Dept of Psychiatry.

SAF guest lecture on "Detecting and Managing Hypertension-Revised Guidelines"

Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI in association with Department of General Medicine conducted the Guest Lecture on 16.10.2015. Dr. Pramod Kumar (Secretary) welcomed the gathering. Dr. R Ramesh, President, SAF, chaired the session and introduced the guest speaker to audience. Datowira Prof.L.R Chandran,



Professor of Medicine, AIMST University Malaysia and Honorary General secretary of Malaysian society of Hypertension, delivered a talk on "Detecting and Managing Hypertension-Revised Guidelines". He explained that, of all the risk factors contributing to CVD, hypertension confers the greatest disease burden. It is thus pertinent that all health care providers directly or indirectly involved with CVD should know what is latest in the management of hypertension. He also explained about the guideline which is intended to provide education and awareness on the proper ways to diagnose hypertension and to assess and investigate a patient with hypertension. The session ended with interaction by the audience. After the talk the guest speaker was honoured by Dr. R.Ramesh (President, SAF) with a memento followed by vote of thanks by Dr.Pramod, SAF Secretary

SAF guest lecture on 'Recent Trends in Stem Cell Transplantation'

Scientific and Academic Forum (SAF), Medical Education Unit, MGMCRI conducted the Guest Lecture on 20.11.2015. Dr. Pramod Kumar (Secretary) welcomed the gathering. Dr. Balanehru, Deputy Director of CIDRF chaired the session and introduced the guest speaker to audience.



Dr.Nataraj KS., MD, DM, Consultant Haemato-Oncologist and Transplant Physician, Narayana Hrudayalaya Multispecialty Hospitals, Bangalore, Karnataka, delivered a talk on 'Recent Trends in Stem Cell Transplantation'. He explained about basic principles of stem cell transplantation, ethical issues involved, how to preserve stem cells, procedures done at his center and cost of surgeries conducted. He also mentioned about umbilical cord blood preservation. The session ended with interaction by the audience. After the talk the guest speaker was honoured by Dr.Balanehru with a memento followed by vote of thanks by Dr.Pramod, SAF Secretary.

World AIDS Day on 1.12.2015

SAF of MGMCRI, IGIDS and KGNC organized a Poster Competition for undergraduate students of Constituent



colleges of SBV University to commemorate "World AIDS Day on 1st December 2015". The competition posters were displayed and judged at Ground floor lobby, Hospital block, MGMCRI. Theme for poster was "Getting to Zero." - Zero new HIV Infections, Zero Discrimination, Zero AIDS Related Deaths. The first place was awarded to Mr. S Ragul of II MBBS, MGMCRI; second place was awarded to Ms. Abhinaya of 1st MBBS, MGMCRI, & A.Kamalraj, 3rdYr BSc Nursing, KGNC. Third place was awarded to Ms.LChandradevi, 3rd yr BSc Nursing, KGNC. Dr.Krishnan S, HOD of DVL (MGMCRI), Prof Kripa Angelina (KGNC) were judges for the competition

INTERNATIONAL CONFERENCE ON CLIMATE CHANGE AND HEALTH (CCCON), 2015

Department of Community Medicine along with in-campus constituent colleges of SBV University namely IGIDS, KGNC and MGMCRI with active support from Internal Quality Assurance Cell (IQAC) organized an International Conference on Climate change and Health (CCCON), 2015 on 9th January, 2015 at MGMCRI campus.

Invited lectures, panel discussion and competitions were part of the event. The resource persons were Prof. K. R. Sethuraman (SBV University), Prof. Devi Prasad (Pondicherry University), Prof. Michael Edwin (Notre Dame University, USA), Prof. Kathiresan (Annamalai University), Prof. S. Ganapathy Venkata Subramaniyan (Anna University), Ms. Inge van Alphen (FERRAL, Pondicherry). Competitons were held under the categories of photography, short videos and posters based on the theme of Environment Health. The organising members were Dr. N. Seetharaman, Dr. Partha Nandi, Mrs. Kripa Angeline, Dr. R. Pajanivel, Dr. R. Kannan, Dr. G. N. Pramod Kumar, Dr. AbhijitBoratne, Dr. P. Sachin Bhaskar, Dr. P. Vaithiyanathan, Dr. Vijayalakshmi, Dr. M. Senthil, Dr. David, Dr. Varsha Murthy, Mrs. S. Lavanya, Mrs. S. Suganya, Ms.Rajeshwari, Ms.Benya, Ms. Ilavarasi, Mr. Mufeeth, Ms. Guna and Ms. Barkavi.

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CME on "Modern Concepts in Clinical Nutrition"

The Department of Biochemistry, MGMC & RI, SBV, organized a CME titled "Modern Concepts In Clinical Nutrition" on 28th of March 2015, under the chairmanship of Prof. Ramesh.R, HOD, Biochemistry. The CME was a grand success with over 150 participants from various parts of Puducherry and Tamilnadu.

The inaugural function took place in the morning with soulful prayer and lighting of kuthuvilakku. Prof AR Srinivasan, Organizing Secretary welcomed the gathering. The Dean (Admin) Prof.S.Krishnan presided over the function. The key note address was delivered by Prof. K.R Sethuraman, the vice chancellor of SBV. Prof. NirmalCoumare, Medical Superintendent, MGMCRI, and Prof. B.D Toora the president of Association of medical biochemists of India Puducherry chapter offered felicitation. Dr Reeta R, Asst. Prof. of Biochemistry proposed the formal vote of thanks.



Later in the day distinguished speakers spoke at length about various facets of clinical nutrition. The topics covered included, 'Nutrigenomics, Advances in Enteral and Parenteral Nutrition, and Assessment Tools in Clinical Nutrition. The distinguished speakers were Dr. Ramesh R, Prof. & HOD of Biochemistry, MGMC & RI, SBV, Puducherry, Dr.A.J.Hemamalini, Associate Professor and HOD of Clinical Nutrition, Sri Ramachandra University, Porur, Chennai and Dr Josephine Nirmala Many. Asst./Associate Professors, HODs, PGs of MGMCRI, IGIDS and KGNC and Research Dept of Home Science, Bharathidasan Govt. College for Women (Autonomous), Puducherry participated in the event.

The scientific session was followed by Panel Discussion on the theme "Relevance of Nutrition and Dietetics in Health Professions". It was chaired by Prof. D. Gunasekharan, Head, Department of Paediatrics, MGMC&RI, SBV, Puducherry, Prof. R. Ramesh, Head, Department of Biochemistry, Dr.Lokesh, Associate Professor, Department of General Medicine, Prof. N. Seetharaman, Head, Dept. of Community Med MGMC & RI, SBV, Puducherry, Prof. Renuka K, Principal, KGNC, Prof.Usha Carounanidy, Principal, IGIDS, Dr.A.J. Hemamalini, HOD of Clinical Nutrition, Sri Ramachandra University, Porur, Chennai and Dr Josephine Nirmala Many, HOD of Home Science, Bharathidasan Govt. College for Women, Puducherry were the panelist's.

The Post lunch session witnessed the quiz competition under the leadership of Prof. B.D Toora, President, AMBI, Puducherry chapter. Totally nine teams drawn from first year medical students of various medical colleges in Puducherry, participated. The lively quiz programme was conducted by Dr Kulkarni Sweta, Asst Prof. of Biochemistry, MGMCRI. Dr H. Nandeesha (Asst Prof. of Biochemistry, JIPMER) and Dr Reeta. R (Asst Prof. of Biochemistry, MGMCRI) were the scorers. The prize winners at the quiz competition were honoured with certificate of merit and a cash prize of Rs 3,000/-, Rs 2,000/- and Rs 1,000/- given to 1st, 2nd and 3rd place respectively. The prize winners are as follows: first place went to IGMCRI, second place to JIPMER and, MGMC & RI have won the third prize. The participants were ReubenToi and Sri Priyanka of first MBBS, MGMC & RI.

CME PROGRAM ON "BLOODSTREAM INFECTIONS"

At Mahatma Gandhi Medical College and Hospital, a CME program was organized under the auspices of the International Medical Sciences Academy, Puducherry Chapter and the Hospital Infection Control Committee, MGMC & RI, on 28th March, 2015 at Puducherry. The theme of the CME was "Bloodstream Infections-An Update" The Bloodstream Infections (BSIs) is one of the leading causes of hospital acquired infections along with Respiratory (Pneumonia), Urinary tract (UTI) and Surgical site infections (SSI), among the hospitalized patients and in particular among patients admitted in ICUs. Such infection of the blood lead to serious complications including death, if not treated in time or if the causative agent is a multidrug resistant organism. The bacteria or fungi enter into blood stream from various sites of the body harboring pathogenic and non-pathogenic bacteria.

The CME was inaugurated by Prof.K.R.Sethuraman,Vice-Chancellor, Sri Balaji Vidyapeeth. The Chief Guest of the function was Dr.K.Jagadeesan, President of the International Medical Sciences Academy and Director of the K.J.Hospital, Chennai. A newly designed logo for the HICC-MGMCRI was released by Dr.Nirmal Coumare, Medical Superintendent, and felicitations were offered by Dr.G.Subramanian, Director of CIDRF and Dr.S.Krishnan, Dean(Admini), MGMCRI. The CME was coordinated by Dr.J.Shanmugam (Organizing Secretary), Dr.P.Pajanivelu (Jt.Secretary) and Dr.K.Kalaivani (Treasurer).



The eight eminent Speakers invited for the CME program delivered state of art talks on various aspects of bloodstream infections. Dr.J.Shanmugam (CIDRF-MGMCRI), narrated the sources of blood infections and the causative organisms, Dr.Abdoul Hamide (JIPMER), delivered an update talk on accidental sharp injuries occurring among healthcare workers and post-exposure prophylaxis, Dr.K.Lailtha (PIMS) covered the diagnosis and management of Neonatal septicemia-a leading causing of death among new borns, Dr.M.Narayan (MGMCRI), narrated the management of septicemia in adult patients, Dr.Radha Madhavan (SRM), described current trends in rapid laboratory diagnosis which can help in timely and successful treatment, Dr.J.Sameer (MGMCRI), explained in detail about catheter acquired blood infections and modes of preventing the same by observing strict sterile precautions and clinical hand washing, Dr.D.Sureshkumar

(Apollo, Chennai), covered the list viruses and fungi responsible for blood stream infections and problems of management and Dr.K.Renuka (Kasturba Gandhi Nursing College), described the roles to be played by the Nursing professionals in preventing bloodstream infections and saving the precious lives.

The CME was attended by more than 150 delegates (Faculties, PG students, Research scholars and practicing Doctors) from various Medical colleges and Hospital from Puducherry and neighboring parts of Tamil Nadu. Medical companies exhibited their products in the exhibition stalls. This CME program was accredited by Tamil Nadu Medical Council with two credit points.

CME on 'Golden Hour in Trauma'

A medical education programme on 'Golden Hour in Trauma' was conducted in Mahatma Gandhi Medical College and Research Institute Pondicherry on the 20th of March 2015, to mark the opening of their new trauma operation theatre



complex. The state of the art operation theatre complex which will function round the clock was inaugurated by eminent surgeon Prof. S. Robinson Smile. The medical education programme which was inaugurated by the Vice Chancellor of Sri Balaji Vidyapeeth University, Prof. K. R. Sethuraman. The programme was attended by over 300 doctors from Pondicherry and neighbouring states. Eminent speakers from Pondicherry, Chennai and Bangalore, from the departments of Emergency Medicine, Neurosurgery, General Surgery, Cardio-thoracic Surgery, Urology, Orthopaedic Surgery, Anaesthesiology, Paediatric Surgery and Maxillo facial Surgery enlightened the delegates regarding the various aspects of management of accident victims starting from the site of accident to hospital care. The speakers included Dr. Sasi Kumar and Dr. Saravana kumar from Chennai and Dr. Srinath Kumar from Bangalore. The topics ranged from pre hospital care and disaster management to the care of patients with head injury, chest injury, abdominal injury and various fractures. The role of triage in selecting the patients needing urgent medical care in case of natural calamities and accidents was discussed. The recent advances in trauma surgery were discussed. Earlier the patients with multiple



fractures and wounds required a number of surgeries but now with the advances in medicine and technology it is possible to treat such patients with a single surgery. Prof. K.R. Thiyagarajan stressed upon the need of expert care in the management of fractures by showing examples of how simple fractures that could have been easily treated in a few weeks' time by an Orthopaedician, were turned into disabling and life threatening complications by native bone setters. Prof. Ananthakrishnan suggested that 3 simple measures avoiding cooking at ground level, lighting kerosene stoves while the fire was on and sleeping with lighted lamps in the room at night, would drastically bring down the number of domestic fire accidents in the country. Prof. Robinson Smile emphasized on the need to implement compulsory helmet rule to prevent fatal head injuries in two wheeler accidents. The need to educate the public about road safety and basic first aid measures in an accident scenario was stressed upon.

A TRAINING COURSE ON "RESEARCH METHODOLOGY AND BIO-STATISTICS"

A training course on "Research Methodology and Bio-Statistics" was conducted by Dean, Research & PG Sudies from 19.11.2014 to 18.02.2015 in all Wednesdays afternoon to the 1st year PGs, Ph.D Research scholars of MGMCRI. The course was inaugurated by the Dr.N.Ananthakrishnan, Dean R&PGS on 19.11.2014. Course coordinator was Dr.G.Ezhumalai, O/o Dean R&PGS. The training sessions were dealt by Prof. Dr.N.Ananthakrishnan (General Surgery), Prof.Dr,K.A.Narayan, (Community Medicine), Prof.Dr.Seetharaman (Community Medicine), Prof. Dr.ParthaNandhi (Community Medicine), Prof. Dr.Ramesh (Bio-Chemistry), Dr.G.Ezhumalai, Sr.Statistician & Research Consultant, Asst. Prof. Mr.Lokesh Maran A (Community Medicine).
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INSPIRE – QUARTERLY NEWSLETTER ON PULMONARY MEDICINE

The Department of Pulmonary Medicine, as an academic initiative, has come up with a quarterly newsletter on Pulmonary Medicine, 'INSPIRE'. The first issue was released by our Vice-Chancellor on 24th March 2015, on commemoration with the 'World TB Day'.



The newsletter will be a mirror of academic and clinical activities of the department and various advances taking place in Pulmonary Medicine. The newsletter is intended to be circulated among various departments in our institution and also to other medical institutes around Pondicherry.

Spirometry technician training workshop

The Department of Pulmonary Medicine, MGMCRI has been approved by the Indian Chest Society as one of the centers for conducting Spirometry technician training workshop. The first training workshop was successfully completed in March 2014. The second 'Spirometry technician training workshop'



was conducted on 19.02.2015 and 20.02.2015. Spirometry technicians form Pondicherry and Tamil Nadu attended the workshop. Dr.K.Surendra Menon, Professor & HOD, Dr. Pajanivel, Professor, Dr.Keshavan.V, Asst Professor and Dr.Vimal Raj.R, Asst Professor coordinated the workshop.

6TH STATE CONFERENCE OF THE INDIAN PHARMACOLOGICAL SOCIETY, PUDUCHERRY CHAPTER

The Department of Pharmacology organized the 6th state conference of the Indian Pharmacological Society, Puducherry chapter on the 12th of February 2015. Delegates from all the medical colleges attended the conference. The conference started with the inaugural function. Prof & HOD Dr.Manimekalai K. Organizing Chairman & President, IPS - Puducherry chapter delivered the welcome address. Prof. Krishnan, the dean gave the inaugural address, and the inaugural function was concluded with a vote of thanks given by Prof.Kingshuk Lahon .



A guest lecture on the topic "Physicians and Pharmacologist" - The Two To Tango was given by Prof. Mohammed Hanifah, Dept. of Medicine, MGMC&RI which was chaired by Prof. Raveendran, Dept. of Pharmacology JIPMER. Postgraduates of various colleges presented around 13 scientific papers in the free oral session. Dr.Saranya R., Dr.Barathane D., Dr. Sumina S., Dr. Jervin Mano M., Post Graduates of Pharmacology department participated in the oral presentation. Prof. Lorudh Jafrin, Dept of Pharmacology, IGMCRI and Prof, HOD Dr.Meher Ali, Dept. of Pharmacology, Manakula Vinayagar Medical College, Puducherry were the judges for the free paper session. The prize winners of the free paper session were Abiallon Paul, Neel Shah, Magesh from JIPMER. Inaugural function proceedings was headed by Prof. G. Somasundaram Dept. of Pharmacology, MGMC&RI. The session was well coordinated and organised by Dr.Kartik J. SalweAsso. Professor, Dr.Padmavathi, Asst. Professor, Dr. Johan Pandian, Asst. Professor. The function ended with the vote of thanks by the organizing secretary Dr.Sudarcodi R., Asst. professor, Dept. of Pharmacology, MGMC&RI

MIDASICON 2015 – DEPARTMENT OF GENERAL SURGERY

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Finding a cure is our goal, spreading awareness plays a role!!! We have a situation in our hands! An issue that needs to get



solved. A common illness that searches for a cure - cancer. MIDASICON 2015, organized by Association of Surgeons of India, Tamil Nadu and Pondicherry chapter is a conglomerate of Surgeons from far and near, stalwarts and novices in an attempt to join hands in our attempt to fight the Deadly Disease.

The two day intellectual extravaganza had held at MGMCRI which comprised of a series of lectures, case discussions and panel discussions on day one and a live operative Workshop on day two. "Surgiquiz", a quiz competition for the post graduates and delegates and a "poster "competition added



more charm to the 2 day fest

Lectures were delivered by experts in the field of oncology and aiming to spread the awareness amongst doctors of tomorrow about the need for the correct approach and the need to catch it early. The awareness about such a common illness still seems lacking among the general population at large. This intellectual transfer of experience and expertise from the doyens of surgery to the novice will in turn benefit the population and make our fight against cancer – Stronger.

The Live operative workshop focused not only on learning the correct surgical techniques but also on the novel Minimally Invasive Techniques to cure common surgical ailments. While focusing on the new, we can't let go of the "Gold Standard" and time tested techniques of open surgery too. The workshop also aimed to project the blend of science and technology and open surgery in Breast Cancer. During the two day fest on the 7th of March, there was only a single feeling in the airs of MGMCRI...Time to thrive... Cancer must Die!!!

ORIENTING SURGEONS TO TREAT SLEEP APNOEA

A live surgery workshop was hosted by the ENT and Head and Neck Surgery Department of the Mahatma Gandhi Medical College and Research Institute (MGMCRI) sought



to raise awareness and skill of surgeons on OSA procedures. Four patients, including a woman in the 45 to 50 age group, who were reported to have snoring issues, were operated upon to correct their OSA condition. The procedures were led by Dr. R. Vidyasagar, Associate Professor, NRI Medical College and General Hospital, Vijayawada.ENT specialists point out that while not all snoring is problematic, episodes of frequent loud snoring could be a sign of sleep apnoea. OSA is a potentially serious disorder where air intake is briefly suspended, and if left unattended for a long time, could lead to serious compli cations such as high blood pressure, heart disease and stroke. This workshop was attended by about 80 delegates, including ENT surgeons from Puducherry and Cuddalore and residents doctors of various medical colleges.

CME ON "CLINICAL EMBRYOLOGY AND ITS SIGNIFICANCE IN ART"

The department of Anatomy conducted a CME program "Clinical Embryology and its Significance in ART" on 22nd June 2015. The aim of the CME was to apprise the participants regarding the etiology behind rapidly growing global problem - Infertility and the treatment modalities available. A total of 380 delegates from Tamil Nadu & Pondicherry participated. Views from the delegates were



that all the sessions were informative and interactive.

The inaugural function was presided over by Dr. Subash Chandra Parija, Director JIPMER, Dr.K.R.Sethuraman, Vice Chancellor, SBV and Dr.M.Ravishankar Dean, MGMC&RI. Eminent spe akers from various disciplines of Medicine participated and shared their experience and knowledge. Dr. Kurian Joseph consultant Gynaecologist, Joseph Nursing Home, Chennai briefed the audience on root causes of infertility.

Dr. Rema Devi, HOD, division of Human Genetics, St John's Medical College Bangalore expounded us on the embryological basis of ART.

Dr.Sowmyaroop Dash, Director of Srishti fertility centre, Pondicherry enlightened us on the recent trends and future scope in ART. Dr.T.Arivanban, Director of International Vellore Fertility Centre spoke about the prospective in the field of clinical embryology which was very much appreciated by the UG and PG students. Dr.Sudha Rao, Dr.Seetesh Ghose, Dr.T.Arivanban along with Dr.N.Mugunthan participated in the panel discussion on cost effective conception techniques.

GUEST LECTURE ON "GUT MICROBIOME, DYSBIOSYS AND THEIR RELATION TO CHRONIC KIDNEY DISEASE".

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The Departments of General Medicine and Nephrology under the auspices of Internal Quality Assurance Cell, SBV, Puducherry organized a guest lecture on 4th April 2015 on "Gut Microbiome, Dysbiosys and their Relation to Chronic Kidney Disease".

International speaker Dr. Natarajan Ranganathan, Ph.D. Senior Vice President, Kilbow Inc. Philadelphia, USA delivered the lecture. Vice Chancellor Dr. K.R. Sethuraman presided over the programme. Dr. R. Balasubramanian Professor & Head, Dept. of General Medicine, Indira Gandhi Govt. Medical College Hospital, Puducherry was the chairperson of the lecture session. Dr. R. Hemachandar, Nephrologist welcomed the gathering. Dr. R. Balasubramanian and Dr. Natarajan Ranganathan were introduced to the audience by Dr. M. Kalirattiname and Dr. K. Jayasingh respectively. After the presidential speech by Dr. K. R. Sethuraman, guest speaker Dr. Ranganathan delivered a very scintillating lecture, which was moderated by Dr. R. Balasubramanian. Both the speaker and the chairperson were honored with mementos. Dr. M.M. Gopalaraju proposed the vote of thanks.

PG COURSE COMMENCEMENT DAY

The 9th batch of post graduates students of MGMCRI course commencement program for the academic year 2015-16 was held on 29.05.2015.

WORKSHOP ON ADVERSE DRUG REACTION MONITORING

The department of Pharmacology, in collaboration with Scientific and Academic forum (SAF), MGMCRI conducted an adverse drug reaction (ADR) monitoring workshop on 02/09/2015. It was mainly targeted at training the CRRIs. The goal was to create awareness about ADR reporting and to inculcate the culture of reporting in our hospital among the participants.

A total of 81 participants attended the programme, of which 77 were CRRIs (out of a total of 138 CRRIs), 3 faculty members and one clinical pharmacist. After a short inauguration ceremony, graced by the Vice Chancellor, Professor KR Sethuraman and Dean (PG studies & Research) Prof.N Ananthakrishnan, with the DMS, Dr. Swati Pawar and the RMO, Dr. LakshmanaPerumal, the scientific session started. In both, the morning and evening sessions, after the initial introductory lecture, the participants were divided into two groups and one resource person each trained the participants on causality assessment and filling up of the CDSCO ADR reporting form. The workshop was well-received and the feedback analysis revealed that 98-100% of the participants found the workshop useful. Feedback from the resource persons on the CRRIs was also favorable and they were impressed with their ability to grasp the essentials and apply the same during the group tasks.

Seminar on "Medical Management of Seizure disorder-An Update"

Department of General Medicine in collaboration with Scientific and Academic forum (SAF), MGMCRI organized a Post graduate Seminar Programme on "Medical Management of Seizure disorder-An Update" on 28.09.2015.Professor



Dr.Sunil Narayan M.D., D.M., FRCP.,PhD., Professor & HOD Department of Neurology, JIPMER, Pondicherry delivered an excellent lecture. The session was chaired by Prof.Dr.Jayasingh HOD of General Medicine, MGMCRI. Faculty and Postgraduates of Department of Psychiatry, Neurology, Pediatrics, Obstetrics and Gynaecology and Surgery participated in the session. A quiz on Neurology was held for UG's and PG's which had a thrilling tie-breaker session and winners and runners were awarded.

White coat ceremony 2015

White coat ceremony for the second year student of first 250 batch students was held on 21.09.2015 to mark their entrance into clinical postings.

DEPARTMENT OF EMERGENCY MEDICINE

Unusual F.B. causing choking in an Infant

A Nine month old infant was brought to the casualty on 08.08.2015 at about 09:30a.m with history of some foreign body ingestion while playing about ten minutes ago. The baby was in respiratory distress with dusky peripherals (not cyanosed) due to airway obstruction. The baby was put on the resuscitation cot immediately and no foreign body could be visualized on oral examination. The baby was immediately turned to prone position with head end lowered and back-slaps started. A fifty gram weighing stone got expelled, following two back-slaps. The baby was given oxygen supplementation. Within a few minutes the oxygen saturation which was 85% earlier, improved to 98%. The baby was observed for one hour in the Emergency room and discharged to PICU.

The important messages that we should note from this case:



1. The Heimlich maneuver for F.B choking is performed only in cases of patients who are more than one year. For children less than one year, back-slaps followed by chestthrust should be done. (For details please refer BLS manual, 2010: page 55)

2. All health care professionals must undergo BLS training regularly to save lives in emergency situations.

3. All infants and toddlers must be closely supervised by a responsible person to prevent this type of incident.

- Prof.M.S.Raghuraman, Dr.R.Janane. Dept.of Emergency Medicine, MGMCRI

POSTGRADUATE SYMPOSIUM 2015

(PG Dissertation Presentation Competition)

Sri Balaji Vidyapeeth and SAF MGMCRI organized PG symposium on 18th Dec 2015 to foster the research & encourage the PGs to share their scientific knowledge. The program was inaugurated by the Vice Chancellor of SBV, Dr.KR Sethuraman, Dr. M Ravishankar (Dean of Faculty, SBV) and Dr.Sunita Samal (Vice President, SAF, MGMCRI). Dr.AR Srinivasan, Registrar of SBV delivered welcome address. 25 podium & 62 poster presentations from all constituent colleges of SBV were presented between 9.30am and 4pm. Program ended with remarks by all the judges & address by Dean Dr.Ravishankar M. Judges for Podium presentation were Dr.KA Narayan, Professor of Community Medicine, Dr.Joseph Philiphraj, Professor of Urology, Dr.Sathyanarayan Mishra, Prof of Plastic Surgery. For Poster presentations Dr.Srinivasan S, Professor of Paediatrics, Dr.Krishnan S, Prof of Dermatology, Dr.Saravana Kumar, Prof &Vice Principal, IGIDS were judges. For Best Paper



(Article) the judges were Dr.AR Srinivasan, Registrar, SBV, Dr.SivaPrakash B, Professor of Psychiatry, Dr.B.Adkoli, Professor of Medical Education, MGMCRI. The results were announced and the wiiners will be getting their awards on the occasion of 'Researchers Day' in the month of January 2016.

DEPARTMENT OF MICROBIOLOGY

PRE-CONFERENCE WORKSHOP ON "AUTOMATION IN MEDICAL MICROBIOLOGY DIAGNOSTICS"

Department of Microbiology, Mahatma Gandhi Medical College & Research Institute, organized a one day Preconference workshop on "Automation in Medical Microbiology Diagnostics" as a part of the XXXIX National Conference of



Indian Association of Medical Microbiologists at MGMC&RI, Pondicherry on 25.11.2015.

DEPARTMENT OF OBSTETRICS AND GYNECOLOGY

CME ON CERVICAL CARCINOMA - AN UPDATE

The department of Obstetrics and Gynecology in association with the Obstetrics and Gynecology Society of Pondicherry



conducted a CME on Cervical Carcinoma – an update on 12.12.2015 at the college block, MGMCRI.

Welcoming the delegates Prof. Seetesh Ghose, Head of O&G department, MGMCRI and organizing president said that cervical carcinoma is the most common genital tract malignancy in females Cervical cancer is on the declining trend in India according to the population-based registries; yet it continues to be a major public health problem for women in India.

Prof. KR Sethuraman, Vice Chancellor Sri Balaji Vidyapeeth releasing the booklet of CME and delivered the keynote address, while Prof. Habeeb, Dept. of OBGY, JIPMER gave the chief guest note.

Various topics like primary prevention, secondary prevention, role of coloposcope, epidemiology of cervical carcinoma, pathological variety of cervical carcinoma, palliative care in malignancy, surgical and radiological management of cervical carcinoma was discussed by Dr. P. Reddi Rani Professor of O&G,MGMCRI Puducherry, Dr. Suthanthira Devi Professor and Head of O&G, SSSMCRI; Dr.Dasari Papa, Professor of O&G, JIPMER; Dr. Mary Daniel, Professor and Head of O&G, PIMS; Dr.P.Viswanatnan, Professor & Head of Pathology, RMMCH, Annamalai University; Dr.K. Gunaseelan, Associate Professor, Department of Radiotherapy, RCC, JIPMER; Dr. K.Uma Devi, Associate Professor, Kidwai Memorial Institute of Oncology, Bangaluru; Dr. K.S.Reddy, Professor, Radiation Oncology, MGMCRI, Puducherry respectively.

There was a panel discussion where panelist discussed special situation like carcinoma cervix in young women planning for conception, with pregnancy and diagnosed following removal of uterus.

This CME was attended and well appreciated by gynecologists and junior doctors from Pondicherry and Tamil Nadu. This program was given 10 credit points by the Tamil Nadu Dr. MGR Medical University.

DEPARTMENT OF ORTHOPEDICS

MORE-2015

Department of Orthopedics conducted MORE-2015, MGMCRI Orthopedic Revision Education on between 30.10.15 and 31.10.15. First of its kind Post Graduates teaching



programme in the Institute and in the State of Pondicherry. Presence of eminent faculties from various Institutes was hallmark for this program. A total of 18 were external and 5 were internal faculties. It had four sessions of Clinical case discussions and didactic lectures on approach to various case scenarios. This programme has been planned to be organized annually for the benefit of exam going Post Graduates. This first episode was dedicated to our beloved Prof.K.R.Thyagarajan on his superannuation. On day one the following sessions took place namely : Clinical examination of Hip by Prof. Jagdish Menon, Infective / Inflammatory Arthritis Hip by Prof.



Neelakrishnan.R, Coxavara by Prof.Mohan Kumar.M, Clinical examination of the Knee by Dr.Prakash Ayyadurai, Clinical examination of the foot and Ankle by Dr.Parthiban, Clinical examination of the Shoulder by Dr.Vineet Thomas Abraham, Long Case Presentation (HIP) by Prof. Jagdish Menon, Prof. Rajagopalan.N, Prof.Neelakrishnan.R, Prof.Mohan Kumar.M, and Prof. K.R.Thyagarajan, Clinical examination of the Elbow by Prof. Latchoumibady.K, Clinical examination of the Wrist and Hand by Prof.R.Nandakumar, Approach to Limb Tumors by Prof.Gulam Moideen, CT / MRI by Prof.Smrita Swami and finally the day ended with the session on Short case discussion / ward rounds conducted by Prof.Kannan.V, Prof.Gulam Moideen, Prof.Latchoumibady.K, and Prof.Rajagopalan.N.

On day two the following sessions took place, Clinical examination of the Spine by Prof.Rajagopalan,N, Discorders of Spine by Prof.James J Gnanadoss, Common Knee Disorder by Prof.Boblee James, Common Elbow Disorder by Prof. Deen Mohammed Ismail, Pediatric Disorders by Prof. Vrisha Madhuri, Clinical examination of Nerve Injuries by Prof.Rajamani.A.A, Long case (Spine) was conducted by Prof.James J Gnanadoss, Prof. Pugazendhi, Prof.Rajagopalan.N and Prof.Rajamani.A.A, Instrument / Implants by Prof.Gokulraj.D, X Ray discussion was taken by Prof. Chandrasekaran.M and finally MORE 2015 has the Clinical Case discussion / ward rounds which was conducted by Prof.Gokulraj.D, Prof.Patro.D.K, Prof.Boblee James, and Prof.Deen Mohammed Ismail. This program was a real boon to the exam going Post Graduates of Orthopaedics. Orthopedics postgraduate Alumini namely Dr.Ramkumar, Dr.Vamsi, Dr.Muthumanickam, Dr.Saravanakumar, Dr. Prakash, Dr. Prabhu, Dr. Krubaganesh, and Dr. Thayumana Sundaram also attended this Program.

DEPARTMENT OF GENERAL MEDICINE

CME ON CLINICAL UPDATE ON CARDIOVASCULAR SYSTEM

Department of General Medicine, MGMC&RI organized a CME programme on Clinical update on Cardiovascular system



on 16th October 2015. Datowira. Prof. L.R. Chandran, M.D., F.R.C.P., Professor of Medicine, AIMST University, KEDAH, Malaysia and Hon.Gen. Secretary, Malaysian Society of Hypertension delivered a lecture on the latest trends in the management of Hypertension. The session was chaired by Prof. K. Jayasingh, HOD, Department of General Medicine, MGMC&RI. All faculty, postgraduates, CRRIs and undergraduate students participated in the session. A

quiz programme was conducted for undergraduates and post graduates and prizes were awarded for the winners.

PG PROGRAM ON 'DIABETES AWARENESS

Department of General Medicine, MGMC&RI organized a PG quiz program on 'Diabetes Awareness program & Diabetic Day Celebration on the occasion of 'World Diabetic Day' at the conference hall Hospital block on 04.12.2015. Winners were given awards.

POST GRADUATE PROTOCOL PRESENTATIONS -2015

2015 Batch Post graduate students had their PG Protocol Presentations of their dissertation at the C Block Conference Hall on 08.10.2015 under the Chairmanship of Prof.N.Ananthakrishnan, Dean, Research & PG Studies and AHS, SBV.

DEPARTMENT OF OPHTHALMOLOGY

GUEST LECTURER ON "UVEITIS-BASICS & SYMPTOMATOLOGY"-

Guest lecturer Dr. Jyotirmay Biswas (Head of Uvea Services, Sankara Nethralaya) spoke on "Uveitis-Basics & Symptomatology" as part of the PG teaching programme on 25th November 2015 in MGMCRI, Pondicherry.

DEPARTMENT OF PSYCHIATRY

SPECIAL LECTURE ON THE ROLE OF YOGA IN THE MANAGEMENT OF ALCOHOL

Department of Psychiatry, in collaboration with CYTER, SBV, organized a special lecture on the role of yoga in the management of alcohol dependence by Gary R. Beebe Jr., Yoga Therapist (Seattle, Washington, USA) on 26.12.2015.

DEPARTMENT OF RADIODIAGNOSIS

CME ON PEDIATRIC RADIOLOGY –JUSTIFY AND OPTIMIZE

A Continuing Radiological Education on 'Pediatric Radiology –Justify and Optimize' was conducted on the occasion of Roentgen day Celebration 2015 which was commemorated and organized by Radiodiagnosis Department on 08.11.2015 at MGMCRI premises. This day is celebrated every year on 08 Nov to commemorate the discovery of X-rays by Nobel Prize winning physicist Wilhelm Conrad Roentgen. This year the theme chosen was "Pediatric Radiology- Justify & Optimize"". The essence of the program was to sensitize all health practitioners and technical workers to the judicious use of X-rays in children. The meet was presided by respected Vice Chancellor, Dr. K R Sethuraman; the Chief Guest was Dr. Bhaskaran who is a reputed Senior Radiologist of the State. Dean, MTPGRI & Dr. Ravichandran HOD, IGGH were the Guest of honour. They recollected on how Radiology has vastly improved in its scope in the present day and how important it is to be careful when imaging our little patients because of their sensitivity and unique handling needs. Eminent speakers included Senior Technologists from JIPMER, Radiation Physicist from Annamalai University, Leading Pediatrician and Radiologists from SBVU. All shared their experiences and tips on how to safely and wisely use imaging investigations for children. There were 220 delegates who attended the conference. As the audience had a good number of students, there was also a Quiz section and a Section for students to present their papers. The program was well received and commended by both the participants and the Faculty members.



CME ON OBSTETRIC ULTRASOUND

A Continuing Radiological Education on 'Obstetric Ultrasound' was conducted on 15.11.2015 by Radiodiagnosis Department in collaboration with the Indian Radiological & Imaging Association at the ground floor lecture hall, MGMCRI. This was the first such program conducted by the Radiology dept. The theme of the program was Obstetric Ultrasound. Two eminent speakers, Dr. Venkatasai, HOD, SRMC from Chennai and Dr. M J Srinivasan from Vellore spoke on the topic, & drawing from their vast experience, provided handy & practical tips to improve our scanning skills. The audience of about 70 members, comprising principally of PG students and young practitioners was very appreciative of the very practice oriented tenor of the lectures. The program was presided over by the office bearers of IRIA Puducherry subchapter who when announcing that this was

the fourth such CME Program this year, also commended the initiative taken by Dept. of Radiology, MGMCRI in actively participating in the activities of the Association.

DEPARTMENT OF CARDIOLOGY

A Live Coronary intervention CME – CTO conclave @ MGMCRI

The departments of Cardiac Sciences conducted the first a live summit on 'Chronic Total Occlusion – INDO-JAPAN CTO CONCLAVE – a live Coronary Intervention CME on 07.10.2015 at the Library seminar hall, MGMCRI. Prof. Amirtha Ganesh & Dr.Arun Prasath of the Cardiology department, Vice Chancellor, Dean, Additional Director, Medical Superintendent, MGMCRI inaugurated and



participated in the event. In this "INDO JAPAN LIVE SUMMIT" on Chronic Total Occlusion of coronary arteries. Dr. Kenya Nasu, Medical Director of Toyohashi Heart Centre, JAPAN, who is an expert in such interventions, along with our cardiologists, headed by Dr. Amirtha Ganesh, performed the procedure on two cases which was transmitted live for panel discussion. Dr. G. Rajendiran, Professor and HOD of Cardiology, PSGIMS&R gave his lecture on CTO of coronary arteries. Many cardiologists, Cardio-thoracic surgeons, Cardiac Anesthetists, intensivists, physicians participated in this panel discussion. The conference which was very much supported by the management was a real success and a breakthrough in the field of advanced interventional cardiology. Many cardiologists from Pondicherry and Tamilnadu actively participated in this live workshop on performing angioplasty and stenting of long standing occlusion of blood vessels of the heart.

DEPARTMENT OF CARDIOTHORACIC & VASCULAR SURGERY

For the first time in Puducherry a minimal invasive thoracic surgery performed at MGMCRI - Smaller dimension of a bigger surgery

A 36 year old female named Mrs.Vijayalakshmi from Kaleetherthalkuppam, Puducherry suffering from bronchiectasis of the lung (Permanent damage to the airway of the lung), was admitted with the complaint of recurrent episodes of coughing out of blood for the past 2 years. The patient was diagnosed and referred by a pulmonologist in Puducherry to Mahatma Gandhi Medical College and Research Institute (MGMCRI), Puducherry for further management. In order to remove the affected part of the lung which caused recurrent bleeding inside the lung, and which also acted as a source of infection causing constant nuisance to the patient health, she underwent a definite surgical management through minimal invasive thoracic procedure. A team of experts consisting of Dr. Elamaran. E, Asst. Professor, Department of CTVS and Prof.Shivashanmugam, Dr.V.Jaya, Department of Anesthesiology and other supporting members successfully conducted this procedure through video assisted Thoracoscopic surgery. The surgery warrants an incision less than 6 cm which is very small when compared



to the conventional procedure requiring up to 18-20 cm. This unique advanced procedure decreases the hospital stay, pain, minimal scar in the chest, enhances recovery, and the patient is able to do her routine activities the following day. This video assisted Thoracoscopic surgery procedure done at MGMCRI is the first of its kind to be performed in Puducherry.

POTPOURRI - DEPARTMENT OF PLASTIC SURGERY

Looking good- A civilization aspiration

It has been the civilization aspiration of mankind to look good.

Our pre-historic ancestors remained naked. Gradually they learnt to fabricate clothes and, initially, used them for protecting the body from harsh environment e.g. cold weather. Subsequently, they started using clothes of different color and shape; wearing ornaments; and applying cosmetics on the body for improving the look.

A shapely body provides the best form of look. The sculptures in the temples and the human figures in the paintings of artists always emphasized this. Clothes, ornaments and cosmetics are external and non-surgical embellishments. They do not have the capacity to change human shape. But, they were the only means available for beautification of the body till the nineteenth century. The arrival of aesthetic surgery in the twentieth century changed the scenario. It offered the medium to change the shape of human body through procedures like body contouring, altering the shape of breast, rhinoplasty and many others. It is a great blessing and it has helped the humanity to further realize its civilization aspiration to look beautiful. Everybody wants to look good. And it is the right of every individual to look good.

But, the lack of awareness on the availability and the scope of aesthetic surgery is preventing them from realizing their aspiration.Hence, it is the duty of every plastic and aesthetic surgeon to educate the society on the availability, affordability and the scope of aesthetic surgery. This will make more and more people undergo aesthetic surgery which will help them in realizing the civilization aspiration to look good

- Dr. S Mishra, Department of Plastic Surgery.



INNOVATIONS

MEDICAL SIMULATION CENTRE

The first AHA PALS Provider course at Medical Simulation Centre was held on the 30th and 31st of January 2015. Ten doctors participated and achieved AHA PALS Provider certification. All exam-going postgraduate residents of Paediatric department participated in the course. Prof. Gunasekaran D, HOD of Dept. of Paediatrics was the lead instructor for the course and was assisted by Dr. Soma Venkatesh, Assistant Professor, Dept., of Pediatrics. Prof.



Shuba S, Prof. of Paediatrics from Sri Ramachandra Medical College and Research Institute, Chennai was the Course Director. A second PALS provider course was held on the 19th and 20th of February. All first year Paediatric Dept. postgraduate residents participated in it and achieved PALS certification. Paediatric PGs also participated in training using simulation based clinical scenarios on paediatric emergencies during January 2015.

Regular AHA certified BLS & ACLS courses were held – 9 BLS provider courses in which 128 participants achieved BLS certification. Three ACLS courses were held and 22 participants achieved ACLS certification. On 21st March 2015, a BLS course was organized as part of the CME on Trauma held at MGMCRI. 13 doctors – including dentists and doctors from NLC, Neyveli participated in the training. Formal CPR training and certification of nursing staff was started in January 2015. Over 6 training sessions a total of 54 nurses were trained. CPR training and training in recognition of life threatening arrhythmias was offered to all staff of the cardiac catheterization laboratory.Training in communication skills for effective patient-doctor relationship was conducted for Semester III MBBS students posted in the department of medicine..

Training programme on Basic Life Support and First-Aid to Tamil Nadu Police Personnel

The Medical Simulation Centre, Mahatma Gandhi Medical College and Research Institute, conducted a training programme on Basic Life Support (BLS) and First-Aid to Tamil Nadu Police Personnel, Cuddalore District on 12th February 2015 (Thursday) from 9.00 A.M to 1.00 P.M. Two hundred Police personnel (including women constables, subinspectors & inspectors) participated and benefitted from this training programme. The AHA Certified Instructors Dr. Anand Monickam, Medical Officer-in-charge, Medical Simulation Centre, Dr. N.Mugunthan, Associate Professor of Anatomy, MGMCRI, and Mr.Kingsle Kishore Coumar, Quality Educator, MGMCRI, led the training programme. Mrs. Sudharsana, Public Relations Officer, MGMCRI and Mr. Sudhakar, Marketing Co-Ordinator, MGMCRI, were also present during this training programme. In this training programme, the police personnel were taught single and two rescuer adult BLS, child and infant BLS, use of AED, management of trauma & accident and transport of accident & burn victims, medical emergencies such as MI, Stroke, Epilepsy and management of poisoning including snake bite and dog bite. Feedback received from the trained personnel include a) They have learned hands-on training in BLS for the first time during this programme, b) They are sure about themselves that they can resuscitate someone in a medical or trauma related emergency c) Essential programme for their profession d) Programme conducted is very much practical and beneficial to everyone.

Medical Simulation Centre offered CPR training and certification to 291 nurses from MGMCRI hospital in the three month period of April to June 2015. With this, CPR certification of all staff nurses of the hospital is almost complete.

Four AHA accredited BLS workshops were held and 63 participants were trained and certified in BLS. 14 doctors were also trained in ACLS during this period.

All 100 students of First Year BSc Nursing course underwent hands-on training at the Medical Simulation Centre. The following skills were taught to them – CPR, injection techniques, Foley's catheterization and nasogastric tube insertion.



ENT practical skill classes were organized for MBBS students. The students learnt anatomy of the ear, nose and throat, management of epistaxis, foreign body removal and usage of tuning fork for ear examination.

Ophthalmology faculty trained MBBS students on direct and distant direct ophthalmoscopy.

Regular simulation training classes were held for Semester IV and Semester V students. Students were taught communication skills, basic life support, iv cannulation, injection techniques, lumbar puncture, Foley's catheterization, nasogastric tube insertion, airway management, basic arrhythmias, normal and abnormal heart sounds and normal vaginal delivery. Students participated with enthusiasm and practiced all the skills individually.

On 19th June, 25 doctors and nurses from Aravind Eye Hospital participated in a training workshop on resuscitation skills at the Medical Simulation Centre. They were taught CPR, airway management, defibrillation, management of cardiac arrest and common medical emergencies encountered during ophthalmologic practice.

A preconference workshop on CPR was held at Sri Manakula Vinayagar Medical College at Madagadipet, Pondicherry on 25th June, as part of the Medical Students Conference – SIMSCON 7. Faculty from MGMCRI, Dr. Anand Monickam (Medical Simulation Centre), Dr. N Mugunthan (Dept. of Anatomy), Mr. Kishore (Dept. of Quality Assurance) & Ms. Buvaneswari (Dept. of Biomedical Engineering) using manikins and simulators from MGMCRI conducted the training at the conference venue. 44 students participated in the programme and excellent feedback was received. Medical Simulation Centre organized seven American Heart Association (AHA) certified Basic Life Support (BLS) Provider Courses between July and September 2015. A total of 97 candidates were trained and certified in BLS. 45 Dental CRRIs from IGIDS achieved BLS certification. 39 nursing graduates from KGNC also were trained and certified in BLS.

Two ACLS Provider Courses were held and 16 doctors were trained and certified in ACLS. Nine of the participants were CRRIs from MGMCRI.

On 14th August, 2015, CPR training was organized for the faculty of KGNC. 22 faculty members participated in the training and hands-on CPR training was provided to them.

Regular small group hands-on clinical skills training was scheduled for all Semester V MBBS students. They students were taught the following skills on the



various manikins and simulators - Cardiopulmonary resuscitation, Automated external defibrillator use, basic and advanced airway management, practical first aid skills, intravenous cannulation, injection techniques, recognition of basic arrhythmias, manual defibrillation, urinary catheterization, nasogastric tube insertion, examination per vaginum, examination per rectum, normal vaginal delivery, basic suturing techniques and lumbar puncture. Prof. MS Raghuraman, Head of the Dept. of Emergency Medical Services conducted training in First Aid for common illnesses and injuries, and airway management for the Semester v students.

Visit of faculty members of Kongu Engineering College to Sri Balaji Vidyapeeth

A team of Professors led by Prof. S. Kuppuswami, Principal, Kongu Engineering College, Perundurai visited Sri Balaji Vidyapeeth and MGMCRI on 6th November, 2015. Prof.P. Navaneethakrishnan, Professor and HOD of Mechanical Engineering and Dr. S. Rajasekar, Associate Professor,

Mechanical Engineering were the other members of the team. Kongu Engineering is collaborating with SBV and its constituent institutes for teaching, development and research. One of the initiatives under this collaboration is to develop artificial skin for the clinical skills centre, MGMCRI for use on the various manikins. Based on samples and models given by Dr.AnandMonickam of Clinical Skills Center, Dr.Rajasekar had developed the artificial skins and moulded them as per



requirements of each simulator or manikin. All the materials used were indigenous. The samples were shown to Prof. K. R. Sethuraman, Vice Chancellor, Prof. K.A Narayan, Professor of Community Medicine, Prof. S. Mishra, Head IPR cell and Dr.Anand Monickam. Prof Sethuraman was happy that the samples matched the original items by way of appearance, texture, colour, thickness and elasticity. He suggested that different texture and colours of skin to match the Indian Population be developed. A costing of the samples should also be done. All were appreciative of the effort of Dr.Rajasekar. Hoping that the collaboration between the two institutions would lead to other innovative projects.

MEDICAL EDUCATION UNIT, MGMCRI.

Interns' Orientation Programme -01.01.2015

On 01.01.2015 MEU conducted Interns' Orientation Programme at College Block, Ground Floor Lecture Hall. The total number of 83 interns participated in the orientation programme. The programme started with the Registration of interns followed by TED talk on "Doctor's Touch" by Dr. Abraham Verghese (video).Further the talk about General Medicine by Dr. Nirmal Coumare (Medical Superintendent), Introduction to Emergency by Dr. Sivaraman (Assistant Professor, Dept. of Emergency Medicine), Universal Precautions by Dr. Prateesh Ravindran (Associate Professor, Dept. of Neuro Surgery), OPD and Ward by Dr. D. Gunasekaran (Professor & HOD of Paediatrics) and Peripheral Health Care by Dr. N. Seetharaman (Professor & HOD of Community Medicine). This programme will be followed by another 2 days programme after 4 weeks.

Intern's Orientation Programme -30.01.2015 and 31.01.2015

The intern's orientation programme was conducted on 30.01.2015 and 31.01.2015, at 2nd floor D2 Conference Hall. The programme was meant for 99 interns, passed out in Dec 2014.

The aim of the programme was to familiarize new interns with their tasks in the work places which include wards, OPD, emergency room and community.

The objectives of the programme was to enable the interns for developing good communication skills, both verbal and written, be aware of the psychosocial needs of the



patients, appreciate the principles in rational drug therapy, develop and refine the skills of requisitions for diagnostic tests, appropriate techniques for collection and transport of samples for laboratory test, ethical issues involved in patient care, tackle common medico-legal issue, identify their role in a multidisciplinary team, develop a sense of belonging to the institute and stress on their responsibility and accountability towards patient care and how to deal with the medical representatives.

The programme was structured with interactive lectures, allotment of group task, role play by students and faculty and discussion of ethical and medico-legal case scenarios. Evaluation of the programme was done by using the feedback questionnaire. It was a collaborative effort of dedicated senior faculties from the institute which includes Dr. K. R. Sethuraman, Vice-Chancellor and Dr. S. Krishnan, Dean, Administration.

In the workshop following topics were discussed by respective faculty: 'Why errors occur in the healthcare system and how to prevent them' was given by Dr. V. N. Mahalakshmi, Professor of Pediatrics Surgery, 'Written Communication' was given by Dr. P. Rani, Assoc. Professor



Anaesthesiology, 'Group tasks' was conducted by Dr. Seetesh Ghose, Prof. & Head OBG, 'Interpersonal skills in Medical Practice' was given by Dr. Abu Backer, Senior Resident Psychiatry, 'Group tasks' was conducted by Dr. Partha Nandi, , Professor, Community Medicine and Dr. B Sivaprakash, Professor of Psychiatry, 'Medical Ethics' was given by Dr. V. N. Mahalakshmi, Professor of Pediatrics Surgery, 'Group tasks' was conducted by Dr. N. Ananthakrishnan, Professor of Surgery, Dr. Seetesh Ghose, Prof. & Head OG and Dr. V. N. Mahalakshmi, Professor of Pediatrics Surgery, 'Legal aspects in Medical practice' was given by Dr. Pramod Kumar, Assoc. Professor of Forensic Medicine & Toxicology, 'Group tasks' was conducted by Dr. Satish Kumar, Professor & HOD Forensic Medicine, 'Concept of 'P' drugs' by Dr. K. A. Narayan, Professor, Community Medicine, 'Rational considerations before you order diagnostic tests' was given by Dr. Manoj Karthik, Assoc. Professor Surgery, 'Group tasks' was conducted by Dr. Mohamed Hanifah, Professor Medicine, Dr. Smile Robinson, Professor, Surgery and Dr. D. Kotasthane, Professor & HOD Pathology, 'Rational approaches of therapeutics' was given by Dr. Lokesh, Professor, General Medicine, 'Group tasks' was conducted by Dr. Mohamed Hanifah, Professor, Medicine, Dr. Smile Robinson, Professor, Surgery and Dr. K. R. Sethuraman, Vice Chancellor.At the end of the programme Dr. K. R.

Sethuraman, Vice - Chancellor, Sri Balaji Vidyapeeth and Dr. S. Krishnan, Dean, Administration addressed and appraised the interns about their responsibilities. They also gave away the participation certificates and CRRI's diary

Two Faculty Development Programs

Faculty Development Program was organized by Medical Education Unit of MGMC&RI, SBVU. In classroom of MEU, College Block Annex as weekly basis on 6th,13th,20th,27th May & 3rd,10th June 2015 from 2.00-4.00pm.It was attended by Faculty from Medical College interested in teaching.

Aim was to sensitize teachers about new concepts in teaching and learning methods;develop knowledge and skills required for performing the role of competent and effective teacher, administrator, researcher and mentor; to improve the quality of medical training by training the teachers

Objectives were to enable the participants to: Identify the principles underlying educational objectives & Blooms taxonomy, micro teaching, teaching- learning methods; enumerate its steps; apply microteaching technique for improving one or more teaching skills; motivate their colleagues to use microteaching ; act as student counselor.

The above objectives were achieved by the discussing the following topics by the concerned faculty in workshop mode. Educational Objectives & Blooms Taxonomy – Dr. Pallavee; Teaching Learning Principles & Lesson Planning – Dr. C.P. Ganesh Babu; Teaching Learning Methods – Dr. Sunita Samal ;Microteaching – Dr. Manoj Karthik; Teacher as a Student Counselor – Mrs. S. Rama. Dr.K.R.Sethuraman, Dr.K.A.Narayan & Dr.N.Ananthakrishnan was the moderator for this



program. Besides short and interesting power point presentations, the resource person conducted various group activities and role play. They also clarified the queries raised by the participant. Evaluation of the program was done using programme evaluation form. The questionnaire involved the subjective assessment of the quality of the program, the usefulness of the subject and general comment. Feedback was collected and faculties were awarded the certificate of participation at the end of the program. The initiative taken by the MEU was well appreciated by the participant.

To bridge the gap between Students and Teachers, a session on "Teacher as a Student Counselor" was included in the In-house Faculty Development Programme on 27.05.2015. With this sensitization faculties approached for counseling service either for referral or for self without any stigma.

Appointment

Dr B.V. Adkoli, has been appointed as Professor, Health Professions Education at the Medical Education Unit, MGMCRI. His earlier assignments include faculty of the National Teacher Training Centre (NTTC), JIPMER, Pondicherry (1985-91), KL Wig Centre for Medical Education &Technology (CMET), at AIIMS, New Delhi (1991-2012), University of Dammam, Kingdom of Saudi Arabia (2008-10), and National Health Portal, a Health Ministry Project (2013-15). He has also served as faculty for the FAIMER Regional Institute, CMC Ludhiana. Dr Adkoli is an accredited Educator for the Advanced Trauma



Life Support (ATLS) instructor's course of the American College of Surgeons.

He has served as a Short Term Consultant to WHO-SEARO, and a resource person for TOT workshops conducted by several medical colleges, specialty associations and State/Central

Government projects.

He has served as a member of the sub-committee appointed by MCI for designing curriculum for B Sc (Community Health) and Steering Committee for the National Health Portal. Currently he is a member of the National Curriculum Review Committee (NCRC) for the National Initiative for Allied Health Sciences (NIAHS) launched by the Ministry of Health & Family Welfare, and Executive Committee of the Academy of Health Professions Education in India. He has co-authored books, written chapters and articles in national and international journals and has served as Reviewer for eight national and international journals. https://scholar. google.co.in/scholar?hl=en&q=Adkoli+BV&btnG=

Intern's Orientation Program (IOP) 16th and 17th July - 2015

Interns play major role in augmenting the hospital services. They are the prospective health care providers. Their orientation to the key issues in providing patient care is of prime concern. The Medical Education Unit of MGMCRI holds a comprehensive training program for the interns in the beginning of internship. This year, the program was held on 16-17th July 2015 covering 38 interns.

The aim of the program was to familiarize the new interns with their duties and tasks to be done at their work places including wards, OPD, emergency room and community. The specific objectives were to encourage teamwork and communication skills, both verbal and written, be aware of the psychosocial needs of the patients, appreciate the principles of rational diagnostics and drug therapy, including skills of requisitioning diagnostic tests, appropriate techniques for collection and transport of samples for laboratory tests. Other key issues included dealing with ethical issues involved in patient care and handling common medico-legal issues. Further, the role of doctors in a multidisciplinary team, and their responsibility and accountability towards patient care and how to deal with the medical representatives were also included in this program.

The program was highly structured including interactive lectures, extensive group tasks, case discussions, buzz sessions besides role-play by the students and faculty. The Evaluation of the program was conducted through Program Evaluation Questionnaire revealed that the program was highly useful, effective and enjoyable experience.

This program was a fine example of interdisciplinary team of faculty working together for a cause. Dr. V. N. Mahalakshmi, discussed the issue: 'Why errors occur in the healthcare system' and 'how to prevent them'. The issues related to Communication were dealt by Dr. Seetesh Ghose, Dr Tirou Aroul, Dr. Abu Backer, Dr. Partha Nandi, and Dr. B. Sivaprakash. Session on Medical Ethics was dealt by Dr. V. N. Mahalakshmi and Dr. Seetesh Ghose. Legal aspects in Medical practice were discussed by Dr. Pramod Kumar and Dr. Satish Kumar. Dr. Manoj Karthik and Dr Lokesh dealt with rational diagnostics and therapeutics respectively. They were supported by Dr. Mohamed Hanifah, Dr. Smile Robinson and Dr. D. Kotasthane.

At the end of the program Dr. K. R. Sethuraman Vice -Chancellor, Sri Balaji Vidyapeeth and Dr. M. Ravisankar Dean

Administration addressed and appraised the interns about their responsibilities. They also gave away the participation certificates and CRRI's diary.

Workshop on PG Dissertation writing

The postgraduate training heavily relies on the grounding of students in the art and science of writing dissertation in particular and scientific articles in general. In order to train the PG residents in this area, the MEU of MGMCRI organized a five days workshop for the Final year PG students on "Dissertation-Write up" from 6.07.2015 to 10.7.2015 at the MEU (College Block Annexe). The programme was attended by the final year post graduate students of all disciplines (N=67) due to appear for their final examination on April-2015.



The issues addressed during the workshop were: use of IMRAD structure in writing a paper, writing an abstract, using statistical formulae, constructing tables, figures and other tools of data representation, how to manage bibliographical references using software and finally ethics of scientific writing, code of conduct including plagiarism checks.

The workshop witnessed extensive use of interactive techniques including brief presentations and group tasks, followed by plenary sessions. The faculty for the workshop included Prof. N. Ananthakrishnan, Dr. A.R. Srinivasan, Dr. G. Ezhumalai, Dr. Lokesh Maran, Dr. Sivaprakash, Dr. R. Ramesh, Dr. D. Gunasekaran, Dr. Partha Nandi, Dr. Seetesh Ghose and Dr. Jagan Mohan. The evaluation of the program done on the final day using a Program Evaluation questionnaire revealed that the program was highly relevant and useful to the participants.

PG Protocol writing workshop

Post-graduate students are the prospective teachers and researchers. Hence their preparation for future career requires



development of competency related to research methodology. In response to this felt need, MEU of MGMCRI conducted a two days workshop on Protocol writing on 6-7th August 2015 for all the first year PG students (N=67).

The issues addressed during this workshop were: An overview of research methodology, how to identify a research problem, writing a research question, skills in literature search and the role of ethics in the research.

The workshop included extensive interactive methods including brief presentation by the faculty, Group tasks followed by plenary sessions..

The faculty team consisted of Prof. Ananthakrishnan, Dr. B. Sivaprakash, Dr. K.A. Narayan, Dr.Partha Nandi, Dr. Seetesh Ghose, Dr. Lokesh Maran, Dr. G. Ehzumalai, Dr.R.Ramesh, Dr. A.R. Srinivasan, Dr. R. Jagan Mohan, and Dr. D. Gunasekaran.

Evaluation of the program was done using Program Evaluation Questionnaire. The analysis revealed that the participants found this program highly relevant, useful and timely intervention for crystallizing their dissertation topics.

Faculty Development Workshop Series

A Faculty Development series consisting of six workshops was organized by the Medical Education Unit of MGMCRI for the 27 faculty members on 7th, 8th, 9th, 11th, 14th & 23rd September 2015.

The series covered six half day workshops (total 14 hours) on various issues of priority for undergraduate teaching, besides an interactive session with Prof. Krishna Seshadri, HOD of Endocrinology, SRMC, Chennai (10.09.2015) who addressed the participants and the faculty on "The Management of Curricular Changes - The Challenges and the Way Forward".

The first workshop (7.9.2015) in the series was on "Adult Learning Principles" led by Prof. B. V. Adkoli and facilitated by Dr. Manoj Karthik and Dr. Pramod Kumar. The second one (8.9.2015) was on "Engaging Large Group" led by

Dr. K. A. Narayan and facilitated by Dr. Seetesh Ghose and Dr. C.P. Ganesh Babu.

The third workshop (9.9.2015) in the series was on "Integrated Teaching Learning" led by Prof. K.R. Sethuraman, VC and facilitated by Dr. V.N. Mahalakshmi and Dr. Richa. As a part of this workshop Prof. N. Ananthakrishnan conducted a group game called "Broken Square" to highlight the importance of team work in bringing about curricular changes in a medical college.

The fourth workshop (11.09.2015) addressed the issue of "Feedback" in medical education and was organized by Prof. B.V. Adkoli and facilitated by Dr. S. Ambujam and S. Rama.

The fifth in the series (14.09.2015) addressed the issue of "Problem Learners". This workshop was led by Prof. N. Ananthakrishnan and facilitated by Dr. Partha Nandi and Dr. Karthik Salwe.

The last workshop (23.09.2015) on "Problem Based Learning and Case Based Learning" led by Prof. K.R. Sethuraman, VC, SBVand facilitated by Dr. V.N. Mahalakshmi and Dr. S. Lokesh.

Each workshop was designed in an interactive format with a number of group tasks, case scenarios, buzz sessions, combined with inputs from the resource persons.

Prof. K. R. Sethuraman, VC, SBV distributed certificates to the participants and the faculty on the concluding day of workshop series (23.09.2015).

The findings of the programme evaluation reveal that the participants found this series quite useful and interesting for enhancing their skills in teaching in a large class setting as well as small group settings.

Dr. Ravishankar, Dean, MGMCRI appealed to the faculty to interact with their departmental colleagues so as to apply the principles which they identified during the workshop in enhancing their routine teaching effectiveness.

Dr. Seetesh Ghose, Co-ordinator of Medical Education Unit proposed a vote of thanks to the resource persons for sparing their valuable time and to the participants for participating actively through the workshop series.

Successful completion of PGDHPE program

The MEU, MGMCRI in collaboration with SBV AHEAD successfully completed the launching of innovative program

- PGDHPE. All the 10 participants enrolled for the course successfully completed the program. There are plans to extend this program to a two year Master's Degree Program - Masters of Health Professions Education (MHPE) which will become another giant step by the SBV towards development of high caliber manpower in health professions education.

WHITE COAT CEREMONY - 05.01.2015

White Coat Ceremony for the II MBBS students of 2014 pass out was organized by Medical Education Unit on 5th Jan, 2015. Basically the function is to honour the undergraduate students who have passed the barrier of 1st MBBS examination and getting in to their clinical learning and coaching of being exposed to actual patients.



Dr. Seetesh Ghose Head of Medical Education Unit welcomed the gathering and gave the Introductory Speech on the behaviour and significance of White Coat Ceremony. Formal Wearing of white coat and Administration of oath by Prof. S. Krishnan Dean (Admin); the students were asked to wear their white coat and the stethoscope hung on their shoulder they took the Hippocratic Oath.

The oath was delivered by the Dean (Admin) and the students repeated the words in front of their Parents and Professors. Dr. K. A. Narayan, Prof of Community Medicine delivered a speech on the Dress Code and decorum in the Hospital Health Facilities and Progress as clinical student. Dr. Partha Nandi, Staff Advisor delivered the Vote of thanks.

Humanistic Medicine

Sensitization Program for the Faculty of MGMCRI

Attitude and Communication Skills are receiving increased emphasis in the undergraduate teaching. The Medical Council of India has prescribed a comprehensive module

called Humanistic Medicine for introducing these elements in the undergraduate curriculum. However, the sensitization of the faculty goes a long way in successful implementation of the module. In response to this, the Medical Education Unit (MEU) organized a sensitization program for the senior faculty of MGMCRI. The Program was conducted through three afternoon session workshops (1st, 3rd & 8th December 2015) led by faculty of MEU - Dr. K. A. Narayan, Dr. B. V. Adkoli, Dr. Seetesh Ghose, Dr. V. N. Mahalakshmi, Dr. Manoj Karthik and Dr. Partha Nandi under the guidance of Prof. K. R Sethuraman, VC of SBV and Prof Ravishankar, Dean, MGMCRI. The Workshop included brief presentations, in depth review of Humanistic Medicine document prepared by the M.C.I, discussion on case scenarios, role play exercise and other modalities of teaching and assessment. The specific challenges brought out during the workshop are how best to integrate the Humanistic Medicine modules in the existing curricula, eliciting commitment from all departments concerned with the UG training. Prof. K. R. Sethuraman while opening the workshop stressed the importance of attitude and communication as a core-competency for the doctors in supplementing their clinical competency. Dr. Seetesh Ghose, Co Ordinator of MEU, proposed a vote of thanks.

Humanistic Medicine Implementation Meeting

Medical Education Unit (MEU) organized a meeting of various Heads of the Departments (21/12/2015) to design a strategy for implementing the Humanistic Medicine modules in the UG curriculum. The meeting was attended by Prof K.R. Sethuraman, Hon'ble Vice Chancellor, SBV, Dr Ravishankar, Dean, MGMCRI besides 24 Heads of the Departments connected with UG teaching. The meeting resulted in the allotment of roles and responsibilities at various levels for ensuring proper implementation of the Humanistic Medicine Modules. Accordingly, the concerned Department would identify the competencies to be taught and the method of teaching. The Curriculum Committee would allocate the competencies to the departments and would ensure that there is no overlap. Medical Education Unit would identify common competencies and initiate discussion on how they can be tackled together. Finally, the Office of the Dean would prepare a time frame and a grid showing competencies to be attained at various levels vis-à-vis, departments responsible so that monitoring can be done.

SBV Team at the National Conference on Health Professions Education (NCHPE-2015)

A National Conference on Health Professions Education (NCHPE-2015) was organized by the Maulana Azad Medical

College (MAMC), New Delhi from 18th to 21st November 2015. This was attended by over 150 delegates representing faculty of medical, dental and nursing education, besides administrators, and policy makers at the national level. The delegation from SBV University consisted of Prof K.R. Sethuraman, VC, Dr B.V. Adkoli, Professor, MEU, Dr R. Ramesh, & Dr Saha, Dpt. of Biochemistry, Dr C. S. Singh, Dept of Radiology, Dr M. Shivasakthy and Dr P.S. Manoharan from IGIDS. Prof K.R. Sethuraman, Vice Chancellor, delivered a key note address on "Innovations, Advances and Regulations in Medical Education", took part in a Panel Discussion on "International recognition of medical education, and chaired a key note address delivered by Stefan Lindgren on "Designing Contextual Curriculum". Dr B.V. Adkoli conducted a Pre-Conference Workshop on "Effective Communication and Interpersonal Skills"; Led a Symposium on Role of e-learning and Medical Informatics in improving quality of medical education, and chaired a Key note address delivered by Regional Cooperation in Medical Education delivered by Dr Bipin Batra, Executive Director, National Board of Examination, New Delhi.

Faculty Development program

The Department of Medical Informatics and Information Technology and Medical Education Unit, MGMCRI conducted a five day workshop on Teaching Learning Technology for faculty of MGMCRI in the last week of November 2015. The Workshop provided hands-on training on creation of learning modules, presentations and assessments using the University's Learning Management Platform, Ganesha's Canvas. Use of Articulate Storyline and SBV TAO (Tests, Assessments and Outcomes) were also covered. 25 Faculty who completed the workshop have been induced as LMS Taskforce Members to spearhead the University's plans to introduce self-directed learning, flipped classrooms, integrated curricular delivery, continuous assessments into its medical curricular delivery. The workshop is also part of SBV's ongoing collaboration with Partners Medical International.

Department of Anatomy

Cadaver as my teacher – an exercise on reflective learning

All 250 students of I MBBS were asked to pen down their ideas, opinion, and thoughts on their initial experience with and the subsequent feelings on cadaver as their teacher during the course of their anatomy dissection. This narrative served as an exercise on reflective learning for the students. The students were asked a write a 300-400 words narrative on the topic, 'Cadaver as My Teacher'. The topic was announced

and the students were given 24 hours time to prepare for it. The department of Anatomy in coordination with Viceprincipal Dr. VN.Mahalakshmi organized this program on 26th November 2015.

The student's narratives were screened for the emotional content, transcribing reality to practice, values inculcated and learnt and presentation styles. The screening was done by the faculty from the Department of Anatomy and 10 best essays were selected. The 'Top 15' selected essay writers were asked to share their ideas in an open forum involving all students, in the presence of Hon'ble Vice-Chancellor of SBV, Dr.K.R.Sethuraman, Dr.Mahalakshmi and faculty members of Anatomy department. Ms. Divya, Ms.Lekshmi and Ms. AsihwaryaSree were judged for good presentation and best article on 'Cadaver as my teacher". Dr.K.R. Sethuraman, Vice-Chancellor honored the students with certificate of appreciation and Prof.JAnbalagan sponsored Anatomy books for the best 3 articles. Some members of the senior classes were also requested to share their experiences.

Departments of Quality Management Services and Community Medicine

CReAMS (Clinical Research and Audit by Medical Students)

The appreciation and application of research and audit principles is widely recognized as a core component of all medical school curricula. Involvement in clinical research and audit is becoming increasingly important for health professionals, both to ensure a high quality of healthcare and to demonstrate interest in clinical research methodology. This project aims to demystify the auditing and clinical research process for medical students. Medical student participation in audit and research offers a practical opportunity to explore the application of evidenced-based medicine. It provides a unique and intellectually challenging environment for self development, which may enrich students' clinical capabilities as medical graduates. Early exposure to research may prompt interest in academic pursuits.

The aims and objectives of CReAMS was to promote the principles of evidence-based audit and research amongst our medical students. In this project, students entering clinical postings were divided into groups of four (49 groups in total) and were posted across various Wards, Outpatient departments and Service areas of the hospital for a cross sectional survey data collection from the patients. Each group collected data pertaining to the disease profile apart from, basic demographic, service oriented and satisfaction data from patients for 6 days. They received an orientation regarding the

process prior to the onset of survey. The data collected by the students was collated and presented in an open forum including the Dean, Medical Superintendent, Additional Director, NABH Quality Officer and other faculty members. The findings were also compiled into a booklet and were presented to the Institute Governance Body. The educational objectives : Participation in this medical student-led collaborative research and audit network is a novel medium for engaging students in academic projects. We sincerely believe that through participating in facilitated, supervised, focused study, students can gain significant improvements in confidence within a number of core academic domains including, improvements in professionalism and team working skills and to overcome previously reported barriers to student engagement in extracurricular academic projects. The CReAMS would enable the students to Observe, interact with patient populace of the hospital, to explore the social, economic links of healthcare delivery systems, to practice communications and interview skills, Work as a team, in organizing, coordinating and facilitating each other's efforts, use data collection tools to elicit necessary information, perform simple statistical analysis and present the findings to the Clinical Governance body of the Institute and also use Information technology to enhance learning and for research. This project was done as a collaborative effort between the departments of Quality management services and Community Medicine. The program is conceived and coordinated by the Vice Principal, Curriculam.

Carrier guidance program for outgoing Interns

A carrier guidance program for outgoing interns was held on 11.12.2015 at the ground floor lecture hall, college block with the goal of sensitizing the interns on the various career choices after MBBS.. The guest of honour was Prof. George Kurian, Prof and HOD, Medical Gasteroentrology, PIMS, Pondicherry. The program was organized by Prof. Seetharaman, HOD, Community Medicine and Prof.Partha Nandhi, Vice Principal, Student Affairs. The Vice Chancellor of SBV, Prof.KR Sethuraman and the Dean. Faculty of Medicine, SBV, Prof.M.Ravishankar also graced the session.

FACULTY ACHIEVEMENTS AND AWARDS

AWARDS

Dr.Sandra Eliza Mathew, Asst.Prof., DVL was awarded the First Prize for the paper titled Systemic Lupus Erythematosus in males' at CUTICON-Puducherry which was held on 22.03.2015 at Indira Gandhi Medical College, Puducherry.

Dr Sunita Samal, Prof, OBG, presented a poster on Vulval elephantiasis and was awarded the third prize at the 58th All India Congress of Obstetrics & Gynaecology held from 21.01.2015 to 25.01.2015 at Chennai,

Dr Aishwariya Jagan, Assistant Professor, Dept of OBG went for training on Minimal access surgery in World Laparoscopic hospital in New Delhi and awarded the degree of FMAS and DMAS in June 2015.

Dr S Mishra, Professor, Dept of Plastic Surgery.Received the "JIPMER Sushruta Oration Award' in Plastic Surgery and delivered the oration entitled, 'Appropriate Technology for Treatment of Patients Affected with Filarial Lymphoedema of the limb' at JIPMER on 23.05.2015.

Prof. S. Robinson Smile, Emirates Professor, Dept of General Surgery received the "Brhaspathi award" by the MGMCRI Student Annual Alumni Meet held at Sunway Hotel in Puducherry on 18.04.2015.

Prof.N.Ananthakrishnan, Dean (R&PG Studies) Dept of



General Surgery, received "Legendary Teacher Award" from JIPMER (INA) during Teachers' day, 2015.

Dr. R.Sobana, Asst.Prof, Department of Physiology has been awarded PG Diploma in Music Therapy.

Prof.K.R.Thyagarajan, Department of Orthopaedics received the Life time achievement award in the Speciality of Orthopaedics from OASIS on 21.08.2015 at Kodaikanal.



Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology, got Award and Fellowship from Indian College of Anesthesiologist in New Delhi on 05.07.15.



Newly elected fellows and members of the International Medical Sciences Academy (IMSA) from MGMCRI, SBV

Dr.J.Shanmugam, Chairman, International Medical Sciences Academy (IMSA), Puducherry Chapter had nominated eight Faculty members from MGMCRI,SBV for getting elected as the Fellows and Members of IMSA.

All of them got elected - Four as Fellows and Four as Members of IMSA during July & August, 2015. The elected Fellows are - Dr.A.R.Srinivasan, (FIMSA) Registrar, SBV, Dr.Seethesh Ghose, FIMSA, Prof. & Head, Obst. & Gynecol, Dr.Subiman Saha, FIMS, Professor of Biochemistry, and. Dr.V.Hemant Kumar, FIMSA, Assoc.Prof. of Anesthesiology. The elected Members are Dr.K.Anandraj Vaithy, MIMSA, Asst.Prof.of Pathology,. Dr.S.Lokesh, MIMSA, Assoc.Prof. Medicine,. Dr.Satvinder Singh Bakshi, MIMSA, Asst.Prof.of E N T and Dr.Siva Ranganathan Green, MIMSA, Asst.

Prof.of Medicine. The Management-SBV, Faculty Members of MGMCRI and the Puducherry IMSA Chapter wholeheartedly congratulate them for getting elected as the Fellows and Members of IMSA. The other Faculty Members elected earlier as Fellows were Dr.N.Ananthakrishnan - Dean-Res.& PG studies, SBV, Dr.J.Shanmugam - Senior Deputy Director - CIDRF & Dr.S.S.Rajasekar - Professor & HOD, Dept.of Anatomy.



Dr. N. Krishnaveni, Professor, Department of Anaesthesiology, got Lifetime Achievement Award from Indian Society of Anesthesiologists Puducherry State Branch and Pondicherry Institute of Medical Sciences at Puducherry on 31.10.2015.

Yoga Jivana Satsangha (International) an organization founded in 1967 by Yogamaharishi Dr Swami Gitananda Giri honoured General Physician, Prof KR Sethuraman, Vice Chancellor, Sri Balaji Vidyapeeth, Pondicherry with the award of ACHARYA RATNA SHIRONMANI on 27.12.2015. This prestigious award was presented to him in recognition of his selfless service and visionary leadership for the cause of world society through the field of medical education and health care. Ammaji, Kalaimamani Yogacharini Meenakshi Devi Bhavanani, the President Yoga Jivana Satsangha bestowed the award and citation on behalf of the worldwide Gitananda Yoga community.Dr. S. Parthasarathy, Associate Professor, Department of Anaesthesiology, got Lifetime Achievement Award from Akila Bharatha Iyyappa Seva Sangam at Kumbakonam on 08.11.2015.

Dr.A.N. Uma, Asst. Professor in Medical Genetics, Department of Anatomy, received MM Copper award for her presentation titled "Ring chromosomes in Oral Cancer patients" for the year 2014 at the PRIMSANATCON 2015, the 38th Annual Conference of Association of Anatomist, Tamil Nadu held at PRIMS Medical College, Tamil Nadu on 10.10.2015.



Prof. Srinivasan A R & Prof. Subiman Saha, Department of Biochemistry and Dr.K.Anandraj Vaithy, Asst.Prof, Department of Pathology were awarded fellowship of the International Medical Sciences Academy (IMSA), during IMSACON 2015, Vythiri, Kerala on 12.10.2015.

Dr. Anandraj Vaithy.K, Assistant Professor, Dept., of Pathology received the best paper award at IMSA conference conducted at , Vythiri, Kerala on 11.10.2015.

Dr.T.Madhumitra, Assistant Professor, Dept., of Pathology passed DNB (Pathology) examination in November 2015.



SCHOLARS IN THE MAKING

M Ch News

Scientific Presentations

Dr.S.Brahadeeswaran (MCh Urology PG) presented a poster on "Transient Bladder Dysfunction After Pelvic Fracture Associated Urethral Distraction Defect (PFUDD) Repair-A Rare Entity" and a another poster presentation on "Left Retrocaval Ureter- A Rare Case Report" in Urology Society of India (*USICON 2015*) held from 05.02.2015 to 08.02.15 at Ranchi.



Dr. Deepak David and Dr. Brahadeeswaran, (MCh Urology PG) attended the national conference organized by Urology Society of India (USICON 2015) held from 05.02.15 to 08.02.15 at Ranchi

Dr.Deepak David, MCh student, Dept. of Urology got the Best Innovation Award for the year 2014-15 from the Scientific and Academic Forum, MGMCRI for his paper



titled "Mini Access Guide for simplifying calyceal access during percutaneous nephrolithotomy - A Novel Device". Coauthors of the presentation were Dr.Puskar S Chowdhury, Dr.PrasantNayak, Prof.JosephPhilipraj, Prof.Mossadeq A and Dr.Brahadeeswaran, Dept. of Urology.

Dr.Brahadeeswaran, MChstudent, Department of Urology presented a paper on, "A Randomised Control Trial Comparing Outcomes of Patients Undergoing PCNL v/s ESWL for1.2 cm renal calculi" at 20th Annual Conference of the Tamilnadu & Pondicherry Association of Urologist, TAPASUCON 2015 held between 26.09.2015 and 27.09.2015, at JIPMER Auditorium, Puducherry.

Dr.SatyajeetPattnaik, MCh student, Department of Urology presented a moderated poster on, "Long bulbar urethral reconstruction using medial thigh adipofacial flap" at 20th Annual Conference of the Tamilnadu & Pondicherry Association of Urologist, TAPASUCON 2015 held between 26.09.2015 and 27.09.2015, at JIPMER Auditorium, Puducherry.

Dr. Brahadeeswaran, MCh student of Urology presented a paper titled, "A Prospective Randomized Trial Comparing Outcomes of Extracorporeal Shockwave Lithotripsy and Percutaneous Nephrolithotomy in Renal Calculi of Size Between 1 and 2 Centimeters " at the PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.

PG News	
Awards	

Dr. S. Krithiga, Post Graduate, Community Medicine, participated and got first prize in oral presentation titled "An epidemiological study of prevalence of common mental disorders and associated factors among rural married women in Puducherry" at "International seminar on Research for prevention and control of non-communicable diseases" held at PIMS between 13.01.15 and 14.01.15,organized by Dept. of Community medicine, PIMS, Puducherry along with the University of Alabama Birmingham, Florida International University, Madras Diabetic Research Foundation, The US NIH Fogarty International Centre and Indian Council of Medical Research

Dr. Sukanya S, post-graduate, Dept. of Microbiology, was awarded the first prize for Best Paper for oral presentation titled 'Prevalence of metallo beta-lactamase producers among non-fermenting gram negative bacilli isolated from a tertiary care hospital' in the conference of Indian Association of Medical Microbiologists (IAMM), Puducherry chapter at Sri ManakulaVinayagar Medical College, Pondicherry on 23.01.15.

Dr.Varunn.M.D, Post GraduateTBCD got 3rd place in RESPIQUIZ 2015' on 31.1.15 at SMVMCH, Pondicherry which was organized under the auspices of Academy of Respiratory Medicine, Mumbai and has got scholarship to attend National Conference on Environment, Respiratory & Lifestyle diseases (NESCON 2015) Mumbai.



Dr. Greeshma. Y, Post graduate from the Department of Radiology was awarded certificate of excellence for giving a Lecture on Interventional Radiological Procedure – Endovascular coil embolisation of Splenic Artery Aneurysm eroding in to stomach at the MIDASICON between07.03.15 and 08.03.15 MGMC & RI (Mid – Term association of Surgeons of India Conference)

Dr. V.B. Haarika post graduate, Department of Pediatrics presented a Poster on "Effectiveness of Music Therapy on Pain Reduction in Neonates during Venipuncture" which bagged the Best Poster Award at the 2nd International Conference on Music therapy "Current Trends in Music Therapy Education ,Clinical Practice & Research conducted by CMTER on 23.06.15.

Dr. TR Ajay Prakash, post graduates, Department of Pediatrics presented oral scientific paper on "Beyond Intrauterine infections in Neonate with fever and Hepatosplenomegaly" and bagged the second best Oral Presentation award at the SIMSCON-15 held at SMVMC & H from 26.06.15 to 28.06.15.



Dr.Yazhini, post graduate, Department of Pediatrics presented a poster on "A tale of 24 digits-Familial Tetra Polydactyl" which bagged the best poster award at the SIMSCON-15 held at SMVMC & H from 26.06.15 to 28.06.15.

Dr. Varunn M.D, final year Postgraduate was awarded scholarship for attending National Conference on Environment, Respiratory & Lifestyle diseases (NESCON 2015) which was organized by Academy of Respiratory Medicine and presented a paper on "Unusual presentation of a Zoonotic disease" which was conducted at Mumbai from 26.06.2015 to 28.06.2015

Dr.Bhanupriya, 2nd year postgraduate, Dept. of DVL was awarded a scholarship for her paper titled "A study of disease and behavioural patterns among transgenders in a tertiary care centre" at ASTICON (39th National Conference of IAASTD and AIDS) 2015 held at Coimbatore from 11.09.15 to 13.09.15.



Dr. Varunn.M.D, Post Graduate, Department of Pulmonary Medicine participated in 'Chest Challenge - India 2015' online Quiz competition and came second in Tamil Nadu

and amongst top 50 in India, which was conducted by America College Chest Physician in July 2015.

Dr. Roshan Kumar. M, Post Graduate, Department of Pulmonary Medicine represented Pondicherry and got 1stplace in QUIZ competition at Progress in Pulmonary Medicine- CME for PG students of South zone, which was organized by Department of Pulmonary Medicine, Madras Medical College, Chennai, on 11.09.15 and 12.09.15.

Dr. E. Nivedita, Postgraduate, Final year M.D in General Medicine presented a case report of "Moyamoya disease" at the South Indian Physicians Conference held at Sri ManakulaVinayagar Medical College, Puducherry on 31.10.15.She won the first prize for the poster competition.

Dr. SiyamSundar, Final Year PG, Dept. of Anesthesiology got 2nd prize for paper presented on "Comparison between Dexmedetomidine and Midazolam infusions for procedural sedation during septoplasty under local anesthesia" in 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort between 31.10.15 and 1.11.15.

Dr.M.Roshan Kumar and Dr. Varunn.M.D, Post graduates, Department of Pulmonary Medicine, got third prize in Pulmonology Quiz competition organized by the Department of Pulmonary Medicine, JIPMER, on 16.11.15.

Dr. DimpuGangmei, 3rd Postgraduate, Dept. of Radiology was awarded a Best e-Poster award for his paper titled "Sonoelastography of Thyroid Nodular Diseases with Histopathological Correlation"in the field of Small part imaging at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.

Dr.NavyaSindhu, 2ndyear postgraduate, Dept. of Radiology was awarded Best e-Poster for her paper titled "Emergency Glue Embolisation of Bleeding Gluteal AVM" in the field of Interventional Radiology at IRIA (68th Annual Conference of Indian Radiology & Imaging Association (TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.

Dr. BalasubramanianAnusha, Final Year PG, Dept. of Anesthesiology got Best Poster Award on "Comparison of GASMAN simulated low flow anesthesia with real time using sevoflurane; air; oxygen mixture" in PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15. Dr. Hussain Ahmed, Final Year PG, Dept. of Anesthesiology got 2nd prize on podium presentation titled, "Effect of Three different Anesthetic Management Techniques on pain and functional Outcome Following Inguinal Hernia Surgery. A Randomized Controlled Observer Blinded Study" in PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.

Dr. Hussain Ahmed, Final Year PG, Dept. of Anesthesiology, got 3rd prize on written paper for his article, "Effect of three different anasesthetic management techniques on pain and functional outcome following inguinal hernia surgery. A randomized controlled observer blinded study" in PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.

Dr.V.Haarika, Postgraduate, Department of Pediatrics got 1st Prize in Paper Presentation and 2nd Prize in Podium Presentation, titled, 'The effectiveness of music on pain reduction during Venepuncture in Neonates'at the PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.

A paper titled "Psychological consequences of abortion: A prospective hospital based study" by Dr. Banipreet K, postgraduate resident, Department of Psychiatry, was awarded 2nd prize in the best paper category, at the SBV PG dissertation symposium on 18.12.15.

Dr. Varun. M.D, Post Graduate, Department of Pulmonary Medicine, got second prize in both podium presentation and case reporting for PG dissertation topic titled "Diagnostic accuracy of combining PCR with cytomorphology of Tuberculous lymphadenitis" in PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.

SCIENTIFIC PRESENTATIONS

Dr. Robbin Bose, Postgraduate Resident, Department of Psychiatry, presented a poster titled "Extrapyramidal symptoms associated with Aripiprazole - A case series" at the Annual National Conference of the Indian Psychiatric Society (ANCIPS), organized at Hyderabad, from 08.01.15 to 11.01.15.

At the "International seminar on Research for prevention and control of non-communicable diseases" held at PIMS between 13.01.15 and 14.01.15, the Post Graduates from the Department of Community Medicine, Dr. Fredrick Stephen, presented a research paper titled "Prevalence of hypertension in selected urban areas of Puducherry", Dr.

Nishanthini, on "Distribution of blood pressure and its correlates among school children of rural Puducherry", Dr.M.Arthi, on "Determinants of nutritional status among primary school children in rural Puducherry" and Dr. S. Ramkumar, on "Practices of self-medication and public perception on role of pharmacist in self-medication in a rural Puducherry". The event was organized by Dept. of Community Medicine, PIMS, Puducherry along with the University of Alabama Birmingham, Florida International University, Madras Diabetic Research Foundation, The US NIH Fogarty International Centre and Indian Council of Medical Research

Dr.Varunn.M.D, Dr.RoshanKumar.M, Postgraduates, Department of Pulmonary Medicine participated and presented cases in 'ICS TALENT SEARCH 2015' which was organized by the Department of Pulmonary Medicine, A.J institute of Medical Sciences, Mangalore on 17.1.15.



21.01.15 to 25.01.15, Chennai, the following Post graduates of OBG presented papers, namely Dr. Sangeetha K, on 'Obstetrical and perinatal outcome in newborns with Nuchal cord a descriptive study', Dr.Saranya Devi AC, on 'Periodontitis As A Risk Factor For Preterm Labour And Low Birth Weight - A Case Control Study', Dr. Ramya Krishnamurthy, on "Evaluation of isosorbidemononitrate for preinduction cervical ripening – a randomised placebo controlled trial" and Dr. Sindhuri T R, presented a paper on 'Mifepristone- Misoprostol versus only Misoprostol in the management of intrauterine fetal death - A randomised comparative study'.

Dr. Diego Edwin, Dr. Sukanya S and Dr. Valentina Y, post-graduates, Dept. of Microbiology, attended the CME on "Microbial infection-An update" conducted by the Indian Association of Medical Microbiologists (IAMM), Puducherrychapter on 23.01.2015 at Sri ManakulaVinayagar Medical College, Pondicherry. Dr. Valentina Y, post-graduate, Dept. of Microbiology, presented a oral paper entitled 'Asymptomatic bacteriuria in pregnancy' in the conference of Indian Association of Medical Microbiologists (IAMM), Puducherry chapter at Sri ManakulaVinayagar Medical College, Pondicherry on 23.01.2015.

Dr. Diego Edwin, post-graduate, Dept. of Microbiology, presented a oral paper entitled 'Antibiotic susceptibility pattern of Acinetobacterspp in a tertiary care hospital' in the conference of Indian Association of Medical Microbiologists (IAMM), Puducherry chapter at Sri ManakulaVinayagar Medical College, Pondicherry on 23.01.2015.

Post graduates from the Department of Radiology, Dr. D. Jagadeesan, Dr. Peyush and Dr. Siddarth presented papers titled, 'Evaluation of Normal variants of circle of Willis at Magnetic Resonance Angiography', 'Pancreatic duct variants and anomalies' and 'An unusual extradural extramedullary entity' (Poster) respectively at the National conference 2015 (KOCHI), 68th Annual Conference – IRIA 2015 held between 29.01.2015 to 01.02.2015.

Post Graduate students from the department of Pathology, Dr Jeevaraj G, presented oral paper on "Study of Blood Component Therapy in Neonates",Dr Thangam R, presented oral paper on "Role of FNAC in diagnosing neoplastic salivary gland lesions" while Dr Annu Zachariah, presented oral paper on "study of neoplastic sinonasal lesions presenting as polypoidal mass" at International CME in "Pathology, Histopathology & Cytology" held between 5.02.15 and 07.02.15 at Goa organized by Indian Academy of Cytologists, Goa chapter & supported by European Federation of Cytology Societies) & International Academy of Cytology).

Dr.Barathane, post graduate student, Dept of Pharmacology, Presented a paper on Evaluation of antiulcer activity of aqueous extract of cocciniagrandis in Indomethacin induced gastric ulcer model at 6th State Conference, Indian Pharmacological Society Puducherry on 12.02.2015

Dr. Jervin Mano, post graduate student, Dept of Pharmacology, Presented a paper on Pattern of Antihypertensive Drug Utilization in a Tertiary Care Hospital at 6th State Conference, Indian Pharmacological Society Puducherry on 12.02.2015

Dr.Saranya, post graduate student, Dept of Pharmacology, presented a paper on Anticonvulsant activity of ethanolic extract of Argyria species leaves in Wistar rats at 6th State Conference, Indian Pharmacological Society Puducherry on 12.02.2015.

Dr.Sumina, post graduate student, Dept of Pharmacology, presented a paper on Evaluation of anxiolytic activity of methanol extract of Aeglemarmelos leaves in Wistar rats at 6th State Conference, Indian Pharmacological Society Puducherry on 12.02.2015

Dr. Senthil Kumar, Department of Anaesthesiology conducted workshop on "US guided femoral nerve block in "Coimbatore Anaesthesia Program" CAP-2015 in Coimbatore held on 8.03.15.

Dr. Banipreet Kaur, final year PG resident, Department of Psychiatry presented a poster titled "Music therapy chosen as an adjunct to pharmacotherapy as an alternative to psychotherapy: A case report" at the International Conference on Music Therapy, organized by CMTER, SBV, Pondicherry, on 23.06.2015.

Dr.Gonugunta Vishnu Teja, Post Graduate, Department of Ophthalmology, presented a paper titled "Eye to Eye imaging with ophthalmic wand: Anytime Anywhere" (Dr.K.Srikanth, Dr.Chinmayee P) at Asia Pacific Association of Cataract & Refractive Surgeons (APACRS) held between 05.08.15 and 08.08.15 atMalaysia.

Dr. Gonugunta Vishnu Teja, Post Graduate, Department of Ophthalmology, presented a poster titled "Eye to Eye imaging with ophthalmic wand: Anytime Anywhere" (Dr.K.Srikanth, Dr.Chinmayee P) at European Society of Cataract & Refractive Surgeons (ESCRS) conference held between 05.09.15 and 09.09.15 atBarcelona.

Eleven Post Graduates from the Dept. of Radiology, attended the National Indian Radiological and Imaging Association (IRIA) conference held in Cochin from 27.01.15 to 30.01.15

Dr.Reema Thomas, Post Graduate, Department of Ophthalmology, presented a paper titled "Comparison of Gonioscopy and SD -OCT in Narrow angles" (Dr.K.Srikanth) held from 11.09.15 to 13.09.15 atDakshinNetra, Tirupati.

Dr. MuhammedNabeelLatheef, Post Graduate, Department of ENT presented a poster titled, "A Primary Nasal Meningioma Masquerading as an Antrochoanal Polyp" (Prof. Dr. P. Karthikeyan, Prof. Dr. V. NirmalCoumare, Dr. Davis Thomas), at AOIKCON held on 19.09.15 at NIMHANS convention center, Bangalore.



Dr. Ramiya Ramachandran, Post Graduate, Department of ENT presented a paper titled "Comparison of Microdebridor Assisted Endoscopic Sinus Surgery and Conventional Endoscopic Sinus Surgery for Nasal Polyp"(Prof. Dr. V. NirmalCoumare, Prof. Dr. P. Karthikevan) at AOIKCON 2015 held on 19.09.2015at NIMHANS Convention Center, Bangalore.



Dr. Muhammed Nabeel Latheef, PG, Department of ENT presented a paper titled "A rare case of glomangiopericytoma" (Prof. Dr. P. Karthikeyan, Prof. Dr. V. NirmalCoumare), at AOIKCON held on 19.09.2015at NIMHANS Convection Center, Bangalore

Dr.MemotaLaishram, Post Graduate, Department of Ophthalmology, presented a

paper titled "Analysis of roadblocks on utilization of donor cornea in a peripheral corneal grafting centre" (Dr.K.Srikanth) at 7th National CME held by Eye Bank Association of India from 9.10.15 to 11.10.15 at New Delhi.

Dr. Senthil Kumar, Postgraduates, Department of Anaesthesiology, presented a module on "Anaesthesia machine (markIII, 9100c) in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. Anusha, Postgraduates, Department of Anaesthesiology, presented a module on "Breathing systems" in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. SiyamSundar, Postgraduates, Department of Anaesthesiology, presented a module on "Gas monitoring (etco2, agent)" in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. Vivek, Postgraduates, Department of Anaesthesiology, presented a module on "Invasive pressure monitoring (ABP, CVP)" in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. Hussain, Postgraduates, Department of Anaesthesiology, presented a module on "ECG monitoring" in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. Aravind, Postgraduates, Department of Anaesthesiology, presented a module on "Neuromuscular monitoring" in ISA Puducherry PG Symposium conducted by Department of Anaesthesiology at MGMCRI on 05.07.2015.

Dr. SiyamSundar, Final Year Postgraduates, Department of Anaesthesiology, presented poster presentation on "Anaesthetic Management of a case of Myotonic dystrophy for subapical osteotomy of mandible with reduction genioplasty.a case report in HILLCON.2015, conducted by Indian Society of Anaesthesiologists, Salem City Branch at Yercaud on 18.07.15 and 19.07.15.

Dr.Reema Thomas, Post Graduate, Department of Ophthalomology, presented a poster titled "Analysis of causes for cancellation of cataract surgery among patients from outreach screening camps" (Dr.K.Srikanth) at TNOA held from 24.07.15 to 26.07.15 at Madurai.

Dr.AshwinSegi, Post Graduate, Department of Ophthalmology, presented a paper titled "Study of MGD and Hypercholesterolemia" (Dr.K.N.Jha, Dr.K.Srikanth) at TNOA held between 24.07.15 to 26.07.15 at Madurai.

Dr.R.PrasannaVenkatesh, Post Graduate, Department of Ophthalmology, presented a poster titled "A mass casualty of chemical conjunctivitis - Road dazzlers are not always eye candy", (Dr.K.N.Jha, Dr.A.R.Rajalakshmi,Dr.Sima Biswas) at TNOA held from 24.07.15 to 26.07.15 at Madurai.

Dr.ReemaThomas,Post Graduate, Department of Ophthalomolgy presented a poster titled "Evaluation of profile and outcome of ACIOL implantation" (Dr.A.R.Rajalakshmi, Dr.Sima Biswas,Dr.K.Srikanth) at TNOA held from 24.07.15 to 26.07.15 at Madurai.



Dr. Charanya T, Postgraduate student, Department of Psychiatry, presented a PG poster on 'Quetiapine.induced atypical neuroleptic malignant syndrome responsive to lorazepam: A case report' at TANPSYCON 2015, Kanchipuram, Tamil Nadu, India on 25.07.2015.

Dr. Robbin B, Postgraduate student, Department of Psychiatry, presented a paper on 'Clinical use & implication of MRI among psychiatric inpatients in a tertiary care hospital. A retrospective study' at TANPSYCON 2015, Kanchipuram, Tamil Nadu, India on 25.07.2015.

Dr. Dharani 2nd year post graduate, department of DVL attended the SAARCD conference from 04.08.15 to 06.08.15 August and presented an e.poster.

Dr. Priyanka, Postgraduates, Department of Anaesthesiology, delivered a talk on "Intraoperative hypotension in a young male how to troubleshoot" in ISA Clinical Meet at Pondicherry on 29.08.2015.

Dr. Kavin Kumar, PG, Department of ENT presented a poster titled, "Saline Nasal Douching Versus Decongestant Nasal Drops Douching. A Comparative Study of Relative Efficacy in Post Septal Surgery" (Prof. Dr. P. Karthikeyan, Dr. Davis Thomas P) at TNAOI Conference held on 11.09.15 Hotel Trisea, Kanyakumari.

Dr. SruthiNarayanam, PG, Department of ENT presented a poster titled, "A Rare Case of Glomangiopericytoma", (Prof. Dr. V. NirmalCoumare, Dr. S. Vijayasundaram), at TNAOI Conference held on 11.09.15 at Hotel Trisea, Kanyakumari.

Dr. Kavin Kumar, PG, Department of ENT presented a paper titled, "Saline Nasal Douching Versus Decongestant Nasal Drops Douching. A Comparative Study of Relative Efficacy in Post Septal Surgery" at SAF on 18.09.15 at MGMCRI.

Dr. Aishwariya, Final Year PG, Dept of OBG attended CCONG and presented a poster on "Fate of twin mosaic syndrome in pregnancy" in Chennai in August.

Dr. Puvi, Final Year PG, Dept of OBG attended CCONG and presented a poster on "Thanatotrophic dysplasia" in Chennai in August.

Dr. Saloni, Final Year PG, Dept of OBG attended CCONG and presented a paper on "Female foeticide - an unsolved problem in India" in Chennai in August.

Dr. Dhanapriya, Final Year PG, Dept of OBG attended CCONG and presented a paper on "Successful outcome in partial mole" in Chennai in August.

Dr.Anugraha, Post graduate, Department of Ophthalmology presented on the title "Yoga is not always eye friendly" on 2.10.15 at the Scientific and Academic forum held in MGMCRI, Pondicherry.

Dr. Aarthi.N, Post graduate, Department of Pulmonary Medicine presented a poster on "Clinical and Radiological profile of ILD cases presenting to tertiary care centre in South India" in "NAPCON 2015" conducted in Jaipur from 4.10.15 to 7.10.15.

Dr.MemotaLaishram, Post graduate, Department of Ophthalmology presented a paper titled "Analysis of roadblocks on utilization of donor cornea in a peripheral corneal grafting centre" at 7th National CME held by Eye Bank Association of India from 9.10.15 to 11.10.15 in New Delhi.

Dr.MohammedWashid and Dr.M.Roshan Kumar, Postgraduates, Department of Pulmonary Medicine, attended "MID PULMOCON 2015" in Kasargod on 10.10.15. Dr.M.Roshan Kumar presented poster on "Unusual presentation of Zoonotic disease" and Dr.MohammedWashid presented paper on "Case series of opaque hemithorax". Dr. BalasubramanianAnusha, Final Year PG, Dept of Anesthesiology presented PG symposium on "Geriatric Anesthesia" " in 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort between 31.10.15 and 1.11.15.



Dr. Senthil Kumar, Final Year PG, Dept of Anesthesiology presented his paper on "Comparison of Epidural Boluses Of 0.1% Ropivacaine And 0.1% Levobupivacaine using Fentanyl as an Adjuvant for Labour Analgesia" in 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort on between 31.10.15 and 1.11.15.

Dr. Hussain Ahmed, Final Year PG, Dept of Anesthesiology presented his paper on "Effect of Three different Anesthetic Management Techniques on pain and functional Outcome Following Inguinal Hernia Surgery. A Randomized Controlled Observer Blinded Study" in 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort on between 31.10.15 and 1.11.15.



Dr. Aravindraj, Final Year PG, Dept of Anesthesiology presented his paper on "Efficacy of tramadol or dexamethasone as an adjuvant to levobupivacaine in ultrasound guided supraclavicular plexus block for upper limb surgery a randomized double blinded study" in 6th Annual State

Conference, PONCON-2015 at Pondicherry Grand Serena Resort on between 31.10.15 and 1.11.15.



Dr. Vivek, Final Year PG, Dept of Anesthesiology presented his paper on "Comparison of Truview PCD and Bonfils fiberscope assisted with direct laryngoscopy for successfully intubating anaesthetized patients with simulated restricted neck mobility" in 6th Annual State Conference, PONCON-2015 at Pondicherry Grand Serena Resort on between 31.10.15 and 1.11.15.

Dr. BalasubramanianAnusha, Final Year PG, Dept of Anesthesiology presented her poster on "Comparison of GASMAN simulated low flow anesthesia with real time using Sevoflurane; air; oxygen mixture" in Indian College of Anesthesiologists (ICA) 7th Annual Conference at Chennai between 13.11.15 and 15.11.15.

Dr. Hussain Ahmed, Final Year PG, Dept of Anesthesiology presented his poster on "Effect of Three different Anesthetic Management Techniques on pain and functional Outcome Following Inguinal Hernia Surgery. A Randomized Controlled Observer Blinded Study" in Indian College of Anesthesiologists (ICA) 7th Annual Conference at Chennai on 13.11.15 and 15.11.15.

Dr. Aravindraj, Final Year PG, Dept of Anesthesiology presented his poster on "Efficacy of tramadol or dexamethasone as an adjuvant to levobupivacaine in ultrasound guided supraclavicular plexus block for upper limb surgery a randomized double blinded study" in Indian College of Anesthesiologists (ICA) 7th Annual Conference at Chennai on 13.11.15 and 15.11.15.

DrPuvi, final year PG, Department of Obstetrics &Gynaecology presented a paper on Prevalence of urinary incontinence in women – a hospital based study at OGSSICON 2015, the 32nd Annual conference organized by the Obstetric and Gynaecological Society of Southern India, held at Hotel Green Park, Chennai from 20.11.15 to 22.11.15.

DrAyswarya, final year PG, Department of Obstetrics & Gynaecology presented a paper on Sublingual and vaginal misoprostol for medical termination of pregnancy – a comparative study at OGSSICON 2015, the 32nd Annual conference organized by the Obstetric and Gynaecological Society of Southern India, held at Hotel Green Park, Chennai from 20.11.15 to 22.11.15.

DrDhanapriya, final year PG, Department of Obstetrics &Gynaecology presented a poster on Caesarean scar pregnancy – a diagnostic dilemma at OGSSICON 2015, the 32nd Annual conference organized by the Obstetric and Gynaecological Society of Southern India, held at Hotel Green Park, Chennai from 20.11.15 to 22.11.15.

DrSaloni, final year PG, Department of Obstetrics & Gynaecology presented a poster on Lymphangiocoele- a rare case of infertility at OGSSICON 2015, the 32nd Annual conference organized by the Obstetric and Gynaecological Society of Southern India, held at Hotel Green Park, Chennai from 20.11.15 to 22.11.15.

Final year Post Graduates, Department of Orthopedics gave Podium and Poster presentation of their thesis topic in PGs Symposium conducted by Scientific and Academic Forum, MGMCRI, Puducherry on 18.12.15.Podium presentation by DrPrabhakaran on "Comparative functional analysis between titanium and stainless steel proximal femoral nail in the treatment of Inter trochanteric fractures of femur», Poster presentation by DrRojyBoben on "Functional and Radiological outcome of Locking compression plate osteosynthesis in Humeral shaft fractures" and Poster presentation by DrSibasis on «Functional outcome following Elastic stable Intramedullary nailing for Clavicle Fractures".

Dr.VishnuTeja, Post graduate, Department of Ophthalmology presented on "Conjunctival-limbalautograft with sutureless glue-free technique for pterygium" at the SAF-PG dissertation symposium held on 18.12.15 in MGMCRI, Pondicherry

Dr.Reema Thomas, Post graduate, Department of Ophthalmology presented a poster titled "Comparison of Gonioscopy and Anterior segment OCT in the assessment of Anterior Chamber Angle" at the SAF- PG dissertation symposium held on 18.12.15 in MGMCRI, Pondicherry.

Scholars in The Making 101

Ms. JenithaJohnsi P, Master of Science, Medical Microbiology, presented a poster entitled "Clinical isolates of Klebsiellapneumoniae and its various phenotypic virulence factors" at the XXXIX National Conference of Indian Association of Medical Microbiologists (MICROCON 2015) on 27.11.2015, at JIPMER, Pondicherry. Also she attended MICROCON – 2015, the 39th Annual conference of Indian Association of Medical Microbiologists from 27.11.15 to 29.11.15, at JIPMER, Pondicherry.

Dr.MohammedWashid and Dr. Aarthi.N,Post Graduates, Department of Pulmonary Medicine attended Tamil Nadu and PondicheryPulmonology Conference (TAPPCON) held in December 2015 and Dr Mohammed Washid presented a Poster titled " Uncommon tumour of lung in a post hysterectomy woman" and Dr.Aarthi.N presented a Paper titled "Clinical and Radiological profile of ILD cases presenting to tertiary care centre in South India".

Dr.Chitarth, post graduate, Department of Orthopedics presented poster in IOA on 10.12.2015 on the topic, 'Plate side by plate technique for periimplant fracture of shaft of Humerus- A Novel technique'.

Dr.ArmelArputhaSivarjan, 3rdyear Post Graduate, Department of Radiology presented a paper titled "Ultrasound Evaluation Of Perforated And Non-Perforated Appendicitis "at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.

Dr.Manu Jose Pappanacherry, 3rd year Post Graduate, Department of Radiology presented a paper titled, "Sonoelastography In Characterising Focal Liver Lesions" at IRIA (68th Annual Conference of Indian Radiology &Imaging Association (TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.





Dr.RubyBabu, 3rd year Post Graduate, Department of Radiology, presented a paper titled "Evaluation of Sonoelastographyin Characterizing Focal Breast Lesions with Ultrsosonographyand Histopathology" at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.



Dr.Amit Kumar Routh, 3rd year Post Graduate, Department of Radiology presented a paper titled "FoetalPyelectasisin the Second and Third Trimester and Post-Natal Comparison" at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.

Dr. DimpuGangmei, 3rd year Post Graduate, Department of Radiology presented a paper titled "Sonoelastographyof Thryoid Nodular Diseases with Histopathological Correlation "at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.

Dr.Peyush P.K, 3rd year Post Graduate, Department of Radiology presented a paper titled "MR Venogram Pattern in Chronic Intractable Headache"at IRIA (68th Annual Conference of Indian Radiology &Imaging Association(TN &PY Chapter) 2015 held at Trichy from 11.12.15 to 13.12.15.





Dr.Chinmayee P, Post graduate, Department of Ophthalmology presented a poster titled "Comparison of Optic Nerve Head and Retinal Nerve Fiber Layer by OCT in Patients with P.O.A.G and age matched samples" at the SAF-PG dissertation symposium held on 18.12.15 in MGMCRI, Pondicherry.

Four post graduates from Dept. of General Surgery presented posters, namely, Dr. YashVaidya presented on the topic, 'Jejunogastric intussusceptions – A rare complication of gastrojejunostomy', Dr. Suryaram on, 'Congenital lymphatic malformations – A case series', Dr. Suryaram, on, 'Recurrent lumbar hernia in a child' and Dr. Rohith on, 'Plexiformschwannoma of the tibial nerve –a rare case report' at the ASICON 2015, conference held from 16.12.15 to 20.12.2015 at Guargoan, Haryana. DrBalaVignesh, post graduates from Dept. of General Surgery presented a paper at the same conference, on the topic, 'Role of Platelet Rich Plasma in healing of chronic ulcers'.

Dr. BalasubramanianAnusha, Final Year PG, Dept of Anesthesiology presented her paper on "Comparison of GASMAN simulated low flow anesthesia with real time using sevoflurane; air; oxygen mixture" in 63rd Annual National Conference of Indian Society of Anesthesiologists ISACON-2015 at Jaipur between 25.12.15 to 28.12.15

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PARTICIPATION IN ACADEMIC / SCIENTIFIC EVENTS

Dr.Jervin Mano, Post graduate student, Dept of Pharmacology attended an 'Advanced workshop on Bioavailability and Bioequivalence studies' conducted by Chettinad Medical College &Research Institute and Azidus Laboratories Chennai between 9.1.15 and 10.1.15

Dr.M.Arthi, and Dr. S. Ramkumar, Post Graduate, Community Medicine, participated as External Monitor in IPPI 2015 round 1on 18.1.15 and round 2 on 22.2.15 and covered Perambalur district, Tamilnadu.

Dr. Varghese Louis, Dr. Vineeth Alexander, Dr. MuhamedKam, Dr. Varunn.M.D, and Dr.RoshanKumar.M, Post Graduates, Department of Pulmonary Medicine attended a 'Pleural update 2015' CME, which was conducted by Apollo Hospitals at Chennai on 25.1.15.

Postgraduates of DVL, Dr.Dharani, Dr.Girlly, Dr.Nithya, Dr.Shobana and Dr.Jenny, attended a CME titled 'Update on HIV & AIDS' conducted in Sri Venkateshwara Medical College Hospital & Research Centre, Ariyur, Puducherry on 30.01.15.

Dr.Varunn.M.D and Dr.Roshan Kumar. M, final year postgraduates, Department of Pulmonary Medicine participated in 'RESPIQUIZ 2015' on 31.1.15 at SMVMCH, Pondicherry which was organized under the auspices of Academy of Respiratory Medicine, Mumbai.

Postgraduates of DVL, Dr.Dharani, Dr.Girlly, Dr.Ben George, and Dr.Sathya attended a Dermatopathology CME in Sri Manakula Vinayakar Medical College & Hospital on 2.2.15.

Dr.Davis Thomas and Dr. Niranjan, postgraduates, Department of ENT attended "QUAESTIO ENT" held between25.01.15 and 26.01.15 at PSG Institute of Medical Sciences and Research, Coimbatore.

Dr. Sruthi, Dr. Dalena, Dr. Vamsee, Dr. Radhika, Dr. Madhu, Dr. Anusha, Dr. Amruth, and Dr. Vivek, Department of Anaesthesiology, attended Ramachandra Anesthesia Continuing Medical Education (RACE-2015) in Chennai held between 6.2.15 and 8.2.15.

Dr. Varghese Louis, Dr. Vineeth Alexander, Dr.MuhamedKamaludeen, Dr. Varunn.M.D, Dr.Roshan Kumar, Dr.MohammedWashid, and Dr.Aarthi, Post Graduates, Department of Pulmonary Medicine attended a CME conducted by Pondicherry Chest society on 8.02.15

Dr. Varghese Louis, Dr. Vineeth Alexander, and Dr.MuhamedKamaludeen Post Graduates, Department of Pulmonary Medicine attended 'Ramachandra Respiratory Rapid Review' (RRRR), which was organized by the Department of Pulmonary Medicine, Sri Ramachandra Medical College, Chennai on 14.2.15 and 15.2.15.

Dr. Haarika V.B., Dr. Ajay Prakaash T.R., Dr. Sumathi Sri, Dr. Sridhar Sangaigh, and Dr. AijasMoidu Post Graduates, Dept., of Paediatrics attended EAST Coast Pedicon 2015, Conference attended on 1.03.15.

Postgraduates of DVL, Dr.Girlly, Dr.Ben George, Dr.BehananSanthosh and Dr.Sandra Eliza Mathew, attended a CME on paediatric Dermatology in JIPMER, Puducherry on 1.3.15.

Dr.Barathane D., Dr. Jervin Mano, Dr.Saranya R, and Dr. Sumina S, Post graduate students , Dept of Pharmacology

attended an in house seminar on LCMS conducted by Waters and Dept of Pharmacology, MGMCRI on 5.3.15.

Dr.Varunn.M.D, Dr.RoshanKumar.M, postgraduates, Department of Pulmonary Medicine attended a 'RNTCP State level conference' which was organized by department of Community Medicine, Indira Gandhi Medical College & Research Institute, Pondicherry on 25.03.15.

Dr. Vivek, Dr. Hussain, Dr. Aravindraj, and Dr. SiyamSundar, Department of Anaesthesiology, attended CME & workshop on Thoracic Anesthesia OLV conducted in CMC Vellore held on 28.03.15.

Dr. SanthoshBehanan, Dr. Ben George & Dr. Bhanupriya. T, Post graduates, Department of DVL attended IAL Midterm conference on Leprosy in Hyderabad on 11.04.15 and 12.04.15 Dr. Santhosh presented a free paper in the same event.

Dr. Senthil Kumar, Dr. SiyamSundar, Dr. Prajith, Dr. Priyanka, Dr. Vivek, and Dr. Aravind Postgraduates, Department of Anaesthesiology attended ISA Puducherry-Clinical Meet, at Hotel Shenbaga Convention Centre, Pondicherry on 17.04.15.

Dr. Vivek, Dr. Fernaz, Dr. Senthil, Dr. Ramsesh, Dr. Hussain, Dr. Prajith, Dr. Anusha, Dr. Priyanka, Dr. SiyamSundar, Dr. Chandan, Dr. Balaji, Dr. Aravind, Dr. Arjun, Postgraduates, Department of Anaesthesiology, conducted Circumcision Camp at Prangipettai from 27.04.15 to 30.04.15 and 02.05.15 to 05.05.15

Dr.Varunn.M.D, Dr.MohamedWashid, Dr.Vimi Varghese and Dr.Arun N.A, postgraduates Department of Pulmonary Medicine attended a CME on 'Pneumocococcal vaccine' which was organized by the Department of Pulmonary Medicine, Sri ManakulaVinayagar Medical College & Research Institute, Pondicherry on 13.06.2015.

2nd year post graduates Dr. Ben George, Dr. Bhanupriya& Dr. Dharani , Department of DVL attended "CME on Leprosy" conducted by Indian association of Leprosy on 19.06.2015 at Rajah Muthaih Medical college, Chidambaram.

Dr. Bhanupriya, post graduate, Department of DVL, attended "Dermoscopy conclave" Conference held on 21.06.2015 in Delhi

Dr. Ramiya Ramachandran , Dr. MuhameedNabeel , Dr. Kavin Kumar , Dr. SruthiNarayanam , Dr. VinodAmaran, Dr. Binoy, Dr. Vishnu Narayan – Post Graduates, , Dept. of ENT attended lecture on "Endoscopic Adenoidectomy" by Dr. Vasudevan at AOI on 26.06.15 held at Hotel Adithi , Pondicherry

Dr.Sumathi, post graduate, Department of Pediatrics presented oral scientific paper on "Worms in Biliary Tract" at the SIMSCON-15 held at SMVMC & H from 26.06.15 to 28.06.15

Dr. Ramiya Ramachandran , Dr. MuhameedNabeel, Dr. Kavin Kumar , Dr. SruthiNarayanam,, Dr. VinodAmaran, Dr. Binoy , Dr. Vishnu Narayan – Post Graduates, , Dept. of ENT attended lecture on "Management Of Cough And Nasal Allergic Rhinitis" By Dr. JagadeeshChandrasekar on 28.06.15 held at Hotel Accord , Pondicherry

Dr. Reema Thomas, Dr. Vishnu Teja, Dr. MemotaLaishram & Dr.Sruthi Rajendran, Post graduates, Department of Ophthalmology attended POA meet on Phaco Basics, Capsule Rupture & infection control at AEH.

Dr.Reema Thomas, Dr.VishnuTeja, Dr.MemotaLaishram&Dr. SruthiRajendran, Post Graduate, Department of Ophthalmology, attended Pondicherry Ophthalmic Association meet on "Phaco Basics, Capsule Rupture & infection control" on 27.06.15 at Aravind Eye Hospital, Pondicherry.

Dr. Senthil, Dr. Anusha, Dr. Hussain, Dr. Aravindraj, Dr. Vivek, and Dr. Siyam Final Year Postgraduates, Department of Anaesthesiology attended a workshop on "Dissertation Write. up" conducted by Medical Education Unit at MGMCRI from 06.07.15 to 10.07.15.

Dr.Barathane D, Dr. Jervin Mano, Dr.Saranya R, and Dr. Sumina S, Post graduates, department of Pharmacology, attended 'CME on Herbal Pharmacology' at Sri Venketeshwara Medical College, Puducherry on 7.07.15.

Dr. Senthil and Dr. Tina, postgraduates, Department of Anaesthesiology attended HILLCON.2015 conference, conducted by Indian Society of Anaesthesiologists, Salem City Branch at Yercaud on 18.07.15 and 19.07.15.

Dr.VishnuTeja, Dr. Chinmayee P, Dr.MemotaLaishram, Post Graduate, Department of Ophthalmology, attended the Tamil Nadu Ophthalmologists Association conference (TNOA) held from 24.07.15 to 26.07.15 at Madurai.

Dr.Varunn.M.D, and Dr.N.AArun, Postgraduates, Department of Pulmonary Medicine participated in 'ASTHMA CAMP' in commemoration with world Asthma Day - 2015 which was organized by the Department of Health Services, Mahatma Gandhi Medical College and Research Institute, Pondicherry on 12.7.15.

Dr. Kavin Kumar and Dr. BinoyKunjachan, Post Graduates, Department of ENT attended SZERC CON 2015 "Hands on Temporal Dissection and Live Surgical Workshop" held from 24.07.15 to 26.07.15 at South Zone ENT Research Centre, Villupuram.

Dr. SiyamSundar, Dr. Aravindraj, Dr. Senthil Kumar, Dr. Priyanka, Dr. Surya, Dr. Tina Mary Thomas, Dr. Naveen Kumar, Dr. Ashit, and Dr. Anil attended ISA Clinical Meet at Pondicherry on 01.08.2015.

Dr. Mammen Philip Varghese, Dr. Surya, Dr. Tina Mary Thomas, Dr. Indu, Dr. Naveen Kumar, Dr, Daniel Rajadurai, 1st Year Postgraduates, Department of Anaesthesiology, participated a workshop on "Protocol Writing Workshop" conducted by Medical Education Unit at MGMCRI from 06.08.2015 to 07.08.2015.

Dr. Varunn. M. D, Dr. Roshan Kumar. M, Dr. Mohammed Washidpostgraduates, Department of Pulmonary Medicine, participated in 'South Zone NAPCON QUIZ' which was organized by department of Pulmonary medicine, PSG Institute of Medical Science and Research, Coimbatore on 13.8.15.

Dr. Prasanna Venkatesh, Dr. Anugraha and Dr. Memota Laishram, Post Graduate, Department of Ophthalmology, attended, Strabismus CME on 21.08.15 held at Sri Manakula Vinayagar Medical College in Pondicherry

Dr. Senthil Kumar, Dr. Hussain, Dr. SiyamSundar, Dr. Hajer, Dr. Ramsesh, Dr. Tina Mary Thomas, Dr. Indu, Dr. Naveen Kumar, Dr, Daniel Rajadurai, Dr. Anil, and Dr. Ashit, Postgraduates, Department of Anesthesiology, attended ISA Clinical Meet at Pondicherry on 29.08.2015.

Dr. Varunn.M.D, Dr. Roshan Kumar. M and Dr. N.Aarthi, Post Graduates, Department of Pulmonary Medicine attended Progress in Pulmonary Medicine- CME for PG students of South zone, which was organized by Department of Pulmonary Medicine, Madras Medical College, Chennai, on 11.09.15 and 12.09.15.



Dr. Kavin Kumar and Dr. SruthiNarayanam,Post Graduates, Department of ENT, attended TNAOI Conference held from 11.09.15 to 13.09.15 at Hotel Trisea, Kanyakumari.

Dr. Ramiya Ramachandran and Dr. MuhammedNabeel, Post Graduates, Department of ENT attended AOIKCON held from 18.09.15 to 20.09.15 at NIMHANS Convention Center, Bangalore.

Dr. Kavin Kumar, Dr. VinodAmaran, Post Graduates, Department of ENT attended "ENT Today" (Otology Update) Live Surgical Workshop" on 19.09.15 held at JIPMER, Pondicherry.

Post graduates from the department of DVL, Dr. Lasya, Dr.Rajesh, Dr.Sriteja and Dr. Dharani attended a workshop in Dermatopathology on 18.09.15 and IADVL Aesthetics Workshop on 19.09.15 at Velammal Medical College, Madurai.

Dr.Dhivya, 1st year postgraduate, department of DVL attended "Ninth Cosmetology, Laser and Dermatosurgery Workshop 2015" held at Stanley Medical college, Chennai on 20.09.15.

Dr. Charanya T, Postgraduate student, Department of Psychiatry attended a Symposium on non.invasive brain stimulation in Psychiatry at NIMHANS, Bangalore on 20.09.2015.

Dr.AshwinSegi and Dr.PrasannaVenkatesh, Post Graduate, Department of Ophthalmology, attended the CME on "Phaco& panel discussion on STRABISMUS" on 27.09.15 held by Villupuram District Ophthalmic Society in Villupuram.

The first and second year post graduates student from Dept of DVL attended a workshop on Lasers on 25.10.15 at Indira Gandhi Medical College.

Dr.Barathane D., Dr. Jervin Mano, Dr. Sumina S., Post graduates, department of Pharmacology, attended an International workshop on 'Pharmacovigilance' conducted by CITI, AIIMS, New Delhi and University of Miami at Sri Ramachandra University, Chennai on 27.10.15.

Dr. Robbin B, postgraduate resident, Department of Psychiatry, attended a workshop on "Practical Cognitive Therapy for Psychiatrists" organized by MelmaruvathurAdiParasakthi Institute of Medical Sciences, Melmaruvathur, Tamil Nadu on 29.10.15. Prof. Chittaranjan Andrade, NIMHANS, Bangalore, was the key resource person at this workshop.

The following Post Graduates from the Department of Orthopedics attended the teaching programme MORE 2015 30.10.15 and 31.10.15 namely Dr.SibasisSahu, Dr.A.Prabhakaran,Dr.RojyBoben, Dr.Chitarth.R, Dr.N.J.Reguvaran, Dr.ShamimAhamed, Dr.Pritem, Dr.Selvakumar, Dr.Naveen Kumar, Dr. Yogesh Kumar.

Dr.Barathane D., Dr. Jervin Mano, Dr.Saranya R., Dr. Sumina S., Post graduates, department of Pharmacology, attended a National symposium on "Molecular techniques in diagnosis and research" at MGMC & RI on 31.10.15.

Dr. Madhukar J, postgraduate resident, Department of Psychiatry, participated in a mental health camp at the children's observation home, Cuddalore, Tamil Nadu on 13.11.15.

Dr. Ayswarya, DrPuvi ,DrSarala, Dr.Gisi,Dr.Kabani and Dr.Nithya, PGs, Department of Obstetrics &Gynaecology attended a CME on 15.11.15 "ART– basics to advances" in JIPMER.

Dr. Davis Thomas, Senior Resident, Dr. RamiyaRamachandran, Dr. Kavin Kumar and Dr. SruthiNarayanam, Post Graduates, Department of ENT attended 56th Temporal Bone Workshop between 14.11.15 and 15.11.15 at Madras ENT Research Foundation, Chennai.

Dr. Varunn.M.D ,Dr.M.Roshan Kumar and Dr.Aarthi.N, Post graduates, Department of Pulmonary Medicine attended "CME-Updates on COPD" organised by the Department of Pulmonary Medicine, JIPMER on 16.11.15.

Dr. PrasannaVenkatesh, Dr. Anugraha and Dr. AdityaMahadevan, Post graduates, Department of Ophthalmology attended the CME on "Duas layer redefined" held on 17.11.15 at Aravind Eye Hospital, Pondicherry. Dr.VishnuTeja, Dr.Chinmayee P, Dr.PrasannaVenkatesh, Dr.Anugraha and Dr.AdityaMahadevan, Post graduates, Department of Ophthalmology attended a CME on "Dry Eye" held on December 19.11.15 by Aravind Eye Hospital, Pondicherry.

Dr. V. Haarika, Dr. DebasisSahu, Dr. N. Prabhakar, Dr. C. YazhiniNeelambari, Dr. Rajesh R.N., Postgraduates, Department of Pediatrics attended Child Psychiatry – Understanding the Juvenile Jigsaw on 27.11.15.

Dr. Karthik B, postgraduate resident and Dr. Madhukar J, postgraduate resident, Department of Psychiatry, participated in a CME on Child Psychiatry - "Understanding the Juvenile Jigsaw", at Sri ManakulaVinayagar Medical College and Hospital, Madagadipet, Puducherry on 27.11.15.

Dr. V. Haarika, Postgraduate, Department of Pediatrics attended the IPHA-IAPSM (State Branch Pondicherry)-Abstract writing Workshop in JIPMER on 5.12.15.

Dr. AntoSahayaPriyanka, Dr. Balaji, Dr. Daniel, Dr. Ashit, Dr. Naveen, Dr. Anil, Postgraduates, Dept of Anesthesiology attended IGAP-2015 4th Annual CME and Workshop of Department of Anaesthesiology and Critical Care conducted by ISA Puducherry State Branch at Indira Gandhi Medical College and Research Institute, Puducherry on 13.12.15.

Dr. V. Haarika, Dr. N. Prabhakar, Dr. C. Yazhini Neelambari, Postgraduates, Department of Pediatrics attended Fostering Research at MGMCRI on 18.12.15.

Dr. Charanya T, postgraduate resident, Department of Psychiatry, attended IPS PG CME atNIMHANS, Bangalore held between 19.12.15 and 20.12.15.

Dr. Robbin B, postgraduate resident, Department of Psychiatry, participated in an update on Child and Forensic Psychiatry, organized by SreeBalaji Medical College & Hospital, Chennai, in association with Indian Psychiatric Society (Tamil Nadu branch), at Chennai, Tamil Nadu on 20.12.15

Dr. YashVaidya, Dr. Balavignesh, Dr. Surya Ram, Dr. Goutham, Dr. Rohith, Post graduates, Department of General Surgery attended the ASICON 2015, conference held from 16.12.15.to 20.12.2015 at Guargoan, Haryana.

Dr.M.Roshan Kumar and Dr. Varunn.M.D, Post graduates, Department of Pulmonary Medicine, attended

the "PG Dissertation Symposium" held at MGMC& RI in December 2015.

Dr. Jervin Mano, Dr. Sumina S., Post graduates, department of Pharmacology, attended a National Conference on "Clinical Research and Personalized Therapy", at JIPMER, Puducherry on 30.12.15 & 31.12.15

UG News

Dr. Partha Nandi, Staff Advisor for the student, MGMCRI, facilitated and monitored participation of undergraduate student's inter-college competition for sports in Sri ManakulaVinayagar Medical College. MGMCRI won Badminton Championship and Table Tennis Championship. Mr. Sudhan from 2010 MBBS batch and Mr. VarunChakrabarty from 2012 MBBS batch won the best players' awards in Badminton and Table Tennis respectively.

Ms.SreePriyanka, Mr.Pratyush, Mr.Lochan and Mr.Balasubramanyam of I MBBS 2014-15 batch participated in the Anatomy quiz competition organized by the Karpakam Faculty of Medical Sciences & Research, Coimbatore on 13.03.15.At the end of preliminary elimination round, out of 88 students from 22 Medical colleges, only 6 medical colleges representing 2 students each were selected. Out of 6 selected, ours is the only private Medical institution and the remaining 5 were Government institutions. Ms.SreePriyanka and Mr.Pratyush successfully contested in the puzzles, riddles and tricky trap quiz programs and were judged for the fourth position and were awarded memento and all the four students were given certificate of participation. Dean, Prof.S.Krishnan and Vice-Chancellor Prof.K.R.Sethuraman appreciated student's endeavor and congratulated all the four students for bringing laurel to our institute MGMCRI.

Department of Physiology conducted a Student's seminar on Respiratory Physiology which was held in the month of March, 2015. Teaching.learning

Health Appraisal by Rapid Techniques (HeART)

Health Appraisal by Rapid Techniques (HeART), a programme on qualitative and quantitative research teaching and learning methods was conducted for 2015 MBBS batch of 250 students.

It was a thirteen day programme during which the students were initially trained for basic research methodology for 2 days and also different tools of rapid appraisal such as transect walk, social and resource mapping, seasonal and 24 hour calendars, key informant interview, problem priority indexing, institutional mapping and causal flow were briefed. After sensitizing the students, they presented with different ideas on tools of rapid appraisal.

On third and fourth day, the students were divided into groups as per their house colors and they were taken to the community. Bahour village was divided into 4 zones (North East, North West, South East and South West) as per our convenience. A group of 16 students were given a task based on their individual tools for carrying out an activity in all four zones of the village. Similarly other groups were made as per the appraisal tool. Total 15 groups were formed for the survey. With the help of local selfhelp group, students conducted a survey in each of their respective zones accompanied by faculties, Interns and Social workers from department of Community Medicine.

On fifth day, the students gathered in the institute for doing analysis and recording their observations of the surveyed village. Mock presentations about their observations were



made in the department. The students were briefed about the different quantitative methods of collecting data in their family, city and nearby households.



On sixth to tenth day, students collected information's and entered their data using online forms. Other online tasks given were use of smart phones by them.

On eleventh and twelfth day, the students compiled, analyzed and presented the quantitative data findings in the department.

On final day, oral and poster presentations were made by the students. Posters were displayed outside the 3rd floor lecture hall and each poster was explained by the students. The session was headed by Vice Chancellor and Dean of MGMCRI and coordinated by HOD and other teaching faculties from the Department of Community Medicine. At last feedback was obtained from all the faculty members attended by other department members of MGMCRI.

Departments of Quality Management Services and Community Medicine

CReAMS (Clinical Research and Audit by Medical Students)

The appreciation and application of research and audit principles is widely recognized as a core component of all medical school curricula. Involvement in clinical research and audit is becoming increasingly important for health professionals, both to ensure a high quality of healthcare and to demonstrate interest in clinical research methodology. This project aims to demystify the auditing and clinical research process for medical students. Medical student participation in audit and research offers a practical opportunity to explore the application of evidenced-based medicine. It provides a unique and intellectually challenging environment for self development, which may enrich students' clinical capabilities as medical graduates. Early exposure to research may prompt interest in academic pursuits.

The aims and objectives of CReAMS was to promote the principles of evidence-based audit and research amongst our medical students. In this project, students entering clinical postings were divided into groups of four (49 groups in total) and were posted across various Wards, Outpatient departments and Service areas of the hospital for a cross sectional survey data collection from the patients. Each group collected data pertaining to the disease profile apart from, basic demographic, service oriented and satisfaction data from patients for 6 days. They received an orientation regarding the process prior to the onset of survey. The data collected by the students was collated and presented in an open forum including the Dean, Medical Superintendent, Additional Director, NABH Quality Officer and other faculty members.



The findings were also compiled into a booklet and were presented to the Institute Governance Body. The educational objectives : Participation in this medical student-led collaborative research and audit network is a novel medium for engaging students in academic projects. We sincerely believe that through participating in facilitated, supervised, focused study, students can gain significant improvements in confidence within a number of core academic domains including, improvements in professionalism and team working skills and to overcome previously reported barriers to student engagement in extracurricular academic projects. The CReAMS would enable the students to Observe, interact with patient populace of the hospital, to explore



the social, economic links of healthcare delivery systems, to practice communications and interview skills, Work as a team, in organizing, coordinating and facilitating each other's efforts, use data collection tools to elicit necessary information, perform simple statistical analysis and present the findings to the Clinical Governance body of the Institute and also use Information technology to enhance learning and for research. This project was done as a collaborative effort between the departments of Quality management services and Community Medicine. The program is conceived and coordinated by the Vice Principal, Curriculam.

CO.CURRICULAM

FMT FORUM (Intercollegiate Forensic Medicine Quiz Competition) 2015

The Department of Forensic Medicine & Toxicology, MGMCRI conducted an "Intercollegiate Forensic Medicine Quiz Competition, 'FMT FORUM, 2015' on 24.08.2015 at Pondicherry. Dr.KR Sethuraman, Vice Chancellor of SBV University was chief guest & inaugurated the program. Dr. N Ananthakrishnan, Dean (PG & Research) and Dr.MRavishankar Dean (Admin) were Guests of Honour. Students from all Medical Colleges in Pondicherry



participated in competition. Total 15 teams participated in semifinal rounds. Four teams entered the final round. Students from MGMCRI (Shrivalli&ShefaliNavamani of Vth Semester) secured 2nd Place. 1st Place was secured by JIPMER & 3rd Place by IGMCRI. Dr.Arun M from JSS University was invited as Guest Resource faculty for the program.

EXTRA CURRICULAM MGMCRI Sports News



Mr.VarunChakkravarthy of Batch 2012 was honored with the Best Player award for Table Tennis.

Mr.Sudhan of Batch 2010 was honored with the Best Player award for Badminton

SMVMC - 7thPuducherry State Level Inter_Medical Collegiate Sports Meet

At the 7th State Level Inter Medical Collegiate Sports Meet organized by Sri ManakulaVinayagar Medical College, Puducherry, MGMCRI was crowned as the Winners of Table Tennis & Badminton. Stanley Medical College . Stanlea '15

Stanley Medical College conducted an Inter College Sports competition from June 11.05.2015 to 15.05.2015 at the Nehru Stadium, Chennai and MGMCRI was crowned runner in Football. Warmup Session before the football match at Nehru Stadium, Chennai




PIMS. AURA'15

From 04.08.2015 to 08.08.2015, PIMS, Pondicherry organized InterCollege competition 'AURA'15. MGMCRI Students participated in the tournament and emerged as Winners in Table Tennis, FUTSAL and Power Lifting. In athletic events, the students bagged 2nd Place in 100mts (men) and 3rd place in Shot Put, Long Jump and mixed Relay (4x100mts).

INAUGURATION OF NSS SELF FINANCING UNIT, MGMCRI

A Self Financing Unit (SFU) of NSS was inaugurated in Mahatma Gandhi Medical College and Research Institute on 19th of September 2015 at 11am in the presence of State NSS Officer as a Chief Guest, Mr. Kulandaswamy, and State NSS Program Coordinator for the colleges, Dr. E. Devabalane, as a guest of honour. The meeting was addressed by Dean of MGMCRI, Prof. M. Ravishnakar, who stressed upon the importance of NSS unit in college for personality development of the volunteered students and Vice-Chancellor, Prof. K.R. Sethuraman, who told about the need of development of motivation among students for social services. The state NSS program Coordinator, Dr. E. Devabalane, highlighted about the initiation and





activities of NSS nationwide and worldwide and the Chief Guest who delivered the Inaugural address told about the importance youth's participation in social activities and role of younger generation to bring the changes in the society at large. The whole programme was coordinated and organized by Prof. Partha Nandi (Vice-Principal for Students Affairs) of MGMCRI who is also the institute NSS officer for the SFU of MGMCRI. There were around 160 MBBS students volunteers who have enrolled and participated in the programme.

The Inaugural function followed by the NSS activities on Swath Bharat Abhyan where cleaning of the campus was carried out by the dignitaries of the program and the NSS volunteer of MGMCRI.

INAUGURATION OF STUDENTS CLUB



The inauguration of eight students club was held on 12.08.2015 and was declared open by the Vice Chancellor, SBV & the dean of MGMCRI with Dr.Partha Nandhi, VP, Students Affairs coordinating the entire session.on occasion of the International Youth day celerbration

Workshop on Basic Photography - 6.10.15

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On behalf of Photography club- MGMCRI, we have organised a workshop on Basic of photography in collaboration with NIKON India. The programme was organised at first floor lecture hall in college block between 4.00 PM to 6.30 PM on 06-10-2015. There were around 54 students and faculty participated in this workshop. A



team of four from the technical team of NIKON INDIA, Mr. Arvind, Mr. Sathya, Mr. Yuvraj and Mr. Sreenivasan from Chennai came to our institute and took a session on basics of photography. Many faculty and students felt that the workshop was useful on obtaining the feedback.

ECO Club

The Eco club of Mahatma Gandhi Medical college& Research Institute held it's first poster competition to commemorate the National wildlife week on the 08.10.15 between 4 and 6 PM in the college block. The event witnessed enthusiastic participation from the student community and a total of 22 teams registered for the event. The range of ideas depicted varied from the abstract to the concrete. Vividity of the colours used and their relevance were reminiscent of the precious wildlife that needs us to step up and ensure their protection. Most of the participants were from the 2015-2016 batch, providing an impetus to their inclusion in the club membership programme.

The event was adjudicated by Emeritus Professor of Surgery Dr.Robinson Smile, Professor of Preventive & Social



Medicine Dr. Narayanan.K.A&Vice Principal – Student Affair's Dr.Partha Nandi. These posters were scored based on their content, creativity and presentation individually by each of the three adjudicators.

The best poster was designed by Ms.Catherine&Ms. Abhinaya (2015-16) whereas the poster by Ms.Preethika (2012-13) was adjudged as second best while that by Ms.Janani&Ms.Shiju (2012-13) was third best. Other poster's were equally appreciated and were noteworthy for the effort and empathy shown towards wildlife.

Intra-college Pharmacology quiz competition – 2015

The department of Pharmacology has been routinely organizing quiz competition every year since 2011 for undergraduates both intra and inter college. All the competition conducted so far has been a success because of

the enthusiastic participation of the students. This time we conducted an intracollege quiz competition on 15.10.15. Organizing chairperson was, Dr Manimekalai K. HOD and Organizing Secretary was DrMirunalini R, Assistant Professor of Pharmacology. The students of MBBS II year to final year and interns were eligible to participate. Preliminary round to select the finalist was conducted on October 13th in the department of Pharmacology. Questions for the prelims were contributed by all the faculties in our department. There were 13 teams (2 participants per team) for the prelims from which 5 teams were selected for finals.

The quiz master for this year was DrKingshukLahon, Professor of Pharmacology, DrPadmavathi S, Associate Professor of Pharmacology and DrSudarcodi R, Assistant Professor of Pharmacology. There were 7 different rounds for the finalists. The audiences were also involved by keeping separate audience round for which they responded well.

At the end, the team consisting of J Karthik from IX sem



and N Sakthivel from V sem won the first place and received a cash prize of Rs 3000. The 2nd byNandhiniMunirathinam from VII sem and Dhivya V from VII sem received cash prize of Rs 2000/- & 3rd by Mohammed Muzamil.S and M Raghavendra Surya Prakash received cash prize of Rs.1000/-. Consolation prizes were given to AllwynRayalu and C Adithyan (interns) for fourth place and V Balachandran DV Rangarajan from VII sem for fifth place.

The chief guests were Dr KR Sethuraman Vice Chancellor of SBV and Dr M Ravishankar, Dean, MGMCRI. The prizes and certificates were given by our chief guests to the winners.

Special prize was given to three students Mohammed Muzamil.S, C Adithyan and M Raghavendra Surya Prakash by our HOD, Dr Manimekalai K who have been consistently been participating in quiz competition conducted by department of Pharmacology. The event went on well with the contributions from all the faculty of department of Pharmacology. Students and participants gave positive feedback at the end of the event.

UG Students Scientific Participation

MGMCRI UG students Srivalli&ShefaliNavamani of MBBS Vth semester participated in National Level Forensic Medicine Quiz Competition at KMC, Manipal on 01.10.15. They stood 5th place in the competition where 45 teams participated.

20 UG students from MGMCRI (3rd semester) participated as delegates in CME – ForensicUpdate 2015 held in JSS Medical College & Hospital, Mysore on 3.10.15. Dr.Pramod Kumar GN, Associate Professor accompanied with students to attend CME. Invited guest lectures on 'Drunkenness & Potency certification' 'Medical Negligence', Medicolegal Autopsy demonstration' were delivered by eminent speakers. This was followed by 'Court room simulation' a mock show on the proceedings of court room, enacted by the undergraduate students. Our Students were also taken to scene of crime/ Incident near Chamundi hills in Mysore.

STUDENT ANNUAL ALUMNI MEET

Student alumni of MGMCRI from 2001 to 2009 batch met at Hotel Sunway, Puducherry on 18.04.2015. The Chairman of SBV, Shri. MK Rajagopalan, Dean, Prof. Ravishankar & Prof. Robinson Smiles, MGMCRI graced the occasion.





OTHER HIGHLIGHTS

EXCLUSIVE THEATRE COMPLEX FOR TRAUMA CARE - MGMCRI LAUNCHES TRAUMA TOLL LINE 18004251008

An exclusive trauma operation theatre complex has been launched at the Mahatma Gandhi Medical College and Research Institute on 20.03.2015. The 20-bedded unit situated adjacent to the Casualty will now provide better coordinated care round-the-clock for victims of traffic



treatment outcomes. Though the general surgery and orthopaedic units will lead the management of the exclusive trauma surgery unit, the different forms of patient injuries will involve liaisons with many other specialties such as Emergency Medicine, Neurosurgery, Cardio-thoracic Surgery, Anaesthesiology and Maxillo facial Surgery. The MGMCRI has also launched a trauma toll line (18004251008).

INTERNATIONAL WOMEN'S DAY -7.3.15

All around the world, International Women's Day represents an opportunity to celebrate the achievements of women while calling for greater equality. Make it happen is the theme for 2015. It signifies encouraging effective action for advancing and recognizing all women.

Women's cell of Sri Balaji Vidyapeeth Commemorated the International Women's day on 7th March 2015. An Awareness Rally was organized from Anna Stadium, Cuddalore to Pudupalayam, Cuddalore. Program started with an invocation by Mrs. R. Bhuvaneswari, Tutor and Mrs. Kala Varathan, Student, Dept of Music Therapy. Mrs. Rajeswari, Asso.Prof. of Kasturba Gandhi Nursing College welcomed the gathering. Ms. Lakshya introduced all the guest invitees. Dr.D.Sharmila, District Revenue Officer, Cuddalore was the chief guest. She spoke on women's health and violence against women. Prof. Jayanthi Ravichandran, Head of English department, St.Joseph's College of Arts and Science, Cuddalore addressed the gathering regarding Women's empowerment and female infanticide. Ms.Bhuvaneshwari, Social Welfare Officer felicitated the gathering. She placed a request that MGMCRI should take steps to create an awareness among public regarding female infanticide. Her speech was followed by Mr.Ramamurthy, Deputy Superintendent of Police, Cuddalore. He spoke about more suicidal rate among females.

Dr.Ravichandran.S, Deputy Director, MGMCRI



addressed the gathering. He insisted that all females above 35 years should undergo screening for breast cancer and cervical cancer. He requested all government officials should give permission for Medical, Dental and Nursing College for conducting camps. He assured that MGMCRI will not involve in any criminal offences (female infanticide/revealing sex of fetus).

All guest invitees were honored with memento by Mrs. Asha SureshBabu, PS to Chairman, Convener of Women's Cell. Finally the vote of thanks was given by Mrs. Bindhu, Asso.Prof, IGIDS. All faculty members, Principal from IGIDS, Principal from KGNC, Deputy Registrars, Nursing Superintendent and Management staff from SBV participated.

Followed by this an awareness rally was inaugurated by all guest invitees. It started from Anna stadium proceeded through the main streets of Cuddalore and finally ended

up at, Pudupalayam in Cuddalore. All the constituent college students participated and held Placards based on the various aspects pertaining to women's welfare. Mrs. Sudharshana, PRO and the Department of Health Care Services coordinated this Programme.

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FACULTY NIGHT

Every person needs to take one day away from routine. A day in which one consciously separates the past from the future, jobs and family. That day came on 7th Feb 2015 from 6.30 pm onwards at Le Pondy resort at Puducherry as "FACULTY NIGHT" where the stage was set for every faculty members to explore their cultural and inbuilt talents. Faculty enthusiastically participated in karaoke singing, dancing,



instruments play, etc and also enjoyed the lovely dinner. The Chairman of SBV, Shri MK Rajagopalan honoured three Emeritus Professors, namely Prof.Robinson Smiles, Dept. of Surgery, Prof.Sudha Rao, Dept. of Anatomy and Prof.Selvasundari, Department of Ophthalmology with the 'Life Time Achievement Award' for the selfless service to the society and for fostering an excellent academic wisdom to the medical students and medical fraternity. The faculty members thanked the Chairman and all the management staffs who worked hard with the Organizing team for making the night a sensational one.

HUMAN RIGHTS COUNCIL

On February 21st, Human Rights Council celebrated their Annual Day Celebration at Gandhi Thidal, Beach Road, Pondicherry. Human Rights Council President Mr.D.S.Sakthivel, Local Administration Minister Mr.Pannerselvam, Speaker Mr.Sabapathy, Ex.MP. Mr.Ramadoss honoured our Deputy Director Dr.Ravicandran by giving **"Manithaneya Maruthuva Semmal Virudhu"** for improving the Transgender's



Quality of Life by recruiting them in SBV University, and adoption of Rural villages, providing free services. Also Ms.K.Sheethal "I "Block Executive got honoured from the Judge Mr.Sethumuruga Boopathy. Speaker Mr.Sabapathy for enlightening the Transgender Community.

EMPLOYEES WELFARE DAY CELERBRATIONS -31.01.2015

MAY DAY CELEBRATION

The May Day celebration was conducted on the 1st of May



2015 at 9:00 a.m., at I Block, 7th Floor. The celebration was enlightened by presence of our Dean, Dr. Ravishankar.M, Dean, Dr.Krishnan.s, Emeritus Professor, Dr. Robinson Smile RMO, Dr.Lakshmana Perumal, and GM Finance &Operation, Mr. Kannan Aiyar. The welcoming address was given by the Sr.Personnel Manager, Mr.Balamukundan.S which was followed by motivational speeches explaining the importance of May Day and the significance of Several Employee related attributes which was were delivered by Dr. Ravishankar, Dr.Krishnan, Dr.Lakshmana Perumal and



Dr.Robinson Smile Sir, after which, the employees were given mementos by Dr. Robinson Smile. The vote of thanks was given by the Asst. Personnel Officer, Mrs.Zaibunnesha Begum. The employees were given, refreshments after the function.

TRANSGENDER COLUMN

On 03.04.2015 Mr.Paul and Ms.Jean (male to female transgender) from Melborne, Australia visited MGMCRI for a possible tie up with MGMCRI in regard to sex reassignment surgery.

Chhattisgarh plans to ink pact with Puducherry hospital to replicate the model – The Hindu, Newspaper dated 08.06.2015

"I feel like a complete woman now," said Anita, a transgender, who has had a successful sex reassignment surgery (SRS) in Puducherry recently. Her friend, Bhagya, added, "The first step towards the empowerment of our community lies in us having the choice to have an SRS. It completes our physical identity, which is important to us." Anita and Bhagya are among four transgenders who have had an SRS done at Mahatma Gandhi Medical College and Research Institute (MGMCRI). The institute has a free transgender clinic twice a week supported by Sri Balaji Educational and Charitable Public Trust which runs it. The integrated clinic staffed by medical professionals from the Departments of Dermatology, Psychiatry, Surgery and Endocrinology, provides counseling to patients and screens them for sexually transmitted infections, human immunodeficiency virus (HIV) and hepatitis B surface antigen (HBsAg). They are referred to other specialty departments if required, where they are examined, investigated and treated free. The clinic has also begun providing SRS in the last six months, charging the patients only the cost of medicine at around Rs7,000.

The clinic's work gained the attention of the Chhattisgarh government, with officials from its State AIDS Control Society (CGSACS) visiting the institute on Saturday to work out modalities for a Memorandum of Understanding (MoU) with MGMCRI, to replicate the clinic's model in Chhattisgarh.

Their visit was arranged in association with the Pondicherry AIDS Control Society (PACS). S.K. Brinjhwar, additional project director, CGSACS said, "We have to come study how this clinic works here, the SRS services offered, and the role of transgenders in Puducherry and Tamil Nadu. We are looking at the proposal of setting up a similar clinic at Pt J.N.M. Medical College in Raipur."

Doctors from Chhattisgarh can be sent here for training, said Vikrant Verma. Raveena Baxiha, a transgender and member of the Chhattisgarh Transgender Welfare Board, said, "Getting the SRS is a big thing for us, it is our foremost demand. It gives us complete confidence. I am happy to know about the services being done free of cost at the clinic here,



and we want to provide SRS to transgenders in Chhattisgarh as well."

S. Ravichandran, additional director, MGMCRI, said, "Ours is the first medical college to have a separate clinic for transgenders. We are also involved in three research projects on transgender health and medicine. The clinic sees about 100 patients a week. For many transgenders, getting SRS done at a cost which can be around Rs60,000 is unaffordable. This is why we wanted to offer it at the nominal cost here. Our surgeons are experienced and we follow-up to avoid complications. There are many transgenders facing discrimination in their own families. We want more of them to come forward and avail themselves of our services."The institute is also among the rare ones to employ transgenders with four persons already in its services, and plans to recruit more.

QUALITY MANAGEMENT SERVICES

BLS training program for the staff nurses was being conducted for the past six months by the Quality Educators namely Mrs. J. Deepa & Mr. M.F. Kingsle Kishore Coumar from Quality Management Services in the Medical Simulation Centre, medical college block (MGMCRI) and a total of 350 nurses successfully completed the training program and received certificates.

On 26th June, 2015, Cardiopulmonary Cerebral Resuscitation (CPCR) Preconference Workshop, was conducted by the South Indian Medical Students Conference (SIMSCON-7) at Sri Manakula Vinayagar Medical College and Hospital, Madagadipet, Pondicherry. In view of this worshop, Mr. M.F. Kingsle Kishore Coumar, (Quality educator/ BLS Instructor) invited as a resource person.

AWARD FOR BEST SOCIAL WORKER

Mr. Anbumani, Camp Coordinator,MGMCRI, received an award for BEST SOCIAL WORKER on 15.6.15 from Chennai Aksham Trust.,

Report from the department of Physical Medicine & Rehabilitation (PMR)

Since the inception of PMR department we are working with the guidance of Department of Orthopaedics in unison. Responsible for rendering Physiotherapy services in all the wards, as per the referrals from clinical departments in MGMC&RI. We are highly experienced in handling any arthroplasty (TKR / THR) & arthroscopy cases based on the specific individualized protocols. During the last 4 months we have treated more than 50 cases of Mobilization of Peri-Arthritis shoulder under inter scalene block, in association with the Department of Anaesthesia. We have used Manual therapy & Peripheral joint Mobilization techniques and have received more positive results & have also achieved positive improvement in the shoulder function. Further during the last six months we have participated in 15 off-campus Health Camps organized by Department of Marketing (Health Care Services). Around 2000 cases per month in total, have been handled by our committed & dedicated Physiotherapists, ensuring successful delivery of Physiotherapy services at MGMC&RI - Angusami K.V, Senior Physiotherapist & Dept incharge.

"Basic Fire Safety and Emergency Preparedness" Training Programme.

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MGMC&RI conducted "Basic Fire Safety and Emergency Preparedness Training for its employees on 20th June, 2015. Sixty five candidates from the different departments of MGMC&RI and the group organizations of Sri Balaji Vidyapeeth attended the program. Ceceil Jacob, Safety Officer, MGMC&RI, welcomed the participants. The Guest Speaker, for the day was Mr.P. Sai Sudakar, MD of M/S. Shirdi Sai Enterprises, Chennai, who was felicitated by Dr.Pratheesh Ravindran, Associate Professor of Neuro Surgery and Quality Control Officer, MGMC&RI in the presence of Mr.Balamukundan, Senior Personnel Manager and Mr.Prabakar, Facility Manager of MGMC&RI. The



training covered the various aspects of Fire Safety and Emergency Preparedness. It is planned to conduct live demonstrations in the different techniques of fire fighting and building emergency evacuations in the coming sessions.

INDEPENDENCE DAY 2015

The 69th Independence Day of our Mother India was celebrated with respect and fervor at MGMCRI on the 15th of August 2015 in front of the MGMCRI Hospital Block. The program started with the distribution of Indian national Flag Badges to all present and a brief introductory welcome address by the members of the students



council of MGMCRI which was followed by a Guard of Honor to the dignitaries and the hoisting of the flag by the Vice Chancellor accompanied by the Dean-Faculty of Medicine and the Principals of IGIDS and KGNC with the National Anthem being played simultaneously. The program was followed by few patriotic songs by the students of all the three colleges. Independence Day speech on the steps to be contributed by the university on a whole, for a better India was given by the Vice Chancellor,



Prof. Sethuraman.K.R.

The programs ended with tea, snack and sweet distribution. The kith and kin of members of the people who have voluntarily registered for the Body Donation Scheme "Moksha" and have been donated to the medical college after their death were also appreciated for the good and noble gesture for the cause of the medical teaching learning process.

Everyone dispersed with high spirits of patriotism in them. The children of employees scoring high marks were given with cash awards of a total worth of Rs. 32, 000/- to encourage them to study and work even harder so that they can score the high marks. This need was stressed by our VC, Prof. Sethuraman.K.R., and Dean, Prof. Ravishankar.M.



The staffs whose wards were given these cash awards are Ms. Keerthana.M (STD.VI) D/O Mr. Madhavan.J, Driver, Transport, Ms. Indhuja.I (STD.VI) D/O Mr. Iyyanar.R, Attender, Ms.Dhayalini.M (STD.VII) D/O Mr. Manimaran.A, Attender, Mr. Anandheaswar.S (STD. VII) S/O Mr. Sekar.D, OT Assistant, Ms.Nandhini.P (STD. IX) D/O Mrs. Indra Gandhi.P, Nursing Supervisor, Ms. Agalya.A (STD.IX) D/O Mr. Anbarasan.G, Plumber, Ms. Kavya.P (STD.X) D/O Mr. Pajani.N, Attender and Ms. Keerthana.K (STD. XII) D/O Ms. Mariyammal.K, Attender.

TRANSGENDER COLUMN

National MSM/TG meeting on Health and Human Rights meeting 12th & 13th October 2015 at Colombo, Sri Lanka.

Family Planning Association of Sri Lanka and United Nations Development Programme (UNDP) invited Ms Sheethal K



to participate as a Resource person in the National MSM/ TG meeting on Health and Human Rights meeting between 12.10.15 AND 13.10.15 at Colombo, Sri Lanka.

Family Planning Association of Sri Lanka and Multi-country South Asia Global Fund HIV Programme in partnership with the UNDP Bangkok Regional Hub, organized a National Meeting at Colombo, in association with Men having sex with Men (MSM) & Transgender (TG) community members, National Human Rights Commission (NHRC), National State AIDS Control Programme (NSACP) and representatives of the CBOs /NGOs working on human rights that include LGBTI issues in the country of Sri Lanka as well as resource persons from the neighbouring countries (India, Bangladesh & Nepal)

Ms. Sheethal K participated in the National Meeting as a resource person and presents her valuable vocalizations on the topics related to the Recognition of "Third Gender" & Hijira as a "Socially & Economically Backward Class" in India 2014 and Rights of Transgender Persons Bill in India which was passed on 2015 by the Supreme Court of India. As well as, she performs the experience sharing on working

with MSM & Transgender Communities and concludes the minor and major issues which she crossed her path.

Sex Reassignment Surgery at MGMCRI by Prof.S.Srinivasan

Prof.S.Srinivasan, Dept of General Surgery, specialist in Sex Reassignment Surgery (SRS), is doing a commendable work and pursuing the same at MGMCRI. During the year 2015, he has successfully operated on 12 transgenders [Male to female - MtF] who wished for SRS at MGMCRI with due legal procedure.

Department of DVL

Ms Sheethal K, TG along with two foreign delegates visited the Department of DVL and had discussion with the, Prof. Krishnan, HOD, Prof.S.Ambujam and Prof.Srikanth.

Transgender Clinic

A Transgender clinic is being conducted on every Mondays and Wednesdays. Members of the transgender community come to DVL department for services like screening for sexually transmitted diseases and counseling regarding their prevention. Testing for HIV, Hepatitis B and syphilis are routinely done. Treatment of this marginalized and often discriminated community is made entirely free of cost in our hospital. Laser hair removal is also done on every Wednesdays to improve the cosmetic appeal of the transgenders. Also Q Switch Nd -yag laser treatment for all was initiated for pigment disorders.

CELEBRATION AT MGMCRI

Hon'ble Chaiman, Sri.MK Rajagopalan Birthday Celebration – 23.10.2015



OUT REACH SERVICES

THE DEPARTMENT OF MARKETING [HEALTH CARE SERVICES]

The department of Marketing [Health care services] of MGMC&RI focuses patient services & Care. The department is led by Dr.S.Ravichandran - Deputy Director. The team Members consists of Mr.R.K.Selvakumar – Executive Marketing, Mr.A.Fazulu Rahman – Asst.Manager Marketing, Mr.M.Sudhakar – Coordinator Marketing, Mr.E. Thirugnanam – Coordinator Marketing, Mr.Vinothkumar – Parangipettai Coordinator, Mrs.S.Sudharsna – Public Relation Officer. The Department of Marketing had conducted free health camps, Health awareness programs, corporate camps, Promotional activities, Corporate tie-ups & etc.

FREE MEDICAL CAMPS

On 01.01.2015 & 11.01.2015, free health check up camp was organized at Nalamudan Puduvai, MGMCRI – City Centre, where 68 patients were the beneficiaries out of whom 25 patients were referred to MGMC & RI for master health check up.

On 09.01.2015, free medical camp was organized at Primary Health centre, Bhuwanagiri, where 375 students were the beneficiaries out of whom 46 students were referred to MGMC & RI for further evaluation & treatment.

On 10.01.2015, free medical camp was organized at BWDA, Nellikupam, where 350 students were the beneficiaries out of whom 72 students were referred to MGMC & RI for further evaluation & treatment.

On 12.01.2015, free medical camp was organized at Primary Health centre, Kattumanarkoil, where 252 students were the beneficiaries out of whom 42 students were referred to MGMC & RI for further evaluation & treatment.

On behalf of MGMC&RI, Deputy Director Dr.Ravichandran participated in VASAVI CLUB Installation function on 17.01.2015 and inaugurated the RO waterpurifier which was Donated by Sri Balagi Vidyapeeth to VASAVI school PANRUTI, on the same special occasion a general camp was conducted, promoting Master Health Check up and for MOKSHA(Body Donation programme). Ten members of the club registered for Body Donation and those forms were received by Dr.S.Ravichandran.

On 22.01.2015, free medical camp was organized at Power Plant, Parangipettai, where 272 students were the beneficiaries out of whom 31 students were referred to MGMC & RI for further evaluation & treatment.

On 24.01.2015, free medical camp was organized at Tendril Climber Trust, Maharajapuram, where 377 students were the beneficiaries out of whom 58 students were referred to MGMC & RI for further evaluation & treatment.

On 29.01.2015, free medical camp was organized at Tamilnadu Pudhuvazhvu Thittam, Kandamangalam, where 242 students were the beneficiaries out of whom 34 students were referred to MGMC & RI for further evaluation & treatment.

On 01.02.2015 & 15.02.2015, free mega medical camp was organized Nalamudan Puduvai, Pondy Beach, where 209 children's were the beneficiaries out of whom 44 children's were referred to MGMC & RI for master health check up.

On 19.02.2015, free medical camp was organized MGMCRI-MUNA Hospital, Parangipettai, where 292 Patient's were the beneficiaries out of whom 43 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 21.02.2015, free medical camp was organized Lions Club, Vikravandi, where 250 Patient's were the beneficiaries out of whom 28 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 26.02.2015, free medical camp was organized Primary Health Centre, Pudupettai, where 264 Patient's were the beneficiaries out of whom 47 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 21.02.2015, free medical camp was organized Lions Club, Sankarapuram, where 360 Patient's were the beneficiaries out of whom 59 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 01.03.2015 free medical camp was organized at Shasun Company, Embalam, where 214 patients were the beneficiaries out of whom 36 patients were referred to MGMC & RI for further evaluation & treatment.

On 01.03.2015 free health camp was organized at Social organization, Mangalampettai, where 363 patients were the beneficiaries out of whom 80 patients were referred to MGMC & RI for further evaluation & treatment.

On 07.03.2015 free health camp was organized at Vishwakarma Foundation, Vellimalai, where 422 patients were the beneficiaries out of whom 79 patients were referred to MGMC & RI for further evaluation & treatment.

On 07.03.2015 World Women's day free health camp was organized at Indian Bank staffs, MGMCRI - City centre, where 85 Employees were the beneficiaries out of whom 19 Employees were referred to MGMC & RI for further evaluation & treatment.

On 08.03.2015 free health camp was organized at Primary Health Centre, Melpattampakkam, where 370 patients were the beneficiaries out of whom 42 patients were referred to MGMC & RI for further evaluation & treatment.

On 14.03.2015 free health camp was organized at Lions Club, Thirukovilur, where 346 patients were the beneficiaries out of whom 27 patients were referred to MGMC & RI for further evaluation & treatment.

Commemorating the International Women's Day, Department of Health Care services conducted a paid camp at Thirukovilur Vasavi club on 14.03.15, under the "HEALTH CHECK AT YOUR DOOR STEP" programme. Mrs.Sudharsana PRO, organized this camp Along with OG department basic blood Investigations and Pap-smear were included in this well women's Package. 45 of them were benefited in this health check programme, and 220 were benefitted from free medical camp. 20 of the patients were referred to the MGMCRI.

On 14.03.2015 free health camp was organized at Primary Health Centre, Thookkanampakkam, where 332 patients were the beneficiaries out of whom 55 patients were referred to MGMC & RI for further evaluation & treatment.

On 18.03.2015 free health camp was organized at Palmyra Group, Auroville, where 210 patients were the beneficiaries out of whom 40 patients were referred to MGMC & RI for further evaluation & treatment

On 26.03.2015 free health camp was organized at DMK Blood donation, Periyakulathupalayam, where16 members were participated.

On 27.03.2015 free health camp was organized at Star Health Insurance, Moolakulam, where 112 patients were the beneficiaries out of whom 24 patients were referred to MGMC & RI for further evaluation & treatment

On 28.03.2015 free health camp was organized at Village panchayat, Vazhisodhanaipalayam, where 480 patients were the beneficiaries out of whom 95 patients were referred to MGMC & RI for further evaluation & treatment



On 31.03.2015 free health camp was organized at Aruna Foundattion, Ulunthurpettai, where 445 patients were the beneficiaries out of whom 73 patients were referred to MGMC & RI for further evaluation & treatment

For the month of April to June, 2015 the department of marketing has conducted 25 medical camps and Health awareness programs in and around Pondicherry district.

On 05.04.2015 & 12.04.2015, free health check up camp was organized at Nalamudan Puduvai, MGMCRI – City Centre & Pondicherry Beach, where 154 patients were the beneficiaries out of whom 33 patients were referred to MGMC & RI -city centre for Master Health Check Up.

On 15.04.2015, free medical camp was organized at Krishnasamy School, Cuddalore where 253 students were the beneficiaries out of whom 47 students were referred to MGMC & RI for further evaluation & treatment.

On 18.04.2015, free medical camp was organized at Village Panchayat, Elavarasanar Kottai, where 246 patients were the beneficiaries out of whom 39 patients were referred to MGMC & RI for further evaluation & treatment.

On 06.05.2015, free medical camp was organized at the Government office of RTO, Cuddalore, where 107 employees were the beneficiaries out of whom 23 employees were referred to MGMC & RI for further evaluation & treatment.

On 10.05.2015, free medical camp was organized at Nalamudan Puduvai, Uzhavarsandhai, where 84 Patient's were the beneficiaries out of whom 13 Patient's were referred to MGMC & RI – City Centre for Master Health Check Up.

On 21.05.2015, free medical camp was organized Village Panchayat, Avinankudi, where 147 Patient's were the beneficiaries out of whom 24 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 24.05.2015, free medical camp was organized at Nalamudan Puduvai, Uzhavarsandhai, Pondicherry, where 110 Patient's were the beneficiaries out of whom 21 Patient's were referred to MGMC & RI – City Centre for Master Health Check Up.

On 27.05.2015, free medical camp was organized at Tamilnadu Pudhu Vazhvu Thittam, Kandamangalam, where 190 Patient's were the beneficiaries out of whom 29 Patient's were referred to MGMC & RI for further evaluation & treatment. On 07.06.2015 free medical camp was organized at Nalamudan Puduvai, Jaya Ram Hotel Road, Pondicherry, where 97 patients were the beneficiaries out of whom 16 patients were referred to MGMC & RI – City Centre for Master Health Check Up.

On 14.06.2015 free health camp was organized at Social organization, Bhuvanagiri, where 196 patients were the beneficiaries out of whom 32 patients were referred to MGMC & RI for further evaluation & treatment.

On 18.06.2015 free health camp was organized at Adopted Village Panchayat, Gunamangalam, where 284 patients were the beneficiaries out of whom 46 patients were referred to MGMC & RI for further evaluation & treatment.

On 28.06.2015 free health camp was organized at Nalamudan Puduvai, Pondicherry Beach, where 76 patients were the beneficiaries out of whom 18 patients were referred to MGMC & RI – City Centre for Master Health Check Up.

From the month of July to September, 2015 the department of marketing [Health care services] had conducted 35 medical camps, Health awareness programs, corporate camps, CME programs, Promotional activities, Corporate tie-ups & etc. in and around Pondicherry district.

On 04.07.2015, free medical camp was organized at Village Panchayat, Melpattampakkam, where 345 patients were the beneficiaries out of whom 46 patients were referred to MGMC & RI for further evaluation & treatment.

On 07.07.2015, free medical camp was organized at TANFAC Company, SIPCOT - Cuddalore Where 75 employees were the beneficiaries out of whom 75 employees were referred to MGMC & RI for further evaluation & treatment.

On 12.07.2015, free medical camp was organized at Rotary club, Aadudurai, Where 295 patients were the beneficiaries out of whom 37 patients were referred to MGMC & RI for further evaluation & treatment.

On 23.07.2015, free medical camp was organized sat Vasavi club, Panruti, where 260 patients were the beneficiaries out of whom 42 patients were referred to MGMC & RI for further evaluation & treatment.

On 25.07.2015, free medical camp was organized sat Vasavi club, Vellankuppam, where 317 patients were the beneficiaries

out of whom 44 patients were referred to MGMC & RI for further evaluation & treatment.

On 01.08.2015, free medical camp was organized SIMENS. Pvt. Ltd, Pondicherry, where 95 employees were the beneficiaries out of whom 24 employees were referred to MGMC & RI for further evaluation & treatment.

On 02.08.2015, free medical camp was organized Free Medical camp, Bommiyarpalayam, where 264 Patients were the beneficiaries out of whom 47 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 08.08.2015, free medical camp was organized Minor jail Children's, Cuddalore, where 47 Children's were the beneficiaries out of whom 47 Children's were referred to MGMC & RI for further evaluation & treatment.

On 11.08.2015, free medical camp was organized City Centre - Nalamudan, Pondicherry, where 65 Patient's were the beneficiaries out of whom 23 Patient's were referred to MGMC & RI - City Centre for Master Health Check Up.

On 19.08.2015, free medical camp was organized Free medical camp, Chavadi, where 345 Patients were the beneficiaries out of whom 41 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 29.08.2015, free medical camp was organized Shasun company camp, SIPCOT - Cuddalore, where 650 Employees were the beneficiaries out of whom 650 Employees were referred to MGMC & RI for further evaluation & treatment.

On 30.08.2015, free medical camp was organized free medical camp, Kumbakonam, where 165 Patients were the beneficiaries out of whom 39 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 31.08.2015, free medical camp was organized free medical camp at St.Joseph college, Pinnachikuppam, where 176 Patient's were the beneficiaries out of whom 27 Patient's were referred to MGMC & RI for further evaluation & treatment.

On 09.09.2015 free medical camp was organized at city centre - Nalamudan Puduvai, Pondicherry, where 170 patients were the beneficiaries out of whom 43 patients were referred to MGMC & RI - City Centre for Master Health Check Up. On 13.09.2015 free health camp was organized at Village panchayat, Muthaliyarpettai, where 325 patients were the beneficiaries out of whom 37 patients were referred to MGMC & RI for further evaluation & treatment.

On 19.09.2015 free health camp was organized at Adopted Village Panchayat, Mettupalayam, where 120 patients were the beneficiaries out of whom 26 patients were referred to MGMC & RI for further evaluation & treatment.

On 21.09.2015 free health camp was organized at Village panchayat, Antipalayam, where 149 patients were the beneficiaries out of whom 27 patients were referred to MGMC & RI for further evaluation & treatment.

On 22.09.2015 free health camp was organized at Village panchayat, Kurinjipadi, where 179 patients were the beneficiaries out of whom 37 patients were referred to MGMC & RI for further evaluation & treatment.

On 26.09.2015 free health camp was organized at Village panchayat, Thotti, where 400 patients were the beneficiaries out of whom 49 patients were referred to MGMC & RI for further evaluation & treatment.

On 27.09.2015 free health camp was organized at Village panchayat, Bahoor, where 265 patients were the beneficiaries out of whom 54 patients were referred to MGMC & RI for further evaluation & treatment.

Disaster Relief & Scheme Camp

During the recent torrential rain that wreck havoc in many places in Tamilnadu and Pondicherry, SBV's Outreach Team swung in to timely action. Disaster Response Teams were formed with representation from various departments of MGMCRI, KGNC and IGIDS. It is worthwhile to note that our institution had started working on rain-affected areas much earlier than the Government's request for our cooperation in conducting rain relief camps. From 16.11.15 to 27.01.16, we had conducted close to 50 camps and benefitted nearly 10,000 affected people. Other than Medical camps, we provided other forms of flood-relief assistance in many places that were worst affected. These range from distribution of food/water packets, to offering standard rain-relief kits (blankets, mats, buckets & mugs, rice & dhal), to conducting health awareness programs on post-rain precautions and much more. As part of the rain-relief initiative, all healthcare personnel of our institution who had waded in rain waters were provided prophylactic Doxycycline.

DISASTER RELIEF & SCHEME CAMP

16-11-2015 to 26-12-20	15
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1116/11/2015PilliyarkuppamDisaster relief camp110216/11/2015KirumapakkamDisaster relief camp65316/11/2015SandorepallayamDisaster relief camp80517/11/2015SuthukullamDisaster relief camp92617/11/2015StirumapakkamDisaster relief camp92717/11/2015KirumapakkamDisaster relief camp78817/11/2015SuthukullamDisaster relief camp78917/11/2015PalapattuDisaster relief camp2121018/11/2015MazhavanallurDisaster relief camp2181118/11/2015MazhavanallurDisaster relief camp2181118/11/2015Kalkunnam (Kurinjipadi)Disaster relief camp22911421/11/2015Kalkunnam (Kurinjipadi)Disaster relief camp22911421/11/2015Kalkunnam (Kurinjipadi)Disaster relief camp24611525/11/2015Killai (Chidham bragar)Disaster relief camp10011828/11/2015Kotta kuppamScheme camp15011929/11/2015Kotta kuppamScheme camp1621203/12/2015ChirambaramScheme camp1851213/12/2015Kotta kuppamScheme camp2011223/12/2015ChirambaramScheme camp2011243/12/2015KayalpattuScheme camp201125J1/2015R	S .No	Date	Location	Type of Camp	No of Beneficiaries
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	26	8/12/2015	Arumathapuram	Disaster relief camp	148
289/12/2015MulakulamDisaster relief camp440	27	8/12/2015	Chithira Pattai	Scheme camp	183
	28	9/12/2015	Mulakulam	Disaster relief camp	440

29	10/12/2015	Reddipalayam	Scheme camp	125
30	10/12/2015	JJ Nagar	Disaster relief camp	256
31	11/12/2015	Manapattu	Disaster relief camp	97
32	11/12/2015	Chathiram	Scheme camp	216
33	12/12/2015	Kadambuliyur	Scheme camp	184
34	12/12/2015	Kambalimadu	Disaster relief camp	340
35	15/12/2015	Maliruppu	Scheme camp	332
36	19/12/2015	Pillai thottai	Scheme camp	210
37	15/12/2015	Maliruppu	Disaster relief camp	332
38	15/12/2015	Bahour pet	Disaster relief camp	103
39	19/12/2015	Nathapattu	Disaster relief camp	194
40	20/11/2015	Serapalayam	Scheme camp	175
41	20/11/2015	Cuddalore OT	Scheme camp	105
42	20/12/2015	Bhuvanagiri	Disaster relief camp	90
43	21/12/2015	Kattukuppam	Disaster relief camp	134
44	22/12/2015	Thirunavalore	Mega camp	707
45	23/121/15	Kallaiyankuppam	Disaster relief camp	160
46	23/12/2015	Embalam	Disaster relief camp	262
47	26/12/2015	Vapoor	Disaster relief camp	110
48	27/12/2015	East Ramapuram	Disaster relief camp	530
		TOTAL BENEFICIARIES		9496

► DEPARTMENT OF COMMUNITY MEDICINE

Peripheral Centre Activities

Pulse polio immunization 2015:

In collaboration with department of health and family welfare, Puducherry IPPI was implemented in both RHTC and UHTC on 22^{nd} February 2015.

UHTC, Ariyankuppam:

The programme was implemented under the guidance of Dr.C.Kameshvell [Associate Professor] and ably supported by Dr.Nitesh Mangal [PG], CRRI's and para-medical workers. A total of 52 children under 5 years of age were administered OPV between 7 am to 3 pm.

RHTC, Seliamedu:

The programme was implemented under the guidance of Dr.S.Vijayalakshmi [Assistant Professor] and ably supported by Dr.Nishanthini [PG], CRRI's and para-medical workers. A total of 19 children under 5 years of age were administered OPV between 7 am to 3 pm.

CME PROGRAM

On 20.03.2015, a Grand CME program headed by Dr.S.Ravichandran, Deputy Director was organized by the Department of Marketing [Health care services] & Dept. of Orthopeadics, dedicated a trauma care centre. A CME

was also organized to commemorate this occasion with the theme of "Golden Hours in Trauma" with 55 doctors speaking on the occasion. This was followed by a BLS course on 21.03.2015. Patrons - Shri.M.K.Rajagopalan, Chairman, SBV, Prof.P.Rajaram, Chancellor, SBV, Prof.K.R.Sethuraman, Vice-chancellor, SBV, Advisory Board - Dr.S.Krishnan, Dean[admin], Dr.S.Ravichandran, Deputy Director, Dr.V.Nirmal Coumare, Medical Superintendent, Dr.Ravishankar, Head, Anaesthesia & critical care. Organising chairperson - Dr.T.Tirou Aroul, Organizing Secretary - Dr.R.Krishnagopal, Joint secretaries - Dr.Surendher Kumar & Dr.R.Kannan, Scientific secretary - Dr.Pratheesh Ravindran and Conference secretariat - Mr.M.Sudhakar, Mr.R.K.Selvakumar & Mr.Kathavaravan contributed much for the grand success of the program. A total of 220 doctors participated in the CME program.

DEPARTMENT OF OPHTHALMOLOGY

Glaucoma Awareness Week

Glaucoma is one of the leading causes of irreversible blindness in the adult population. In this disease, there is increase in intra ocular pressure, damage to the optic nerve and



constriction of the visual field. Usually asymptomatic, this condition is diagnosed when the patient is examined by an ophthalmologist. It is therefore important to have intra ocular pressure & optic nerve regularly evaluated even when there is no perceptible visual loss. Given the fact that the optic nerve damage is irreversible, the necessity to diagnose and treat the condition at the earliest cannot be over emphasized. To create awareness about this blinding condition, "Glaucoma Awareness Week" is observed worldwide in the second week of March. This year March 12th was World Glaucoma Day. In this regard, Department of Ophthalmology, MGMCRI had conducted an awareness campaign at the MRD. Prof. Dr. G. S. Srinivasan presented an awareness talk about the disease. He emphasized the importance of early detection of glaucoma and those who are likely to be at a higher risk for the disease. Dr. Lakshmana Perumal, RMO, also emphasized the need for early diagnosis and treatment of glaucoma. Dr.Krishnan, Dean, MGMCRI had also participated in the campaign. Prof.Dr.K.Srikanth, HOD, Department of Ophthalmology gave the vote of thanks.

DBCS INSPECTIONS

The district blindness control society (DBCS), Cuddalore, conducted an Inspection 25th March 2015 & approved the department of Ophthalmology for conduct of free surgical eye camp in Cuddalore District for the year 2015 – 2016. A total of 12 DBCS Camps were conducted from January to March, 2015. Out of 2366 patients screened, 160 patients were identified with defect and were operated.

DEPARTMENT OF PULMONARY MEDICINE

World Tuberculosis Day 2015

In commemoration with the World TB Day 2015 observation, the Department of Pulmonary Medicine at MGMC&RI organized the following events:

1. Public Awareness Talk:

An awareness talk was arranged for the public and patients attending the hospital in the MRD Premises on 24th March, 2015 at 9AM. Prof. K.Surendra Menon, Head of Pulmonary Medicine, MGMCRI welcomed the gathering. Dr.Pajanivel.R, Professor of Pulmonary Medicine addressed in Tamil to the public and patients on Tuberculosis –cause & how it spreads, importance of regular treatment and about RNTCP. Most patients clarified their doubts and the talk had a good reception among them. Free pamphlets on Facts about Tuberculosis were distributed during the program.

2. Poster competition for Students:

A Poster competition for all the students of Sri Balaji Vidyapeeth (MGMCRI, IGIDS and KGNC) was organized on 24th March, 2015 at 11am in the OPD premises of the Department of Pulmonary Medicine. Around 25 students from all the three colleges had displayed their posters for the competition. Prof.K.R. Sethuraman, Vice Chancellor, SBV, Prof.Krishnan, Dean, MGMCRI and Prof.Surendra Menon, Professor and Head of Pulmonary Medicine judged the posters and decided the winners. Certificates were given to all participants. The details of the winners are: First prize- Ms.Poornima,BDS.IIIyr BDS, IGIDS (Cash award – Rs.1000), Second prize - Mr.Mahesh, B.Sc (N), KGNC (Cash award – Rs.750), Third prize - Ms.Preethika, IIIyr



MBBS, MGMCRI & Ms.Umarani B.Sc (N), KGNC (Cash award – Rs.500).

3. Department's Newsletter - "INSPIRE"

The first issue of the Department's Newsletter –"INSPIRE" was released by the Vice-Chancellor of SBV-Prof.K.R.Sethuraman and this issue was focused on Tuberculosis.

4. Students seminar on RNTCP

As a student centered activity, 6th semester MBBS students presented seminar on RNTCP. The CDs containing the presentations were released by the Vice-Chancellor of SBV-Prof.K.R.Sethuraman.

WORLD CANCER DAY

An awareness talk was arranged for the public and patients attending the hospital in the MRD Premises on 04.02.2015 at 9AM commemorating World Cancer Day



AWARNESS PROGRAM

World Health Day

World Health Day is celebrated on 7 April of every year to mark the anniversary of WHO founding. Each year a theme is selected that highlights a priority area of public health and for this year the theme is "Food Safety" and the slogan for this year is "From farm to plate, make food safe".

Food Safety being so important to everyone, the constituent colleges of Sri Balaji Vidyapeeth, MGMCRI, IGIDS and KGNC had taken this opportunity to create an awareness among the Puducherry people on food safety. The awareness rally and health camp had held at Gandhi Tidal, Beach Road, Puducherry on 7th April 2015 at 9:00 a.m.

The awareness rally was flagged by Mr. Gunasekaran, Superintendent of Police (Traffic) and Deputy Director of MGMCRI, Dr. Ravichandran. Around 200 medical, dental and nursing students participated in this rally carrying placards emphasizing the importance of food safety for the



public and roadside food stalls. Apart from this, Hepatitis B immunization was given to the public at the free medical camp organized by the institution. Dental and Medical check-up was also done by the health experts at the free medical camp. Around 250 men and women were benefited by this free Medical camp.

On 30.05.2015, World Tobacco Day awareness rally program was organized at Health Care Services Dept, MGMCRI – City Centre, Pondicherry, where 150 medical students were participated in this event and delivered the awareness of world Tobacco Day based on Save Life and Health. Honorable Chief Gusts Prof.S.Ravichandran, Dept.of Ortho, Additional Director in MGMCRI and Dr.Thiyagarajan, Medical Officer in MGMCRI – City Centre, Pondicherry.

DEPARTMENT OF OPHTHALMOLOGY

The Department of Ophthalmology conducted 15 District Blindness Control Society (DBCS) Camps during the months April-June 2015. Number of patients screened was 2546 out of which 330 patients were operated.

DEPARTMENT OF DVL

"World Vitiligo Day"

Department of DVL celebrated "World Vitiligo Day" on 25.06.2015 A vitiligo awareness programme was organized in Hospital MRD permits. It included a presentation by 1st year post graduate Dr. Rajesh M and an awareness talk by Dr. S. Krishnan, Dr. Avudaiyappan, (AP in Psychiatry) and Dr. Lakshmanaperumal (RMO).

DEPARTMENT OF TRANSFUSION MEDICINE AND DEPARTMENT OF PATHOLOGY

World Blood Donor Day

Department of Transfusion Medicine and Department of Pathology observed World Blood donor day on 15.6.2015, Monday at 9.00 am at MRD complex, MGMCRI, Pondicherry.

This function was attended by faculties, Postgraduate students, patients and their relatives who had assembled at the MRD complex, MGMCRI Hospital. The theme of this year's celebration was "Thank you for saving my Life". Dr. Dhananjay Kotasthane, Professor and HOD, Dept of Pathology welcomed the gathering. In his speech, he highlighted importance of observing 14th June as World Blood donor day every year. He also elaborated historical aspects of observing 14th June especially as World Blood Donor Day and also appealed to every eligible person to donate blood.



Mr. S. Ramachandran, President-AVBD was the Guest of Honour for this function. He elaborated importance of Blood donation in his speech Dr. M Joshua Daniel, Associate Professor, Dept of Transfusion medicine in his extensive presentation made.the public aware of the eligibility criteria of Blood donation. Dr. Swathy Pawar, Deputy Medical Superintendent and Dr. M Lakshmana Perumal, Residential Medical Officer felicitated the gathering. The function concluded by Vote of Thanks given by Mrs. S Sudarshana, Public Relations Officer. This function was compered by Dr Rajavigneshwari, Postgraduate Student, Department of Pathology. This function was followed by Voluntary Blood donation by students of Mahatma Gandhi Medical College and Research Institute Hospital.

AWARENESS PROGRAM

From the Month of August 28.08.2015, Cancer Awareness program awareness rally was organized at Neyveli Turns Pink along with Health Care Services Dept, where 200 students and members were participated in this event and delivered the awareness of Breast Cancer based Pamphlets. Honorable



Chief Gusts Prof.S.Ravichandran, Dept.of Ortho, Additional Director & Dr.Balasubramanian, Surgical Oncologist, in MGMCRI, Pondicherry.

CME PROGRAM

On the month of September 02.09.2015, a CME program were organized by the Department of Marketing [Health Care Services] - Additional Director office, in collaboration with IMA - Neyveli branch. CME program was conducted at Gangai Hospital, Neyveli, were Dr.Murugesan, Consultant

Neurologist, [Topic - Dizziness - An Approach] spoke to the doctors of about 77 peoples.

DEPARTMENT OF PEDIATRICS, COMMUNITY MEDICINE AND OBSTETRICS AND GYNECOLOGY

Breast feeding week celebrations - 2015

Dept. of Pediatrics, Community Medicine and Obstetrics and Gynaecology of Mahatma Gandhi Medical College and Research Institute, and Dept. of Paediatrics, Kasturba Gandhi Nursing College jointly celebrated the Breast feeding Celebrations, during the first week of August 2015.

Highlights of this programme were:

Dr. Kumuda, Professor in Neonatology, Chennai, delivered a talk during which she described the essential components of breast milk which can never ever be achieved with any artificial milk. She also explained the needs of having a Breast milk bank in tertiary health centres, the minimum materials and manpower required to establish the same and the need to educate the mothers to prepare them for milk donation.

Dr. D. Gunasekaran, HOD, Dept. of Pediatrics and Dr. Seetharaman, HOD, Dept. of Community Medicine delivered a talk in Kandasamy Naidu Arts & Science College, Cuddalore. They described what is exclusive breast feeding, what are its advantages and what every student in that college can do to establish this practice in our community. They also answered to their common doubts in breast feeding and other aspects of women's health. Similar programme was also conducted in a private Nursing college, Cuddalore.

Many of our Nursing students participated in the Poster competition held on this year's theme.

Flash card presentation on the importance of breast milk was held by the students and faculties of our Nursing College in our OG OPD, Antenatal and Post-natal wards.

As part of the out-reach programme, Dr. S. Srinivasan, Professor of Pediatrics explained the common problems in breast feeding and the ways to tackle the same, to a group of women gathered at "Mahatma Gandhi City Centre", Puducherry. On the same topic,

Dr. P. Soundararajan, Professor, Dept., of Pediatrics, delivered a talk to about 60 women gathered in our "Rural Health Centre- Seliamedu".

DEPARTMENT OF OPHTHALMOLOGY

Department of Ophthalmology conducted 17 District Blindness Control Society (DBCS) Camps during the months of July-September, 2015. Number of patients screened was 2186 out of which 241 patients were operated. Eye Donation Fortnight

In view of the Eye Donation Fortnight from 9th to 25th September, 2015, an Eye Donation Awareness Talk was held on 17th August 2015 by the Department of Ophthalmology at the MRD Premises. Prof Dr.K.Srikanth gave the welcome note followed by the awareness talk by Dr.A.R.Rajalakshmi who spoke



on the importance and need for eye donation in our society. The criteria and procedure to pledge for donation was explained to the public. Dr.Sima Biswas delivered the vote of thanks. Prof.Dr.K.N.Jha spoke on "Corneal Transplantation: Bridging the Gap" at the Scientific and Academic Forum held on 21st August 2015 in MGMCRI, Pondicherry. He spoke on the various roadblocks faced by the society, eye banks and ophthalmologists in harvesting donor corneas and the different ways to approach such problems.

DEPARTMENT OF ANESTHESIOLOGY

Dr. Parthasarathy, Associate Professor, Department of Anaesthesiology, participated in "Amma Maruthuva Kaapeettu Thita Mugaam" jointly conducted by MGMCRI, Kumbakonam Grant Rotary Club and RCC Mallarpet at Thiruvaduthurai on 12.07.2015, where Lung function test for 240 people was con 250 patients were benefited.

DEPARTMENT OF PSYCHIATRY

On 19.09.2015, Department of Psychiatry conducted a mental health camp at UHC Ariyankuppam - Suicide prevention awareness h eaded by Dr. Eswaran S, Professor & Head, Mr.Senthil Kumar M, Social worker along with the

Department of Social Work, Thanthai Hans Rover College, Perambalur.

FLOOD RELIEF FOR THE EMPLOYEES OF SBV – 22.12.2015

Surrounding areas of Kirumampakkam was one among the various places which were worst affected by the recent rains during month of November 2015. The downpour was so heavy that it affected the normal life of all people and our employees. As per the instruction of our Chairman, the management was generous in extending a helping hand to the affected employees and the residents of the surrounding areas. The faculty members of Sri Balaji Vidyapeeth also joined with the management in the philanthropic activities carried out.



As per the Government Officials request, food packets for nearly 3000 person were handed over to the Thasildar of Villianur region for nearly 7 days. Also food packets to the neighboring areas of Kirumampakkam pet, Sargasimedu, Aranganoor, Seliamedu, Kandanpet, Manamedu etc. were distributed for nearly 5000 persons daily for 7 days and also distributed 5000 sets of relief materials comprising of Buckets, Mats, Bed Sheets, Rice, Napkins, Candles and Sugar. The same set of relief materials were also distributed to the affected employees and students of our University.

CONSULTANCY VISIT BY DR. K.A. NARAYAN TO AIMST UNIVERSITY, KEDAH, MALAYSIA

Professor K.A. Narayan, Professor of Community Medicine was invited by AIMST University to be a consultant for the development of the MPH programme. Prof. K.A Narayan had worked in AIMST University from 2006 to 2013 and was instrumental in developing and implementing the Undergraduate curriculum for the MBBS course. The programme was accredited by the Malaysian Medical Council



and the Malaysian Qualifications agency (MQA). During his tenure Dr. Narayan had initiated a plan for a Master's in Public Health Course (MPH). During his visit on 3rd and 4th of November 2015, Dr. K.A. Narayan reviewed the proposed curriculum for the MPH programme. He also reviewed the comments that had been made by the MQA on the UG Medical curriculum and offered suggestions on how to incorporate them before the next inspection. Dr. Narayan met Dr. Ravichandran, Vice Chancellor, AIMST University and discussed the feasibility of student exchange programmes and a programme for training of Health Professionals in pedagogical methods.

DEPARTMENT OF TRANSFUSION MEDICINE

Observance of National Voluntary Blood Donation Day - 01.10.2015

October 1st of every year is observed as National Voluntary Blood Donation since 1st October 1975, to thank all those who voluntarily donate blood and help save millions of lives. Voluntary blood donation is undoubtedly, the highest form



of humanitarian service as it is done without expectation of even knowing who it will help. There is a higher altruistic thought that motivates such action. One single blood donation actually helps many patients as blood is usually

segregated into RBC's, Platelets, WBC's and Plasma and given accordingly for their requirement.

The need for blood is constantly increasing the world over. Apart from diseases like dengue, millions lose their lives to natural and man-made disasters. The number of people dying in road accidents is also growing. Non remunerated Voluntary Blood Donors are considered as the safest source of blood as they have low prevalence of TTIs (Transfusion Transmissible Infections) like HIV, Hepatitis B, Hepatitis C, Malaria and Syphilis.

Against an annual demand of 12 million units, India is able to collect only 9 million units of which 70% is from voluntary blood donors while the remaining 30% is from family/ replacement donors. At Mahatma Gandhi Medical College and Research this day was observed by conducting a seminar, Resident Medical Officer, Dr Lakshmana Perumal presided the meeting and delivered the guest lecture on the importance of blood donation for the benefit of the community. Dr Swathy Pawar, Deputy Medical Superintendent extended her thanks to the voluntary blood donors and distributed the medals and certificates to repeat voluntary blood donors, Dr Joshua Daniel, Head Transfusion Service shared the benefits of blood donation, Dr Koteeswaran, Professor Department of Pathology delivered the vote of thanks.

The popular misconception that a person becomes weak by donating blood is wrong. On the contrary, there are several benefits of blood donation. Donating blood improves overall cardiovascular health as blood donated regularly helps males in particular to reduce the amount of iron in the blood which can reduce the chance of heart attacks. Additionally, it can also lower the risk of severe cardiovascular events such as stroke. Blood donation enhances the production of new blood cells as new cells are produced by the marrow within 48 hours of donation, and all of the red blood cells the donor loses during donation are completely replaced within one to two months. Blood donation has also been seen to lower risk of cancer including liver, lung, colon, stomach and throat cancers.

Blood donation has other obvious benefits like receiving a free prior health screening plus mini blood test. Blood is also tested for some major diseases and the donor is immediately informed in strict confidentiality if any of these tests show positive results. A blood donor by his donation saves many lives and gives hope to many whose situation may otherwise be hopeless. Blood donors give such patients a second lease of life. By donating blood one impacts not only the patient whose life may depend on it, but also all those who depend on that patient. The entire community will benefit from the spirit of generosity.

I hope that the above will quell any doubts that one may have about donating blood. I would like to exhort all those who are fit and between the ages of 18 and 65 years to come forward as voluntary blood donors and help save many more lives. - **Dr M Joshua Daniel, Associate Professor, Dept of Transfusion Medicine**

DEPARTMENT OF PSYCHIATRY

In commemoration of World Mental Health Day 2015, the Department of Psychiatry organized a mental health awareness program in the MRD lobby, MGMCRI. Dr. Abu Backer S, Senior Resident, delivered a mental health





awareness talk for the benefit of patients & the public on 10.10.2015.

DEPARTMENT OF DVL

World Psoriasis Day was celebrated on the 29.10.2015. Patient awareness leaflets were distributed to the patients and a brief talk was given by the Head of the Department about the treatment and stigma associated with psoriasis.

World Aids Day was celebrated on 01.12.2015 by the Department of Dermatology along with the Red Ribbon Club. Patient awareness talks were given by Dr Sathya (2nd year Post Graduate) and the RMO at the MRD premises which was followed by distribution of AIDS information leaflets to the patients. An exhibition regarding AIDS



Department of DVL and a short AIDS awareness film was screened. Members of the transgender community as well as regular patients attended the programme.

DEPARTMENT OF GENERAL MEDICINE

Awareness program on 'Diabetes Awareness

Department of General Medicine, MGMC&RI organized





awareness was organized in the demonstration room of the



an awareness program on 'Diabetes Awareness program & Diabetic Day Celebration on the occasion of 'World Diabetic Day' at the MRD premises. Prof.Jayasingh, HOD along with his team of faculty members answered to the queries on 'Diabetes' raised by the public on 04.12.2015.

PHYSICIANS DAY CELEBRATIONS

Department of General Medicine, MGMC&RI organized a health awareness programme on 31.12.2015 in hospital MRD Lobby on the occasion of celebration of Physicians Day.



Dr. K.Jeyapalan. Professor of Medicine gave an excellent talk on Hypertension – a silent killer, its importance of diagnosing hypertension, steps to prevent, and lifestyle modifications necessary for the management of hypertension.

Dr. M. Kalirathiname Associate Professor of Medicine gave a talk on Alcohol and health, the adverse effects of consuming alcohol and the consequences of Alcohol dependence.



A skit on diabetes was organized by the students of Kasturba Gandhi Nursing College, enlightening the public about the rising incidence of diabetes in the young due to faulty dietary habits, work stress and sedentary life style. They also educated the community about healthy diet habits, importance of having daily breakfast and highlighted on the "Do's and Don'ts of diabetes. The programme was attended by a large group of patients and faculty from dept of General Medicine, Psychiatry and College of Nursing

The health awareness programme was of great benefit enlightening both the patients and the common public on the common health problems.

DEPARTMENT OF OPHTHALMOLOGY

DBCS Camps: Department of Ophthalmology conducted 6 District Blindness Control Society (DBCS) Camps during the months of October-December, 2015. Number of patients screened was 1255 out of which 100 patients were operated.

FREE MEDICAL CAMPS























KALKUNAM

















METTUPALAYAM









INDIRA NAGAR







SIRUPALLIYUR



















STAFF NURSES OF MGMC&RI

IN- SERVICE EDUCATION PROGRAMME FOR STAFF NURSES OF $MGMC\&\ RI$

In order to attain competent skill and to provide excellent and competence nursing care, on 11.01.15,Olympus Medical systems India Pvt Ltd, conducted a training courses for Nurses on Cleaning, Disinfection & Sterilization of Bronchoscopes at Nungampakkam, Chennai . In view of these two nurses namely Mrs. Kalaiselvi & Ms. Victoria Rani were deputed & successfully completed the training course.

Nurses meet with Medical Superintendent was held in D2 lecture hall along with the other cadre of nurses and later Mrs. S. Kiruba (Nursing Supervisor) presented a topic on "Good Attitude of Nurses towards patients and patient attenders" on 12.01.15.

NABH meeting was held in C1 conference hall on 13.01.15. In view of this Mrs. Amir Alikhan Asmath (Nursing Superintendent), Mrs. J.Deepa (Nurse Educator) & Mr. Kingsle Kishore Coumar (Dept Chief Nurse) attended the meeting.

Nurses meet with Medical Superintendent Dr.K.Nirmal Coumare was held in D2 lecture hall on 13.01.15.

Dr. Mangaiyarkarasi Ravirajan, FSB, Educationist, SBV University emphasized on "Well Woman Care" for the staff nurses of MGMC & RI in D2 Conference hall on 4.02.15.



Mr. Manikandan (Regional Manager), Mr. Veenith (Area Manager) & Mr. Jayaprakash (Product specialist)-Dynamic Techno Medicals emphasized on "Post partum Care"- Glycerin Magnesium Sulphate, Crepe bandage for the staff nurses on 11.02.15 in the II Floor lecture Hall.

BLS training program was conducted on 13.02.15, 24.02.15 and 27.02.15 for II, III, IV& V batch staff nurses by the BLS instructors, between 9 a.m to 1.p.m in the Medical Simulation Centre.



Ms. G. Rajaselvi MSc, (N), Ms. Soniya, MSc (N), Ms. S. Kiruba, MSc (N), Ms. K. Uma Maheswari MSc, (N)-Nursing Supervisors focused on Reikai Therapy, Eect, Breath holding spells in children, Ultrasound gel as a potential mode of infection in post operative patients for the staff of the nursing department on 19.02.15 in the II lecture hall.

National Conference on "Empowering emergency Medicine and focus on reviving the academic legacy of Emergency Medicine "covering the holistic syllabus in three days was organized by SRM Institutes for Medical Science, Vadapalani, Chennai. In view of this, five candidates from the nursing department attended the conference on 19.02.15 to 21.02.15.

Mrs. Amir Alikhan Asmath (Nursing Superintendent) attended the first anniversary of Muna Health Centre, on 19.02.15.

Mrs. I. Therasa (ANS), Mrs. M. Uma (I/C) and three staff nurses attended "Good Nutrition Practices" on 26.02.15 in Medical Education Unit.

Mrs. J.Deepa (Nurse Educator) & Mr. Kingsle Kishore Coumar (Dept Chief Nurse) submitted the Nursing Manual to the Nursing Superintendent on 26.02.15.

Mrs.Uma Chandran (DNS) has been relieved from the services on 28.02.15



Mrs.S.Rama, Psychologist/student counselor, emphasized on "Essence of counseling for the staff Nurses of MGMC&RI on 04.03.15 &11.03.15 in D2 Conference hall.

Dr.Anand M.D from Abbott, Nutrition focused on "the Role of Nutrition in hospital for the staff nurses" of MGMC&RI on 18.03.15 in D2 in lecture hall.

Dr.Krishnamoorthy (NABH Consultant), Dr.Ravisankar. NABH (Chairman /Co-ordinator), Dr.Lakshmana Perumal (R.M.O) Organized a meeting on 24.03.15 for the Nursing department to discuss regarding NABH Mrs.Amir Alikhan Asmath presided over the meeting Mrs.J.Deepa (Quality educator) and Mr.Kishore (quality educator) emphasized on Achieving NABH Accreditation .

Dr.Sameer, Assistant Professor (ICU incharge) Dept. of Anaethesiology emphasized on "I pass better Handoffs safer care "for the staff nurses of MGMC&RI on 25.03.15 in D2 in lecture hall.

Mrs. Amir Alikhan Asmath (Nursing Superintendent), NS, DNS, ANS, and supervisors attended the Medical Audit meeting on 27.03.15.

Mrs. Amir Alikhan Asmath (Nursing Superintendent), Mrs.Danakala (NS) and the staff nurses attended the CNE Programme on "Role of Nursing staff in oncology "in Pondicherry Cancer trust centre on 28.03.15. Mrs. Amir Alikhan Asmath(NS) and the condemnation committee board members had a condemnation board meeting on 31.03.15 in the I Block 4th floor.

On every Monday and Friday, staff nurses are trained for BLS Health Provider course and MGMC&RI certificate is been provided. (For all the passed staff Nurses)

In order to attain eligible notes, report and documentation in nurses chart, Miss. A. Prishanthini Anto emphasized on "Nursing records, day and night report, nursing notes, incident report for the staff nurses in D2 Conference Hall on 1.04.15.

BLS training program was conducted for VII – XXV batch staff nurses by the BLS instructors, between 9 am to 1 pm in the Medical Simulation Centre. BLS health provider course certificate was issued by the Nursing Superintendent to Mr.S.Balaji who had also received the certificate of Distinction.

Mrs. Amir Alikhan Asmath (Nursing Superintendent) and Mrs.Danakala (NS) attended "Scientific & Academic Forum "On Health professions education in the XXI Century on 10.04.15.

Dr.Sameer (Anesthetist) Associate Professor and ICU incharge focused on "ICU management of post operative patient "for the staff nurses of MGMC&RI at D2 in lecture hall on 15.4.15

On 8.4.15 Mr.Jeyavalan (Area Sales Manager) emphasized on "Best Practices on IV Therapy " for the staff nurses of MGMC & RI in D2 Conference hall.

Dr.Raja (Associate Professor), in charge of NICU, Department of Paediatrics gave a talk on "Neonatal Resuscitation" for the staff nurses of MGMC & RI in D2 Conference hall, on 29.4.15.

Dr.Swathi (Associate professor) gave a talk on 'Eye Donation' for the staff nurses in D2 Lecture Hall on 13.5.15.

Prof. Jayabal, (Microbiology) Chairman, Dept of HICC, emphasized gave a talk on 'Nosocomial Infection' for the staff nurses in D2 Conference hall on 10.6.15, 17.6.15 & 24.6.15.

Mrs.Kirubha (Nursing Supervisor) emphasized on "patient care on ventilator "for the staff nurses in D2 lecture hall on 3.06.15



International Nurses Day was organized by the staff nurses from IGGGH Puducherry on 16.5.15. Mrs.Kirubha (Nursing supervisor), Mrs.Kalairasi, Mrs.Gomathy, Mr.Rajesh. Mrs. Vennila and Mr.Balaji from MGMC&RI Staff Nurses participated in the quiz and singing competition. They won the first and third prize respectively. MGMC&RI staff nurses got the overall trophy in this function.

Ten staff nurses attended the classes on In house training programme on basic fire safety and emergency preparedness on 20.6.15.

The nursing department of MGMC &RI commemorated 'International Nurses Day celebration' with the support of Dr.Renuka, Principal KGNC and faculty members on 5.6.15. Mrs. Amir Alikhan Asmath (NS) unfolded the theme and recited Florence Nightingale's pledge.



In order to attain competent skill in interpreting the new forms, Dr.Prateesh Ravidran (HOD) Neurosurgery, Mrs.Deepa and Mrs.Kishore (Quality Educators), presented skill based workshop for the staff nurses on 8.07.15.

Mrs.Kavitha, Technical Manager, gave a talk on Cleaning, Disinfection and Sterilization Assurance for the staff nurses on 8.07.15. Ten staff nurses attended the two classes on 'In house training programme on basic fire safety and emergency preparedness' on 11.07.15 & 29.08.15 respectively.

Prof.Jayabal, (Microbiology) Chairman, Dept of HICC, emphasized on the topic 'Hand Hygiene' for the staff nurses on 15.07.15 & 29.07.15.

MGMC&RI and KGNC has started the 'Integrative Service of Nurse Educators' so as to make the staff nurses, departmental in chargers (PG Faculty) and clinical Instructors (UG faculty) from 22.07.15.

Mrs.Deepa (quality educator) department of QMS Presented a topic on "patient care and safety dress code, 10 commandments for nurses" for the staff nurses on 22.07.15.

The staff nurses attended the conference on "Saving Mothers' giving life - through excellent home based post natal care including family planning services" on 30 .07.15.

The following candidates namely S.Mahalakshmi, R.Vijayalakshmi, R.Elavarasi and S.Ilayachandra attended the conference on "Nursing And Health Care - Issues and Challenges on from 05.08.15 to 07.08.15.

Mrs.Helen (Clinical Pharmacologist) dept of QMS, gave a talk on "The Role of the Nurse in Drug Administration" for the staff nurses on 12.08.15.

Miss. Anitha (Lecturer) KGNC faculty, emphasized on "Post Partum Haemorrhage" for the staff nurses on 19.08.15.

Miss .Hema priya @ Salini, (Lecturer) KGNC, Dept of medical surgical nursing gave a talk on "Nursing Diagnosis" for the staff nurses in D2 Lecture Hall on 26.08.15.

Mrs.Prabavathy, (HOD) Department of Psychiatric Nursing, focused on the topic "Nursing Diagnosis related to psychiatry" for the staff nurses on 09.09.15.

On 10.09.15, Campus Interview was conducted for the outgoing batch of KGNC Students by Dr.Swati Jayant Pawar



(DMS), Mrs.Amir Alikhan Asmath (NS), Mr.Balamugundan (PM) and Miss A.Prishanthini Anto (Nurse Educator) .

Mrs.Dhanakala (NS) and Mrs.Deonisia Philip (DNS) went for the inauguration for "Nurse Champions Training programme" on 22.09.15.

Mr.Manikandan (Nursing Supervisor) department of Medical surgical nursing presented a topic on "Critical care Nursing" for the B.Sc (Nursing) final year students on 23.09.15.

Mrs.Deonisia Philip (DNS) gave a talk on "Begin the Profession with Leadership Quality" for the B.Sc (Nsg) outgoing batch students on 23.09.15.

Olympus Medical systems India Pvt. Ltd, conducted a training courses for nurses on "Care and Maintenance of Endoscopes" at Chennai. In view of this, two nurses namely Mrs.Vennila and Miss.Suganya were deputed and successfully completed the training course on 27.09.15.

A.Prishanthini Anto (Nurse Educator) gave a talk on "Nursing Process" for the staff nurses in on 30.09.15.

On 30.09.15, Dr.Anand Monickam (Skill Lab In-Charge) started the BLS review class for all the staff nurses from Monday to Friday between 2.30 p.m - 3.30 pm.

On 7.01.15 Mr.Sheilesh Mehta Director , Medovation products gave a talk on "sterilization and disinfection" for the staff nurses of MGMC & RI in D2 Conference Hall.

The staff nurses Ms.Vidhyalakshmi (I3), Ms.Elakkiya, Ms.Devi, Ms.Premavathy went for the National Seminar on Paediatric Environmental Emergencies at KGNC on 07.10.15.

Dr.Joshua Daniel (HOD), Associate professor, Blood transfusion Medicine Department focused on "Blood transfusion in bed side" for the staff nurses in D2 lecture hall on 14.10.15 & 18.11.15.

Mrs. Tamilselvi (incharge) presented a topic on "preoperative nursing " for the staff nurses in D2 lecture hall on 09.12.15.

On 4.11.15 NAAC Team visited the non –teaching staff, administrative staff in D2 Seminar Hall.

Mr.Kishore (Quality Educator) gave a talk on "Catheter care & specimen collection" for the staff nurses in D2 Lecture hall on 16.12.15.



Mrs.Sherin Nithya (Asst. Professor) emphasized on "common nursing diagnosis" for the staff nurses in D2 Lecture hall on 30.12.15.

Dr.Anand Monickam (Skill Lab In-Charge) has started the BLS review class for all the staff nurses from Monday to Friday between 12.30 p.m – 1.30 pm.

The management of MGMC&RI commemorated "Christmas celebration "with the support of all departments in the I –block, on 23.12.15.





SHRI SATHYA SAI MEDICAL COLLEGE AND RESEARCH INSTITUTE

Message From

Dr. J.Mohanasundaram,

Dean, Sri Sathya Sai Medical College & Research Institute.



Every student has heard from his or her friends that studying Medicine is tough, it is a long course, and that they have to make many sacrifices. Well, Medicine is tough. To take up Medicine, you not only need good grades, you also need to be convinced yourself that it is your career choice. That choice is yours, not your parents' or anyone else's, as you need total commitment, devoir, intransigence and determination on your part to carry on till you become a doctor and beyond.

What we do in Shri Sathya Sai Medical College and Research Institute, a unit of Shri Balaji Vidyapeeth University, is to help you achieve your dream and caprice. We'll make you a good, technically competent and more importantly a caring doctor with the help of our experienced and dedicated faculty. The institute outcomes make it explicit that we'll help you do just that. We emphasize professionalism and ethics, and we strive to maintain the high ideals of Medicine as a noble profession. The science of curing a disease or lessening physical pain is not always the most important aspect of the doctor-patient relationship. Patients come to visit doctors for many reasons, and sometimes it is for emotional support and kindness, for empathy, for openness with someone they can trust and respect. In time to come, when you become a doctor, you will always be a doctor: because of the special and unique doctor-patient relationship through most harrowing and fragile moments, and through life and death. Medical students and young doctors always remember the first baby they deliver: the joy they share with patient and family; the heavy heart to break the news and to comfort relatives who have lost their loved one. Whether you are a small time country doctor or a big time consultant in a premier hospital, you are sure to make a difference in the lives of those you touch! We have introduced a Competency-based training Programme for post-graduates, the first of its kind in medical schools in Asia, based on ACGME of USA. We have also been accredited with NAAC 'A' grade. Keeping in mind the rural setup in whose surrounding we the SSSMCRI stand, we initiated many Allied Health Sciences courses like B.Sc. Medical Imaging Technology, B.Sc. Medical Laboratory Technology, B.Sc. Optometry and B.Sc Anaesthesia & Operation Theatre Technology which had excellent takers, thereby providing many skill based health care professional to the society for the cause of good health care system in India and worldwide.

Yes, in all Medicine is a life-changing career. It is for those who are fully committed to take up the challenge. I can assure you that you'll not regret that decision! Wishing you good luck.

RESEARCH AND SCHOLARSHIP

PUBLICATIONS

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ACADEMIC ACTIVITIES

Awards

Dr. Wills Sheela, Department of OBG won Dr. C.S.Dawn prize- Best paper on the official theme- premenopausal. For



Impact of surgical menopause on quality of life in young women, FOGSI Prize (AICOG).

On 28.01.2015 Dr. Swayam Jothi .S , Dr. Sathialakshmi .V from the Department of Anatomy and Dr. Saurabh Shrivastava and Dr. Kalaivani Annadurai, Assistant Professor from the Department of the Community Medicine was felicitated with Certificates of Recognition along with cash award by the Honorable Vice-Chancellor for publishing research articles in journal with impact factor in excess of one at MGMCRI , Puducherry.

PRESENTATIONS & PARTICIPATIONS IN ACADEMIC/ SCIENTIFIC ACTIVITIES

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Dr. Chitra attended 2 day workshop on research methodology on Jan 21 & 22, 2015 organized by Chettinad Medical College in association with APTCON.

Dr.Shalini & Mr. Ratchagan participated in the ICMR sponsored workshop on "Bioethics" at JIPMER in Puducherry on Jan 24,2015.

Mr. Ratchagan attended "CME on Gastroenterology diseases on March 28th 2015 at Govt.KAP Viswanathanan Medical College, Trichy.

On 10th Feb 2015, Guest Lecture was conducted on "Pain & Palliative Care" by Dr.M.Azhar Hussain M.D, DA,PhD, H.O.D Pain & Palliative Care Cancer Institute Adyar, Chennai, Former Prof of Anesthesia Govt.KMC Chennai. His lecture was very Informative & beneficial to both students and the elite audience.

Department of Internal Medicine:

On 19th May 2015, A CME on "A Pinch of Salt" was organized by Dr. Nasreen Begum in the view of World Hypertension Day (17.5.2015) and World Hepatitis Day (19.05.2015). The following events like quiz competition on Internal Medicine, skit entitled Ennai Paar Un Ennnai Paar (Theme- Know your Number i.e. BP), Posters & interesting video clippings on OHH!! This is Hypertension was organized as a stimulant of knowledge & visual treat for the medical students.



Department of Dermatology:

A CME on LEPROSY was conducted at SSSMC & RI on 20th May 2015 in co-ordination with district medical and rural health service (Leprosy) Chennai and Central Leprosy Training and Research Institute (CLTRI) Chengalpattu.

The programme was organized by Prof and HOD Dr.Srinivasan, Dr.Kandaswamy, Asst Prof, Department of Dermatology, SSSMC and RI. The following resource persons gave lectures on the topic LEPROSY, Dr, Mohammed Afsar Aci, Additional director Medical and Rural Health Service Leprosy, Dr. T. Azar Shanthi- Deputy Director Leprosy and Dr. V.C Giri- Asst Director of CLTRI.

The event was followed by clinical demonstration of various types of leprosy patients in five stations was given by Dr. Ramani, to Health educators and staff members.



Department of Radiology

Dept of Radiology conducted a work shop in "MUST KNOW RADIOLOGY"- Intra cranial hemorrhage - a CT Emergency on 16th May 2015.

Department of Microbiology:

TB Association of India short term research project for the year 2015 has granted rupees 50,000 for Diagnostic & therapeutic management of TB by telemedicine to Dr. Karthika Jayakumar.

Department of Microbiology conducted Quiz Programme for the fifth semester, on 24th April, 2015.

Hepatitis B & Swine flu (nasal) Vaccination Programme was conducted in the Department of Microbiology on 02.04.2015. 134 people were vaccinated. This included faculties & students too. For the new batch CRRI's, new staff, new technician, Housekeeping, and Physiotherapist, Biomedical Waste Segregation Orientation Classes was conducted on 13th March & 20th March 2015 in lecture hall hospital block by Dr. Karthika Jayakumar and Dr.Dinesh respectively along with questionnaire.

Dr.Karthika Jayakumar, spoke on "MENTORING" system for the First Year Students & Faculties of Anatomy, Biochemistry & Physiology. The programme had interactive session with Role play, Problem Solving Exercises for the groups. The Programme was conducted on 16.3.2015 between 9.00 to11.00 am.

Department of OBG

Dr. Wills Sheela, Department of OBG presented a paper in 58th All India Congress of Obstetrics and Gynaecology at Chennai trade centre from 23-25th Jan 2015.

Dr. Mohanambal, Dept. of OBG was the Organizer in All India Conference (AICOG) Jan 2015 for Tamil Nadu Chennai. She was also a president at OGSSI.

Department of Radiology

On10th and 11th January 2015, Dr. Harshavardhan B, Dr. Anandapadmanabhan J, Dr. Himabindu T of Radiology department attended 2nd Heart and Body Imaging update 2015 USpdate – Teach The Teachers In Radiology And Imaging India (TTRII), at Hyatt Regency, Chennai.

On 7th March 2015, Dr. Harshavardhan B , Dr. Gurubharath I attended Indian Society of Neuro radiology (ISNR), Annual CME 2015, CMC, Vellore.

On 30th April 2015, Dr. Subramanian, Dr. Harshavardhan B, Dr. Anandapadmanabhan J, Dr. Himabindu T attended Scientific Society Meeting in SSSMC & RI.

Dr. Harshavardhan B of Radiology Department presented Digitalizing Medical Teaching in Scientific society meeting on 30th April 2015.

Department of Anatomy

On 04.01.2015, Dr.S.Swayam Jothi, Prof & HOD, attended the CME on Cancer Thyroid by Dr. CMK Reddy, on 11.01.2015 attended CME and Liver Transplant at K.J. Hospital, on 21.01.2015 attended CME on Ethical issues by Dr. Ravi Shankar, on 10.02.2015 attended CME on Pain and Palliative care at SSSMC&RI, on 28.02.2015 attended CME on "Donation and Transplantation of Human Organs Social, Ethical and Legal Aspects" at SSSMC&RI, on 21.03.2015 attended the CME on effective use of inhalers in asthmatic patients by Dr.Kailash at Hotel Raj park, on 22.03.2015 attended the CME on Hepatitis B updated knowledge by Dr. Sarma at Nobal hospital and on 29.03.2015 attended the CME on DYSLEXIA organized by IAPCCB & MDAby Dr.V. Sivaprakasam-Approach to poor scholastic performance in child.

Department of Physiology

Mr. Glad Mohesh, Asst.Prof, Department of Physiology participated in one day workshop on "Innovative research methods based on cost effective equipments in physiology & medicine" held on 12.01.2015 at Sri Venkateshwara Medical College, Puducherry.

The research paper of Mr. Glad Mohesh, Asst.Prof, Department of Physiology "Correlation of BMI on cardiovascular reactivity to exercise induced stress in young adults" has been selected for presentation in conference on Experimental Biology, Boston ,USA.



CME on "The Pinch of Salt" on World Hypertension Day

Each year since 2006 on May 17th, the World Hypertension League (WHL), in close partnership with the International Society of Hypertension (ISH) and other organizations, has hosted World Hypertension Day (WHD). For the five-year period 2013-2018, the theme of WHD will be 'Know Your Numbers' with the goal of increasing high blood pressure awareness in all populations around the world. In view of this the department of general medicine conducted a CME- "The Pinch of Salt" on World Hypertension Day. Poster and quiz competitions were conducted and prizes were distributed. Innovative video presentations were made and the students enthusiastically acted in the skit on Hypertension.

CME - An Update Workshop on Research Methodology and Medical Writing- May 2015

CME-Workshop on Research The Medical Education Unit of Shri Sathya Sai Medical College And Research Institute organized a workshop on Research Methodology and Medical Writing under the auspices of Sri Balaji Vidyapeeth University, CIDRF and SAF for the faculties of Shri Sathya Sai Medical College & Research Institute. More than 50 participants attended the workshop. The stalwarts of medical education Dr. K.R. Sethuraman, Vice- Chancellor, SBVU inaugurated the workshop at 9.30 am and gave the key- note address on 'tips to publish research papers', while Dr.N.Ananthakrishnan, Dean - research and post-graduate studies, SBVU, updated the faculties on 'current trends in medical research', following him, Dr. Narasimha Rao, Professor & Head, Dept of Physiology, SSSMC & RI, elaborated on the funding sources available and the process application for the funding sources. Dr. Swayam Jothi Professor and Head, Dept of Anatomy, SSSMC & RI, provided her valuable talk on the preparing the research proposals. Dr. K.A. Narayan, Prof, Community



Medicine, MGMC & RI, gave a clear view on preparing the project proposals and Dr. J. Shanmugam, Senior Deputy Director, CIDRF, SBV, shared his valuable experiences on manuscript preparation for publication, and Dr. Elumazhai, Senior Statistician & Research Consultant, SBV helped in understanding the statistical analysis that could be used for research analysis. The workshop provided all the faculties a clear outlook on the current situation in medical research and the process of preparing the manuscript, research proposals, funding processes and publishing the manuscripts provided a strong motivation and renewed vigor for the faculties of SSSMC &RI.

SSSMCRI enters the World Directory of Medical colleges- May 2015

SSSMCRI enters the World Directory of Medical colleges. Now all the graduates are eligible to take up any of the qualifying exams conducted abroad. Visit World Federation for Medical Education and the Foundation for Advancement of International Medical Education and Research to find information about the Medical School.

Resource Person/ Chairperson/ Presentations in Scientific Events

On April 2015, Dr Semmal, Associate Professor of Physiology, visited Paris, France, and delivered a lecture regarding "Medical Education to the Common Man in Regional Language using Ancient Literature" via the Philocine (Philosophical Aspect of Medicine) protocol. He also made two virtual publications as part of creation of educational videos in regional language (Tamil) to impart medical knowledge to medical students hailing from rural background as well as to the non-medical persons including patients, school children and the common man.

Dr Swayam Jothi, HOD, Dept of Anatomy attended the Indian Dental Convention – Mokshaa 15 held between 11.04.10 and 12.04.2015 at Sri Venkateswara Dental College & Hospital, Thalambur, Chennai and was also the judge for poster presentation.

Dr.M. Mohanambal, Professor of Obstetrics and Gynaecology, gave a talk on "Infertility and Endometriosis in day to day practice" in the monthly FOGSI meeting, at Vishakhapatnam on 31.05.2015.

Dr.M. Mohanambal, Professor of Obstetrics and Gynaecology, gave a talk on "Yoga and Health" for the World Yoga Day celebration, conducted by the south Chennai branch of Yogasana Alayam on 21.06.2015.

A guest lecture was given by Dr.Karthika Jayakumar , HOD, Dept of Microbiology on 'Overview on HIV' in Karpagam Medical College for faculty, for the Department of Microbiology & II MBBS students on 26.6.2015, at Coimbatore.

Six of the faculty projects, of the department of Microbiology, funded by TB Association of India were selected for Oral and poster Presentation in NATCON Mumbai 2014.

- TB Diagnosis: Early detection of TB infection in clinical samples- Dr. Karthika Jayakumar.
- Screening of DM patients for active pulmonary tuberculosis- Dr. Krishnappa
- Comparison of IGRA: T Spot TB assay, quantiferon TB Gold test & tuberculin skin test for the evalution of young children at high risk for TB- Dr. Dinesh
- A comparison of clinical, laboratory & radiological imaging in assessing the prevalence of pulmonary tuberculosis among adults in rural Kancheepuram- Mr. Sunil

- Air borne infection control bacterrial and fungal yields of air samples in hospital environment- Ms. Anitha.
- Rapid detection of multidrug resistance tuberculosis by simple culture methods- Ms. Divya



Participation in Scientific Events

Dr. Shivashankar, Associate Professor, department of General Surgery, attended the American Urological Association in New Orleans, USA from 14th to 18th May 2015 and also attended a workshop on robotics and minimal access surgery.

Dr Swayam Jothi, HOD, Dept of Anatomy attended the Indian Dental Convention – Mokshaa 15 held between 11.04.10 and 12.04.2015 at Sri Venkateswara Dental College & Hospital, Thalambur, Chennai and was also the judge for poster presentation.

On 29.04.2015 Dr. Swayam Jothi, HOD, Dept of Anatomy attended a lecture and Demonstration regarding the Recent Trends in the Diagnosis and Treatment of Malaria in the Hospital Block, SSSMCRI.

On 20.05.2015, Dr Eswari and Dr.Sunitha, faculty members, Dept. of Anatomy attended CME on Leprosy.

Dr.M. Mohanambal, Professor of Obstetrics and Gynaecology, participated as a delegate in "Chettinad OGCON 2015", conducted by the Department of Obsteytrics and Gynaecology, Chettinad Hospital and Research Institute, Chennai, on 20th June 2015.

Dr.M.Gopi, Dr.Shalini, Mr.Glad Mohesh, Mr.Ratchagan and Ms.Sindhuja, faculty members, Dept of Physiology participated in "An Update Workshop on Research

Methodology and medical Writing" at SSSMC & RI on 21.05.2015.

Dr. Kalaivani, Dr. Raja and Dr. Karnaboopathy, Assistant Professors, Department of Community Medicine, attended one day session on Yoga day on 24.06.2015 conducted at SSSMCRI.

Dr. Chitra, Dr. Latha and Dr. Shalini, faculty members, Dept of Physiology attended a national seminar and CME on "Therapeutic Potential of Yoga" organized by Department of Physiology and CYTER at MGMC&RI on 26.06.2015.

Between 09.05.15 and 10.05.2015, Dr Swayam Jothi, HOD, Dept of Anatomy attended GENEXTANACON 2015 conference at Coimbatore.

On 13.06.2015, Dr. Swayam Jothi, HOD, Dept of Anatomy participated in "Inter State IMA CME Programme" regarding Obesity held at Rajan Eye Care Hospital, Chennai.

On 14.06.2015, Dr Swayam Jothi, HOD, Dept of Anatomy attended a CME on IMSA TN Chapter at K.J Hospital Auditorium Chennai.

On 21.06.2015 Dr Swayam Jothi, HOD, Dept of Anatomy attended a CME on B.P. variability as CV risk- Current concepts by Dr.Sarma VSN and CME on Hypertensive heart disease by Dr U. Ilaya Raja at Billroth Hospital, Shenoy Nagar, Chennai.

On 22.06.2015, Dr Swayam Jothi, HOD, Dept of Anatomy attended a CME on "Clinical Embryology and its significance in Assisted Reproductive Techniques" at Mahatma Gandhi Medical College & Research Institute, Pondicherry.

Dr. Swayam Jothi, HOD, Dept of Anatomy attended vertical integrated teaching on Hemiplegia on 16.5.2015. On 18.05.15 &19.05.2015 Dr. Swayam Jothi attended Debate on Hypertension, on 23.05.2015 she attended vertical integrated teaching on Refractive errors, Deafness, on 28.05.2015 she attended scientific society meet and on 30.5.2015 she attended vertical integrated teaching held at SSSMCRI.

DEPARTMENT OF ANATOMY

On 3rd & 4th of July 2015, the faculty members of Anatomy department attended the 14th "Regional Society of Anatomists Meet - 2015" at Kuppam - PES Institute of Medical Sciences & Research. On 19th July 2015, the faculty members of Anatomy department attended a CME on "Completion of 175 cases treated in Advance Fever Clinic" & release of "Book on Poisoning and Drug Overdose" & Text Book of Medicine" at The Park Hotel, Annasalai.

On 24th July 2015, the faculty members of Anatomy department met scholars from PMI, USA.

On 26th July 2015, the faculty members of Anatomy department attended a Healthy Talk on "Hepatitis C - A Silent Killer" at Auditorium, Fortis Malar Hospital, Chennai.

On 29th and 30th of July 2015, the faculty members of Anatomy department attended Workshop cum Conference on "Panoramic Parasight" at SSSMC & RI.

On 30th July 2015, the faculty members of Anatomy department attended the Inauguration of "The Intellectual Property Rights Cell" at MGMC & RI, Puducherry.

On 29th July 2015, the faculty members of Anatomy department attended the Protocol presentation at SBV by Srinivasa Rao Ph D scholar.

On 20th September 2015, the faculty members of Anatomy department attended a CME on "Urinary Incontinence & Role of Urodynamics" at The Pride Hotel, Kilpauk, Chennai - 600010.

On 25th September 2015, the faculty members of Anatomy department attended the Academic council meet at SBV.

On 25th September 2015, the faculty members of Anatomy department attended the "National Conference on Intellectual Property Right (IPR) at at Sri Balaji Vidyapeet University, Puducherry.

On 27th September 2015, the faculty members of Anatomy department attended a CME Conference on "Fertility, High Risk Pregnancy & Perinatology" at Benzz Park, Rolls Royce Hall, T.Nagar.

DEPARTMENT OF PHARMACOLOGY

Dr.Maduram, Asso.Prof, Dr.Lavakumar Asst.Prof and Dr.Kavitha from the Department of Pharmacology attended a CME programme on Vaccine Pharmacology held at SRM Medical College, Kattankulathur on July 1st 2015.

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DEPARTMENT OF OPHTHALMOLOGY

The Department of Ophthalmology conducted many camps. The total number of eye camps conducted was 2 during July 2015; 3 during August 2015 and 3 during the month of September 2015,

Dept. of General Surgery organized a Guest lecture on 1.10.2015 given by Dr.Dhalapathy Sadacharan., MS, MCh. He gave a lecture on Thyroid Neoplasia and also gave a live demonstration of total thyroidectomy with neck dissection for papillary carcinoma of thyroid and transplantation of parathyroid gland in the sternomastoid muscle.

Dr. Karthika Jayakumar, Head of the Department of Microbiology was the chairperson for MICROCON 2015 on 27.11.2015 afternoon session, JIPMER. Dr. Karthika Jayakumar has done a sensitization programme on Telemedicine for CRRI/Patients along with Pulmonology department.

10.10.15 – Anatomy Department faculty members attended the Regional 38th ANATCON at PRIMS.

11.10.15 – Anatomy Department faculty members attended the International Conference at IMSA at Vayanadu and received the fellowship (FIMSA)



8-11-15 – Anatomy Department faculty members attended the IMSA meeting on Tele health by Prof K Ganapathi by K J hospital.

8-11-15 – Anatomy Department faculty members attended the IMPAI meeting at RIGID hospital.

Dr.S.Swayam Jothi, Head of the Department of Anatomy chaired a scientific session on Genetics and Embryology at the 63rd National conference of ASI at Lucknow.

14-11-15 – The Department of Anatomy conducted the CME/Guest lecture on Attitude towards Academics & Stress management by Dr. Sharma at SSSMC &RI. 23.11.15-



From 19th to 25th Oct, 2015 - Anatomy Department members attended the 63rd National conference of ASI at Lucknow and they presented scientific papers.



13.12.15 – Dr.S.Swayam Jothi, Head of the Department of Anatomy attended CME at KJ hospital by Dr Ravichandran on Overview of systemic lupus erythematosus (SLE).

13.12.15 – Dr.S.Swayam Jothi, Head of the Department of Anatomy attended CME at Hyatt Regency on Traumatic brain injury conducted by Neurokrish.

20.12.15- Dr.S.Swayam Jothi, Head of the Department of Anatomy attended CME at Apollo hospital, Greems road

26-27.12.2015 Dr.Lavakumar attended KumbMetCon, Conference on "Current Trends in Diabetes Mellitus Practices And Management" held on at Kumbakonam and won third prize in quiz competition



State Conference cum Workshop - 2015 on "PANORAMIC PARASIGHT" by the Department of Microbiology:

The Department of Microbiology of SSSMC&RI, under the auspices of IAMM, with the Guidance & support of the Management & Dean, conducted a two days' workshop cum conference on "PARASITOLOGY", between 29.07.2015 and 30.07.2015 between 8.30am to 4.30pm on both days. The conference was named as "PANORAMIC PARASIGHT", had the faculties of the department of Microbiology as organizing committee in the following capacity: Dr.G.Sridar- Treasurer, Dr. K.Dinesh -coordinator of designing banners, invitation, Banquet, conference bag, M.C, Dr. Mowna - Correspondence in charge, Mr. Sunilkumar Jada - Asst to Treasurer & correspondent. Dr.Karthika Jayakumar - Organizing secretary. Prof. Dr. Mohanasundaram, DEAN was the convener & Chairman of the programme.

There were nine practical exercises & demonstrations planned for the participants viz: (1) Acid Fast Stain (2) LPCB Mount (3) Fluorscent Stain of Taenia eggs (4) Copro Culture & Baermann Technique (5) Protein Purification & Western Blot- Taenia solium (Cysticercosis Antibody detection) (6) DOT ELISA- Entamoeba histolytica (7) Appendicular Faecolith (8) Parasitic STD (9) Sight Of Parasites- 20 slides & 12 mounted specimens.

The workshop was planned for 25 -35 participants only, but due to the overwhelming response 50 people took part in the workshop & were trained in Small Group by dividing the participants into 4 groups. The workshop on 29.07.2015 started with a prayer invoking the blessings of the Almighty, followed by the inaugural address by Dean & Felicitations by Medical Superintendent.





On 30.07.2015, the conference started with a prayer song by the VII semester students, which was followed by the welcome address by the Organizing Secretary. The Presidential address by the guest of honour, Prof .Dr.S.C.Parija, shared his happiness for the conduct of conference on Parasitology. Prof.Dr.J.Mohanasundaram, Dean of the institution gave the Key note address. Prof.Dr.K.R.Sethuraman, Vice Chancellor of SBVU, congratulated the organizing committee in his felicitation address. Dr.J.Shanmugam, President of IAMM, in his speech highlighted the evolution of IAMM & encouraged everyone to become a member of the association. Dr.G.Jayalakshmi, President of IAMM of Tamilnadu Chapter in her talk encouraged the conduct of CME/Conference in every medical college once in a year. Souvenir was released by Dr.S.C.Parija, Vice - Chancellor and Dean received the same. The Vote of thanks was delivered by Dr.K.Dinesh, Assistant Professor, Department of Microbiology.

After the completion of the inaugural programme, the scientific session started. The first session was by Prof. Dr.S.C.Parija, Director, JIPMER, Pondicherry, who gave an insight into the 'Recent trends in the diagnosis of parasitic infections'. The second lecture started after the tea break, it was adorned by Dr.Lalitha Prajna, Chief Microbiologist, Aravind Eye Hospital, Madurai, who shared her knowledge & experience on 'Ocular Parasitosis'. The third lecture was excellently delivered by Prof.Dr.R.Indra Priyadarshini, Head of the Dept. of Microbiology, VMKVMC, Salem. She portrayed effectively on 'Drug Resistant Malaria-Current Scenario & future threat'. The fourth topic was discussed by the Organizing secretary, Dr.Karthika Jayakumar, Prof & Head, Dept of Microbiology, SSSMC&RI on "Pulmonary Parasitic infections". The last topic was presented by Prof.G.Jayalakshmi, Head, Dept. of Microbiology, Saveetha Medical College, Chennai. She etched a clear descriptive, detailed lecture on "Zoonotic Parasitic Diseases". All the presentations had three chairpersons-one external & two internals.

Post lunch session had 12 Oral presentations by the participants from different Medical colleges of Tamil Nadu, in the auditorium with Dr.Anubuman, Prof of SRU, Dr. Chitralekha, Prof of Balaji Medical College & Dr.Illamani, Head & Prof, Dept. of Microbiology, Balaji Medical College, Chennai as Judges. Simultaneously in the lobby, 21 POSTER presentations by the delegates were judged by 3 other experts: Dr. Lalitha Prajna of Aravind, Dr. R.Indra Priyadarshini of VMKVMC& Dr.Kiran Madhusudhanan, Prof of Balaji Medical College.

The valedictory function which took place after the completion of the presentation, witnessed the announcement of winners of the Oral & Poster presentations with the distribution of certificates to the participants, chairpersons, speakers & resource persons by the Dean. The two days state level programme concluded with the prize distribution for the winners & collecting feedback from the 130 delegates who enjoyed the hospitality of Sathya Sai.

OUTREACH ACTIVITIES

In the quarter of January - March 2015, the Department of Community Medicine in coordination with specialists







from various clinical departments, and paramedical staffs conducted 44 outreach camps at Guduvancherry, Anbagam (Pananagattupakkam), Mullipakkam, and Manampathy.

In the quarter of April – June 2015, the Department of Community Medicine in coordination with specialists from various clinical departments, and paramedical staffs conducted 44 outreach camps at Guduvancherry, Anbagam (Pananagattupakkam), Mullipakkam, and Manampathy.

Blood donation camp was conducted by the department of Pathology on 14.4.2015 commemorating Dr. B. R. Ambedkar's birthday.

Blood Donation Camp at Pallavaram

Department of Pathology conducted a Blood Donation Camp at Pallavaram. Twenty three donors donated blood. Snacks and cool drinks were given to the donors. The camp was organized by Dr. Dinesh Kumar S, Blood Bank Medical Officer. The CRRI who participated in the programme are Dr. Saberi Prabhu, Dr. Chinmai, Dr, Ishaq Mohammed, Dr. Joseph Manuel & Dr. Manoj. The Technicians who participated in the programme are Mr. Govindaraj, Mr. Makesh, Miss. Ilakya, Miss. Kokila & Miss. Ranjutham. The Nurses who participated in the programme are Mrs. Sunimol, Miss. Usha, Miss. Sivakami, Mr. Rajasekhar, & Miss. Patchaiammal.

Hand Washing Day - 15th October 2015

Hand washing day was observed in the schools at Sembakkam & Mullipakkam with the help of CRRIs posted in Department of Community Medicine. Demonstration of hand washing was done for the students and even they were encouraged to practice the same regularly. Dr. Sahaya Sona Thresa, Post graduate, Department of Community Medicine was present for each of these sessions.



World Diabetes Day – 14th November 2015

On the occasion of World Diabetes Day, students from the third semester actively participated in the role plays depicting various aspects of diabetes and the necessity of lifestyle modifications.

Flood relief camps – December 2015

Enormous levels of activities were accomplished by the team of doctors in the form of medical camps during the December 2015, Chennai floods.

In the quarter of October-December 2015, the Department of Community Medicine in coordination with specialists from various clinical departments, and paramedical staff conducted 42 outreach camps at Guduvancherry, Anbagam (Pananagattupakkam), Mullipakkam, and Manampathy. In



addition, the Department of Community Medicine actively participated in the flood relief camps and created awareness about health issues arising out of floods.

Department of Ophthalmology conducted Multiple DBCS Eye camps (3 in October, 4 in November, 3 in December, 2015)

COMMEMORATIONS

World Tuberculosis Day

Theme for 2015: Reach 3 million – Reach, Treat and Cure Everyone

World Tuberculosis Day was observed in the College on 26.03.2015 in order to create awareness among students of the VI & VII semester regarding prevention of tuberculosis. A poster competition was organized and 7 different topics – Prevention of TB; Clinical features of adult & paediatric TB; Diagnosis of TB; Treatment of TB – DOTS; Revised National TB Control Programme; Epidemiology of TB and



drug resistance; and TB-HIV & TB-DM - to 7 different groups have been allotted to the participating students by the faculties of Department of Community Medicine. The posters were assessed by Dr. Venkatadri, Professor & Head, Department of Pharmacology, and Dr. Sundaramurthy, Professor & Head, Department of Pulmonology. Out of the seven groups, two best groups were rewarded by the judges. The rewards were sponsored by Dr. Sundaramurthy.

World Cancer Day

With the encouragement of Dean and Medical Superintendent of SSSMC & RI, Department of Internal Medicine observed WORLD CANCER DAY on 4th and 5th Feb 2015 based





on the theme "Cancer Is Messy & Scary". The department conducted various events like Poster presentation titled



"Let Me Have Life like a Bird" A Righteous Feel Of Cancer Patient, Poetry competition entitled "Did you really want to die?" No one commits suicide because they want to die "Then why they do it?" Because they want to kill the pain. Debate- on "Euthanasia". Is it Benevolance or Malevolence? and Tricky Poster. Many students and interns participated the events with enthusiasm and won various prizes.

World Asthma Day:

On the view of world Asthma day, Department of Paediatrics and Department of Pulmonology organized Asthma Day with the theme "you can control your asthma" and also conducted "OSCE in Asthma" for final year MBBS students on 15th may 2015.

World Women's Day

On account of World Women's Day, Dr. Suthanthira Devi and Dr. Mohanambal, Department of OBG organized

various awareness speech regarding women's health is wealth, Indian women's achievements and Women's empowerment on March 9th 2015. Students, teachers and interns from various departments actively participated in this programme. Following the World Women's Day, Department of Internal Medicine celebrated World Women's on 10th March 2015. In the view of the day a Debate on "Women in India are safe/ unsafe" was organized by Dr. Nasreen Beum, Professor of Internal Medicine.

STUDENTS NEWS

Dr. Sahaya Sona Thresa, PG in Community Medicine, attended First International Conference on Medical & Social Sciences, at Mysore from 24.11.15.to 27.11.15. She presented a paper titled, "Role of married women in household decision making process in a rural area of Kancheepuram district, Tamil Nadu".

Dr. Sahaya Sona Thresa, PG in Community Medicine, participated in the Pilot Training on Health Sector / Stigma to Improve HIV Service Delivery for Transgenders, organized by the Voluntary Health Services - MSA-DIVA project from 13.11.15 to 15.11.15 at Chennai.

Dr Hemanathan, Dr Ishwaya, Dr Saba Yasmin, Dr Syed Ahmed Hussain, PG students in Pathology attended a PG symposium on 18.12.2015 in MGMCRI, Pondicherry. PG students in Pathology Dr Ishwarya presented Oral Paper, Dr Hemanathan and Dr Saba Yasmin presented Poster on their thesis topics; Dr Hemanathan won the third place in poster presentation event titled, "Expression of Cytokeratin 19 and TPO in relation to morphological features in non neoplastic and neoplastic lesions of thyroid".Dr. Sahaya Sona Thresa (Postgraduate student – Community Medicine) attended the two day confere.01.2015.

Dr. Sahaya Sona Thresa (Postgraduate student – Community Medicine) was rewarded with the Chancellor Medal for coming second in Essay writing on the topic "Climate Change and Health". The reward consisted of a Silver medal and a cash prize of Rs. 2000/-.

Final Year student Nivedita Emily Jothi won the prize for best speaker in Debate competition entitled "Women in India are Safe/ Unsafe" on World Women's Day organized by Dr. Nasreen Begum Prof, Department Of Internal Medicine 10th March 2015.

Thiruselvan and Sathish won 1st prize, followed by S. Suruthi and Banmathi won 2nd prize and Sri Sai Janani



won 3rd prize for poster presentation in World Cancer Day "Cancer Is Messy & Scary" on 4th feb 2015.





Dept of Physiology conducted 7 student seminars in the month of June. 49 students participated. Best speakers were awarded for each session and all the participants were awarded with certificates. Also it conducted quiz programme for students.12 students participated. Winners and participants were awarded with gifts and certificates.

Six students from I-yr MBBS, participated in inter-college quiz competition "Gastro-enterology Quiz" on March 28th 2015 at Govt.KAP Viswanathanan Medical College, Trichy Dr. Sahaya Sona Thresa, post graduate student from the Department of Community Medicine attended Entomology Training in Public Health at Vector Control Research Centre, Hosur from 16.04.2015 to 18.04.2015. Sahaya Sona Thresa (Postgraduate student) Department of Community attended one day session on Yoga day on 24.06.2015 and also attended Fundamentals of Statistics and Principles of Epidemiology & SPSS – Organized by CMC Vellore from 18.05.2015 to22.05.2015.

In Poetry competition titled "Did you really want to die?" No one commits suicide because they want to die "Then why they do it?" Because they want to kill the pain. Abinaya.V got 1st prize followed by Neha.A and Mugil Vendhan won 2nd and 3rd prize " on 4th feb 2015

On 5th feb 2015 Neha.A won the best speaker award for debate on "Euthanasia". Is It Benevolence Or Malevolence?

On the same day Peer Mohammad A.B won first prize for Tricky poster. This was conducted by Dr. Nasreen Begum Prof, Department Of Internal Medicine.

Pre final year students Mr. Sathish and Mr. Darshan won 3rd place in the National level UG psychiatry Quiz in the Annual conference (ANCIPS) in Hyderabad on Jan 10th Jan 2015.



Awards

Dr. Suthinthira Devi, Professor and head, department of OB& G, received the fellowship for AICOG in the presence of Chancellor, Prof.Rajaram Pagadala, SBV.





INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES

Message From

Prof. Carounanidy Usha, MDS., PGDHPE.,

Dean, Faculty of Dentistry



The academic year 2015 commenced with enhanced vigour and enthusiasm that was inspired by our own achievements of the last year. With the conviction that hard work and team spirit can take the institute to greater heights, internal quality enhancements were fortified to satisfy the requirements of NAAC accreditation. The collective hard work of every member of Sri Balaji Vidyapeeth, including the dental institute, under the visionary leadership of our Chairman, Sri. M.K Rajagopalan, culminated in the awarding of the 'A' Grade in NAAC, for this magnificent educational set-up.

Beyond the jubilance and the celebration on this achievement, IGIDS critically reflected on what is missing in the system and what needs to be done or improved. That was converted as the objectives for the year ahead. One of the main objectives was to improve the scholarly activities of teaching faculty and students. Research projects, grants, patency and quality publications have been encouraged by providing time, fund and resources needed. The time-ly and wise guidance of the Dean, Research and Allied Health Sciences has enabled IG-IDS to continue to improve in this aspect. Quarterly performance appraisals through the Academic and Administrative Auditing under the Vice-Chancellor provided opportunities for creating short term, realistic goals that we could achieve. Feedback from the patients, students, faculty and alumni has kept IGIDS alert and active in adopting curricular changes and widening the service rendered to the patients.

As IGIDS continues to reap the efforts of committed, hard work, under mentorship of the leaders and with blessings of God almighty, it is also constantly aware that there is no end to the process of growth. It is life itself.

FACULTY HIGHLIGHTS

RESEARCH AND SCHOLARSHIP

Publications

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ACADEMIC INITIATIVES

Guest lectures

Dr.Senthil, Reader, Dept of Public health dentistry, delivered a guest lecture in the topic "Preventive Dentistry – Bun or Butter in GDP" in the continuing dental education program organized by IDA Puducherry Cuddalore Branch on 8.02.15.

Dr Nandakumar A, Prof and Head, Dept of Orthodontics gave a guest lecture titled "Inventory management in practice" in Nashik on 23.02.15.

Dr.Senthil, Reader, Dept of Public health dentistry, delivered a guest lecture in the topic "Update on Recent Preventive Modalities – Dental Caries, Malocclusion and Dental Fluorosis" in PILOT program held at Sri Ramachandra University on 27.2.15.

Dr.Senthil, Reader, Dept of Public health dentistry, delivered a guest lecture in the topic "Art of Conquering Patients" in the CDE program titled "Guide to Dental Practice" Held at Kaparga Vinayaga Institute of Dental sciences on 18.3.15.

Dr.Vikneshan, senior lecturer, Dept of Public health dentistry delivered a guest lecture in the topic "Ethics in Dentistry" in the CDE program titled "Guide to Dental Practice" held at Kaparga Vinayaga Institute of Dental sciences on 18.3.15.

Dr. R. Sathyanarayanan, Prof & Head, Dept of OMFS, delivered a guest lecture on Maxillofacial trauma at CME on Golden Hour, MGMCRI on 20.03.15.

Dr. Usha Sathyanarayanan, Principal, IGIDS gave a guest lecture on "Evidence Based Research" at Melmaruvathur Dental College and Hospital, Melmaruvathur on 23.06.15



Dr. Sathyanarayanan Prof & HOD delivered a guest lecture on "How To Organise , Draft and Cite the result Literature" at Melmaruvathur Dental College And Hospital , Melmaruvathur on 23.06.15.



Dr.Srinivasan J, Professor, Department of Prosthodontics conducted a workshop on scientific writing, biostatistics and Cochrane review. Organised by the Indian prosthodontic society for the peer reviewer of Journal of Indian prosthodontic Society, at Jaipur between 11.04.15 and 12.04.15.

Dr.Srinivasan J, Professor, Department of Prosthodontics presented a paper for interns at IGIDS on Implant prosthodontics for single missing tooth sponsored by Colgate on 29.06.15

Dr. V. Yuvaraj, Reader gave a lecture on 'Surgical placement of dental implants' at the CDE, conducted by Colgate at SBV on 29.06.15

Dr. Srinivasan, Professor, Dept of prosthodontics conducted hands on workshop on "Digital Smile Designing" at 17th Indian Prosthodontics society PG convention at Nagpur on 10.07.15 Dr.Sathyanarayanan, Prof & Head, Dept of Cons & Endo delivered Guest lecture on "Rotary - Reciprocation Endodontics at "Recapitulation VII" on 24.07.15 at Meenakshi Ammal Dental College and Hospital, Chennai.

Dr.Carounanidy Usha, Principal & Prof, Dept of Cons & Endo, delivered Guest lecture on "Rotary - Reciprocation Endodontics at "Recapitulation VII" on 24.07.15 at Meenakshi Ammal Dental College and Hospital, Chennai.

Dr.Sathyanarayanan, Prof & Head, Dept of Cons & Endo delivered Guest lecture on "Esthetic Rehabilitation Using Composite Resin" at IDA Mayiladuthurai on 26.07.15.

Dr.Carounanidy Usha Principal & Prof, Dept of Cons & Endo, delivered Guest lecture on "Trouble Free Posterior Composite Resin Restorations "at IDA Mayiladuthurai, on 26.07.15

Dr.Sathyanarayanan, Prof & Head, Dept of Cons & Endo delivered Guest lecture and workshop on "Gold Foil Restoration" at Faculty of Dental Sciences, KGMC, Lucknow on 3.08.15 and 4.08.15.

Dr.Carounanidy Usha, Principal & Prof, Dept of Cons & Endo, delivered Guest lecture and workshop on "Gold Foil Restoration" at Faculty of Dental Sciences, KGMC, Lucknow on 3.08.15 and 4.08.15.

Dr.Suganya M, Senior Lecturer, Dept. of Pedodontics and Preventive Dentistry gave an oral health education and awareness talk to parents of special children of Sathya Special school at Karuvadikuppam, Pondicherry on 06.08.2015.

Dr.Selva balaji A, Senior Lecturer, Dept. of Pedodontics and Preventive Dentistry gave an oral health education and awareness talk to the teachers of special children of Sathya Special school at Karuvadikuppam, Pondicherry on 29.08.2015.

Dr.Carounanidy Usha, Dean, IGIDS delivered Guest lecture on Post endodontic restoration at Saveetha Dental College, Chennai on 6.10.15.

Dr. Sathyanarayanan, Prof & Head, Dept. of Cons & Endo, delivered Guest lecture on Post endodontic restoration and video demonstration at Saveetha Dental College, Chennai on 6.10.15.

Dr. Sathyanarayanan, Prof & Head, Dept. of Cons & Endo, delivered Guest lecture on "Root canal therapy Vs Implant therapy" at Global Dental Meet, Hyatt Residency, Chennai on 08.11.2015.



Dr. Srinivasan J, Professor, Dept of Prosthodontics conducted a pre- conference course on "embellish the smileveneers clinical and laboratory hands on" and Chaired a scientific session at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Balaji, Senior lecturer, Dept of Prosthodontics conducted a pre- conference course on "Critical Concepts in successful Implant Dentistry" and Chaired a scientific session at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Presentation in Conference

Dr.P.S.Manoharan, Prof & Head, Dept. of Prosthodontics presented an "Oral Poster" on "Design of an Objective Framework for Internal Assessment among Postgraduates" at 7th National Conference on Health Professions Education conducted at Maulana Azad Institute of Medical Sciences at New Delhi between 19.11.15 and 21.11.15.



Dr. M. Shivasakthy, Reader, Dept. of Prosthodontics presented an "Oral Poster" on "BDS Syllabus Prototype – A model for Choice Based Credit System" at 7th National Conference on Health Professions Education conducted at Maulana Azad Institute of Medical Sciences at New Delhi between 19.11.15 and 21.11.15.



Dr. R.Sathyanarayanan, Prof & HOD, Dept of OMFS presented a paper on 'Non-Surgical Management Of TMJ disorders' at the TN AOMSI Conference held at Kodaikanal from 12.06.15 to 14.06.15

Dr.P.S.Manoharan, Prof & Head, Dept. of Prosthodontics presented a paper on "Objectification of Internal Assessment for Post graduates in Prosthodontics" at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15 and also chaired scientific session.

Dr. Srinivasan J, Professor, Dept of Prosthodontics presented paper titled "Network meta analysis or multiple treatment meta-analysis in prosthodontics and implantology at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Balaji, Senior lecturer, Dept of Prosthodontics presented paper titled "Rejuvenating the quality of life of amelogenesis imperfecta patient using modified Hobo and Takayama twin stage technique- A clinical case report" at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr.Vikneshan, Senior Lecturer, Department of Public Health Dentistry had presented a Scientific paper titled "A school based field study to assess the caries diagnostic reliability of school teachers after professional training" in XIX National conference of Indian Association of Public Health Denistry at Manipal.

Participation in Conference /CDE:

Dr. R.Sathyanarayanan, Dr. V. Suresh, Dr. G. Suresh Kumar, Dr. T.S.Balaji attended the TN AOMSI Conference held at Kodaikanal from 12.06.15 to 14.06.15

Dr. Sanguida.A, Senior Lecturer, Dept. of Pediatric & Preventive Dentistry attended CDE program titled

"Embrace- Orthodontics for all" at Rajas Dental College, Tirunelveli on 18.04.15.

Dr.R.Saravanna Kumar, Professor & Head, Dr.S.Sakthi Devi, Senior lecturer, Dept of Periodontics has attended the "Perioshiksha - I CDE program on controversies in periodontics 20.04.15 at Chettinad Dental College & Research Institute ,Kelambakkam, Chennai

Dr. Sanguida.A, Senior Lecturer, Dept. of Pediatric & Preventive Dentistry attended Accredited Continuing Dental Education program on "Complex & Post Endodontic Restorations" conducted by Indian Dental Association – Puducherry Branch on 14.06.15.

Dr.Prathima G.S. H.O.D Dept. of Pediatric & Preventive Dentistry attended CME on Music Therapy titled "Current Trends in Music Therapy Education Clinical PractiseAnd Research" 2nd international conference on Music therapy held on 23.06.15, at MGMCRI campus, SBV University, Pondicherry

Dr.R.Saravanna Kumar, Professor & HOD, and Dr.I. Karthikeyan, Senior lecturer, Dept of Periodontics attended the 2nd International conference on music therapy in the CME program titled " Current trends in music therapy education clinical practice and research " at Mahatma Gandhi medical college & research Institute, Sri BalajiVidyapeeth, Puducherry on 23.06.15.

Dr. Saravanakumar, Prof & HOD, Dr. Pratebha, Professor, Dr. Vineela. R, Reader, Dr. Jannanni. M & Dr. Arun Kumar. A, senior lecturers, Dept of periodontics attended CDE on Conscious Sedation held at Karpaga Vinayaka Institute of Dental Sciences on 08.01.15.

Dr. David, Professor, Dr. Varsha Murthy, Reader, Dept of prosthodontics were part of organizing team of CCCON-2015 held in MGMCRI, SBV on 09.01.15

Dr. Carounanidy Usha, Principal, Dr. Manoharan, Prof & Head, Dr. David, Professor, Dr. M. Shivasakthy, Reader, Dept. of Prosthodontics, Dr. Sanguida, Dr. Suganya, Senior lecturers, Dept of Pedodontics, Dr. M. Senthil, Reader, Dr. Vikneshan, Senior lecturer, Dept. of Public health dentistry, Dr. Saravanakumar, Prof & HOD, Dr. Pratebha, Professor, Dr. Vineela. R, Reader, Dr. Jannanni. M & Dr. Arun Kumar. A, Dr. S. Sakthi Devi , Senior lecturers, Dept of periodontics attended the international conference on climate change and health (CCCON – 2015) & also participated for movie clip competition (short film) entitled "passive smoking causes preterm birth" on 09.01.15.

Dr. Saravanakumar, Prof & HOD, Dr. Pratebha, Professor attended the Bioethics workshop on 24.01.15 organized by JIPMER.

Dr. Pratebha. B, Professor, attended workshop on Epidemology and research methodology on Feb 2015 held at CMC, Vellore.

Dr.Prathima,G.S, Professor & Head, Dr. Kayalvizhi.G, Reader, Dr. Selvabalaji.A & Dr. Ramesh Senior Lecturers, Dept of Pediatric & Preventive Dentistry attended the 63rd Indian Dental Conference at Manpho Convention Centre, Bangalore from 13.02.15 and 15.02.15.

Dr. Srinivasan, Professor, Dept of Prosthodontics, was resource person at Stepping Stones at RMDCH for hands on and CBCT in implant planning on 16.02.15.

Dr Nandakumar A, Prof and Head, Dept of Orthodontics attended the 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15.

Dr. Carounanidy Usha, Principal, Dr. Manoharan, Prof & Head, Dr. David, Professor, Dr. M. Shivasakthy, Reader, Dept. of Prosthodontics, Dr. Sanguida, Dr. Suganya & Dr. Selvabalaji, Senior lecturers, Dept of Pedodontics, Dr. M. Senthil, Reader, Dr. Vikneshan, Senior lecturer, Dept. of Public health dentistry, Dr. Sakthi Devi, Senior lecturer, Dept of periodontics attended IQAC seminar on Examination and Evaluation Reforms In Health Sciences at Chettinad health city, Chennai on 23.03.15.

Dr. Manoharan, Prof & Head, Dr. Varsha Murthy, Reader, Dept of Prosthodontics, Dr.S.Sakthi Devi, Senior lecturer, Dept of Periodontics attended CME on "Modern concepts in clinical nutrition" on 28.3.15.

Dr Kayalvizhi G, Professor, Dept. of Pediatric and preventive dentistry presented a paper titled "Autism: A case series on behavior guidance methods" at 1st National symposium of ISPPD based on the theme "Comprehensive oral care in special children: the management of physically, mentally and emotionally handicapped conditions including the medically compromised child held at Coorg institute of dental sciences, Virajpet between 7.08.15 and 8.08.15.

Dr. Ramesh V, Senior Lecturer, Dept of Pediatric & Preventive Dentistry attended the CDE program on Aesthetic dentistry, organised by IDA Nagai Thiruvarur branch, on 26.07.15 at Mayiladuthurai.

Dr. R. Sathyanarayanan, Prof & Head & Dr.V.Suresh, Prof, Dept of OMFS attended India's Oral Cancer Conference held at Adhiparasaktthi Dental college & Hospital, Melmaruvathur, Tamilnadu from 30.07.15 to 1.08.15.

Dr Prathima G S, Prof & Head Department of Pediatric & Preventive Dentistry has attended the 1st National Symposium 2015 "Comprehensive Oral Health Care in Special Children" Coorg Institute of Dental Sciences, Virajpet between 7.08.15 and 8.08.15

Dr. Sivasankari, Senior lecturer, Dept. of OMR, accompanied the students to State Art Youth Exhibition Mela conducted for International Youth Day by Pondicherry AIDS Control Society on 10.08.15.

Dr.Arun Kumar, Senior lecturer, Dept. of Periodontics and Implantology attended Students Interaction Program on International Youth Day, 11.08.15 at Mother Teresa Research Institute, Pondicherry.

Dr. Shivasakthy M, Reader, Dept of Prosthodontics, participated in the Human Chain formed at Beach road for "Mass level Human chain For AIDS Awareness Program by RRC members of all other colleges on 12.08.15 between 3.00-5.00pm in the presence of Honorable Chief Minister Mr. Rangasamy.

All faculty of IGIDS attended the "Reference Management Workshop", conducted by the Scientific and Academic Forum on 13.08.15 and 19.08.15 at IGIDS.

Dr. Mithunjith K, Senior lecturer, Dept. of Cons & Endo, attended an International conference "Digital Smile Designworld tour"- Three days hands on course held in Mumbai from 10.09.15 to 12.09.15.

Dr Prathima G S, Prof & Head, Department of Pediatric & Preventive Dentistry has participated in the Nasoalveolar Moulding & Clinical Cleft Pedodontics - a national level hands on course conducted on 11.09.15 and 12.09.15 at Bapuji Dental College & Hospital, Davangere

Dr.R.Sathyanarayanan, Dr.V.Suresh, Dr. Yuvaraj V, Dr. G. Suresh Kumar, Dr. T.S. Balaji, Dr. Nithin Joseph Jude, Dr. R Saravanan attended 1st Zonal Orthodontic & oral maxillofacial CDE Workshop on presurgical planning in orthognathic surgery held at Hotel Grand serenaa, Tiruchitrambalam, Tamilnadu on 19.09.15.

Dr.Saravana Kumar, Head and Professor, Dr.Pratebha, Professor, Dr.Vineela, Reader, Dr.Janani, Senior Lecturer, Dr.Karthikeyan, Senior lecturer, Dr. S. Sakthi Devi, Senior Lecturer Department of Periodontics and Implantology Dr. Sanguida.A, Reader, Dept of Pediatric & Preventive Dentistry, Dr. Santha Devy. A, Professor, Dr. Vezhavendhan. N, Professor, Dr. Vidyalakshmi. S, Senior Lecturer, Dept of Oral Pathology & Microbiology attended "National Conference of Intellectual Property Rights" on 25.09.15 at MGMCRI, Pondicherry.

Dr. Vishwanath Rangdhol, Professor and Head, Department of Oral Medicine and Radiology attended IAOMR 2015 National P.G Convention, Chennai from 26.09.15 to 27.09.15.

Dr Prathima G S Prof & Head Department of Pediatric & Preventive Dentistry has attended the program Digital Dentistry - Here to stay in 21st century held on 06.10.15 at Hyderabad.

Dr Kirthiga M, Senior Lecturer, Dept of Pediatric and Preventive Dentistry, attended a workshop on "Research Methodology Program" from 08.11.2015 to 11.11.2015 at Sri Ramachandra Medical College and Research Institute.

Dr Kirthiga M, Senior Lecturer, Dept of Pediatric and Preventive Dentistry, attended cochrane workshop on "Systematic Review and Meta Analysis" from 12.10.15 to16.10.15 at South Asian Cocrane Centre (SACC) at CMC, Vellore.

Dr. Saravanakumar. R, Prof & Head and Dr. Vineela. K, Reader, Dept of Periodontology attended the 40th ISP national conference on 30.10.15 at Novatel, HICC, Hyderabad.

Dr. Sanguida.A, Reader, Dept of Pediatric & Preventive Dentistry attended the Continuing Dental Education program on "Management of medical emergencies in dental practice and BLS" and "Decision making in orthodontics" conducted by IDA-Puducherry branch on 25.10.15.

Dr. Harikrishnan, Prof & Head, Dept of rthodontics attended 1st national conference on Occupational health at CMC, vellore between 30.10.15 and 31.10.15.

Dr. Mithunjith, Senior Lecturer, Dept. of Cons & Endo attended Hands on Clear Aligners at Global Dental Meet -2015 in Chennai between 6.11.15 and 8.11.15.

Dr. Bindu Meera John, Reader, Dept. of Cons & Endo, attended IACDE and IES Conference at Amritsar between 27.11.15 and 29.11.15.

Dr. Vishwanath Rangdhol, Prof & Head, Department of Oral Medicine and Radiology attended 27th National IAOMR Conference held at Ramoji Film City, Hyderabad between 4.12.15 and 6.12.15.

Dr. Rajkumar, Dr.Mohammed Ali, Dr. Balaji, Senior lecturers, Dept of Prosthodontics attended 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. R. Sathyanarayanan, Prof & Head, Dr.V.Suresh, Dr. Yuvaraj V, Professors, Dr. G. Suresh Kumar, Reader, Dr. Nithin Joseph Jude, Senior Lecturer, Dept. of OMFS attended MIMS-Mistakes in oral & maxillofacial surgery on 11.12.15 and 12.12.15 at Madurai.

Dr. Saravanakumar. R, Prof & Head, Dept of Periodontology attended the workshop organized by NIRF in Chennai at Marriott on 21.12.15.

MISCELLANY

Dr.Prathima,G.S, Professor & Head, Dept of Pediatric & Preventive Dentistry completed the PG certified course in "LASER DENTISTRY" conducted by Manipal University between 09.01.15 and 12.01.15.

Dr.S.Sakthi Devi, Senior lecturer, Dept of Periodontics participated in IGNITE "15 - certificate of appreciation for Loquentia'15, Dextrix '15 & Celestial '15, & won second



prize in "story writing entitled - "Romantic Thriller" on 21.03.15

Dr.Prasanya.R BDS, Tutor, Department of Prosthodontics served as a part of organizing committee member of an international conference on Current Trends In Music Therapy Education, Clinical Practice & Research held on 23.06.15 at MGMC&RI.

Dr.S.Sakthi Devi, Senior lecturer , Dept of Periodontics was the Registration committee member for the 2nd international conference on music therapy in the CME program titled " Current trends in music therapy education clinical practice and research " at Mahatma Gandhi Medical College & Research Institute ,Sri Balaji Vidyapeeth, Puducherry on 23.06.15

Dr. M. Shivasakthy, Program organizer, RRC attended the sensitization meeting conducted by Pondicherry AIDS Control Society on 09.10.15 at Old Maternity Complex, Puducherry.

Dr. Sanguida.A, Reader, Dept of Prosthodontics has been elected as the Convenor-CDE (2016) of Indian Dental Association, Puducherry branch on 20.11.15

Dr. Yuvaraj, Professor, Dr. T. S. Balaji, Senior lecturer, Dept of OMFS and Dr. Varsha Murthy, Professor, Dept of Prosthodontics have filed a Provisional patency for A Self retaining lingual flap guarding device for extraction of mandibular lower third molars.

ACTIVITIES OF SCIENTIFIC & ACADEMIC FORUM Future Dental Professionals Program - 2015

Department of Public Health Dentistry in association with Scientific & Academic Forum, IGIDS organized the future dental professional program on 13.01.15. The program was entirely sponsored by Colgate & Palmolive Ltd. and Indian Dental Association. The sponsorship was in the form of hospitality, gifts for speakers, chief guest and registration kits to speakers, undergraduates, post graduates, staff delegates. A total of 573 participants registered from the dental college.

In connection with CDE program a poster competition was organized on 12th Jan 2015in 3 categories preclinical, clinical, Pg & staff, under various topics. There were 60 participants for poster competition; best 2 posters were selected in each category. Certificate & gifts were awarded to the winners; 5 guest lecturers were delivered simultaneously



for 1st year, 2nd year, 3rd year, 4th year, Interns, Pg & staff. Three external and two internal speakers delivered the lecture on respective topics. I Year - Implements For A Healthy Smile by Dr.Suganya.M (Sr.Lecturer, Dept. of Paediatric and Preventive Dentistry, IGIDS); II Year - Acute Pain Management – Hypersensitivity by Dr.Jananni.M, (Sr. Lecturer, Department of Periodontia, IGIDS); III Year - Oral-Systemic Relation by Dr.Srinivasan (Professor, Dept. of Oral Medicine and Radiology, MGPGI); IVYear - Understanding the Science behind Mouth rinses by Dr.Grace T Paul (Associate Professor, Department of Periodontia, MGPGI); Interns/PGs - Practice Management by Dr.Srinivasan.S (Associate Professor, Department of Periodontia, Rajah Muthiah Dental college and Hospital).

Oral surgeon's day

The oral sugeons day was commemorated on 13.2.15 by Dept of Oral & Maxillofacial surgery along with SAF, IGIDS. Dr. Krishnakumar Raja, Prof & Head, Dept of OMFS, SRM dental college, Chennai spoke on "Orthognathic in nutshell". Dr. Sainath Matsa, Founder & CEO, Praseedha Hair transplant clinic, Chennai spoke on "the road not taken"



Gold n Gold

Forum for conservative dentistry and endodontics (FORCE) conducted CDE program on Gold n gold: A Restorative Extravaganza, three day workshop was conducted from 20.02.15 to 22.02.15. 130 Registered delegates consisting of Postgraduates and faculties from Karnataka, Kerala and Tamilnadu attended the program. This CDE program was powered by IACDE.

On the first day 20.02.15 the inauguration session was started at 9.00am with prayer song followed by welcome address given by Prof Sathyanarayanan. The diginitaries were Prof.Kandaswamy, (Dean, Dental sciences of Sri Ramachandra Medical college and Hospital) and Prof Lakshmi Narayanan (Hon. Secretary IACDE, Principal Thai Moogambika dental college) were honoured by Prof. Carounanidy Usha. The program was presided by Vice Chancellor of SBV UNIVERSITY, Prof.K.R.Sethuraman. Felicitation was done by Prof Kandaswamy. Inaugural address was delivered by Prof .Lakshmi Narayanan, followed by opening the inauguration box "The Treasure Chest" to reveal the instruments for gold restorations. He handed the first ellectro mallet which was fabricated in India by Prof.Sathyanarayanan. Then the vote of thanks was delivered by Dr.Bindu Meera John. After the high tea session following lectures were taken by the dignitaries. Prof Kandaswamy gave lecture on "Do we require gold"; Prof. Carounanidy Usha gave lecture on "current cariology" and gold restorations"; Prof. Sathyanarayanan gave lecture on GOLD and gold restorations. In the afternoon session Prof Sathyanarayanan gave lecture cast gold restoration and live demo of cast gold restoration.

On the second day 21.02.15, first guest lecture started by Prof. A.P.tikku, Dean, KGMCU, Lucknow on gold



foil techniques. Tea and snacks were served and the second lecture and demonstration of gold foil instruments was done by Sathyanarayanan R. Post lunch session, live demo on gold foil restoration was done with surgical operating microscope. The program ended at 5.00 pm and closing remarks was given by Principal Carounanidy usha. On the third day 22.02.15, ten registered participants were trained in direct foil restorations by Prof. Sathyanarayanan R. Ten work stations with all necessary instruments and equipments was arranged in the conference hall. Ten assistants were assigned for the participants and the hand on program was started All participants were given certificates and Precious gold foil as registration gifts. Feed backs were taken at the end of every day session.

07.3.2015- Clinical Society Meeting

The clinical society meeting for the month of March was conducted by IGIDS. There were four sessions for that day. The sessions were moderated by Dr Vandana (Senior lecturer, Department of Oral medicine and Radiology). There were five presentations that day: 1. Clinical concepts in implant occlusion by Dr Ilangkumaran, 3rd year PG, Dept of Prosthodontics.2. Impression making in implants by Dr Vishwanathan, 3rd year PG, Dept of Prosthodontics.3. Methods of preventing crestal bone loss by Dr Balaji, 3rd



year PG, Dept of Prosthodontics.4. Virtual articulator-a myth turned into a reality by Dr Bejoy, 1st year PG, Dept of Prosthodontics.5.Face Bow! Is it essential or not....? by Dr Devameena 1st year PG, Dept of Prosthodontics. Questions were asked by the audience and moderated by the moderator.

HUG- "Help Unite Generation" Campaign

The National Service Scheme units of IGIDS (Department Of Public Health Dentistry) & KGNC, along with HelpAge India-Puducherry, on 31st March 2015 conducted "HUG - Help Unite Generation", program at 2nd Floor Lecture Hall, MGMC, Pillayarkuppam, Puducherry. In this program 100 BDS students, 50 B. Sc. Nursing students and 50





elders participated. Dr. KR. Sethuraman, Vice- Chancellor, SBV University was the chief guest and addressed the gathering. Dr. Carounanidy Usha, Principal- IGIDS; Mrs. Sumathy- Professor, KGNC gave the felicitation address. Dr. Sathiyababu, DD-Helpage India, briefed about the Help Age India organization and the need of HUG Program.

The salient features of the program were the importance of elders for a valuable society and caring them was explained for the young generation through AV presentations and statistics. The motto of this program was to break the stress and isolation factor of the elders in Care taking homes and provide relief by interaction and entertainment. HUG – Band was worn for elders by the students, as a symbol of uniting generations. Students had an one on one interaction with elders, with mutual sharing of thoughts. Cultural program were performed by IGIDS & KGNC students to entertain the elder people.

SCOPE '15 Report

The Scope 15 (Student Clinician Orientation Program) was held on 08.04.15 at 2nd floor MGMCRI lecture hall. The Chief Guest for the program was Dr. ManojKarthik, MS, Associate Professor, Department of General Surgery, MGMCRI, Puducherry. The Program was presided over by Dr. CarounanidyUsha, Principal, IGIDS and Dr. Saravana Kumar, Vice Principal, IGIDS. The program was hosted by Dr. Lincy Stephen, CRRI. The welcome address was given by Dr. PrasannaEswarSai, President, Student Council, IGIDS followed by honouring the Chief Guest with the memento. The student clinician badging ceremony was held on the same day where the Principal of IGIDS badged the 3rd year class representative Miss. PreethiEpsiba followed by intern badging the student clinicians. Excellent interative lecture was given by Dr. ManojKarthik on the topic "Sterilization & Disinfection". The faculties and students of IGIDS attended the function. The program ended with the vote of thanks by Dr. Vishvaja, CRRI, Vice-President, Student Council, IGIDS followed by high tea.

INTERNS ORIENTATION PROGRAM'15

The Interns Orientation Program was held on 15.04.15 at the 2nd floor lecture hall, MGMC&RI. The program started with the prayer song. The welcome address was given by Mr. PrasannaEshwarSai, CRRI, IGIDS. It was then followed by felicitation of the honourable speaker Dr. T. ArunKuzhandaiVelu, Reader, Department of Conservative Dentistry and Endodontics, Rajah Muthiah Dental College by Dr. CarounanidyUsha, Principal, IGIDS. The thought provoking lecture was given by Dr. T. ArunKuzhandaiVelu titled "What am I, in this fast and furious world?" The Winners of Mokshaa'15 were appreciated with their respective awards. The program ended with vote of thanks by Ms. Vishvaja S, CRRI, IGIDS.

Art of Living Program

Scientific and Academic Forum has conducted a seminar and workshop on "Art of living" as part of the Faculty Wellness program on 18.06.15. The program was aimed to introduce to the art of living organization and their ideas. Resource persons were eminent faculties from Art of Living International Center Mr.Vikram, Mr.Gopalakrishnan and Dr.Rajasimhan. The program provided information about importance of mental and emotional health and also simple breathing exercise and yoga which could be practiced during routine practice. The workshop benefitted the students, Post graduates and Faculties of IGIDS, positive feedback was obtained and more elaborative programs were requested by students and faculties.

Clinical society meeting

The clinical society meeting was held on 25.06.15 at 10.30 am, the audience comprised of 3^{rd} years, final years, interns, PG's and faculties of IGIDS. The session was moderated by Dr. Balaji. J (Senior lecturer, Dept of Prosthodontics and Implantology). There were six presentations from the Department of Oral medicine and Radiology and the session was chaired by Dr. Saravanakumar (vice principal and head, Dept. of periodontology) and Dr. P.S Manoharan (Prof. and head Dept of Prosthodontics and Implantology). Dr.V.L.lakshman, presented on "Post traumatic bone regeneration of condyle - Radiographic interpretation dilemma", Dr. E. Lakshmi priya presented on Dr. P.Shivasanthosh presented on "Sclerotherapy in haemangioma - A case series", Dr. K. Abdul Khader presented on "Palatal swelling – A diagnostic approach – A case series", Dr. Santhoshpalla presented on "Assessment of bone density on are digital OPG using fractal analysis" and

Dr. S. Yoga presented on "Occult pathologies in panoramic radiographs". The session was open for discussion after every presentation. Certificates were given to the presenters at the end of the presentation by the chair persons. Feedback forms were collected from the audience.

CDE program on Pharmacovigilance

The Department of Periodontology conducted a CDE on Pharmacovigilence on 26.6.15,

The key speakers were Dr.Manikandan MD Pharmacology, JIPMER. Dr.S.Rajashekar, MDS, Periodontist, RMDCH. Dr.Manikandan lectured on "Current scenario on pharmacovigilance

Dr.Rajashekar lectured on "Drug – antibiotic – use & abuse". It was attended by all faculty, Post graduates, under graduates, and interns.

Future Dental Professional - II

The CDE program was organized by IMPLANT BOARD, Scientific and academic forum & department of Public Health Dentistry on 29.06.15 between 2.30 am and 4.00 pm at First Floor lecture hall, Mahatma Gandhi Medical College. The principal sponsor for the program was Colgate & Palmolive LTD. The program was attended by staffs, Post graduates and interns, a total of 96 participants got benefited by the program. The speakers were Introduction to Implants - Dr. Pratheba, Professor, Dept. of Periodontology, Indira Gandhi Institute of Dental Sciences; Surgical Placement of Single Unit Implant - Dr. Yuvaraj, Reader, Dept. of Oral & Maxillofacial Surgery, Indira Gandhi Institute Of Dental Sciences, Puducherry; Prosthodontic management for Single unit implant - Dr.J. Srinivasan, Professor, Dept. of Prosthodontics, Indira Gandhi Institute of Dental Sciences, Puducherry.

Training of Trainers Program, Dental Education Unit (1.7.15 to 3.7.15 & 8.7.15 to 10.7.15)

The 4th "Training of the trainers" program (6 day module) of the Dental Education Unit of IGIDS was conducted for the faculty of IGIDS (3 newly joined senior lecturers) Mahatma Gandhi Post Graduate Institute of Dental Sciences (2 Faculty) Karpaga Vinayagar Institute of Dental Sciences (7 faculty) & Raja Muthiah Dental College & Hospital, Annamalai (2 faculty).

The first day (01/07/15) began with a welcome address by Dr. Carounanidy Usha, which was followed by an

innovative ice breaking session conducted by Dr. Manoharan. A pre-test was then conducted. This was followed by the lecture on 'Education as a system' by Dr. Carounanidy Usha. This was followed by the lecture on "Taxonomy; domains and levels" by Dr.Manoharan .The post lunch session was on "Group Dynamics". Dr.K.A.Narayan (Resource person-AHEAD, SBV) & Dr. Shivasakthy used the concept of "fish bowl" to explain group dynamics.

Day 2 (02/07/15) started with report reading by Dr. Anirudh. The first lecture was on 'Specific Learning Outcomes" by Dr.Senthil followed by lectures on "Teaching -Learning Principle' & 'Adult Learning Principles' by Dr. K.R.Sethuraman (Resource Person- AHEAD, SBV). This was followed by lunch break. The post lunch session was on 'Teaching learning Media' - Projected, Non-projected & Web 2.0 by Dr. Jananni & demonstration on the use of POW TOON by Dr. Vikneshan.

Day 3 (03/07/15) started with report reading by Dr. Dhanraj followed by the lecture on 'Lecture methods



& class room management" by Dr.R.Saravanakumar. This was followed by lectures on 'Small Group Teaching' & 'Chairside Teaching' & lesson plan by Dr. Shivasakthy,



Dr. Pratheba & Dr. Carounanidy Usha respectively. The participants were then taken to the Medical Simulation lab at MGMCRI where they were introduced to "Simulation Pedagogy" by Dr. Shivasakthy & Dr. K.A.Narayan. The participants were shown and demonstrated and they had a hands-on on the various medical simulation models. The day ended with a short introduction to microteaching by Dr. Sanguida.A.

Day 4 (08/07/15) began with report reading by Dr. Saravanan. The group then dispersed to four different halls for the microteaching practice sessions Dr. K.R. Sethuraman, Dr. K.A.Narayan, Dr. Carounanidy Usha & Dr. Saravanakumar were the supervisors. This was followed by the lecture on "Evaluation principles & process" by Dr. Ananthakrishnan.N (Resource Person, AHEAD, SBV). The post lunch session was on "Evaluation - Clinical & Practical" by Dr. Manoj Karthik, & 'Dealing with slow/problem/reluctant learners" by Dr. Ananthakrishnan.N. An evening dinner was arranged for all the participants at hotel Annamalai.

Day 5 (09/07/15) began with report reading by Dr. Brian Periera followed by the lectures on 'Theory Evaluation' by Dr. Manoharan, 'SOLO taxonomy' by Dr. Bindu Meera John, "Question paper setting" by Dr. Manoharan, 'Post Validation' by Dr. Mahalakshmi & 'Item analysis' by Dr. K.A.Narayan. The post lunch session was on "oral examination" by Dr. Carounanidy Usha.

Day 6 (10/07/15) began with report reading by Dr. Aneesa followed by the lecture on "Principles of curriculum design" by Dr. K.R.Sethuraman. This was followed by a group discussion on 'Curriculum review' moderated by Dr. Carounanidy Usha & Dr. Saravanakumar.R. This was followed by the lecture on "Ethics for educators" by Dr. K.A.Narayan.

The forenoon session ended with the post test. Following lunch, "Broken square" game was conducted & certificates were distributed to the participants. There was a small cake cutting session organized by the guests to show their gratitude. The program feedback, pre test - post test analysis and individual feedbacks were also obtained.

28.7.15-Clinical Society Meeting

The clinical society meeting for the month of July was conducted by IGIDS. There were five sessions for that day. The meet was organized by Dr Sivasankari (Senior Lecturer, Department of Oral medicine and Radiology) and moderated by Prof. Sathya Naryanan (Oral & Maxillofacial surgery) There were five presentations that day: 1. Surgical management of iatrogenic Root perforation by Dr. Sudhagar 3rd year PG, 2. Evaluation of antibacterial efficacy of colloidal silver and ionic silver solution as an endodontic irrigant against E.Faecalis on bovine teeth- an invitro study by Dr.Maneesh 3rd Year PG 3. Resin infiltration technique - A lesser known treatment for interproximal carious lesions by Dr.Renju 3rd Year PG, 4. Direct filling gold-aiming for excellence by Dr.shouvik malakar 2nd Year PG, 5. Management of generalized diastema using direct resin composite - a step by step procedural Report by Dr. Geena Mary,Tutor.

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Reference Management Workshop 13.08.15 and 19.08.15

A workshop on title "Reference management" was conducted by Scientific and Academic Forum on 13.08.15 and 19.08.15. Resource person of the workshop was Dr. Sathyanarayanan, Prof & Head, Department of Conservative Dentistry, IGIDS. The program is aimed to introduce different softwares for organizing, drafting and citation of research. Faculty of IGIDS had attended the workshop. The workshop introduced working of citation and reference mangement softwares like Zotero and Mendeley. Another software Docear Academic suite was introduced to organize as well cite the research paper. The workshop was conducted on two days, faculty were divided as two groups and attended each day.



28.08.2015 - Clinical Society Meeting

The clinical society meeting for the month of August was conducted by IGIDS. There was five sessions for that day. The meet was organized by Dr John Baliah (Senior Lecturer, department of Oral medicine and Radiology) and moderated by Dr. Manoharan P S, (Professor and Head, Department of Prosthodontics). There were five presentations on that day: 1. Fixed functional appliance - A case report by Dr. Dhivya Kanya, III year PG, 2. The

simple jumper by Dr. Naga Keerthi, III year PG, 3. Influence of curves in Orthodontics by Dr. Suresh Babu, II year PG 4. Postural malocclusion by Dr.Geetha, II year PG 5. Orthodontic gymnastics by Dr. Lidhiya, II year, PG.

22.9.2015- Clinical Society Meeting

The clinical society meeting for the month of September was conducted by IGIDS. There were four sessions for that day. The meet was organized by Dr. Vandana (Reader, Department of Oral medicine and Radiology) and moderated by Dr. Shantha devy (Professor, Dept of oral Pathology). There were four presentations that day by the Post graduate students, Dept of Oral Pathology: 1.Juvenile ossifying fibroma of mandible with distinct pattern - a case report by Dr. Uma devi,3rd yr PG; 2.Vascular malformations- a case report , by Dr Satheesh Kumar 2nd yr PG; 3.Disguised lesions in the floor of the mouth, by Dr Uma maheshwari,2nd year PG; 4.A report on psuedocysts of the oral and maxillofacial region, by Dr Aroumugam ,2nd yr PG.

29.09.2015 - Future Dental Professionals Program

The program was conducted for the interns of IGIDS by Department of Periodontics and Implantology in association with Colgate Palmolive Ltd on 29.09.2015. 4 Lectures on the theme Perio-Nexus was delivered by Dr. Janani, Senior lecturer on "Periodontitis and Diabetes Mellitus-Where does the link lie?" Dr.Karthikeyan, Senior lecturer on "Periodontitis a cause for preterm low birth weight babies". Dr.Arun kumar, Senior lecturer on Relationship between Periodontitis and Cardio Vascular System and Dr.S.Sakthi Devi, Senior lecturer on Relationship between Periodontitis and Respiratory system. A Oral hygiene kit sponsored by Colgate Palmolive Ltd was given to all the attenders.

Essay competition-15.08.15

Essay competition was conducted by Scientific and Academic on the occasion of Independence day. Title "Youth and Kalam", Ms .Salma Arif, 3rd year BDS student in student category and Dr.Jeelani in Faculty category won the Best essay award.

Student Clinician Orientation program'15

On 16.10.15, Student Clinician Orientation Program was conducted in the Second Floor Lecture Hall MGMC. This ceremony is an annual tradition, representing the milestone in the lives of the third year, marks the beginning of a new chapter in their lifelong journey of learning. The program commenced around 11:00am, all the third year students along with the Interns and the faculties were gathered. The program was hosted by Ms. Infanta, Intern, IGIDS and the welcome note was given by Ms.Anju, Intern, IGIDS symbolizing the conversion of the preclinical students into the member of the health profession. Recitation of the Hippocratic Oath by the Third years followed by the Badge ceremony took place. Motivational lecture on "Professionalism" was delivered by Dr. P.S Manoharan, Head of the Department, Dept. Of Prosthodontics and lecture on "Ethics" by Dr. M. Shivasakthy, Reader, Dept. of Prosthodontics. Certificates of appreciation was given to the speakers by Dr. Usha, Principal, IGIDS and Dr.Saravana Kumar, Vice Principal, IGIDS. Certificates were



awarded to the winners Ms. Salma, Third Year student and Dr. Jeelani, Reader, Dept. of Oral medicine for the essay competition on the topic "Youth and Kalam". The program was concluded by Vote of Thanks proposed by Ms. Shreya, Third year student.

MOU signed with Sahodaran Community for Oriented Health Development (SCOHD)

A Memorandum of Understanding was signed with Sahodaran Community for Oriented Health Development (SCOHD) for Comprehensive Oral Health Care to Transgenders on 19.10.2015. The salient features of the



MOU are Comprehensive oral health screening to be carried out for transgender members of SCOHD society every year. Basic dental treatment for the needed will be provided at SCOHD society by the team of dentists from the Dept. of Public Health Dentistry, IGIDS. The basic treatments will be provided at free of cost which includes Teeth Cleaning, filling and removal of teeth. To avail these services, the members of the SCOHD association should bring their photo identity.

Field Visit to Ecology Exhibition

A team of 18 members from third and final years along with one faculty Dr. Ramu visited the Ecology Exhibition conducted by French Institute of Pondicherry on 19.11.15. The main aim of the visit was to sensitize the students on activity done by French Institute of Pondicherry such as its manuscript collection on palm leaves (largest collection in the world registered in the UNESCO memory of the world), its herbarium (one of the largest in Asia, which contains over 24,000 specimens belonging to 268 families and 4,659 specimens), its unique photo collections (more than 160,000 photos of temple art of South India), its rich library resources (more than 60,000 books), origin of the urban development of Pondicherry. The field visit provided an opportunity to the students to gain an overall idea about ecological system.

Children's day

Children's Day Program was conducted at MGMCRI College Block on 19.11.15 in afternoon session from 2:00-4:00 PM for CRRI of IGIDS in the form of a quiz to augment their knowledge. The introduction to the program was given by Dr. Prathima, Professor and Head, Department of Pedodontics, IGIDS and the events were hosted by Dr. Kirthiga, Senior



Lecturer, Department of Pedodontics, IGIDS. A total of 18 interns were divided into six teams of three each. The scoring and judging were taken care of Dr. Kayalvizhi, Professor, Department of Pedodontics, IGIDS and Dr. Suganya, Senior Lecturer, Department of Pedodontics, IGIDS. The activities of the program were Dumb charades, Picture quiz, Connexions, Match the following and Rapid fire. The questions were related to Pedodontics and entertainment. There were questions for the audience and other faculty as well. Hence, all students and faculty were made to participate actively. The prizes were given at the end of the program by Dr. Prathima , Dr.Shantha, Professor and Head, Department of Oral Pathology, IGIDS, Dr.Sajeev and Dr.Kayalvizhi, Professor, Department of Pedodontics, and Dr.Sanguida, Reader, Department of Pedodontics.

Future Dental professional

The CDE program on Future Dental professional – III 2015 on "What's after BDS" was organized by Scientific and academic forum & Department of Public Health Dentistry on 24.11.2015 between 2.00 pm and 4.00pm at First Floor lecture hall, Mahatma Gandhi Medical College. Dr.Arun Prasad Rao, Professor and Head, Dept. of Pedontics and



Preventive dentistry, Mahatma Gandhi Post graduate Institute of Dental sciences, Pondicherry spoke about the various opportunities to pursue career after BDS and provided varied options to explore to the students. The principal sponsor for the program was Colgate & Palmolive LTD. The program was attended by staffs, students and interns.

World AIDS day - 01.12.15

The Red Ribbon Club of IGIDS commemorated the World AIDS day on 1.12.15.

PROGRAM I - AIDS Awareness program for the public visited IGIDS MRD; On 01.12.2015, the student members of RRC, IGIDS enacted a skit themed on AIDS awareness for the public who visited the Institution as patients and their attenders in dental MRD. Posters related to HIV/ AIDS awareness were displayed in the MRD area and explained to the patients. Pamphlets on HIV/ AIDS awareness were distributed to them. PROGRAM II – Voluntary blood donation; On 01.12.2015, about 10 faculty and students volunteers donated blood in the MGMCRI Blood bank.



Several students registered their names for blood donation for future needs. All the student participants were awarded certificates and mementoes for their contribution to AIDS Awareness program.

Stress management session:

Scientific and academic forum has organized for an interactive lecture on "Stress management through sound healing" for all the Clinical students (III & IV years), Post-graduate students, Interns and Staffs on 29.12.15 between 02:30 AM to 3:30 PM. The workshop was conducted by Mrs.Rama, Counsellor, SBV University. More than 181 participants consisting of 3rd year, final year, interns, PGs and faculties attended the session.

30.12.2015 - Clinical Society Meeting.

The Clinical society committee of IGIDS conducted the clinical society program to discuss various research studies. The session was moderated by Dr.A.Selva balaji. There were three presentations from the Department of Public Health Dentistry, Oral health status among visually impaired school children using oral and braille by Hema- Intern, Health professional knowledge and perceived need for education on Bioterrorism by Binsi- Intern, Problem solving - Planning and evaluation of a dental health program by Vijayashanthi-Final year. The session was open for discussion after every presentation. Certificates were awarded to the presenters at



the end of the presentation by Prof. Sathyanarayanan (Head of Oral and Maxillo Facial surgery). It was suggested by the principal that presenters have to follow the ideal PPT format during their presentations and to provide individual feedback forms for each presenter to the audience and clinical society meeting can be conducted during afternoon sessions due to delay in the program. Tea was served at the end of the program.

OUTREACH PROGRAMS

World Dentists Day commemoration by Dept. of Pediatric Dentistry

On the occasion of World Dentist Day on 6.3.15, the Department of Pediatric & Preventive Dentistry in association with the Dept. of Public Health Dentistry, IGIDS and the Indian Dental Association- Puducherry Branch, conducted an oral screening & treatment camp at the NGO- Baby Sarah's home for Children with Special Healthcare Needs & orphans at Kakayanthope, Ariyankuppam. Mr. Stephen Raj, Director, Baby Sarah's Home welcomed the team of 21 members comprising faculty, post graduates and interns



from the Dept. of Pediatric & Preventive Dentistry & the President of Indian Dental Association- Puducherry Branch, Dr.S.V.Srinivasan & Secretary Dr. C.Ravishankar.

The camp began with dental health education to the kids and caregivers and distribution of toothpaste & brush samples to the children. The toothpaste and brush samples were provided by Warren Pharmaceuticals & Colgate. This was followed by oral screening and treatment for the children with special healthcare needs and other children. A total of 89 children (Children with Special Healthcare Needs- 50 & school children- 39) were screened & 60 children were provided with treatments like scaling, sealants & restorations.



The nature of the dental problems present in the children was explained to the Director of the Home, who also assured continued co-operation in bringing the children to the Department for further treatment. The Dept. of Pediatric & Preventive Dentistry & IDA would also take efforts to procure powered toothbrushes for the children with special healthcare needs. The Dept. also plans to extend the services to these children by providing comprehensive treatment for those children with special healthcare needs at our department, at regular intervals.

World Dentist Day Program – Vaccination campaign

Oral health awareness program was conducted at new Bus stand, Puducherry by Dept. of Public health Dentistry and Indian Dental Association, Puducherry Branch on 06.03.2015 between 9.30 am- 3.30 pm. The following activities were conducted. Activity 1: Oral health screening and awareness for general public. In this activity all the general public was given free dental consultation and referred to the dental hospital for treatments. Total No. of General public Screened: 410. No. of Male patients: 248; No. of female patients: 162. Activity2: "I respect my oral health". General public and traders had participated in this activity. They had answered a set of question relating their respect & attitude towards oral health and oral clinical examination has been done to match their claim. The best respecting individual were identified and rewarded with certificate and a gift. Number of traders participated – 172; Number of Prize Winners- 50. Activity 3: Best tooth brushing demonstrator. General public and traders participate in this activity. They demonstrated the brushing method they are currently applying followed by another round of demonstration after tooth brushing demo is give using model. Best demonstrator was identified and rewarded with the certificate & gift. Total number of participants – 32. Total Number of prize winners -29.

World health day program 2015 [Theme: Food safety]

The Department of Public Health Dentistry and NSS unit of Indira Gandhi Institute of Dental Science (IGIDS) organized a series of events to mark World Health Day on 07.04.15 at Gandhi Thidal, Rock beach, Puducherry between 9.00 am – 2.00 pm & 5.00 pm – 7.00 pm. The program was inaugurated by the chief guest Mr. P.T. RudraGoud, Director of Local Administrative Department and Mr. R. Chandrasekaran, Municipal Commissioner, Puducherry in the presence of our Principal Dr. CarounanidyUsha, IGIDS and Medical Health Officer (Pondicherry) Dr.Coumarane. Around 100 sanitation workers of Pondicherry Municipality were vaccinated against Hepatitis B. Oral Health Screening was done for about 500 peoples and pamphlets were distributed to create awareness among the vendors at Rock Beach about "Food Safety". The program was sponsored by GUILD, alumni of IGIDS.

Road Rally and Street Play on World No Tobacco Day

The Department of Public Health Dentistry, Indira Gandhi Institute of Dental Sciences, Puducherry in association with Indian Dental Association, Puducherry Branch has been organizing World No Tobacco Day Road Rally for the past 8 Consecutive years with the aim to create awareness on tobacco related health problems among common man.



In 2015, the World No Tobacco Day Road Rally with the theme "Stop Illicit Trade Of Tobacco Products" was organized by Indian Dental Association combining all the Dental colleges at Pondicherry viz. Mahatma Gandhi Post Graduate Institute of Dental Sciences, Gorimedu, Sri Venkateshwara Dental College and Hospital, Ariyur and Indira Gandhi institute of Dental Sciences, Pillayarkuppam on 30.05.15.

The rally was inaugurated by Dr. CarounanidyUsha, Principal, IGIDS and Dr. Ravishanker, IDA President and Dr. Srinivasan, IDA Secretary.

Aim of the rally and Street play was to create awareness among general public about harmful effects of tobacco related habit and to submit a memorandum to the Government of Puducherry containing list of rules and regulations that can be implemented to reduce the use of tobacco among young adults and to stress on this year's theme "Stop illicit trade of tobacco products".

Around 200 dentist and dental students participated in the rally with overwhelming enthusiasm. The road rally started at Anna statue at 10.00 AM and ended at Gandhi statue at the beach via Nehru Street, Mission Street. The students had prepared their own placards and various health education materials to create awareness to the public. Innovative pamphlets with anti-tobacco usage message was prepared and distributed to people watching the rally. The No tobacco rally was covered by various print media and satellite channels.

Street play depicted the social ill effects of tobacco usage. The play was enacted by students and interns of Indira Gandhi Institute of Dental Sciences, Pillaiyarkuppam. The story was on how young students fall into the trap of tobacco habit during college and how the habit is affecting their future and family life. The street play had a very good response on the general public. One of the onlookers appreciated the play and also pledged to stop his 15 year tobacco habit and further asked for guidance to quit the tobacco habit.

Nilgiris Oral Health Program for Tribals



Team Public Health Dentistry in association with Kathirvel Nagamal Trust & ISLAND Trust, Kothagiri conducted a three days oral health program at Nilgiris district for tribal population from 3.07.15 to 5.7.15. A team of 28 conducted the program consisting of 17 interns, 7 faculties & 4 paramedics. Main aim of the program is to provide oral health care service & awareness to the under-served tribal population Viz. Badugas, Irulas, Kurumbas and Kothars.

Salient features of this program:

Total of 540 patients & 800 treatments (scaling, restoration & extraction) were done. 2 MOUs' were signed with Kathirvel Nagamal Trust & ISLAND Trust for yearly oral health care program for the tribal population. 3 oral health



education posters & pamphlets were donated to the trusts. School health education was provided to the Government Higher Secondary School, Yedappali. Total no of scaling done- 327; Total no of restoration done- 291; Total no of extraction done- 182.

About the Camp:

Day 1: Date- 03.07.2015; Venue-Yedappali community hall, Coonoor; Target population- Badugas; Inaugurated by- Assistant Executive Engineer, TamilNadu Electricity

Board. Noteworthy events: School Oral Health Education at Government Higher Secondary School, Yedappali.

Day 2: Date- 04.07.2015; Venue- ISLAND trust, Kothagiri. Target population- Residents of Kothagiri. Inaugurated by-Mr. Lakshmi Narasimman, Panchayat Union Commissioner ; Mr. Rajan, Bluemountain Consumer Protection Committee Secretary; Mr. Srinivasan, Ward Councellor & Mr. Alphonse Raj, Managing Director - ISLAND trust. Noteworthy events: Signed 2 MOUs with Kathirvel Nagamal Trust, Coonoor & ISLAND Trust, Kothagiri.

Day 3: Date- 05.07.2015; Venue- Government High School, Sholurmattam. Target population: Irulas, Kurumbas and Kothars; Inaugurated by: Mr. Alphonse Raj, Managing Director - ISLAND trust. Noteworthy events: Consanguineous marriage was found to be common among these population of Irulas, Kurumbas and Kothars. And few syndromes have been diagnosed such as Pierre Robinson syndrome & Cherubism and few other conditions such as Vitamin D deficiency Dwarfism & Mental Retardation.

Report on World Oral Hygiene Day Program - 2015

Financial Support given by Indian Dental associations, Puducherry Branch

Program 1: Oral Health Awareness by "Flash mob" program at The Rock Beach, Puducherry

Date: 1st and 2nd August 2015; Venue: Rock Beach, Puducherry; Timing: 6:00 pm - 9:00 pm

Oral health education was delivered to the general population using a dance drama - flash mob - to create awareness about maintaining oral health. The program was widely appreciated by the target population, following which there was a free oral "check-up" by the CRRI's, IV BDS & III BDS students of IGIDS. The details of which are: Day 1: patients screened -110 [males 71, females 39]; Day 2: patients screened - 171 [males 109, females 62] Reference forms were given to those requiring treatment. Tooth-brushing techniques was also demonstrated.

Program II: Oral health Education to parents of Special children Oral Health education was given to the parents of special children at Sathya special School. They were given a firsthand knowledge of maintaining their childrens oral health using Audio - Visual aid. The information was shared by Dr. Suganya M, Assistant Professor in Dept. of Pedodontia and Dr. Vikneshan M, Assistant Professor in Dept. of Public Health Dentistry. A MoU has also been signed between the Sathya Special School and Prof. Carounanidy Usha, Principal, IGIDS, to provide better oral health services for special children. A momento was presented to IGIDS, hand made by the Special children.

Program III

Oral hygiene month was observed in August 2015. The NSS unit of IGIDS will collaborate with other NSS units of nonmedical institutes in Puducherry. The CRRI's, IV BDS & III BDS students of IGIDS, Puducherry provided oral health education and free oral health screening. Referral forms were distributed to those who needs treatment. Every Wednesday and Thursday will be dedicated for this purpose.

International Youth Day Commemoration by Red Ribbon Club

The undergraduates from IGIDS participated in the International Youth Day commemoration activities. The theme of the Youth day was "Youth Civic Engagement" 3 students participated in the State Art Youth Exhibition Mela (SAYEM) conducted by Pondicherry AIDS Control Society near Bharathi park on 10.08.15. The students were accompanied by Dr. Sivasankari, Treasurer, RRC.

On International Youth Day, 12.08.15 at 10.00 am, Pledge was taken by the entire students community of IGIDS in the presence of faculty members in front of the IGIDS college building. An introduction speech on the theme of the day was given by Dr. M. Shivasakthy, Program Organizer, RRC. The pledge was instructed to the students by Dr. Arun Kumar, Secretary, RRC.

60 students of IGIDS participated in the Human Chain formed at Beach road for "Mass level Human chain For AIDS Awareness Program by RRC members of all other colleges on 12.08.15 between 3.00-5.00pm in the presence of Honorable Chief Minister Mr. Rangasamy. The students were accompanied by Dr. M. Shivasakthy, Program Organizer, RRC. Five students participated in the intercollegiate discussion at Mother Theresa Research Institute, Puducherry on 11.08.15. The students were accompanied by Dr. Arun Kumar, Secretary, RRC.

Children's Day / Pedodontist Day

Commemoration of Children's Day @ Pedodontist Day was done at Govt. Blind School, Cuddalore on 19.11.15. Inaugural speech was given by Mrs. Pastine Antoni Selvi, Principal, Govt. Blind School. Oral hygiene instructions were given to visually challenged children by Dr. Vinothini. One kid gave a speech on "Dr.Abdul Kalam", and other kid
gave a speech on "Celebration of diwali" for 5 minutes each. Games were conducted for visually challenged children. Prize and gifts were distributed to the winners and participants by Dr.Sajeev.

International Day of persons with disabilities

The Department of Paedodontics & Preventive Dentistry commemorated the "International Day of persons with Disabilities", 03.12.15 in association with the Indian Society of Pedodontics & Preventive Dentistry & SAF IGIDS. Two events were conducted: An intercollegiate Essay Competition and a screening & treatment camp at 'Saday School for Special Needs' Puducherry. This event has been included in the webpage 'United Nations Enable' under "Commemorations from around the world". This webpage



is the official website of the Secretariat for the Convention on the Rights of Persons with Disabilities (SCRPD) in the Division for Social Policy and Development (DSPD) of the Department of Economic and Social Affairs (DESA) at the United Nations Secretariat.

The camp team comprised 9 members; 3 Faculties, 3 PGs and 3 Interns. The program was conducted on 11th Dec 2015. Children performed yoga under the guidance of Dr.Meena Ramanathan, Coordinator-cum-Yoga Therapist, CYTER, MGMCRI. Oral health education was given, screening and treatment were provided. Tooth brush & Paste Kits were given to the school children.



An intercollegiate essay competition was conducted for under graduate and post graduate dental students. There were total of 34 participants from various colleges including KSR institute of dental sciences, Karpaga Vinayaga Institute of Dental Sciences, Babuji, Davangere, College of Dental Sciences Davangere, Vivekananda Institute of Dental Sciences, Saveetha Dental College, Karnavathi School of Dentistry, Gujarat university, Rajah Muthiah Dental College and Hospital, Mahatma Gandhi Post Graduate Institute of Dental Sciences, Puducherry, Mahatna Gandhi Dental College- Jaipur, Indira Gandhi institute of Dental Sciences. The essays are being evaluated and the results will be announced shortly.

National Tooth brushing day

November 7 is observed as National Tooth brushing day in India to reinforce the importance of children's oral health and promote good tooth-brushing habits recommended by dental health professionals. This program is launched from 2015 to educate parents and kids to brush twice daily for at least two minutes to help reduce the risk of oral diseases.

On this day, Department of Public Health Dentistry, Indira Gandhi Institute of Dental sciences, Pondicherry has organized a mass tooth brushing demonstration in Chethilal Government High School, Abhishegapakkam. In collaboration with Colgate Palmolive, free Oral Health Kit was distributed to all the school children as well as proper brushing technique demonstration was done to all the school children.

Around 340 school children were provided with Oral Health Kit and benefitted from this program. The school



teachers were also educated regarding importance of oral health and maintaining oral hygiene. Students were interested in correcting their brushing technique also; they demonstrated proper brushing technique on the tooth model.

In addition a radio program (Pudiya Udayam 91.2, Community Radio Station) was done to educate general public on the importance of Oral health and brushing.

Chettinadu oral health program:

A team of 30 dentists (5 faculty, 20 interns, 5 support staffs) conducted the Chettinadu Oral Health Program from 28.11.15 to 30.11.15. The team covered 2 villages with the support of AMM Hospital, Pallathur and Vallal Mena Hospital, Kodikottai. In this program comprehensive oral health care was provided for 593 patients and 933 procedures were done (Extraction-239, Scaling-349,Filling-355). As a part of social responsibility, health education aid titled – "Oral Manifestations of Diabetus Mellitus Patients" was donated to Valal Mena Hospital, Kodikotai.

Cuddalore flood relief and rehabilitation program

04.12.2015 - Cuddalore flood relief and rehabilitation programme initiated. A team of distributed water packets, biscuits, bread packets to the flood affected population at kuttakara theru, cuddalore OT. 05.12.2015 - Cuddalore flood relief and rehabilitation program executed at manakuppam , an interior village in cuddalore OT by distributing bread packs, biscuits and water packets to 80 families. 10.12.2015 - Cuddalore flood relief and rehabilitation program : visited pallineerodai, Kurinjipadi

STUDENT AND ALUMNI NEWS Alumini News

Skill Enhancement program for Alumni (SEA)

As a part of the annual Skill Enhancement Program 2015 for the alumni of IGIDS, Prosthodontics showcased with its intensive two day module on fixed partial dentures with the central theme - Principles and Practice of Fixed Partial Prosthodontics on 18.03.15 and 19.03.15. The program was planned to have a series of lectures and live demo on typodonts and on patients for an all ceramic and a metal crown preparation. Sixteen participants registered and 15 participants turned up for the program. The first day had a series of four lectures on the principles and armamentarium in the morning session. The afternoon session had live demo with hands on typodont teeth for ceramic and metal restorations. The second day had a series of five lectures on Provisionalisation, impression making shade selection, gingival retraction and cementation. The later part of the forenoon started with the participants doing crown preparation on patients root canal treated teeth. Various situations demanding metal ceramic, metal restorations were distributed randomly to the participants. All crown preparations were carefully guided by the faculty.

Later all the preparations were provisionalized using direct technique. Shade was selected and Impressions were made with elastomeric impression materials which were guided by



faculty on one to one basis. The patients were all planned to be followed up till the final restoration. The alumni also had a feedback which showed that they were immensely happy with the program. Special highlight was hands on experience on patients. The certificates for the participants were given on the next day at the alumni get together - Confluence 15. The program was also credited for 12 DCI credit points.

VOLUNTEERING DENTAL SERVICES ON BOARD LIFELINE EXPRESS

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Lifeline express or so called; "hospital on wheels" is the first train in the world to provide healthcare services to the rural population of India. Over a million people have been



treated on board this train. The 161st project was scheduled from 08.02.15 to 23.02.15 at Motihaari, Bihar. The dental camp was held between 11.02.15 to 19.02.15. The treatment

provided was extractions, restoration and oral prophylaxis. Over a 1000 patients were screened and treated appropriately.

MISCELLANY

Dundee university team visited IGIDS and had an overview on the activities of the college.

Dr. Sivaramakrishnan, senior lecturer, Dept of Oral Pathology was awarded for publishing his article in a journal with highest impact factor.

Post Graduate News

Dr. Swetha, III yr pg, Dept of Oral medicine was awarded the best podium presntation award at MGMCRI for the dissertation.



Dr. Abdhul khader, Dr. Santhosh Palla, Dr. Yoga, I year postgraduates attended national OOO symposium, MSRUHS, Bangalore and presented on "Bisphenol A-:Pathway to heaven or hell?"; "Being punished - knowingly and unknowingly" and Nanoflares - light to lit life respectivey.

Dr. Megalaa N, Dr. Vivek K, Dr. Ch.R Arun Kanth (3rd year Post Graduates, Department of Pediatric and Preventive Dentistry) attended a Continuing Dental Education programme "Hands – on Workshop on Nitrous Oxide Conscious Sedation" on 8.01.15 at Karpaga Vinayaga Institute of Dental Sciences, Chennai

I year post graduate students Dr. Satheesh Kumar. K, Dr. Uma Maheswari. G, Dr. Aroumougam. A have attended the conference "CCCON 2015"- International Climate Conference at MGMCRI on 9.01.15 and have presented the posters: Dr. Satheesh Kumar. K on "Climate change and its Impact on Health – An Overview"; Dr. Uma Maheswari. G on "Incidence of Herpes Virus Infection due to climate change"; Dr. Aroumougam. A on "Sun Induced Lesions in Head and Neck".

Dr.E.Gayathri priyadharshini, Dr. A. Raghuramanan, Dr. Aravind Raj.V, Dr.Minu.P.Mathew (Presented Poster), Dr.Ahila, Dr.UghaBharathy, Post Graduate students, Department of Periodontics attended the International Conference on Climate Change and health (CCCON – 2015) at MGMCRI on 9.01.15

Dr. E. Gayathri priyadharshini, Dr. A. Raghu ramanan, Dr.Aravind Raaj. V, Post Graduate students, Department of Periodontics attended Rapid review course 2015 conducted at Ramachandra University between 23.1.15 and 26.1.15

III year post graduate students Dr. Saravana Kumar, Dr. Aparna, Dr. Poorani presented poster in "Postgraduate symposium" organized at SBV University between 28.01.15 and 29.01.15: Dr.Aparna.K –" Immunohistochemical expression of Bax & caspase-8 in Pemphigus and Lichen planus of oral cavity"; Dr.Poorani.R – "Oxidative stress and Antioxidant level in Potentially Malignant disorder"; Dr.Saravana Kumar.V – "Extraction of Mitochondrial DNA from odontoblastic process of Permanent and deciduous dentin-In vitro study"; Dr. Saravana Kumar has received the "Second place" in "Postgraduate symposium".

Dr.E.Gayathri priyadharshini, Post Graduate, Department of Periodontics Podium Presentation on thesis titled "Preterm low birth weight" at SAF held at MGMC college block, on 30.01.15.

Dr. A.Raghuramanan, Post Graduate, Department of Periodontics Presented poster on thesis titled "Depigmentation treated by Laser and Conventional scalper method" at SAF held at MGMC college block, on 30.01.15.

Dr.Aravind Raj.V, Post Graduate, Department of Periodontics Presented poster on thesis titled "Light microscopic analysis of toothbrush bristles" at SAF held at MGMC college block, on 30.01.15.

Dr.Mintu, Dr.Rajeswari, Dr.Swatha 3rd Year Post Graduates attended "Finish line" in Sree ramachandra dental college, Chennai between 2.2.15 and 4.2.15.

Dr. Nivedha, Dr. Eldho Babu, Dr. Jerin Kurien (2nd year Post Graduates, Department of Pediatric and Preventive Dentistry) attended Pedozest 2015, 12th ISPPD National Post Graduate Convention from 26.02.15 to 28.02.15 at Tumakuru and presented a Poster on "Catch them young by CAMBRA".

Dr. Abhishek Shaji Varghese, Dr. Anna Mary, Dr.Gayatri K (1st year Post Graduates, Department of Pediatric and Preventive Dentistry) attended Pedozest 2015, 12th ISPPD National Post Graduate Convention from 26.02.15 to 28.02.15 at Tumakuru and participated in the short movie competition titled "Fears and Tears: Modify and Overcome".

Dr Dhivya Kanya S, II yr Postgraduate, Dept of Orthodontics presented a paper titled "Make it vs brake it to move it", at 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15.

Dr Naga Keerthi , II yr Postgraduate, Dept of Orthodontics presented a paper titled "The simple jumper", at 19th IOS

PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15

Dr Jauhar P M, II yr Postgraduate, Dept of Orthodontics presented a poster titled "Light and Orthodontics made for each other" at 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15

Dr Suresh Babu, I yr Postgraduate, Dept Of Orthodontics presented a poster titled "Influence of curves in Orthdontics", at 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15

Dr Lidhiya , I yr Postgraduate, Dept Of Orthodontics presented a poster titled "Orthodontic Gymnastics", at 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15

Dr Geetha, I yr Postgraduate, Dept Of Orthodontics presented a poster titled "Postural Malocclusions", at 19th IOS PG Convention at AECS Maruthi Dental College, Bangalore between 27.02.15 and 02.03.15

I year post graduate students Dr. Satheesh Kumar. K, Dr. Uma Maheswari. G, Dr. Aroumougam. A have attended the conference "MIDASICON 2015" at MGMCRI on 7.3.15 and 8.3.15 and have presented the poster: Dr. Satheesh Kumar. K on "Oral Cancer with Distant Metastasis".

Dr. Shouvik Malakar, Dr. Vijayaraja, Dr. Jeyagopika 1st Year Post Graduates and Dr.Renju, Dr. Sudhagar, Dr. Maneesh 2nd Year Post Graduates attended Master Class on Clinical Endodontics in Thai mookambikai dental college & hospital, Chennai on 27.3.15.

Dr. Abhishek Shaji Varghese, Dr. AnnaMary, Dr.Gayatri K (1st year Post Graduates, Department of Pediatric and Preventive Dentistry) attended Continuing Medical Education programme "Blood stream infection" conducted by Department of Microbiology, Mahatma Gandhi Medical College, SBV University on 28.03.15.

Dr. Eldhobabu, final year post graduate from the department of pediatric and preventive dentistry presented on the topic "Feeding appliance for an infant with cleft lip and palate" on 27.5.15 at the SAF held at IGIDS

Dr. JerinBabu, final year post graduate from the department of pediatric and preventive dentistry presented on the topic Association between dental caries and body mass index in primary school children of puducherry on 27.5.2015 at the SAF, held at IGIDS

Dr. Nivedha D, final year post graduate from the department of pediatric and preventive dentistry presented on the topic Dental Trauma "An Enigma to adolescents" on 27.5.15 at the SAF, held at IGIDS

Dr. AnnaMaryKattakayam, final year post graduate from the department of pediatric and preventive dentistry presented on the topic Dilated composite odontoma – A rare case report on 27.5.15 at the SAF held at IGIDS.

Dr. Gayathri K, final year post graduate from the department of pediatric and preventive dentistry presented on the topic MTA one visit apical barrier on 27.5.2015 at the SAF held at IGIDS

Dr. AbhishekShaji Varghese, final year post graduate from the department of pediatric and preventive dentistry presented on the topic Novel approach of restoration – Halls Technique on 27.5.2015 at the SAF held at IGIDS

Dr.Maneesh and Dr.Renju IIIyrPost Graduate students, Dept of Cons & Endoattended 16th IACDE & IES PG Convention held from 4.06.15 to 06.06.15 at I.T.S Centre for Dental Studies & Research in Muradnagar, Ghaziabad. Dr.Maneesh III yr Post Graduate student, Dept of Cons & Endo won best paper award in 16th IACDE & IES PG Convention held from 4.06.15 to 06.06.15,Titled – evaluation of antibacterial efficacy of colloidal silver and ionic silver as an endodontic irrigant against E.faecalis on bovine teeth – an invitro study.

Dr. Venugopal, Post graduate student, Dept. of OMFS presented a poster on oral myiasisin TN AOMSI Conference held at Kodaikanal between 12.06.15 and 14.06.15.

Dr. Deepika, Post graduate student, Dept. of OMFS presented a poster on polymorphous low grade adenocarcinoma-A case report in TN AOMSI Conference held at Kodaikanal between 12.06.15 and 14.06.15

Dr. Monica, Post graduate student, Dept. of OMFS presented a poster on Management of frontal bone fracture - A case series in TN AOMSI Conference held at Kodaikanal between 12.06.15 and 14.06.15

Dr. Madhu, Post graduate student, Dept. of OMFS presented a paper on Ameloblastic fibro sarcoma-A case discussion report in TN AOMSI Conference held at Kodaikanal between 12.06.15 and 14.06.15

Dr. Beena Agnes Therese, Post graduate student, Dept. of OMFS participated the TN AOMSI Conference held at Kodaikanal between 12.06.15 and 14.06.15.

Dr. N. Uma Devi, Second year Post Graduate, Department of Oral Pathology & Microbiology has presented a paper, the

carriage rate of Streptococcus mutans among type II diabetic patients- A cross sectional study, 15th PG Convention at Vadodara, Gujarat between 11.07.15& 12.07.15.

Dr. Uma Devi. N, III year Post graduate, Department of Oral Pathology and Microbiology presented a paper "Oral Carriage rate of Streptococcus mutans among the type II Diabetic patients with dental caries" in the XV National P.G. Convention on 11.07.15 & 12.07.15 at K.M. Shah Dental College and Hospital, SV, Vadodara, Gujarat.

Dr. Gopika, Dr.Vijayaraja 2nd Year Post Graduates, Dr.Chandana, Dr.Prabhu1st Year Post Graduates attended Recapitulation-VII "Evidence Based - Discussion" on 24.07.15 at Meenakshi Ammal Dental College and Hospital, A Constituent of Maher University, Chennai

Dr. Aroumougam, Dr. Satheesh Kumar, Dr. Uma Maheswari. G, Post graduates, Department of Oral Pathology and Microbiology attended "India's Oral Cancer Conference" organized by Indian Academy of Oral Medicine & Radiology and Adhiparasakthi Dental College and hospital held at Melmaruvathur, Tamilnadu from 30.07.15 to 1.08.15.

Dr. Madhu, III yr Post graduate, Dept of OMFS attended 1 month of peripheral posting in *GSR* Institute of Craniofacial Surgery, Hyderabad from 01.08.15 to 31.08.15.

Dr. Eldho babu, Dr. Jerin kurian and Dr. Nivedha III yr post graduates, Dept of Pedodontics attended National symposium on comprehensive oral health care in special children, management of physically, mentally and emotionally handicapped condition including medically compromised children from 07.08.15 to 08.08.15 held at Coorg institute Of Dental Sciences at Coorg.

Dr.Arun, Dr.Arvina, Dr.Shahinas, I Year Post graduates, Dept. of Periodontics and Implantology has attended ISPRP conference 8th national conference held between 7.08.15 and 09.08.15 at Mahe.

Dr.Arun, Dr.Arvina, Dr.Shahinas, I Year Post graduates, Dr.Minu, Dr.Ahila, Dr.Ughabharathy II year Post graduates, Dept. of Periodontics and Implantology participated in Versatility program held on 18.09.2015 at MGMCRI, Pondicherry.

Dr. Madhu, Dr. Beena Agnes Therese, Dr. Lucky Kumari, Dr. Monica, Dr. Deepika, Dr. Venugopal, Dr. Bharathi, Dr. Selvakumar, Thamizh Pozhil Guna, Post graduates, Dept of OMFS attended 1st Zonal Orthodontic & oral maxillofacial CDE Workshop on presurgical planning in orthognathic surgery held at Hotel Grand serenaa, Tiruchitrambalam, Tamilnadu on 19.09.15.

Dr. V.L. Lakshman third year postgraduate, Department of Oral Medicine and Radiology presented paper titled "Comparison of nasal index among under graduate students Of Indira Gandhi Institute of Dental Sciences" in 13th IAOF National conference 2015 Mysore, from 19.09.2015 - 20.09.2015.

Dr. Lakshmi Priya, Third year postgraduate, Department of Oral Medicine and Radiology presented paper titled "Dental age estimation by comparing Demirjian's and Nolla's method among children attending Indira Gandhi Institute of Dental Sciences- A Retrospective study" in 13th IAOF National conference 2015 Mysore, from 19.09.2015 - 20.09.2015.

Dr. Shiva Santhosh, Third year postgraduate, Department of Oral Medicine and Radiology, presented paper titled "Age related changes in Relative position of Mental and Mandibular foramen on a Panaromic Radiograph- a retrospective study" in 13th IAOF National conference 2015 Mysore, from 19.09.2015 - 20.09.2015.

Dr. Yoga, Second year postgraduate, Department of Oral Medicine and Radiology presented paper titled "assessment of age and gender changes with ear index A cross sectional study"in13th IAOF National conference 2015 Mysore, from 19.09.2015 - 20.09.2015.

Dr.Arun, Dr.Arvina, Dr.Shahinas, I Year Post graduates, Dept. of Periodontics and Implantology attended National conference on Intellectual property rights held on 25.09.2015 at MGMCRI, Pondicherry.

Dr. Dhanraj, First year postgraduate, Department of Oral Medicine and Radiology presented poster titled "Effort Reward Imbalance" in IAOMR 2015 National P.G Convention Chennai, from 26.09.15 to 27.09.15.

Dr. Juhi Jahan First year postgraduate, Department of Oral Medicine and Radiology presented poster titled "Music Therapy as Audio-Analgesia - An adjuvant Non-Pharmacological approach in Orofacial Pain Management" in IAOMR 2015 National P.G Convention Chennai, from 26.09.15 to 27.09.15.\

Dr. Kavya.L, First year postgraduate, Department of Oral Medicine and Radiology presented poster titled "Saliva as Diagnostic Aid" in IAOMR 2015 National P.G Convention Chennai, from 26.09.2015 to 27.09.2015.

Dr.Arun, Dr.Arvina, Dr.Shahinas, I Year Post graduates, Dr.Minu, Dr.Ahila, Dr.Ughabharathy II year Post graduates, Dept. of Periodontics and Implantology attended Future Dental Professionals Program conducted by Colgate Palmolive Ltd, titled Perio-Nexus held on 29.09.2015 at MGMCRI, Pondicherry.

Dr.Gopika, Dr. Shouvik, Dr.Vijayaraja, II Year Post Graduates, Dr. Chandana, Dr. Jasmine, and Dr. Prabhu, I Year Post Graduates attended Ecclires1st international 4th National endodontics and conservative dentistry clinical research and case report.

All first year and second year postgraduates from Dept of Prosthodontics attended ICOI conference at Chennai between 02.10.15 and 04.10.15.

Dr. Jeyagopika, Dr. Shouvik, Dr. Vijayaraja, 2nd year post graduates and Dr. Maneesh, Dr. Renju, Dr.Sudhagar 3rd Year Post Graduates attended Guest lecture on post endodontic restoration lecture and video demonstration in Saveetha dental college, Chennai on 6.10.15.

Dr. Jeyagopika 2nd year post graduates participated Tooth Print Debate" Rigid Vs Flexible" and Their Team Won the Second Price in Saveetha dental college, Chennai on 6.10.15.

Dr. Abhishek Shaji Varghese, 2nd year post graduate student had attended 37th ISPPD National conference and presented a paper on the topic "Prevalence of Dental Fear and its relationship to dental caries and Gingival disease among school children in Puducherry – A Cross Sectional study" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh.

Dr. Annamary Kattakayam 2nd year post graduate student got the best paper award at 37th ISPPD National conference for presenting a paper on the topic "Colour preference to emotions in relation to the anxiety level among school children in Puducherry – A cross sectional study" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh

Dr. Gayathri Kamalasanan 2nd year post graduate student had attended 37th ISPPD National conference and presented a paper on the topic "use of dental anxiety questionnaire and clinical approaches.. A national survey of Pediatric dentist" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh

Dr. Kavitha Muthukrishnan 1st year post graduate student had attended 37th ISPPD National conference and presented a poster on the topic "Uniqueness of being a Pedodontist" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh Dr Radha Sarangapani 1st year post graduate student had attended 37th ISPPD National conference and presented a poster on the topic "Recent and future trends in pedodontics" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh

Dr. Vinothini Venkatachalamoorthi 1st year post graduate student had attended 37th ISPPD National conference and presented a poster on the topic "Pedodontist and special child care" from 08.10.15 to 10.10.15 held at Raipur, Chhattisgarh

Dr. Madhu, Dr. Beena Agnes Therese, Dr. Lucky Kumari, Dr. Monica, Dr. Deepika, Dr. Venugopal, Post graduates, Dept of OMFS attended AOCMF – Advanced Course in Flaps for Reconstruction from 16.10.15 to 18.10.15 at Bangalore.

Three second year post graduates, Dept. of Periodontics, attended the 40th ISP national conference on 30.10.15 at Novatel, HICC, Hyderabad and presented posters Dr. Ahila – Papilla augmentation with PRF using microsurgical techniques; Dr. Minu Mathew – Frenectomy with laterally displaced flap – A case report; Dr. Ughabharathy – Clinical evaluation of increase in width of attached gingiva using MARF.

Dr. Shouvik, 2nd Year Post Graduates Paper Presented on An Evidence Based Minimally Invasive Method to Arrest Incipient Proximal Carious Lesions by Resin Infiltration and Won the Best Paper at global dental meet -2015 in Chennai between 6.11.15 and 8.11.15.

Dr. Jeyagopika, Dr. Shouvik, Dr. Vijayaraja, 2nd Year Postgraduates, Dr. Chandana, Dr. Jasmine, Dr. Prabhu 1st Year Post Graduates attended Hands on Lasers in Endodontics at Global Dental Meet -2015 in Chennai between 6.11.15 and 8.11.15.

Dr. Shouvik, Dr. Vijayaraja 2nd year post graduate attended hands on Botox at global dental meet -2015 in Chennai between 6.11.15 and 8.11.15.

Dr. Abdul Khader, Dr Santosh Palla and Dr. Yoga, Second year Post graduates, Department of Oral Medicine and Radiology attended observership training at Adayar cancer institute, Chennai from 15.11.2015 to 30.11.2015.

Dr. Uma Mageswari, II Year Post graduate student, Department of Oral Pathology and Microbiology, presented a poster on "A Rare Benign Cartilaginous Tumor" at XIV IAOMP, Jaipur from 20.11.15 to 22.11.15.

Dr. Aroumougami, II Year Post graduate student, Department of Oral Pathology and Microbiology, presented a paper on "A Report on Pseudocysts of Oral Cavity" at XIV IAOMP, Jaipur from 20.11.15 to 22.11.15.

Dr. Satheesh Kumar, II Year Post graduate student, Department of Oral Pathology and Microbiology, presented a poster on "Vascular Malformations – A Case Report" at XIV IAOMP, Jaipur from 20.11.15 to 22.11.15.

Dr. Nithin, Dr. Vivek, Dr. Amuthavalli, Dr. Devameena, Dr. Bejoy, Postgraduate students, Dept of Prosthodontics attended 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Nithin, and Dr. Vivek, Postgraduate students, Dept of Prosthodontics presented a poster titled "A comparative study on wettability and castability of vinyl polysiloxane and newly formulative vinyl polyether siloxane – An in vitro study" at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Bejoy and Dr. Devameena Postgraduate student, Dept of Prosthodontics presented a poster titled "Unconventional abutments- Think out of box" at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Amudhavalli, Postgraduate student, Dept of Prosthodontics presented a paper titled "Prosthodontic practices among non prosthodontists in complete denture treatment in Puducherry- A cross sectional survey" at 43rd Indian Prosthodontic Society Conference held at Hyderabad from 4.12.15 and 6.12.15.

Dr. Madhu, Dr. Monica, Dr. Deepika, Post graduates, Dept of OMFS attended MIMS-Mistakes in oral & maxillofacial surgery on 11.12.15 and 12.12.15 at Madurai.

Dr. V.L.Lakshman, Post graduate, Department of Oral Medicine and Radiology presented poster in SBV Post graduate Symposium on 18.12.2015 titled "Characterization of non odontogenic orofacial pain among patients attending the out-patient department in a tertiary health care center – A cross sectional study".

Dr. Lakshmi Priya .E won second place in poster presentation in SBV Post graduate Symposium on 18.12.15 titled "Identification of oral microbiota using 16SrRNA gene sequencing in oral leukoplakia and oral squamous cell carcinoma – A multicentric study". She was selected for intercollege poster presentation.

Dr. Lakshmi Priya .E, Post graduate, Department of Oral Medicine and Radiology presented poster in SBV Post graduate Symposium on 18.12.2015 titled "Identification of oral microbiota using 16SrRNA gene sequencing in oral leukoplakia and oral squamous cell carcinoma – A multicentric study".

Dr. Shiva santhosh, Post graduate, Department of Oral Medicine and Radiology presented paper in SBV Post graduate Symposium on 18.12.2015 titled "Doppler ultrasonographic assessment of major salivary glands in Type 2 diabetes mellitus patients in correlation with salivary quantity and serum magnesium levels – A cross sectional study".

Undergraduate News

Miss. Kavitha, IV BDS secured third place in the painting competition conducted by Pondicherry AIDS Control



Society on the commemoration of National Voluntary blood day on 28.10.15.

Fresher's Day

The event was conducted on 28.11.15 at 10.30am in second floor lecture hall of MGMCRI. The first year students were welcomed by their immediate seniors and there was a cultural

program of both the batches. The event marked the bloom of friendship between both the batches. Batch day celebration by final years (2012-2017 batch)

The final year students of IGIDS conducted a Blood and Organ Donation Camp in SBV as a part of their batch day celebration. On 24.08.15, 15 students donated blood and all the other students of the batch registered their names to donate blood for future needs. On 26.08.15 the batch celebrated their unity by cake cutting in the presence of Principal and faculty members followed by registration of entire batch for Eye donation in our institute. The batch also registered for organ donation in the website www.tnos.org.

Pooja CRRI won 2nd place in Paper presentation (Title –Orthodontic Gymnastics') organized by Vels University, Chennai on 11.04.15 and 12.04.15.

Mr. Duraimurugan, CRRI presented a paper on 'Management of pathologies related to maxillary sinus' at MOKSHA, between 11.04.15 and 12.04.15.

BharaniPriya. K, NivethaPrashanthi. S, Ramya. K I yr BDS has been awarded second and third prize in "Fun with Oral Pathology and Oral Histology organized by the Department of Oral and Maxilla Facial Pathology at Sri Venkateswara Dental college and hospital, Chennai between 24.06.15 and 25.06.15.

Dr. V.L. Lakshman Third year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Post Traumatic Regeneration of Condyle – Radiographic Interpretation Dilemma" in Clinical society meeting at IGIDS on 25.06.15

Dr. Lakshmi Priya Third year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Dwarfism– Case Series" in Clinical society meeting at IGIDS on 25.06.15

Dr. Shiva Santhosh Third year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Sclerotherapy in the management of Oral Vascular Lesion– A Case Series" in Clinical society meeting at IGIDS on 25.06.15

Dr. Abdul Khader Second year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Palatal swelling _ A diagnostic Approach" in Clinical society meeting at IGIDS on 25.06.15 Dr. SanthoshPalla Second year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Comparative fractal analysis of bone quality in dentulous and edentulous regions on digital OPG's – A retrospective study" in Clinical society meeting at IGIDS on 25.06.15

Dr. Yoga Second year postgraduates, Department of Oral Medicine and Radiology presented paper titled "Occult Pathology in OPG" in in Clinical society meeting at IGIDS on 25.06.15.

Miss.Smiritha P Kumar – Intern received Best Poster Award for the poster titled "Zero Dentistry" in the Poster Competition Titled "Occupational Hazards in Dental practice" in the CDE program Titled "Guide to Dental Practice" held at Kaparga Vinayaga Institute of Dental sciences on 18.0315.

Report on Disclosing Ceremony of The New Student Council For The Year 2015

The disclosing ceremony of the new student council for the year 2015 was held on 03.01.2015 around 10:30AM at the 2nd floor lecture hall of MGMC & RI. The whole of IGIDS gathered in the hall. The office bearers of the 2014 student council enlightened the audience as they shared their experience in organizing the college day and various other programs. Momentoes were given to the council's staff advisors.

The student council advisors handed over their duties to the new members by badging the corresponding member. The new council was headed by Prasanna Eshwar, Intern as the President, Vishvaja and Santhosh, Interns as the vicepresident, Durai Murugan, Intern as the General Secretary, Akshaya Balaram and Narendran. Interns as the Joint General Secretary, Hema.P as the treasurer, Janani and Neha gani, Interns as Joint Treasurer, Krishnagopalan, Intern as Sports Secretary, Vijayamanohari and Devi Gayatri as Joint Sport Secretary, Tamil Murali Krishnan, Intern as the Cultural Secretary, Lincy and Vijayalakshmi, Interns as joint Cultural Secretaries, Dharani, Intern as Literary Secretary, Sarguna and Priyanka, Intern as Joint Literary Secretaries, Niveditha, Intern as Fine Arts Secretary, with Karthika and Pooja, Intern as Joint Fine Arts secretaries, Anija.R, Intern as the Editorial Secretary with Lavanya A, Intern as Joint Editors.

Report on 68th IDC Bangalore 2015

The 68th National IDC was held from 13.02.15 to 15.02.15 at Manpho convention center, Nagavara, Bengaluru. The students were accompanied by four faculties Dr.Ramesh Venkatesan, Dr.Selvabalaji, Dr.Gayathri and Dr.Prasanya.

Almost 55 students participated in scientific presentations from various departments.

On 12.02.15 the students visited Confident Dental Equipments Manufacturing Unit where they were enlightened about the functioning of the unit. In scientific session, Ms. Johncy John was awarded first prize for the scientific paper along with Ms. Anupama, Mr.Durai murugan who won the second place. Ms. Bella was given consolation prize for her scientific paper presentation. . In poster presentation, Ms. Meena kumari and Ms. Dhivya together won second prize for their poster.

Report on Sangamam 2015

The Sangamam'15 was held between 8.01.15 and 10.01.15 at Karpaga vinayaga institute of dental sciences, Kanchipuram. The students were accompanied by two faculties Dr. Arun Kumar and Dr. Prasanya. Almost 75 students from our institution took part in various cultural and sports events.On the second day, the students excelled in various events. Ms.



Ravipadmapriya won second place in 100 m; Mr.Siddarth got



first place in solo dance performance, Ms. Vijayalakshmi got first place in adaptune, Ms. Nalini Devi won first place in solo singing following first place in skit. The Students of IGIDS whole heartedly thanked our Principal Dr. Carounanidy Usha for giving this opportunity to participate in this convention and other faculties for their assistance.

STUDENTS NEWS - EXTRA . CO-CURRICULAR ARENA '15

On the 28th February 2015, the sports extravaganza of IGIDS, ARENA'15, started off with a bang. The sports events were officially inaugurated by a symbolic ribbon cutting by our esteemed Professor K. R. Sethuraman, Vice Chancellor, SBV, in the presence of Dr. Carounanidy Usha, Principal, IGIDS and our energetic Dr. Saravana kumar, Vice Principal, IGIDS.

The indoor sports events of Carom, Chess and Table Tennis were started around 1.30 pm almost simultaneously. All the houses were allowed unlimited entries and the response was overwhelming. The Sports day was inaugurated by our special Chief Guest Dr. Sultana, Head of the Department, Dept of Physical Education and Sports, Pondicherry University. Welcome address was given by Sports Secretary Mr. Krishna Gopalan, which was followed by march past, Flag hoisting and lighting of torch. Then our special chief guest gave our welcome speech. Then the vote of thanks was given by Joint Sports Secretary Ms. Devi Gayathri. 16Mar'15- Prize distribution for Track & field events

The programme Started at 9am and the chief guest of the day was Prof.K.R. Sethuraman, Vice Chancellor, SBV University. The welcome address was given by Ms. Anija. Validatory report was given by Sports Secretary Mr. Krishna Gopalan .The prizes were distributed to the winners by the chief guest.

The programme ended with a vote of thanks by Ms. Devi Gayathri, Joint Sports Secretary. Following which the fun games were conducted for the faculties. On 21 Mar'15-Ignite'15, Prize distribution for the team events were given away by the chief guests, Prof. J.Balachandran, Medical Superintendent, JIPMER & Lioness Ms. Vijayalakshmi Sivakumar, District Governor, Liones club in the presence of Prof.K.R Sethuraman,Vice Chancellor, SBV University, Dr. Carounanidy Usha, Principal and Dr.Saravana Kumar,Vice principal, IGIDS.

The Overall ARENA'15 Championship was won by "RED HOUSE"



Dextrix'15

Dextrix 2015 started with flying colors on the morning of 2nd March 2015 with Ikebana, the Japanese art of flower arrangement, held in the Department of Oral Pathology, IGIDS. Twenty teams from various houses participated with two members per team.

Tattoo designing was conducted on the afternoon of 2nd March 2015 in the preclinical Prosthodontics lab, IGIDS, in which 22 members participated with 2 members per team. The students disclosed their amazing creative potential in tattoo designing competition. Rangoli was conducted on the morning of 4th March 2015 at the 5th floor of old building, IGIDS, in which 30 teams participated with 3 members per team. Sculpting competition with any material was conducted on 5th March 2015 at the same venue in which 32 members participated. The judges were completely impressed by the sculptures displayed by the students and faculties of IGIDS. Origami competition was conducted on the morning of 9th March 2015 at the Department of Oral Pathology lab in which 20 members participated. The Origami competition was followed by craft from foam sheet in which 9 teams participated with 2 members per team. The famous cookery event of IGIDS was conducted on 11th March 2015 at the preclinical Prosthodontic lab in which 22 teams with 3 members per team participated. Mouth watering recepies were made and displayed to the judges. The flag designing competition was held on 12th March 2015 at the Department of the Oral Pathology in which 5 teams participated with 2 members per team. Glass painting competition was conducted in the afternoon of same day at the same venue. The participants made an amazing display of glass painting which was a true visual treat.

LOQUENTIA'15

The literary fest of IGIDS, LOQUENTIA'15 started on the afternoon of 3rd of March 2015. The participants and students gathered in the Preclinical lab, Department of Prosthodontics, IGIDS. The lab was bustling with activity with the crowd being extremely eager and excited. The events were Pictionary, connections, quiz compettion, dumb charades, snack o snack, treasure hunt.

CELESTIAL'15

Our college cultural fest, CELESTIAL'15 started with Melomania (singing competition) on 17th March 2015 at 2:30 pm. The programme was anchored by Ms Lincy & Ms Narmatha. The Chief guest & Judge of the event were Mr.Sivakumar from Bharathiyar Pallkalai Koodam & Dr. Ranjani, Alumini of our college. The competition was divided into solo singing, duet singing and group singing. The event concluded with a performance by the Chief Guest @ 6:30pm.

The second part of the Celestial'15 was held on the eve of 20th march 2015, at the college ground in a grand manner. The programme was anchored by Ms. Akshaya, Ms. Anija, Mr. Santhosh and Mr. Sriram. The Welcome address was given by Cultural secretary Ms. Lincy Stephen Joseph. The Chief Guest and Judge for the events was Mr. Krishnan from Barathiar Palkalai koodam. The events included dance competitions, pre-recorded short films, and mime shows .The dance events were divided into Classical solo, Solo any genre, Adaptune, Duet dance, Group dance.

The overall champions of the Celestial'15 were Green House and Runner up was Purple house. Celestial'15 concluded at 11:30 pm and the last event for the day was a group photo of IGIDians.

IGNITE 15

The most awaited College Day function, Ignite'15, was celebrated on the eve of 21st March 2015. The program was honoured by the Chief Guests Dr. J. Balachandhran, Medical Superintendent, JIPMER and Lioness Ms. Vijyalakshmi Sivakumar, Governor of Lions Club, Cuddalore. The other dignitaries for Ignite'15 were Prof. K.R.Sethuraman, Vice Chancellor, SBV, Dr. Carounanidy Usha, Principal, IGIDS, Dr.Saravana Kumar, Vice Principal, Mr. Durai Murugan, General Secretary and Mr. Prasanna, President of student council.

The function was hosted by Dr. Vijyaraja and Dr Lidiya after which Mr. Prasanna, President of Student Council, IGIDS, welcomed the gathering. Dr. Carounanidy Usha, Principal, IGIDS, presented the annual report of our college enumerating the various events that took place in 2014. Both the chief guests addressed the gathering after which Dr. J. Balachandhran inaugurated the Student Council web page of IGIDS and Lioness Ms. Vijyalakshmi Sivakumar released the e-glaze'15 magazine online accompanied with a sizzling display of fireworks. Prizes for the various events such as Dextrix, Loquentia, Arena and Celestial were distributed to the winners and runners. The program ended with vote of thanks by Ms. Vishvaja, Vice President, Student Council, followed by grand dinner.

THE ANNUAL ALUMNI MEET - 2015

Confluence 2015

The Annual Alumni meet for the year 2015 was conducted on 20th March 2015 at 1.30 PM, at the lecture hall in 1st floor of College Block, MGMCRI. The chief guest for the inauguration programme was Mrs. Jayanthi Ravichandran, Chairman, Child Welfare Committee, Cuddalore District. The Presiding Officer was Prof.K.R.Sethuraman, Vice Chancellor, SBV. The guest speakers for the day were, Prof.K.R.Sethuraman, Vice Chancellor , SBV, Prof.A.Nandakumar, HOD, Dept. of Orthodontia, IGIDS, Prof. Subramanya Sharma, Principal, Adhiparasakthi Dental College & Hospital, Melmaruvathur& Dr. Abraham Thomas &Mrs.Sheeba Simon from Kodur, Kadapa district. Around 35 alumni had attended the programme.

The programme began with a lecture on 'Money Management' by Prof. A. Nandakumar, as there was a delay in the arrival of the chief guest. The inauguration programme began with prayer song followed by presentation of mementos to the dignitaries by Dr. Saravanakumar. R, Vice Principal, IGIDS. Prof.Carounanidy Usha, Principal, IGIDS welcomed the gathering. Prof.K.R.Sethuraman delivered the presidential address. This was followed by the presentation of awards & honours. The meritorious students of the 2009 batch of BDS were awarded with trophy and certificates. Three of the alumni students were honoured for their contributions to the institute. Dr. Ranjani.R who had composed and recorded the official prayer song for our institute, Dr. Abdul, a prolific designer who had



designed logos & banners for the departments, & had made many video presentations & Dr. Shivasanthosh who had designed the alumni logo 'THE GUILD' were honoured with mementos by Prof.CarounanidyUsha. This was followed by the distribution of certificates to the participants & organizing team of the Skill Enhancement Program for alumni (SEA) conducted by the dept. of Prosthodontics on 18th& 19th March at IGIDS. Dr. Karthik, President of alumni association of IGIDS then honoured Dr. Vezhavendhan, Advisor, Alumni Association of IGIDS with a memento. It was an appreciable & noble act of the alumni to have presented a cheque of Rs 7000 towards vaccinating all the sanitary workers of the Municipality of Puducherry against Hepatitis B. The President & vice President of Alumni IGIDS presented this cheque to Dr. Senthil, Co-ordinator of NSS, IGIDS. The vaccination program will be conducted by the NSS of IGIDS in co-ordination with the Puducherry Municipality.

This was followed by the inauguration of the alumni logo and a recap of the activities of the alumni by the chief guest Mrs.JayanthiRavichandran who then delivered the inaugural address. The inauguration programme ended with vote of thanks by Prof.Saravanakumar.R

The scientific session began with the lecture on 'Doctor patient communication skills' by Prof.K.R.Sethuraman followed by the lecture on 'Medical emergencies in Dental Practice' by Prof. Subramanya Sharma. The third lecture was on 'Promises on rural Dental practice' by Dr. Abraham Thomas. The programme ended with high tea followed by the AGM of the Alumni association of IGIDS.

Field Trip – Final BDS students

The UGC has shown concern that enough coverage has not been given in the syllabus regarding environmental studies. In addressing this issue a field visit was organized for the Final year BDS students by the Department of Public Health Dentistry, Indira Gandhi Institute of Dental Sciences. The students visited Centre for Advanced Studies, Annamalai University, Parangipettai and to mangrove forest in Pichavaram as part of the field visit on 16.04.15. The students were enlightened with the researchopportunities prevailing in each section.

MOKSHAA'15

The inter-dental college Competition Mokshaa'15 Was Held At Sri Venkateswara Medical College And Hospital, Chennai On 11Th And 12Th April 2015. A Total Of 81 Students From Igids Participated In Mokshaa And Were Accompanied By Dr. Balaji, Senior Lecturer, Dept. Of Prosthodontics And Dr. Suganya, Senior Lecturer, Dept. Of Oral Pathology. The Event Started With The Inaugural Function Followed By The Scientific Sessions, Sports And Cultural Events. Further



Few Cultural Programs Were Conducted On The Eve Of



The Same Day. On 12Th April 2015, Students Participated In The Cultural, Fine Arts Events And Prize Distribution Ceremony. All The Prize Winners Were Felicitated By The Chairman And Founder Of Vecs Group, Dr. Isari K Ganesh. Igids Bagged Runners In Overall Cultural Events At Mokshaa'15. The Following Were The Prizes Won By The Igidians At Mokshaa 2015.

Teacher's day celebration

Teacher's day was celebrated on 4.9.15 at 2:00pm near the college entrance. On this event the students engaged in unbridled capacity to shower their love, adoration and respect to their teachers, the beacon of knowledge light, in our lives. The concept for teacher's day was "Rainbow", wherein each Student and teacher represented each color of VIBGYOR according to each letter in the word "Teacher". Speech was given by a fellow student about the important role of teachers in student's life. Surprise games were planned by the students which enlightened the celebration with fun and joy. The program was concluded with cake cutting and beautiful musical performance by faculty and a student.

Farewell program for Valvoyanz Batch

On 6.9.15 a grand farewell function was held for the students of 2010 Batch at Hotel Annamalai at 7:30 pm, by 2011 batch. The program started with welcoming the Valvoyanz Batch members, followed by addressing of the gathering by Dr. Carounanidy Usha, Principal and Dr. Saravana Kumar, Vice Principal, IGIDS wishing good luck for their future and expressed their hope that the student will continue to be in contact with the college. There was entertaining slideshows of their memorable times spent in the college and also few cultural activities by the faculty and students. The Students shared their fun filled experience in the college and the memorable moments spent among their friends.

Report on General Body Meeting on Badge Ceremony

On 16.09.15 the Students council conducted General Body Meeting in the 2nd floor lecture hall of MGMCRI at 2PM. The program started with badging ceremony of new Student Council members by the previous council members. This was followed by a motivational speech given by Dr. Carounanidy Usha, Principal, IGIDS. Later appreciation certificates were given by the Dept of Public health dentistry, for the participants of street play on "No Tobacco Day", Oral health education and treatment camp conducted for the tribal villagers and for Flash mob conducted on Oral hygiene day. Vote of thanks was given by new student council president and the program ended with college anthem and photo session.

Intern's orientation program

On 18.09.15, Intern's Orientation program was organized by the student council in collaboration with the Scientific and Academic Forum. The main intention of the program was to give an insight to the students about the future career objectives. Mr. S.S.Ganesh gave Guest lecture on the topic Versatility. The Principal, the Vice Principal along with Faculty members, Interns and the Post graduates were gathered for the program. The introduction to the Interns Orientation program was given by Miss. Infanta followed by a Welcome note by Miss .Nandini. Prayer song was played and President Welcomed the Guest Speaker with a Bouquet. The Introduction to the Guest Speaker was given by Dr. Sathyanarayanan, Prof & Head, Dept of OMFS. The lecture was proven to be very enlightening and informative.



KASTURBA GANDHI NURUSING COLLEGE

Message From

Prof. Dr. Renuka K, M.Sc (N), Ph.D (N)

Dean, Faculty of Nursing Sciences



As every morning sees the sunshine, the sparkle of innovative ideas streams one's thoughts and paves the way for success.

I feel profusely happy to pen down a few lines for the Annual Report of Sri Balaji Vidyapeeth (SBV) 2015. SBV a centre of academic excellence provides an extremely ambient environment for one's professional growth. As the pages open up, it gives extreme joy and happiness, to cherish our professional memories, through delighted action oriented pages of constituent colleges and their prideful moments.

The dream and desire of Kasturba Gandhi Nursing College to excel and reach heights of success is geared up by our envisioned, enthusiastic and respected Chairman, Sri. M.K.Rajagopalan and also by the able guidance and support given by our Honourable Vice Chancellor, Prof. K.R. Sethuraman and by our Dean of Research & Allied Health Sciences, Prof. N. Ananthakrishnan.

A pang of excitement and joy creeps into our mind when we witness our hardwork and perspiration, that bloomed out as success fill up the colourful pages of the 'Chronicle' of KGNC. Hats off, to our KGNC team who work with dedication and enthusiasm to cross each milestone.

At this juncture, KGNC salutes all our well wishers who propelled us to reach the shore of success. Yes, a commendable performance as the 'SBV' now have been accredited with NAAC 'A' grade

KGNC team will always contribute towards achieving the unified goal of SBV.

I wish the Annual Report Editing team & IQAC team for spreading the fragrance of SBV even to the unreached.

RESEARCH PUBLICATIONS

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Lavanya.S, Jayasakthi Prabavathy.J, Identical Triplets, Tamil Nadu Nurses and Midwives Council Journal of OBG Nursing, Jan-June 2015; 3:42-45.

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Geetha.C Knowledge and practice on partogram among staff nurse. International Journal of Recent Scientific Research May 2015;4(5):2270-2271.

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AnnieAnnal, Anitha. Fertility Cleansing. Pondicherry Journal of Nursing. Jan–Apr 2015;8(1):19-22.

SugunaMary.D, R.Rajalakshmi. Assess the factors affecting the non-compliance on DOTS regimen among patients with Tuberculosis in DOTS centers at Puducherry. Pondicherry Journal of Nursing. Jan–Apr 2015;8(1):47-48

Anbu. M, Effect of the communication Board on Communication Pattern among Incubated Patients in the Critical Care Unit. Indian Journal of Surgical Nursing. August 2015; Vol 4(2):41-45.

Kripa Angeline.A, Scrub typhus fever. Pondicherry Journal Nursing, May- Aug 2015; Vol 8(2): 11-16.

Vijayaraj. R, A study to assess the burn out among nurses at selected hospital Chennai. Pondicherry Journal Nursing, May- Aug 2015;Vol 8(2):45-48.

Sangeetha. M. A, Kawasaki's Disease. Pondicherry Journal Nursing, May- Aug 2015;Vol 8(2):31-34.

Poongodi.V, Effectiveness of Aromatherapy during first stage of labour. IOSR Journal of Nursing and Health Science. Sep - Oct 2015, Volume 4(5):34 - 37.

Annie Annal.M, Umamaheswari.R, Fallopian Tube Prolapse Tamil Nadu Nurses and Midwives Council Journal of OBG Nursing, Jul-Dec 2015; vol III 46-48.

Lavanya.S, Prevalence of High risk Pregnancy among Primi and Multi Gravida Women. Pondicherry Journal Nursing, May- Aug 2015; Vol 8.

Rajeswari.S , Sumathy.P Breast Milk Bank - Saves Generation, Pondicherry Journal Nursing, May- Aug 2015;Vol 8(2):17-24.

Ramaprabu.Z Tidal Waves : A New Model Of Mental Health Recovery & Reclamation, Pondicherry Journal Nursing, May- Aug 2015;Vol 8(2):25-30.

Geetha.C Effectiveness of Post-operative respiratory exercise in preventing Post –operative respiratory complications among patients undergoing major surgeries. International Journal of Science and Research Vol 4,Issue10.

Kripa Angeline.A, Renuka.K, Effectiveness of video assisted teaching programme on prevention of byssinosis among cotton textile workers in India. International Journal of Community and Mental Health Nursing. Jun 2015;1(1):53-60.

Kripa Angeline.A, Effect of Laugh Therapy on patients with Hypertension Coimbatore, India. International Journal of Recent Scientific Research. 2015; 6(1):7078-83.

Kripa Angeline.A, Prabavathy.S, Renuka.K, A study to assess the dietary and life style practices of patients with type II Diabetes Mellitus with a view to prepare handouts on prevention of complications of type II Diabetes Mellitus in MGMC&RI, Pillaiyarkuppam, Puducherry. International Journal of Multidisciplinary Research and Development. Oct 2015; 2(10):447–53.

Kripa Angeline.A, Renuka.K, A study to assess the knowledge on current trends in the treatment of cancer among staff nurses working in MGMC&RI, Puducherry. International Journal of Multidisciplinary Research and Development. Oct 2015; 2(11):655 – 668.

Nirmala. S, Sangeetha. M.A, Risk Assessment of Polycystic Ovarian Syndrome among Staff Nurse –A Descriptive Study. International Journal of Emergency & Trauma Nursing Vol. Dec 2015;2(2):1-4

ACADEMIC INITIATIVES

Chair Person / Resource Person in Scientific Events

Prof.Dr.Renuka.K, Principal gave a enlightening talk on "Thai Sei Nalam" in the Citizenship Training Programme for B.Ed Student at Manapet organized by Krishnasamy College of Education for Women, Cuddalore on 10.01.15.

Prof. Dr. Renuka.K, Principal was a resource person in a CME on "Blood Stream Infection" organized by International Medical Sciences Academy Puducherry Chapter and Hospital Infection Control Committee(HICC) MGMC&RI on 28.03.15. She gave a lecture on "Role of Nursing Staff in Preventing Blood Stream Infections in ICUs"

Prof. Dr Renuka.K, Principal was a resource person in the CME on "Modern Concept of Clinical Nutrition". Organized by department of Biochemistry, MGMC&RI on 28.03.2015. She deliberated on "Relevance of Nutrition in Health Profession (Nursing)". Prof. Dr. Renuka.K, Principal was invited as a resource person for the conference "Nitty Gritty on Research Process" in Vignesh College of Nursing, on 31.03.2015. She delivered a lecture on "Hypothesis and Variables"

Prof. Sumathy .P, HOD, Dept of Child Health Nursing deliberated on "Standards of Health Concerns in Child Health Care Practices" as resource speaker in the National Conference at Karpaga Vinayaga College of Nursing, Chengalpet on 14.11.2015.

Mrs. Kripa Angeline, Associate. Prof., was the evaluator for poster competition conducted by SAF, SBV in commemoration of World AIDS Day on 14.12.2015

Prof. Dr. Renuka.K, Principal deliberated on "Concept Mapping Enhances Critical Thinking" as a resource person in the International Conference on "Harmonizing Nursing Education and Practice" at Meenakshi College of Nursing, MAHER University, Chennai on 19.12.2015.



Mrs.Lavanya.S, Lecturer, Dept of Obstetrics & Gynecological Nursing chaired the plenary session and was a facilitator in the skill session on Antenatal Assessment in the National Conference on Building and Promoting excellence in Midwifery Practice organized by Mother Theresa Post Graduate and Research Institute of Health Sciences in Puducherry on 13.04.2015.

Prof.K,Renuka, Principal, was a chair person and a resource person in National Conference Focusing on "Recent Updates in National Health Services" organized by KGNC on 30.04.15. She deliberated on "National Schemes and support for Non Communicable Diseases." Prof.P.Sumathy, HOD, Dept of Child Health Nursing was also a resource person and deliberated on "Recent Updates in Immunization" .Prof. Annie Annal, Prof.Sumathy.P, Ms.Kripa Angeline & Ms.Suguna Mary.D faculty members were chair persons for the scientific session on the occasion.

Mrs.Rajeswari, Asso.Prof Child Health Nursing Department was a special invitee to inaugurate and evaluate Nursing Educational Models at Vinayaga Mission College of Nursing, Kirumampakkam, Puducherry on 24.6.15

Prof.Annie Annal, HOD of Department of OBG Nursing enlighted the group as a resource person on "Safe Motherhood a Vital Economic and Social Investment" in National Conference organized by Vinayaka Mission College of Nursing, Puducherry on 29.4.2015.

Dr. Renuka.K, Principal was a Resource speaker and deliberated on Application of critical thinking, case study and problem solving in Medical Surgical Nursing in State level conference on "Nursing Health care Issues and Challenges" in Sri Manakula Vinayagar Nursing College, Puducherry on 05.08.2015.

Dr. Renuka.K, Principal was Panel Member to evaluate the elocution on theme "Breast Feeding Week Let's Make It Work", organized by Pondicherry Institute of Medical Sciences, on 08.08.2015.

Dr. Renuka.K, Principal threw light as a resource person on "Overview on Nursing Research" in the National level Conference on Novice extensive Research bringing sound empirical knowledge organized by Indirani College of Nursing, Puducherry on 20.08.2015.

FACULTY ACHIEVEMENTS AND AWARDS

Dr. Renuka. K Principal KGNC, is the recipient of "Excellence Teacher Award" constituted by Lions Club International, Puducherry for the year 2015-2016 in appreciation & recognition of outstanding services to the student community with dedication and devotion as a teacher. The Chronicle team registers its heartiest congratulation to the KGNC team leader.

SCIENTIFIC PRESENTATION

An International Conference was organized by IQAC- SBV on the Theme "Climate Change & Health" On 09.01.15 All the faculty of KGNC participated & presented Poster, Photography & Painting Based on the theme. Ms.Geetha.C., Asso.Prof and Ms. S. Saranya., Lecturer of Child Health Nursing Department presented posters. Ms. S. Rajeswari., Asso. Prof & Ms.Geetha.C., Asso.Prof laid out a painting based on the theme. Prof. Sumathy.P, Mrs. Prabavathy Asso Prof, Lavanya. S Asst, Prof, K, Kripa Angeline Asso.Prof snapped a photograph focusing on the theme.

The following faculty member presented paper in National Conference Focusing on "Recent Updates In National Health Services" organized by KGNC on 30.04.15 which are as follows:

- Mrs. Rajeswari. S, Assco. Prof National Health Services on Child Prevention.
- Mrs. Geetha. C, Assco. Prof Healthy Child Healthy Nation.
- Mrs. Prabavathy. S, Assco. Prof National Mental Health Services.
- Mrs. Lavanya. S, Asst. Prof Newer Initiatives in Maternal Health Services.
- Mrs. Suguna Mary. D, Asst.Prof- Cancer prevention and control.
- Mrs. Elavarasi. R, Asst. Prof New initiatives of State Health Mission.
- Mrs. Aruna Devi. M, Asst.Prof The Road to Universal Health Coverage.
- Ms. Poongodi. V, Asst.Prof Effectiveness of aroma therapy on pain relief during first stage of labour among mothers in selected hospitals.
- Mrs.Rajalakshmi. R, Asst.Prof- Navajaat Shishu Surakshna Karyakaram.
- Mrs. Hemapriya alias Salini. S, Asst. Prof Prevention and control of cardiovascular disease.





- Ms. Saranya. S, Asst. Prof Child labour Prevention Government Initiative.
- Ms. Guna. S. Asst.Prof Rastriya Balswasthya Karyakram.
- Mr. Ramaprabhu. Z, Asst.Prof Recent Updates in National Health Services
- Ms. Sudha. K.S, Senior Tutor Mission Indradhanush.

Ms. Rajalakshmi.R was awarded for Best Paper presentation

The following faculty members presented paper in State level Conference Focusing on "Nursing & Health Care-Issues & Challenges" organized by Sri Manakula Vinayagar Nursing College, Puducherry on 05.08.2015 & 07.08.10, Mrs. Lavanya. S, Asst. Prof, spoke on "Prevalence of High risk Pregnancy among Primi and Multi gravid Women" while Ms.Anitha.B, Asst spoke on "A Study to assess the effectiveness of Cabbage leaves application Versus Cold application on breast engorgement among postnatal mothers" respectively.

SCIENTIFIC PARTICIPATION

Mrs. Prabavathy, Asso. Prof, HOD of Dept of Psychiatric Nursing participated in National conference on "Psychology for safe school and healthy students" organized by Indian Psychiatric Society and Pondicherry Psychiatric Society, held at Blessed Mother Theresa Higher Secondary School, Puducherry on 14.02.15.

Mrs. Prabavathy, Asso. Prof, HOD of Dept of Psychiatric Nursing participated in regional training programme organized by TT Ranganathan Clinical Research Foundation on 25.02.15 to 27.02.15 focussing on the theme "Detoxification and Dealing with Emergencies".

Ms. Hemapriya, Lecturer , Ms. Guna.S, lecturer, Dept of Community Health Nursing was been a Organizing Person and Mr. Vijayaraj R, Asst. Professor, , and Ms. Sangeetha Asst. Lecturer Dept of Medical Surgical Nursing, , Ms. Anitha.B, Lecturer, Department of OBG Nursing, Ms.S.Saranya, Lecturer, Dept of Child Health Nursing participated in Continuous Medical Education Focusing on "Blood Stream Infection" which was organized by International Medical Sciences Academy Puducherry Chapter and Hospital Infection Control Committee(HICC) MGMC&RI on 28.03.15.

Mrs.P.Rajalakshmy, Lecturer in Nutrition and Mrs. Jayanthi. Asst, Prof in Biochemistry participated in

CME on "Modern Concept of Clinical Nutrition" organized by Dept of Biochemistry, MGMC&RI on 28.3.15.

Mrs. Kripa Angeline, Asso. Prof Dept of Medical Surgical Nursing, Mrs.Prabavathy. S, Asso. Prof., Ms. Malini Pon Angel .I, Asst. Lecturer, Dept. of Mental Health Nursing, participated in International Conference of Music Therapy organized by Department of CMTER, MGMC&RI on 23.06.2015.

Prof. Annie Annal, HOD, Mrs.Lavanya, Asst.Prof, Mrs. Uma Mageswari, Asst.Prof, Ms.Anitha, Asst.Prof, Ms.Iniyaval, Tutor Dept. of Obstetrics and Gynaecological Nursing, Ms. Hemapriya alias Salini. S, Lecturer and Ms. Sangeetha.M.A, Asst. Lecturer, Dept. of Medical Surgical Nursing participated as a delegate in the CME on "Clinical Embryology & its Significance in Assisted Reproductive Technique" organized by Dept. of Anatomy held on 22.6.2015 at MGMC&RI, Puducherry..

NATIONAL LEVEL CONFERENCE ON "RECENT UPDATES IN NATIONAL HEALTH SERVICES"

NEU of KGNC & Department of Community Health Nursing, joined hands with IQAC to organize 5th National Level Conference on 30.04.15, focusing on "Recent Updates in National Health Services". The total numbers of candidates registered were 258. The Presidential address was delivered by Dr. Renuka. K, Principal, KGNC. Prof. Sethuraman .K.R, Vice Chancellor, SBV, gave the keynote address. Prof. Ravishankar (Dean- Admin), MGMC&RI, felicitated the gathering. The chief guest address was given by Dr. Kamalam. S, Director of Nursing, Sri Sathya Sai Medical College and Hospital, Chennai. She emphasized the importance of changes and updates in health services available in India. S. Dr. Kamalam. gave a good opening to the plenary session by deliberating on "Recent advancement in community Health Nursing". Followed by this Ms.Rajeswari. C, Lecturer, NIMHANS, presented on "Current scenario of Maternal and Child Health Services in India". Prof. Dr. Kamala. K, Principal, VMCON, Karaikal, deliberated on "Government initiatives in Child Welfare services". Dr. Valliammal Shanmugam, Lecturer, NIMHANS, deliberated on "National Mental Health Services available at door step". Dr. Karaline Karunagiri. D. RMCON, Chidambaran, elaborated on "National Health Programmes in India". Dr. Malarvizhi. Vice- Dean, PIMS threw light on "National operational for communicable diseases". Dr. Seetharaman. V, HOD, Community Medicine, MGMC&RI, focused on



"Issues in Health care delivery system in India. The scientific & poster presentations were held between 1:00-2:00 & 4:30 -5:00 P.M. Feedback from the delegate was given by a staff nurse from PIMS. The vote of thanks was proposed by Ms.Rumashanthini. K.

Mrs. Prabavathy. S, Asso.Prof HOD, Mr. Rama Prabu. Z, Lecturer, Mr. Mufeeth khan. K, Lecturer, Mrs. Sujitha. M, Lecturer, Ms. Malini Pon Angel. I, Asst. Lecturer Dept of MHN participated in International Seminar On "Dementia Care- Deriving Nursing Solution" organized at Apollo College of Nursing, Chennai on 28.07. 2015.

Mrs. Poongodi. V Asst.Prof. Ms. Ambiga.R, Tutor Ms. Silambarasi.K, Tutor Dept. of Nursing Foundation, Mrs. Umamaheswari.R,Asst.Prof, Mrs.Lavanya.S Asst.prof, Mrs. Anitha.B Asst.Prof and Ms.Iniyaval.R, Asst.Lecturer Dept. of OBG Nursing attended the State level Conference on "Nursing & Health Care - Issues & Challenges" organized by Sri Manakula Vinayagar Nursing College, Puducherry from 05.08.2015 to 07.08.2015.

Ms. Sangeetha. M. A, Asst. Lecturer, participated in State level conference on the theme of "Rural Nursing Care Services and Legal Issues in Nursing" organized by Pondicherry Government Nurses association held on 9.09.2015 at MTPG & RIHS, Puducherry.

Mrs.Kripa Angeline.A Asso.Prof, Mrs.Geetha Asso. Prof,Mrs. Poongodi. V Asst. Prof, Mr.Ramaprabu Asst.Prof, Mrs.Jayanthi.R Asst.Prof, Ms.Kandhakumari.G Asst.Prof Mrs.Anitha.B Asst.Prof attended the National Conference on "Intellectual Property Rights" organized by Sri Balaji Vidyapeeth, Puducherry on 25.09.2015.

All faculty members from KGNC participated in the National Seminar on "Pediatric Environmental Emergencies" organized by Dept of Child Health Nursing on 7.10.2015.

Ms. Anbu. M, Mr. Finny Moses, Ms. Sangeetha. M. A, faculty from Dept of Medical Surgical Nursing& Ms. Silambarasi. K, Ms. MerlinJoy. S. from Dept of Nursing Foundation participated in National level conference on "Gastrointestinal Nursing – Intergrading Theory and practice" organized by JIPMER on 11.12.2015 & 12.12.2015 at JIPMER Puducherry.

All faculty members of KGNC participated in the IQAC Workshop on "Managing Dialysis Unit -Nurses Role" organized by Department of Medical Surgical Nursing held at MGMCRI, II Floor Lecture Hall on 29.12.15. Dept of Nursing Foundation organized SAF on 30.01.2015 focusing on the theme "Healthy Lifestyle – Healthy Living", Ms. Catherine student member SAF welcomed the gathering followed by quiz competition on the above theme for I & II Year B. Sc Nursing students. Dr. Shobana. R, Asst. Prof, Dep. of Physiology, MGMC& RI, was the guest speaker who threw light on "Healthy Life Style". Mrs. P. Rajalakshmi, Lecturer, Dept. of, Nutrition, KGNC, deliberated on "Healthy life style" which caught the attention of the delegates.

The Department of Obstetrics and Gynecological Nursing organized Scientific Academic Forum on 25.06.15 focusing on theme "Recent trends in Intranatal Management". A Quiz program was conducted in this regard. B.Sc (N) IV year students enthusiastically participated and won the prizes. Dr. Sunil Kumar Samal, Asst. Prof, Dept. of OBG, was the guest speaker of the day. He gave an enlightening talk on "Recent trends in management of Postpartum Haemorrhage" which sought the attention of the gathering

The Department of Child Health Nursing organized Scientific Academic Forum on 28.09.15 focusing on "Congenital Anomalies of the Newborn". The highlights of this Forum comprised of a Quiz Programme for Final Year B.Sc (N) Students and an impressive session by Dr. Prathana Das, Asst Prof, Department of Paediatrics, MGMC&RI, who elaborated on the Risk factors, classification, Management and Preventive aspects of Congenital Anomalies. Final Year B.Sc(N) students presented case reports (2)on Atrial Septal Defects and Haemophilia which was informative and beneficial for the participants.

Community Health Nursing- 30.10.15

The Dept of Community Health Nursing hosted the Scientific Academic Forum on 30.10.15 focusing on "Formulation of Public Guide for Dengue". Mrs. Bamalakshmi. J, Asso. Prof, Dept. of Community Health Nursing, A.G Padmavathi College of Nursing was the guest speaker of the day. She highlighted on "Guide to Prevention and Control of Dengue".

Medical Surgical Nursing- 31.11.15

Dept of Medical Surgical Nursing hosted the Scientific Academic Forum on 31.11.15, in commemoration of World Diabetes Day. The objective of the forum was to throw light on 'Healthy Living Starts at Breakfast'- Theme of the year which was enlightened by Mrs.Manopriya as a good start. The B.Sc (N) Student's brains were conjured up by the Quiz Time which was a good drill and thrill for the delegates too. The shovel of the forum was the guest talk on 'Therapy for Type II Diabetes Mellitus' by Dr. H.Rakesh, Consultant

Diabetologist, Dr.Mohan's Diabetic Center which was very informative.

Mental Health Nursing - 30.12.15

The Dept of Mental Health Nursing organized Scientific and Academic Forum on the Theme "Mental Health Issues of Millennium students". Dr.Sunayana Choudry, Asst.Prof clinical Psychologist, Department of Psychiatry, MGMCRI deliberated on "Mental Health and Well Being of Nursing Students", followed by the guest talk on "Overcoming emotional Disturbances of Students by Mrs.Rama, Student counselor, MGMCRI which gathered the attention of the student folk.

INNOVATIONS

Teaching

Mr. Vijayaraj R, Asst. Professor, Department of Medical Surgical Nursing was deputed by INC & Further Group of Training for Nurses on TB TON, JIPMER, Puducherry on 25th & 26th of February.

LEARNING

Literary Club of KGNC

Literary club of KGNC conducted an "Eslogan" competition for B.Sc (N) students in both English and Tamil on the topic of "Environment and Health" on 12.01.15.

Language day was commemorated by Literary Club of KGNC on 7th February. 86 students had participated in "Folktale- 15"- story writing competition on the topic of "Common Issues and Challenges Faced by Adolescents" on 09.02.15 and bagged prizes.

Learning Management System

KGNC and Dept. of Medical Surgical Nursing joined hands to fix another glittering stone to the crown of KGNC by launching the Learning Management System (LMS) on 11.02.15.The programme was inaugurated by the Prof. K.R. Sethuraman Vice-Chancellor SBV, Dr. Jagan Mohan, HOD, Medical Informatics and Dr. S. Krishnan Dean (Admin) MGMC&RI. The first LMS was on Hemodynamic Monitoring. Ms. Saranya, Lecturer gave a lucid explanation on how to use and excel in LMS and sensitized the students. At the end queries of the gathering were clarified. It was a prestigious moment for KGNC and the effort taken by the Principal and her team was applauded by the dignitaries.

GFATM Programme

GFATM training programme for final years students was conducted by GFATM trainers on 4, 5 & 6th May 2015, to abide by the recent INC norms . Class coordinator Ms.Geetha Asso.Prof, gave a brief introduction about the GFATM. Trainers Mr.Vijayaraj, Ms.Ruma Shanthini.K provided knowledge input on various aspects of AIDS like Life Cycle, ART, Treatment, Paediatric HIV, Opportunistic Infections. Students were asked to enact role-plays on counseling sessions for AIDS patient. Students had enthusiastic participation & registered their online feedback as very useful. Basic Life Support

BLS training programme opportunity was provided to final year students on 15.04.2015 in simulation lab of MGMC&RI, The program started with theory classes in the morning session and trainers gave hands on training in the afternoon followed by the evaluation session. Students secured good score and all the 15 students were awarded with the Basic Life Support certificate issued by the American Heart Association.

GFATM Programme

Mr. Vijayaraj. R, Asst. Prof., Dept. of Medical Surgical Nursing, had been deputed as a Resource Person for training Nurses on Tuberculosis in INC collaborated GFATM project. He deliberated on "Pathophysiology of Tuberculosis" at JIPMER, Puducherry, held on 7th and 8th September 2015.

Journal Club

The following were the journal presentation in Journal club of KGNC. Ms.Anitha.B, Asst.Prof spoke on "Tissue Engineering" while Ms.Iniyaval.R, Asst.Lecturer, spoke on "HIFU-High Intensity Focused Ultrasound"

TEACHING AND LEARNING

Literary Club KGNC-"Prideful Moment"

In commemoration of birthday of Sarvapallie Radhakrishnan, SBV conducted Inter-collegiate Chancellor's Medal competition for health science students. Online essay competition entitled on The significance of Thirukkural-Vision for the higher educational Institution in the 21st century" was held on 3rd September 2015 and poster competition entitled "Teaching and Learning resources for the twenty first century" was held on 25th September 2015. With this note Literary Club of KGNC geared up its action to prepare Nurse writers and Nurse Painters towards the competition. The strong

motivation, guidance and effort for plagiarism check brought forth 9 participants for essay and 10 students for poster. To the pride of KGNC Ms. Mary Catherine II year B. Sc Nursing won gold medal with cash award of R. 3000 and Ms.Nandhini. S won bronze medal with cash award of Rs. 1000 in Essay & Poster competition respectively. Induction Programme

Induction programme for XIII Batch B.Sc Nursing, VII Batch P.B.B.Sc & M.Sc Nursing was conducted on 24.08.2015. The presidential address was given by Dr.A.R.Srinivasan, Registrar, SBV. Prof.P.Sumathy, HOD, Department of Child Health Nursing, given an outline view about KGNC. Mr.S.Dhandapani, Vice - President, SNA deliberated on facilitating facilities of KGNC. Followed by video show by II Year B.Sc Nursing students on "Zero Tolerances of Ragging at KGNC." Prof.Annie Annal. M, HOD Department of OBG, gave a over view on "Your Helping Desk" - Orientation to Mentors & Committees. Mrs.Poongodi.V, Asst.Prof explained about "Code of Behaviors." Dr.Renuka.K, Principal highlighted on "KGNC- A Nurturing Environment to Excel". She administered the student oath and the I st year B.Sc, P.B.B.Sc , M.Sc Nursing students recited the oath. Honorable Vice Chancellor, SBV, Prof.K.R.Sethuraman delivered the chief guest note. Advanced learners were highly appreciated & honored by our Vice Chancellor with certificate & Medal. Hand book 2015 - 16 was released by our chief Guest and few fresher's received it.

Orientation Programme (24.08.15 to 29.08.15)

Orientation and visit to KGNC, Medical college & Hospital were given to the four batches. Mrs. Rama, Student Counselor, SBV gave counseling regarding "Creating Positive Attitude towards Nursing" Dr.S.S.Rajasekar, HOD, Department of Anatomy delivered a motivational speech on "Building Self Confidence". Faculty in Vernacular language cell of KGNC took regional language (Malayalam & Telugu) classes for the students.

Literary Club of KGNC

Literary club of KGNC (LCK) facilitated the students to participate in Proficiency Test in English and Quiz competition for college students in Pondicherry and Tamilnadu conducted by "Shakespeare Institute of English Studies", Chennai to motivate the students towards the development of their English communication skills and positive attitude in employability skills. The competition was conducted on 10.10.2015 in Lecturer Hall III KGNC, wherein 54 students participated from KGNC. V. C. Nandhacoumar II year B. Sc (N) exalted KGNC by securing 3rd prize (cash award) in the quiz competition. 6 students secured first class in quiz competition. LCK congratulates the winners.

OUT REACH PROGRAMS

Pulse Polio Campaign Phase-I-18.01.15

B.Sc. (N) II year students actively participated in the Pulse Polio campaign phase I on 18.01.15 at Kirumampakkam, PHC. Students were divided into small groups & they rendered their services. The programme covered 2100 under five children in 10 booths like Pillaiyarkuppam pet, Pillaiyarkuppam village, Panithittu, Narambai, Manapet, Moorthikuppam, Puthukuppam, Koravalimedu, Kattukuppam and Kannikoil

Pulse Polio Campaign Phase-II - 22.02.15

B.Sc. (N) II year students enthusiastically participated in the Pulse Polio campaign phase II on 22.02.15 at Kirumampakkam, PHC, covering the areas of Pillaiyarkuppam pet, Pillaiyarkuppam village, Panithittu, Narambai, Manapet, Moorthikuppam, Puthukuppam, Koravalimedu, Kattukuppam and kannikoil, The students were posted in each deport and rendered their services to ensure that all children aged between 0 and 5 years were immunized. The programme covered 2150 under five children in 10 booths.

International Women's Day -7.3.15

Women's cell of SBV unit (We @ SBV) Commemorated the International Women's day on 7th March 2015 by organizing a Rally at Anna stadium, Cuddalore at 9.30am. Dr. D. Sharmila, RDO, Cuddalore. Prof. Jayanthi Ravichandran, HOD in English, St.Joseph Arts and Science College, Child Welfare Officer, Cuddalore welcomed the gathering. Ms. Bhuvaneshwari, Social Welfare Officer felicitated the gathering, Mr. Ramamurthy, DSP, Cuddalore in his speech gave statistical data on suicidal rate among female and requested the women to come forward to report any problems and seek the help of the police. Finally Dr.Ravichandran.S, Deputy Director, MGMCH&RI in his talk insisted that all



female above 35 years should undergo screening for breast cancer and cervical cancer. All guest invitees were honored by Mrs. Asha SureshBabu, PS to Chairman, Convener of Women's cell.

World Glaucoma Week-13.03.15

The World Glaucoma Week was commemorated by the Department of Medical Surgical Nursing, on 13.03.15 in C. N. Palayam, one of the newly adopted villages of MGMC & RI. Around 30 to 40 people were gathered in the community hall by the motivation given by students, faculty and social worker. The programme commenced by 10.30 am. The theme of the year was "Beat Invisible Glaucoma" The welcome address was delivered by Ms.Deepika, B.Sc., (N) III yr and the students of B.Sc., (N) III yr presented a skit on Prevention of Blindness due to Glaucoma. The public had a good response and was beneficial for the community. Pamphlets were distributed to all the beneficiaries who were highly informative. The rural population had an enthusiastic participation and cleared their queries. Few people were given referral forms to MGMC&RI for further medical service.



School Health Programme -13.03.15

School Health Programme was conducted on 13.03.15 at Government Middle School, Adingapatt by Dept. of Community Health Nursing and final year B.Sc (N) students. Initially students assessed height, weight, visual acuity and physical examination for all the school children upto 8th Std, covering around 86 children. Need based wound dressing was done and medications were given to few children. The students enacted a role play on "Head lice prevention" and Human puppet show on "Scabies prevention". The school children and teachers actively interacted and responded. The principal of the school delivered a motivational speech to the childrens and apreciated the KGNC team.

Mass Cooking Demonstration-26.03.15

B.Sc. (N) IV year students initiated and conducted mass cooking demonstration on 26.03.15, highlighting on "Iron Rich Diet" to the general public residing in Pillaiyarkuppam. Nearly 30 dishes were prepared by using locally available ingredients rich in iron and displayed for the public view.A health talk was given regarding anemia, its causes ,symptoms, management and preventive measures. A sample of the recipees were offered to the public to relish the taste and its nutritive value. The community showed keen interest towards this venture.

NATIONAL SERVICE SCHEME Road Safety Week Celebration-21.01.15

On 21.01.15 NSS volunteers organized a special programme on Road Safety. Mr.Anbazhagan, Sub-Inspector of traffic police was invited as a Chief Guest. He shared his views on "Safety on Road-protecting legal liabilities". Mr.Srinivasan B.Sc (N) III Year, NSS volunteers gave a talk on "Road safety



is not just a slogan-It is a way of life." Volunteers from II year B.Sc (N) students performed a mime show on accidents & avoidance. The students were highly benefited by this initiative.

National Voter's Day Celebration-25.01.15

On 25.01.15 Election department of Puducherry organized "National Voter's day" at Mother Theresa post-graduate and research Institute. NSS volunteers participated in various competition conducted by Election department such as Quiz competition, Poster painting& slogan writing in English & Tamil on 20.01.14 and 21.01.15. Mr.Dhandapani, IV year for Elocution in Tamil, Ms.Nandhini.S, II year for slogan writing in Tamil & Ms.Priyadharshmi.T, II year for essay writing in Tamil were received consolation prizes for their performances on 25.01.15 during voter's day celebration

NSS Special Camp-25.03.15 to 30.03.15

The NSS unit of KGNC conducted a camp for one week in Pillayarkuppam focusing on the theme "Green week Pudhucherry" from 25.03.15 to 31.03.15 under the leadership of Mrs.Elavarasi.R,Programme Officer of KGNC unit. The volunteers took active participation and the activities carried out are as follows:-Enumeration on basic area facilities, temple Cleaning, observational visit to



SOS children's village Planting trees in and around adopted village, Health education on dental hygiene for primary school children Dental screening for general public done with the help of Indra Gandhi Institute of dental science faculties. Road rally on awareness on ill effects of plastic use Seminars on topics such as vector borne disease control, swine flu and Eye care and Eye donation The valediction was presided by Dr.Mr.Kuzhanthaisamy, State Liaison officer, NSS cell Puducherry

RED RIBBON CLUB

KGNC- Red Ribbon Club took a leading role in creating an awareness regarding AIDS focusing on all age group population of Puducherry. Red Ribbon Club commemorated World AIDS Awareness Week -2014 from 11.11.14 -04.12.14 by conducting various programs. A Skit was conducted on the topic "Awareness on HIV / AIDS among adolescents" and Health talk on "A- Z Awareness" was given in Kasturibai Gandhi Govt. Girl's Hr. Sec School, Bahour, Puducherry on 11.11.14. An interactive session with B.Tech I year Students regarding "Know about HIV / AIDS" was conducted by KGNC faculty members Mr.Vijayaraj.R & Ms.Ruma Shanthini.K, GFTAM trainer on 14.11.14 at Rajiv Gandhi Engineering College, Kirumapkkam. Ms.Ruma Shanthini.K, Lecturer of KGNC & GFATM Trainer, gave a "Health Talk on Healthy Life Style for Quality Living" for transgender community at SCHOD Society, Pudupalayam, Cuddalore on 16.11.14. A poster competition was organized on 22.11.14 for the Nursing Students on the theme of "Say No to HIV / AIDS - Pure Protection". In commemoration



of "World AIDS Day" on 01.12.2014, RRC of KGNC in collaboration of SBV organized a Rally - Public Awareness Program related to HIV / AIDS at Gandhi Thidal, Puducherry. IInd year B.Sc (N) students enacted role play on "Prevention of HIV / AIDS". In addition B.Sc (N) IV year students conducted various innovative games & shows like AIDS spin, Parrot Astrology to create awareness on HIV / AIDS among the public visiting the stall. RRC volunteers of KGNC participated in" Voluntary Blood Donation" Program on 02.12.14 at MGMC & RI. A debate on the topic "An AIDS free generation - Is it Possible to achieve through Focus & partnership?" was organized on 04.12.14. The session was moderated by Dr.Ramachandran.R. Asst.Prof. Dept of DVL, MGMC & RI. The RRC unit of KGNC placed an impression in the minds of public through its wheel of activities the whole week.

Reproductive Health Unit-05.03.15

The Reproductive Health Unit of department of OBG Nursing, KGNC conducted a Screening and Health Awareness Camp for women on 05.3.15 commemorated International Women's Day Celebration in Seliyamedu village, Puducherry. The program was conducted in Rural Health Centre and 35 women were gathered. With the support of Department of Community Medicine Dr. Seetha Raman, HOD, Dr. Kanagaraj, Asso. Prof, Dr. Ramya, Dr. Keerthika & Interns, MGMC&RI & B.Sc (N) IV year students, KGNC conducted the Health Screening and Awareness camp which focused on the general assessment of women that includes anthropometric measurement, Hemoglobin estimation and urine analysis. Health Education was given to the women on early detection of cervical cancer and its management. Women clarified their queries and gained adequate knowledge on cervical cancer.

International Nurses Day

The International Nurses Day was celebrated on 12.5.2015 at Baby Sarah's Home, Ariyankuppam, one of our MOU Non

Governmental Agency. Mr. Stephen Raj, Secretary of Baby Sarah's Home, expressed his happiness on this venture. The chief guest of the Day, Prof. Renuka K., Principal, Kasturba Gandhi Nursing College, delivered her speech about the children at Home and congratulated Mr. Stephen for his dedicated and extraordinary service. Followed by the chief guest address, Cultural Programmes were given by students of KGNC and the Children of Baby Sarah's Home exhibited their extraordinary talents by entertaining the group with cultural performances. Games were conducted for the children and prizes were given. Gifts were given to the 25 children at Baby Sarah's Home by Prof. Renuka K., and by all faculty members as a token of love. The programme came to an end with delicious lunch for the children sponsored by KGNC faculty.

The International Day against Drug Abuse & Illicit Trafficking -2015

Under the constant support and guidance of Mr. Gopal Pillai, Chairman, Mother Trust, Bharat Matha De-Addiction Centre, Puducherry & Prof.Dr.Renuka.K, Principal, KGNC, Sri Balaji Vidyapeeth, Puducherry, the International Day against Drug Abuse & Illicit Trafficking -2015 was commemorated on 26.06.2015. The welcome address was given by Mr. Gopal Pillai, Prof.Dr.Renuka.K, unfolded the theme of this year -"Let's Develop Our Lives, Our Community, Our Identities without Drugs". The Chief Guest of the programme was Hon. V.Sabapathy, Speaker, Puducherry Assembly. He delivered the special message regarding drug abuse and how to save the community from this enduring danger. Two students from KGNC, Puducherry delivered eloquent speech on the "Ill Effects of Drug Abuse," a growing Menace in our society. The speaker was greatly impressed by the vibrant speech of Mr. Arunraj and Ms. Mary Catherine B.Sc. (N) I Year students of KGNC and applauded them. Prizes were distributed by the Honorable Chief Guest to the winners of various competitions viz, Essay Writing Competition, Elocution and Poster Presentation conducted by various Nursing Colleges in Puducherry. An Emotional Role Play was enacted by the B.Sc.(N) III Year Students on the theme "Ill effects of Drug Abuse". The Programme came to an end with vote of thanks delivered by Mrs. Prabavathy. S, Associate Professor, HOD, Dept. of Mental Health Nursing.

RED RIBBON CLUB

"Voluntary blood donors- Seminar"

Red Ribbon club of KGNC with 21 students of I year B.Sc. (N) actively participated in the Rally and seminars were presented by Dr. Kingley Asst, Prof PIMS and T.Sampath former consultant and member, Tamil Nadu State Aids



Control Society, on "Voluntary blood donors" at Rajiv Gandhi Maternity Hospital, Puducherry organized by Pondicherry AIDS Control Society (PACS) on 14.6.15. The programme was enlightened by the Chief Guest Thiru.N. Rangasamy, Chief Minister of Puducherry and Mr. Balan M.L.A. Certificates were issued for the participants

"Voluntary blood donation Camp"

Red Ribbon Club of KGNC had an enthusiastic participation in the "World Blood Donors Day" and "Voluntary Blood Donation Camp" conducted by Dept. of Transfusion Medicine, MGMC&RI on 15.6.15. Among 15 students, 6 students donated Blood after screening. During this programme, Mr Ramaraghuraman.U was applauded and honored with a trophy by the department of transfusion medicine for his initiation to donate blood for seven times in a span of two years Certificates for the participants were issued at the end of the camp. World Health Day -07.04.2015

World Health Day is celebrated on 7 April of every year to mark the anniversary of WHO founding. Each year a theme is selected that highlights a priority area of public health and



for this year the theme is "Food Safety" and the slogan for this year is "From farm to plate, make food safe". Food Safety being so important to everyone, the constituent colleges of Sri Balaji Vidyapeeth, MGMCRI, IGIDS and KGNC had taken this opportunity to create an awareness among the Puducherry people on food safety

Breast Feeding Week

World breast feeding week (August 1-7) was commemorated on 05.08.15 & 06.08.15 at Kirumampakkam & Pillayarkuppam. Mrs.Suguna Mary.D Asst.Prof. and by Mrs.Elavarasi.R Asst.Prof from Dept. of Community Health Nursing gave a lucid talk on "Breast Feeding Week Let's Make It Work" which is the theme of the year. They also emphasized on importance of breast-feeding & explained the techniques of breast-feeding (video assisted teaching) with an interactive session where the queries of antenatal mothers were clarified.

Nutrition Week Celebration

National Nutritional Week an event of great importance was observed from 01.09.2015 to 07.09.2015. This year KGNC took this venture in hand to create awareness regarding balanced diet and healthy eating. The programme had a good start with a cookery competition on Therapeutic Diet on 01.9.2015. The second focus was on Antenatal Mothers in PHC, Kirumapakkam where in an elaborate health talk on "Healthy Mothers for Healthy Babies" was rendered to the beneficiaries on 2.9.2015. The second year B.Sc Nursing students showcased a palatable cooking demonstration for Mothers of Pre - Schooler on Nutritious lunch at Seliamedu government primary school on 3.9.2015. To inculcate the individual responsibility of self-health among the youngsters, JAM (Just A Minute) was conducted for 1st year B.Sc Nursing students on "Junk Foods", on 5.09.2015. To explore the existing knowledge among the 2nd year B.Sc Nursing students, a quiz competition was conducted on the theme of "Micronutrient Deficiency" on 7.09.2015. This one week campaign concluded with the valedictory programme on 8.09.2015. Dr. Reeta Asst. Prof. Department of Biochemistry, MGMC&RI, special invitee of the programme and Principal of KGNC complimented the winners and participants with the certificates.

School Health Programme

Department of Community Health Nursing organized a school health programme in Govt. Primary school, Seliamedu on 08.09.15. Final year B.Sc (N) students enacted a role-play on importance of personal hygiene and projected a video on dental hygiene which commanded an active interaction by school children.

Red Ribbon Club

Red Ribbon Club of KGNC participated in "International Youth Day"celebration from 11.8.2015 to 12.8.2015, organized by PACS(Pondicherry Aids Control Society) .The Students of M.Sc (N) 1year and II year accompanied



by the faculty Ms.Iniyaval.R participated in the Interactive Session on the topic regarding "AIDS Awareness" organized by PACS at Mother Theresa Post Graduate And Research Institute Of Health Science.As per the direction of PACS at 10 Am, Dr. Renuka .K principal KGNC foreworded the Pledge and all nursing Students of KGNC recited it on International Youth Day -2015.



Mrs. Uma Maheshwari. R, Asst. Prof, Ms. Iniyaval Asst. Lecturer and B.Sc (N) final year students participated in "Mass Level Red Ribbon Club Human Chain Awareness Programme" inaugurated by the Chief guest Thiru N. Rangasamy, Chief Minister of Puducherry organized by Pondicherry AIDS Control Society (PACS) at Beach Road Puducherry at 3pm to 5pm.

NATIONAL SERVICE SCHEME World Population Day 11.07.15

NSS volunteers of KGNC commemorated the World Population Day by taking part in awareness rally on the theme "The magic of happy family is leaving three years gap between two children" by holding Placards & Face Painting organized by Ministry of Health & Family Welfare, Govt. of Puducherry. Honorable Education minister Mr.T Thiyagarajan flagged on the rally commenced at Bharathidasan Thidal and ended in Nehru Street.

Independence Day Celebration 15.08.15

The 68th Independence Day of sovereign of India was celebrated on 15.08.2015 at MGMC&RI



campus. The programme started with patriotic song, Prof.K.R Sethuraman Vice-Chancellor, MGMC&RI, Hoisted our Nation's Tricolor Flag accompanied by Dr.Renuka.K, Principal, KGNC & Dr.Usha Carounanidy, Principal, IGIDS.

Organ Donation Awareness Programme 13.09.15

NSS volunteers of KGNC participated in awareness seminar on "Organ Donation" on 13.09.2015 organized by NSS unit of AVMC, Puducherry. The Dean of AVMC College gave special message on importance, merits & demerits of organ donation and Dr.Kolanthaisamy, State NSS Officer State NSS cell delivered the presidential address.

International Coastal Cleaning Day 19.09.15

The NSS unit of KGNC, under the able guidance and joint efforts of Dr.Renuka.K Principal joined hands with State NSS cell Puducherry and Puducherry Coastal Zone Management Authority to organize a coastal cleaning day on 19.09.2015. As a part of this venture KGNC -NSS volunteers cleaned Pudukuppam coastal area and created awareness among public regarding coastal cleaning.

World Mental Health Day – 09.10.2015

Dept of Mental Health Nursing in unison with Government of Puducherry organized a mental health awareness rally and orientation programme on "Dignity of Mental Health" with a view to create mental health awareness in Bahour community.



The Rally commenced on 09.10.2015 at 9:30 am from Bahour Panchayat Office and proceeded to Kamala Nehru Marriage Hall. Students captured the attention of public by narrating mental health slogans and holding placards. Mental health orientation programme was organized in Kamala Nehru marriage hall wherein Sri.T.Thiyagarajan, Hon. Minister for Electricity and Education chief guest of the day addressed the gathering and thanked the organizing team for their effort. Dr.Abu Bucker, Psychiatrist, Dept of Psychiatry, MGMC&RI threw light on Mental Health and Dr.Arul Varman, Asst Professor, Dept of Psychiatry, IGMC&RI delivered a speech on Dignity of Mental Health. Students from KGNC enacted an eye opening role play on "Dignity of Mental Health" which received a great appreciation from the gathering.

World Diabetic Day - 03.11.15

In Commemoration of World Diabetic day, Department of Community Health Nursing organized a Human Puppet Show in Pillaiyarkuppam on 03.11.15 by B.Sc(N) IV year and II year students. The Human Puppet Show covered various aspects like causes, risk factors, complication,

treatment modality, prevention and control measures of Diabetes Miletus. The public showed great interest and raised many queries which were clarified by faculty members and students.

Special Health Camp – Disaster (Flood) – 10.11.2015

KGNC always has its societal consciousness! The Department of Community Health Nursing, KGNC with the help of the Department of Dermatology, MGMC&RI organized a Special Health Camp in one of the flood devastated area Adingapettu. The health camp was conducted on 10.11.15 based on the health survey, which was carried earlier in the same area. The IV year B. Sc Nursing students were involved in various activities like assessment of patients, distribution of drugs, health education and referral services. More than 60 flood victims were treated in this health camp. The team rendered free health check up and free drug distribution to the beneficiaries.

Street Play on Environmental Sanitation – 18.12.2015

Dept of Community Health Nursing arranged for a street play titled "Environmental Sanitation" at Adingapettu on 18.12.2015. The theatre group, comprising final year B.Sc (N) students performed the street play to highlight the various forms of environmental hazards (provision of safe water, open field defecation & poor sanitation and the need for good environmental sanitation). The group leader acted as a moderator and their Sishiyas clarified their doubts



through folk dance. The audience enjoyed and appreciated the performance and voluntarily pledged to create a positive attitude among the public regarding environmental sanitation.

Awareness Programme on Diabetes -31.12.2015

The Dept of Community Health Nursing, in unison with Department of General Medicine, MGMC&RI conducted a Diabetes Awareness Programme on 31.12.2015 in MGMC&RI MRD. Dr. Jaisingh, HOD, General Medicine, inaugurated the day. The final year B.Sc (N) students enacted a ROLE PLAY on "Prevention and Control of Diabetes" which triggered the minds of the public on diabetes control.

Red Ribbon Club

World AIDS Awareness Week

Red Ribbon Club of KGNC with high spirits Commemorated World AIDS Awareness Week 2015 from 25.11.15 to 9.12.15 short listing various Programs. To start with RRC Volunteers of KGNC participated in skit competition organized by Pondicherry AIDS Control Society on 25.11.15 at NRHM Hall, Puducherry. KGNC to its pride bagged the Second Prize with the Cash award of Rs.4000. Secondly our GFATM trainers Mr.Vijayaraj.R & Ms.Ruma Shanthini. K, conducted an Interactive session on AIDS awareness for 1st year B.E students in Ganesh Engineering College on 27.11.15. In addition our M.Sc (N) II year students also enlightened the group through a Video show on HIV/AIDS. Next RRC focused its attention on the general public and the risk group i.e. transgender by conducting a Mini Marathon Race at Beach road, Puducherry on 29.11.15. Simultaneously a health talk on "Preventive Measures on Common Diseases & Importance of Healthy Diet" was given by Mrs.P.Rajalakshmy, Lecturer in Nutrition & RRC volunteers at SCHOD Society, Pudupalayam, Cuddalore. Again on 8.12.15 a rally was conducted by B.Sc (N) IV year on awareness on HIV/AIDS at Ariyankuppam



followed by flash mob on HIV/AIDS at Ariyankuppam, Nonankuppam, Veerampatnam. To conclude a Puppet Show was played on "Awareness on HIV/AIDS among Adolescents" and "Awareness on Adolescents health" for 11th and 7th standard students in Achariya Siksha Mandir Hr.Sec.School, Puducherry on 09.12.15

National Service Scheme

KGNC NSS Unit - Growing Stronger

The Ministry of Sports and Youth Affairs at Atal Bihari Vajpayee Institute of Mountaineering and snow rescue centre, Himachal Pradesh organized an adventure camp for NSS volunteers across the nation. KGNC NSS unit rightly utilized this opportunity provided through state NSS cell Puducherry to equip its volunteers in all dimensions to fulfill their social responsibilities. The strong motivation of Principal brought forth 6 Volunteers (4 Girls and 2 boys) and NSS unit programme officer (Ms.Elavarasi.R) to participate in the camp from 15.10.2015 to 24.10.2015 at Himachal Pradesh. The unit underwent training on adventure activities such as Natural mountain climbing, Artificial mountain climbing, river crossing, rappelling, trekking of 66 kilometers in the deep forest of Himachal Pradesh, tent building etc., The highlight of this camp was reaching the higher altitude of 10,300 mt feet in Himalayan mountain by the team. This camp provided an ample opportunity to strengthen the skills and boost the confidence of the NSS volunteers to carry out the rescue operations for the public to any extent possible



in times of need.

Post Disaster Relief Camp

During the month of November 2015 Cuddalore district was severely affected with rain & flood. As a part of our service NSS volunteers of Kasturba Gandhi Nursing College joined hands with Community Medicine department, MGMCRI and organized health camps from 17.11.15 to 28.11.15 and provided health services at the affected villages like CN Palayam, Suthukulam, Sandrorpalayam, Naduveerapattu, T.Puthur, Kurinjipadi, Kalkunam, Nallavadu, Indra Nagar,Vadalur, Karuvambedu and some of the areas in Puducherry like Pillayarkuppam, Kirumampakkam, Sarkasimedu and Thavalakuppam.

Flood Relief Camp

On 07.12.15 NSS volunteers of KGNC took active participation and rendered their services (Health screening, Drug Distribution, etc) in the medical camp organized by ISHA Trust in affected villages of Cuddalore district.

STUDENTS NEWS

Participation In Academic Events

All the students of II year B.Sc Nursing had an enthusiastic participation in the International Conference conducted by SBV-IQAC on "Climate change & health" held at MGMC&RI on 09.01.15.

Final year B.Sc Nursing participated in the CME on "Blood stream Infection" organized by International Medical Sciences Academy Puducherry Chapter and Hospital Infection Control Committee (HICC) MGMC&RI on 28.3.15

I year BSc (N) students (8) participated in the CME on "Modern Concept of Clinical Nutrition" organized by Dept of Biochemistry, MGMC&RI ON 28.3.15.

Mr.Mahesh,Mr.Isaivanan,Mr.Apsara of Ms.Indhumathi IV year B.Sc Nursing participated in a National Conference on "Nitty Gritty on Research Process" organized by Vignesh College Of Nursing on 31.3.2015.

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Kasturbians -Reaching Heights of Excellence Dancing Divas

Ms.Athira,Ms.Sahana,Ms.Aarthi of IV year B.Sc(N) bagged the I prize for Semi Classical Dance and Mr.M.Manikandan of III B.Sc(N) received special performance award in Dancing Divas -2015 among the strong competitors from various colleges of Puducherry organized by Rotary Club of Pondicherry Eves at Kamban Kalaiarangam on 01.02.2015. Nurse Writers and Orators

Ms.Nandhini.S II Year B.sc (N), Ms.Priyadharshini.T and Mr.Dandapani.S B.sc (N) IV year received consolation prize for Slogan Writing, Essay Writing, Elocution competition respectively conducted by MGMC&RI in commemoration of National Voters Day.

Participation in Academic Events

UG students

Final year students Mr. S.Dhandapani & Mr. Surendiran SR presented papers on "Nursing Informatics–Patient Safety with Technology in Midwifery Practice" & "Nursing Audit in Midwifery Care" respectively at the National Conference hosted by Mother Theresa Post Graduate and Research Institute of Health Sciences in Puducherry on 13.04.2015. Mr. Mahesh secured II nd prize for his poster presentation on "Best way to Improve Obstetrical Care" and

Ms. Umarani, B. Sc (N) IV year secured III rd prize for her poster presentation on "Building and Promoting excellence in Midwifery Practice". The Chronicle register our appreciation to the winners.

PG Students

M.Sc (N) I & II Year Students of Mental Health Nursing Department participated in the International Conference of Music Therapy organized by Department of CMTER, MGMC&RI On 23.06.2015.

Ms. Padmapriya. S, M.Sc (N) II year student presented a poster in the International Conference of Music Therapy organized by Department of CMTER, MGMC&RI On 23.06.2015.

Ms. D. Jayapradha, M. Sc (N) I year presented a paper on "Best way to Improve Obstetrical care" in National Conference on "Building and Promoting excellence in Midwifery Practice" hosted by Mother Theresa Post Graduate and Research Institute of Health Sciences in Puducherry on 13.04.2015.

International Yoga Day- Participating in International World Record

Our Kasturba Gandhi Nursing College Students (B.Sc Nursing II Year) actively took part in International Yoga Day celebration at MGMC & RI city centre. This event placed an International World Record by performing various



Asanas continuously for 33 minutes from 7.00 am to 7.33. am all over world on 21.06.15.

SNA- GUEST TALK

The SNA (Students Nurses Association) organized the guest talk on 26.06.15 by Dr.P.Baskar Senior Entomologist, Dept Of Public Health and Preventive Medicine, Cuddalore on "Prevention & Management of Swine Flu" at II floor lecture hall MGMC&RI. Followed by this the General Body Meeting was held wherein the students were sensitized on Student Support System of SBV by Ms.Saranya.S.SNA advisor.

GULE GULE -EXOTICANZ 2015

The third year B.Sc (N) accorded a warm goodbye to their seniors by hosting a farewell day on 17.06.15 in Hotel Mass, Puducherry. The evening had a good start with cheerful welcome by Ms. Deepika.K, B. Sc (N) III yr. The time moved ahead with the colorful cultural feast given by students of all batches. Ms. Mary Catherine I yr B. Sc (N) student shared her valuable poetic verses written for their beloved seniors which reached to bottom of the heart. Various entertaining colorful & dashing events were staged with honoring the seniors too. The evening concluded with the gratitude note by Nabina Bandari.

Shukria - 2015

The IX Batch B. Sc (N) (Exoticanz) students organized Shukria -2015 to show their gratitude towards our institution. The



welcome address was delivered by Mr.Surendran, IV yr B.Sc (N) student and they shared about their days in KGNC followed by cheerful cultural performance by students of all batches, Finally Principal of KGNC and all HOD's registered their blessings and wishes to the students.

Quiz competition

Ms.Jayapradha.D, M.Sc (N) I Year Students & Mrs.Kavitha, M.Sc (N) II Year Participated in Quiz Competition in National Neonatology Forum Organized by Pondicherry Institute of Medical Sciences, at 20.08.2015.

Alumni Meet-KASTURBIANS

KGNC Kasturbians Alumni Meet was organized on 24.09.15 at I Floor Lecture Hall, KGNC. The Dignitaries, Faculty and Alumnus were welcomed by Ms. Ruma Shanthini, President, AAKGNC. The normal



proceedings of the meet went on followed by felicitation by Prof. P. Sumathy, HOD, Dept of Pediatrics. On behalf of Alumni Association the office bearers presented Dr. APJ. Abdul Kalam and Smt. Kasturba Gandhi painting to College. Ms. Ambli, III Batch Alumna of KGNC, detailed the Responsibilities of Staff Nurse in MGMC&RI and also the Environmental Health.

Mr. Shiva Subrmanian, Alumna of KGNC, deliberated on the Essentials for a Novice Nurse at Apollo Hospital, Chennai. Mr. Ramaprabhu, I Batch Alumna of KGNC, detailed on Career Advancement in Nursing. Office bearers Election was conducted &the polling results is as follows Ms. Ruma Shanthini - President, Mr. Ramaprabhu-Vice President, Mr. R Vijayaraj-Secretary, Ms. Aruna Devi .M-Treasurer, Mr. Kingsle Kishore Coumar-Asst. Treasurer&Mr. Kalidass, Mr. S.R Surendran, Mr. S. Mahesh, Ms. S. Sasipriya , Ms. Shantasorubini-Executive Members.

Teachers Day Celebration

X Batch of KGNC took initiative to celebrate Teachers day on 5th September 2015 from 10.30 am to 12.30 pm in 1st floor lecture hall KGNC. The programme started with the welcome address by Ms.K.Deepika from B.Sc (N) followed by cultural events. Game show was conducted for the faculty. It was a memorable moment for KGNC faculty. SNA Election

SNA election was held on 20.07.15 among B.Sc Nursing I, II, III Year students and the polling results are as follows: Vice president: Mr.M.Srinivasan B.Sc (N)III Year Secretary: Ms.Nabina Bandari B.Sc (N)III Year Treasurer: Mr.Promoth B.Sc (N)II Year Cultural Secretary: Ms.V.Maheshwari B.Sc (N)III Year Educational Secretary: Ms .A. Veronica B.Sc (N)II Year Assistant Treasurer: Mr.R. RadhaKrishnan B.Sc (N)II Year Cultural Assistant Secretary: Mr. R. Prathap B.Sc (N)II Year Educational Assistant Secretary: Ms.K.Narmadha B.Sc (N) II Year

Congratulations to the new office bearers!

SNA General Body Meeting

The SNA general body meeting was held on 26.09.2015 at ground floor lecturer hall MGMC & RI.Our special guest Mf.Ln.M.B.Josphine deliberated an enthusiastic session on "Life is precious". A detailed orientation of SNA was presented by Mr.Dhandapani.S former Vice President of SNA. The series of activities and achievements done by the students from the month of January-September was presented by Miss.Sindhu.V former secretary of SNA. Badging ceremony was conducted for the new office bearers by the former office bearers of SNA.

KGNC-SNA Unit Registration in TNAI

Our SNA unit of Puducherry has been registered in TNAI in this quarter . Therefore in the years to come the students will be given ample opportunity to participate in conferences , co-curricular& extra-curricular events organized by Trained Nurses Association of India.

Awards

Ms.Nandhini,B.Sc (N),II Year student of KGNC had Participated in the Painting Competition on the theme "Importance of Blood Donation" organized by Pondicherry AIDS control society, on National Voluntary Blood Donation day held on 28th October 2015. She secured II place with cash award (Rs.2500) from Our Honorable Chief Minister Thiru.N.Rangasamy.

Ms.Jayapradha .D, M.Sc Nursing II year won the second prize in poster competition on the topic A study to assess the effectiveness of LAMAZE breathing exercise on labour pain among primi gravid women admitted in labour ward at MGMC&RI organized by Scientific Academic Forum, for the post graduate students of SBV on 18.12.2015.

Mr.Kamal Raj.A,B.Sc (N) I Yr won the 2nd Prize and Ms.Chandradevi.l, B.Sc (N) III yr bagged the 3rd Prize in a Poster Competition organized by Scientific Academic Forum, SBV in Commemoration of World Aids Day.

Health screening & vaccination:

Health Screening was done for B.Sc (N) I year students from 24.11.15 to 26.11.15 in three batches. Based on the Health assessment the medical services were rendered. The students were also vaccinated for hepatitis-B. The second dose of hepatitis-B was administered from 28.12.15-3012.15



Fresher's Day Celebration-NAMAS THAMAS' 2K15

The II year B.Sc (N) students GENEZONS accorded a warm welcome to their juniors on the Fresher's day, the glorious moment started around 10.30 am at First Floor, Lecture Hall, KGNC. Mind-blowing cultural events were staged by GENEZONS with variety of games for the fresher's. BESPARKS, the new buds of KGNC were made elated with the special gifts. Their seniors delivered a special and motivational speech to the students by Dr.Renuka.K



Principal KGNC on 11.12.15.

SNA- Flood Relief Initiatives - 24.12.15

Student Nurses Association- KGNC had organized "Flood Relief Fund Distribution Programme" for the students of KGNC who were affected by flood. Mr. Srinivasan. M, Vice-President, SNA welcomed the gathering, Prof. Dr. Renuka. K, Principal, President, SNA, KGNC, highlighted about the contribution of student volunteers in helping the victims of flood & applauded the students for their noble gesture. Followed by that, the fund was distributed to the parents from the affected families who expressed their gratitude towards the end. Ms. Maheswari. V, Cultural Secretary, SNA, KGNC delivered the gratitude note.

OTHER HIGHLIGHTS

Research Club Meet - 2015

Theme: "Creating Initiatives in Research and Publication" The KGNC - Research Club, organized the Research Club Meet-2015 on 13.01.15 at Ground Floor Lecture Hall, KGNC. Ms. Beniya Elizabeth Rani. R, Lecturer, Executive Member, Research Club welcomed the gathering. Mrs. Kripa Angeline. A, Asso. Prof, Joint Secretary, Research Club gave a brief note on Research Club Activity of 2014. Prof. Dr. Renuka. K, Principal, President- Research Club introduced the special guest of the day, Dr. Shanmugam. J, Senior Deputy Director (CIDRF), MGMC& RI and invited him to deliberate on "Creating Initiatives in Research and Publication". He delivered a motivational speech on how to conduct simple projects and publications of articles. He also threw light on the opportunities available for Research Publications. During the Interaction Session, he clarified the queries of the members regarding publication of articles in various Journals. Mrs. Lavanya. S, Asst. Prof, Research In charge rendered the vote of thanks

DUNDEE Visit to KGNC - 24.01.15

The University of Dundee, Scotland visited our university to establish possible collaborations on 24th January, they visited KGNC at 10.30 am. The officials were offered a warm welcome by the Principal and faculty members of KGNC. The various innovative activities and out reach activities were exhibited under the banner of KGNC- PORTFOLIOS. The exhibits included the e-Learning, Research Club, SNA Activities, RRC Activities, Literary club, Journal club, Reproductive Health Unit, Staff Development Activities, SAF activities which created great interest and received appreciation from the Dundee university officials.

Symposium on Research Methodology & Intercollegiate PG Dissertation Competition - 25.3.15.

SAF & Research Club of KGNC joined hands to organize a symposium on "Research Methodology & Intercollegiate PG Dissertation Competition" on 25.3.15. The inauguration



began with college anthem at 9.15 am. The presidential address was given by Prof.Dr.Renuka.K, Principal, KGNC. Dr. Shanmugam.J, Sr. Deputy Director, CIDRF, MGMC&RI, felicitated the gathering. The inaugural & keynote address was delivered by our honorable Vice Chancellor, SBV, Prof. K. R. Sethuraman.

The scientific session began at 10.00 am, Dr. R. Dhanusu, Principal, Sri Manakula Vinayagar Nursing College, Puducherry, deliberated on "Research Designs in Nursing Research". "Essentials of tool designing and application skills were deliberated by Prof. Malliga Kannan, Principal, Indiraani College of Nursing, Puducherry. Dr. Shanmugam.J, Sr. Deputy Director, CIDRF, MGMC&RI gave a talk on "Financial aid for Nursing Research-Achieving Strategies". Prof. K.R. Sethuraman, Vice-Chancellor, SBV gave a on "Tips to write and publish in indexed journal with high impact factor". Intercollegiate competition on Research paper/Poster presentation was evaluated by Prof. Jaisingh, HOD, General Medicine, MGMC&RI and Dr. Pooja, Sr. Scientist, CIDRF, MGMC&RI.

Inauguration of Sports Meet - 2015- 26.02.15

The inauguration of Sports Meet - 2015 was held on 26.02.2015 under the guidance of our Principal Prof. Renuka. K. It was one of the grandest and most awaited events in KGNC calendar. Chief Guest of the day Prof. K. R. Sethuraman, Vice Chancellor, SBV hoisted the National Flag, and then started with march-past. That was a perfect co-ordination in time by the students from respective houses of Sapphire Blue, Amber Yellow, Emerald Green, Ruby Red, Amethyst Purple and Zircon Brown. Chief guest Prof.S.Ravichandran administered the sports oath to the athletes. Prof. N. Ananthakrishnan declared the sports meet open by lowering the flag. The day was filled with exciting victories. The day ended with a cheerful note and also filled the promise for all the young sports enthusiasts.

RADIANCE - 2015" - 19.03.2015

The college day, "RADIANCE - 2015" was organized on 19.03.2015 Dr.R.Christodas Gandhi, IAS was invited as the



special chief guest. The auspicious occasion begun by 05.30 pm. Prof. MRS. M. Annie Annal, HOD, OBG Dept delivered the welcome address. Prof. K.R.Sethuraman, Vice Chancellor, Sri Balaji Vidyapeeth rendered his valuable presidential address The release of 1st students magazine, "SPARKLSS" was done by the special chief guest Dr.R.Christodas Gandhi, IAS. The college annual report of 2014 – 2015 was presented by Prof.Renuka.K Principal, which highlighted the progress and milestones of KGNC the prize distribution session. Students with much of joy received their prize and certificates from dignitaries for all the sports and cultural events. The overall trophy was bagged by Green House - Emerald. The cultural programme commenced, which was hosted by Arthy and Surendran IV yr B.Sc (N). Various entertaining colorful and dashing events were staged, which grabbed the complete attention of the audience. Finally the day came to an end by 10.30 pm with hearty happiness.

Faculty Welfare Cell-22.06.2015

In association with CYTER Faculty Welfare Cell of KGNC organized International Yoga Awareness Day programme on 22.06.2015. The program started at 10 am with the invocation song. Prof.Renuka.K, Principal, KGNC gave a warm welcome to the gathering. The beneficiaries were 3rd year students & 35 teaching faculty members of KGNC. Prof. Madanmohan, Head, Dept. of Physiology and director of CYTER, deliberated on "Psychosomatic Mechanisms of Yoga". He insisted the importance of yoga and the necessity of



practicing yoga in a day to day life with the suitable pictures; followed by Dr. Anandha Balayogi Bhavanani, Depty Directer CYTER who threw light on "Introduction of Yoga Practices for Health Well Being". Followed by the presentation, the skill session was arranged for the beneficiaries. Dr.Meena Ramanathan, co-ordinator, CYTER, demonstrated various basic 'Yogasanas' for normal healthy living. The group took an active participation by doing return demonstration.

International Nurses Day 2015

KGNC Join Hands with MGMC&RI to celebrate the International Nurses Day 2015 which was celebrated on 05.06.2015. The programme commenced with the invocation rendered by IV year B.Sc (N) student, KGNC. A warm welcome was accorded by Prof. Dr. Renuka.K, Principal, KGNC. Prof.M. Ravi Shankar, Dean, MGMC&RI gave presidential address to the gathering. Mrs. Amir AliKhanAsmath, Nursing Superintendent, MGMC&RI, unfolded the International Nurses Day Theme "Nurse Force For Change - Care Effective And Cost Effective" and elicited the importance of Nursing Care which has to be cost effective and care effective. Recitation of the Florence Nightingale Pledge was fore worded by Mrs. Amir AliKhan Asmath, Nursing Superintendent, MGMC&RI, which was recited by the Nursing Fraternity. Dr. Ravichandran.S, Additional Director, MGMC&RI, felicitated the gathering. He appreciated the nurses for their selfless service and also projected a video that highlighted the concept of empathy. To acknowledge the service of the nurses, mementoes were distributed. To recognize the excelling services rendered by the faculty and staff nurses, the following people were awarded which is as follows: Best Nursing Faculty- Mrs. S. Prabavathy, Associate Professor, HOD, Dept. of Mental Health Nursing, KGNC. Best Nurse-Mrs.Periyanayagi Mary, Staff Nurse, MICU, MGMC&RI. Best ANM – Ms.Gnanasoundari, ANM, Casualty, MGMC&RI.

Special message was given by our Chief Guest, Prof. K.R. Sethuraman, Vice Chancellor, SBV. He highlighted the Nursing Profession as a noble profession & quoted a few guidelines released by INC based on the current theme - "Nurse Force For Change - Care Effective And Cost Effective" Vote of thanks was rendered by Mrs. Theresa, Assistant Nursing Superintendent, MGMC&RI. This was followed by various entertaining cultural events staged by the students and staff nurses.

World Breast Feeding Week

The Department of Child Health Nursing, Obstetrics and Gynecological Nursing and Community Health Nursing, of KGNC commemorated the World Breast Feeding week 2015, by organizing various health talks and poster presentation on the theme "Breast Feeding and Week -Let's make it work." The Core message Exclusive Breast Feeding for 6 months and its Advantages / Importance was highly emphasized. All sessions showed high receptivity and were very interactive. The myths and doubts of the mother regarding Breastfeeding were wiped away, and they felt highly contented.

Panel Discussion-28.01.15

The Department of Psychiatric Nursing along with IQAC organized panel discussion on preparing nursing teachers as mentors on 28th Jan 2015. The programme started with the invocation, Mrs. Gerald Roseline.M, Asst. Prof, Dept of Psychiatric Nursing. Mrs. Prabavathy Asso Prof, HOD of Dept of psychiatric Nursing introduced the panel members with grand welcome. Moderator of the panel discussion was Dr.Mangaiyarkarasi Ravirajan, Educationist, Medical Education Unit, SBV ahead, MGMC&RI. She deliberated "Techno Savvy teenagers and Tactful Teachers". Panel members were Dr.Kumar clinical psychologist, founder of center for improving relationship and professional effectiveness, Puducherry, presented on "strengthening mentor mentee bond through psycho emotional support". Followed by Mr.Senthil.V Psychologist and Counselor presented on adolescent diversity - mentoring skills and styles. Dr.Avudaiappan, Psychiatrist, MGMC&RI, Puducherry, deliberated on "Balancing within and beyond class room teachers and learners perspective". Mrs.Prabavathy.S, Asso Prof, HOD of Dept of Psychiatric Nursing presented on "capacity building of nursing faculty as mentors". After presentation session, the panel was opened for the students to through on panelist. Principal Prof, Renuka. K honored all the speakers. Vote of thanks was delivered by Ms.Beniya Elizabeth Rani.R Asst Prof Dept of Psychiatry.

Faculty Welfare Cell-03.03.2015

In association with IQAC & Faculty Welfare Cell of KGNC, II year M. Sc (N) students organized a Faculty welfare Programme on "Personality Development- A Professional Mandate" as a consecutive event of IQAC - KGNC Calendar. The beneficiaries were 35 teaching faculty members of KGNC. Ms. Saranya, Asst Prof, Dept. of Child Health Nursing introduced the Guest Speaker Mr.Sridharan.M, Yoga Master of PSBB Millennium School, who deliberated on "Rejuvenate Mind & Body of Mentors". He insisted the importance of mind and body rejuvenation in our everyday hassles with the suitable pictures. He also emphasized the necessity of practicing yoga and relaxation techniques in a day to day life. The presentation induced the participants thirst to know more about relaxation techniques. The second speaker of the day Dr. Mangaiyarkarasi Ravi Rajan. N, Emeritus Scientist, CIDRF, SBV who was introduced by Ms. Guna, Assistant Prof, Dept. of Community Health Nursing. The speaker threw light on "Meditation – Speak with the Soul". She elicited the importance of meditation and its influence in our turbulent society. She made the session interesting through video clippings, which depicted various meditation techniques. Followed by the presentation, the skill session was arranged for the beneficiaries. Mr. Sridharan. M, Yoga Master of PSBB Millennium School, demonstrated various basic 'Yogasanas' for normal healthy living. Later, Dr.Mangaiyarkarasi Ravirajan. N demonstrated various meditation techniques to relax our mind. The group took an active participation by doing return demonstration and found that the personality development programme was much informative and very useful. Principal, Prof. Dr.Renuka.K, honored all the speakers with Memento. Vote of Thanks was delivered by Mrs. Kavitha. R.R, M. Sc (N) II year student, KGNC

IQAC & Placement Cell KGNC unit organized Nurse Champion training programme for the final year B.Sc(Nursing) IX batch students which commenced on 22.09.15 . The Programme was inaugurated by Prof A.R. Srinivasan, Registrar, SBV, Dr. Renuka.K, Prof.Sumathy.P Mrs.Geetha.C and Prof. Annie Annal who were the dignitaries. Dr. Renuka.K, Principal, KGNC, delivered the presidential address in which she highlighted the purpose, benefits and need of Nurse champion training programme. Mr. Surendaran.S.R from final year B.Sc Nursing student shared his joyful experiences of 4 years journey in KGNC stating that it provided a good platform for all round development to students. Prof. A.R. Srinivasan, Registrar, SBV congratulated the students for getting recruitment in Apollo hospitals, Chennai and MGMC& RI through campus interview and motivated the students to go for further placements in various places across the world in his special address.

The programme continued with the following sessions: from 22.9.2015 to 24.9.2015

1.Global Placement -Mr.Vijayaraj.R,Assistant Professor,KGNC

2.Preparing for English Competitive Examination-Dr.Stephen Raj, English Trainer, Puducherry

3.Reprogramming Your Mind For Success : Mind Body Healing- M.J.F.Ln.M.B.Josephine, Psychologist, Hypnotherapist, Mind Power Trainer

4.Ambulance Nursing - Ms.Hemapriya, Mr.Vijayaraj.R,Assistant Professors,KGNC

5.Critical Care Nursing- Mr.Manikandan, Nurse Educator, MGMC&RI

6.Hospital Information System -Ms.Kiruthiga.M, Mr.Yuvaraj.B, Programmers, Dept. of Information Technology, MGMC&RI.

7.Personality Development-Mrs.Rama, Student Counsellor, SBV
The Programme concluded with the feedback obtained from the students. The analysis of the feedback revealed that the nurse championship training programme was very useful and informative. The student's opinioned that the whole Programme provided guidance and pathway to choose the suitable career. Gained adequate knowledge on career opportunities in India and Abroad. It created positive attitude towards the nursing professions. The selection of the topics in the programme was informative. The arrangement of an interaction with the alumni was new and gave us an opportunity to clarify our doubts and the programme escalated our self-confidence level.

National Seminar on Pediatric Environmental Emergencies

The National Seminar on Pediatric Environmental Emergencies organized by the Department of Child Health Nursing on 07.10.2015 had Dr. A. Helen M Perdita, Principal, Apollo College of Nursing, Madurai, as the Chief Guest. Honorable Vice Chancellor of SBV, Prof. K.R Sethuraman presided over the function and rendered the Presidential address. Prof Mrs. Sumathy.P, the Organizing Secretary unfolded the theme of the seminar, followed by The Principal of KGNC Dr. K. Renuka felicitating the august gathering. The scientific deliberations were released in the form of a CD. The chief guest in her address highlighted the importance of creating a safe environment where parents played a prime role.

The deliberations focused on Environmental Childhood Emergencies viz., falls, burns, poisonings, drowning, bites and stings, and foreign body obstructions, where it has emerged as a priority recently in the Global agenda due to the rising trend of morbidity and mortality . A galaxy of intellectuals was chosen as Resource Persons and their presentations with live examples sought the complete attention of the delegates. The remarks by the Observer Mrs.E.Chandralekha , Asso. Prof. deputed by the Tamil Nadu Nurses and Midwives Council , Chennai stated that it was a good initiative and well organized.

Workshop on Managing Dialysis Unit – Nurses' role - 29.12.2015

KGNC-IQAC unit and Department of Medical Surgical Nursing organized a workshop on Managing Dialysis Unit – Nurses' Role on 29th December 2015 targeting the staff nurses and student nurses of KGNC and MGMC&RI. The program was inaugurated by Dr.Renuka.K, Principal, KGNC and the dignitaries. Dr, Hemachandar HOD, Dept. of Nephrology MGMC&RI, gave a broad overview on basics of hemodialysis and peritoneal dialysis which was an eye opening session for the delegates. Mrs.Geetha.S,Clinical Head,Davita, Nephrolife care, Chennai gave a lucid talk on Equipments Used In Dialysis. Skill session was moderated by Mr. Vasanth Emannuel. D, followed by the team from KGNC - Mrs.Kripa Angeline.A, Asso. Prof, Mrs.Nandhini.M, Lecturer, and the team from Davita Nephrolife care who also mobilized the equipments of dialysis unit, focusing on dialyser & dialysis solution, vascular access device, dialysis machine, peritoneal dialysis and pre and post Dialysis care. The skill session was a brainstorming and skill-training session for the beneficiaries which was evident through the feedback and post test score.





ALLIED HEALTH SCIENCES

Message From

Prof.N.Ananthakrishnan, MS (AIIMS)., DNBE, FRCS (Eng)., FRCS(Edin)., FRCS (Glasgow)., FACS., FICS., FACG., FIMSA., FACS., Dean, Research and Allied Health Sciences.



The year 2015 has seen a rapid expansion of the Health Professions Education which has created a demand for a new cadre of educators and leaders who are competent and motivated for promoting transformative learning across the health profession. The new career pathway provided by the SBV has catered such aspirants from medical, dentistry, nursing and allied health sciences to pursue higher degrees in Health Professions Education. Centre for Yoga Therapy, Education and Research (CYTER) at AHS is another center that has offered integrative, holistic and therapeutic benefits for patients, educating future Yoga therapists and developing an understanding through scientific research. Being a part of a medical institution CYTER enhances learning curve of the trainees. The major highlight of the new programs is adoption of Credit Based Choice System (CBCS) recommended by the NAAC and UGC as a major reform in higher education. Such programs gives immense flexibility for learners to pursue diverse careers as Yoga Therapists and enables creation of a pool of trained Yoga therapists possessing requisite skills and competence to impart sound Yoga therapy in different medical conditions. Yet another venture at AHS is the Music Therapy, a fast growing allied health care profession in India and in an innovative move to step forward from Illness to Wellness and treating the patients as a whole instead of just the symptoms under integrative medicine with music therapy as a complementary medicine. Centre for Music Therapy, Education and Research (CMTER) dedicates itself to advance and establish music therapy as an innovative component in the modern and evidence-based practice of medicine in India. Heartfelt wishes to Sri Balaji Vidyapeeth for securing NACC-A-grade and also wishing goodness in all its future endeavors.

CENTER FOR YOGA THERAPY EDUCATION &RESEARCH

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Yoga Therapy

In recent times, the therapeutic potential of Yoga has captured the imagination of researchers worldwide and numerous studies are being done on the benefits of Yoga in various medical conditions. Yoga is a popular means of relieving stress and improving fitness as it decreases stress and anxiety and improves health status. The application of Yoga as a therapy is simple and inexpensive and can be easily adopted in most patients without any complications. Modern medical advancements provide the rationale for the integration of various traditional healing techniques including Yoga to promote healing, health, and longevity. It is imperative that advances in medicine include the holistic approach of Yoga to face the current challenges in health care.

Under the dynamic leadership of the Chairman Shri MK Rajagopalan, authorities of SBVU had set up CYTER in 2010 and many activities have been going on since then. This initiative is being personally guided by the Chancellor Prof P Rajaram, the Vice Chancellor Prof KR Sethuraman and the Dean (Research and PG Studies) Prof N Ananthakrishnan under the SBV AIM HIGH initiative for Alternative and Integrative Medicine. A scientifically sound Yoga therapy programme is imparted through the Yoga Therapy OPD that is functioning daily from 9am to 1pm. Consultations are offered by Dr. Ananda Balayogi Bhavanani, Deputy Director and Dr. Meena Ramanathan, Coordinator and Yoga Therapist and qualified Yoga instructors are imparting the schedules. Individualized and group Yoga therapy sessions are being conducted for various medical conditions such as diabetes, hypertension, musculoskeletal and psychiatric disorders with excellent feedback from participants.

CYTER is conducting a scientifically sound Yoga therapy programme through its Yoga Therapy OPD in I Block from 9 am to 1 pm, Monday-Saturday. Consultations are offered by Dr. Ananda Balayogi Bhavanani, Deputy Director CYTER and Mrs Meena Ramanathan, Coordinator and Yoga Therapist. Qualified Yoga instructors are imparting the schedules daily from 9 am to 1.30 pm. Individualised and group Yoga therapy sessions are being conducted for various medical conditions such as diabetes, hypertension, musculoskeletal and psychiatric disorders with excellent feedback from participants. Yoga therapy and lifestyle consultations are offered daily as part of Basic, Superior, Complete Cardiac and Deluxe Health Check packages of Master Heath Check-up in the Corporate Services Wing of the hospital since October 2013. CYTER is conducting a scientifically sound Yoga therapy programme through its Yoga Therapy OPD in I Block from 9 am to 1 pm, Monday-Saturday. Consultations are offered by Dr. Ananda Balayogi Bhavanani, Deputy Director CYTER and Dr Meena Ramanathan, Coordinator and Yoga Therapist. Qualified Yoga instructors are imparting the schedules daily from 9 am to 1.30 pm.

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Yoga therapy and lifestyle consultations are offered daily as part of Basic, Superior, Complete Cardiac and Deluxe Health Check packages of Master Heath Check-up in the Corporate Services Wing of the hospital since October 2013.

We are also offering non-therapeutic general sessions for faculty, staff and students of SBV from 6 to 7am and 4.30 to 5.30 pm on all working days.

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Year	Male	Female	TG	Total	Grand total
2010-14	3281	4413	161	7856	16,597
2015	2930	5770	41	8741	

Yoga Education

The first batch of four students graduated from our PG Diploma in Yoga Therapy (PGDYT) in March 2015 after successfully passing all their examinations in February. We are very proud that they will be the first set of Yoga Therapists graduating from a modern medical university. The second batch of three students also successfully cleared all their first semester papers. They are currently pursuing the second semester with great interest.

Our PG Diploma in Yoga Therapy (PGDYT) is one of the innovative courses in the country as it is offered through a medical institution and combines the ancient wisdom with evidence based approach of modern medicine. The course is conducted by experienced faculties who have Yoga and modern medical training as well as a wealth of therapeutic and research experience with more than 200 publications to their credit.

This two semester (480 hr) part time course aims to produce qualified Yoga therapists competent to impart a scientifically sound Yoga therapy programme for patients of different conditions. The syllabus includes topics dealing with teachings drawn from ancient texts combined with modern medical advancements thus exposing students to various clinical applications of Yoga as a therapy in a medical institution. Internal assessment is given based on seminars and assignments and the student's participation in regular patient care and research activities of CYTER in the hospital. A total 600 marks is allotted for theory including:

- Foundations of yoga, Foundations of modern medicine, Foundations of yoga chikitsa (application of yoga as a therapy), Application of yoga in different fields of human endeavor, Role of yoga in cardiovascular, respiratory, musculoskeletal and digestive disorders, Yoga as a therapy for neurological, endocrine, metabolic, psychiatric and other disorders,
- There is an extensive Practicum in both semesters (400 marks) that provides training in extensive Yogic techniques that are then applied in different conditions. Hands-on training in conducting sessions for healthy participants as well as clinical experience in dealing with patients of various conditions is provided.

The intake for the next batch of students (2015-16) is expected to begin in July/August and all interested faculty members are requested to take advantage of this course offered by CYTER through Sri Balaji Vidyapeeth University. There is an extensive Practicum in both semesters (400 marks) that provides training in extensive Yogic techniques that are then applied in different conditions. Hands-on training in conducting sessions for healthy participants as well as clinical experience in dealing with patients of various conditions is provided.

Two batches of students have graduated from our PG Diploma in Yoga Therapy (PGDYT) and we are very proud that they are the first set of Yoga Therapists graduating from a modern medical university. To fulfill the need for qualified scientific researchers in Yoga therapy, the course is being upgraded to Master of Science in Yoga Therapy (MSc YT) from October 2015 onwards with provisions for lateral entry and exit options for students after their completing PGDYT.Currently eight students are undergoing the course enthusiastically and to fulfill the need for qualified scientific researchers in Yoga Therapy (MSc YT) from in 2016 with provisions for lateral entry and exit options for students after their completing researchers in Yoga Therapy (MSc YT) from in 2016 with provisions for lateral entry and exit options for students after options for students after completing PGDYT.

Yoga Research and Publications

CYTER has given training to nursing students, faculty members, senior citizens, special children and transgender participants and published 34 papers and 12 abstracts on the short and long term, health enhancing benefits of such training and therapeutic programmes. We are currently studying the immediate effects of different yoga techniques such as asanas, pranayamas and relaxation in different groups of patients and normal volunteers. The CYTER presence on the net has been receiving many favourable reviews and more than two dozen educational videos made by the CYTER team are available on <u>www.youtube.com/user/CYTER2010</u>. The CYTER FACEBOOK page at <u>www.facebook.com/cyter.mgmcri</u> has more than 1000 likes and is very interactive with many articles and Yoga tidbits and regular updates.

Outreach Programmes and Honours

 The CYTER team of Prof Madanmohan (Director), Dr Ananda Balayogi Bhavanani (Deputy Director) and Smt. Meena Ramanathan (Coordinator - cum-Yoga therapist) presented a special Workshop on



Yoga Therapy and Yoga awareness programme was conducted via a CYTER stall at the 21st International Yoga festival organized by the Department of Tourism, Government of Pondicherry at Gandhi Tidal from 4th - 7th January 2015.

- The CYTER team of Prof Madanmohan (Director), Dr Ananda Balayogi Bhavanani (Deputy Director) and Smt. Meena Ramanathan (Coordinator - cum-Yoga therapist) were invited resource persons for the CME on "Therapeutic Potential of Yoga" organized by Department of Physiology, Sri Venkateshwaraa Medical College Hospital & Research Center, Ariyur, Pondicherry. The event on 20th January was attended by more than 200 participants and the presentations by the CYTER team and the demonstration by Dhanush (Yoga instructor) and Achudhan (Student PGDYT) were well appreciated by all.
- Dr Ananda Balayogi Bhavanani was invited to be a Resource Person for the online MEDITATION SUMMIT organised by Ananda Sanga Educational Institute of South Africa. Ananda Sanga is an academic organisation committed in spreading the ancient Art and Science of Yoga to humanity. A worldwide audience listened to eminent Meditation experts from around the World from 23rd to 29th January 2015.
- A team from the College of Medical Education, University of Dundee, UK, one of the topmost medical institutions visited CYTER. University of Dundee is set to collaborate in medical education and research with Sri Balaji Vidyapeeth after a visit by a four member team from the University of Dundee. Dr. Gary Mires, Dean of Medical Education and Professor of Obstetrics and Gynaecology. Dr. Mairi Scott, Director of Professional Development Academy, Professor of General Medicine and Medical Education, Dr. Rami Abboud, Head of Orthopedics and Trauma Surgery and Dr. Susie Schofield, E-learning Lead and Senior lecturer in Center for Medical Education from the University of Dundee visited SBV and its constituent colleges from Jan 22 to 24.
- Our Deputy Director Dr Ananda Balayogi Bhavanani was an invited speaker for the NATIONAL YOGA WEEK-2015 held at MDNIY, New Delhi from 12-18 February, 2015. He presented an invited talk on "Yoga for non-communicable disorders" and participated in the Executive Council meetings of the Indian Yoga Association. This mega event comprised of three days National Conference, One day National Seminar and three days Workshops on Yoga for Middle Aged. The



Hon'ble Minister of AYUSH, Govt. of India SHRIPAD YESSO NAIK inaugurated the Yoga Week and released the logo of the Indian Yoga Association in the presence of NILANJAN SANYAL, Secretary, AYUSH and Dr. IV Basavaraddi Director, MDNIY.

- Yogachemmal Dr. Meena Ramanathan successfully completed her Doctor of Philosophy in Yoga (PhD) from the Tamilnadu Physical Education and Sports University and received her degree from the hands of the Governor of Tamil Nadu at the convocation held at Rajbhavan in Chennai on 18th February 2015. The public viva on her thesis had been held on the 11th February at the university campus and her defence of it was widely acclaimed by all present. She had studied the "Effect of selected yogasanas and pranayama practices on selected cardio-respiratory, psychological and psycho-motor variables among low and highly depressed geriatric women under the guidance of Dr. K. Vaithianathan, the former Vice Chancellor of the university. Her study found significant positive in the cardio-respiratory variables, alterations psychological variables and psycho-motor variables after 12 weeks of yoga training. We congratulate Dr Meena on this great achievement that is the result of tireless efforts for the past 15 years. We proudly felicitate her on her selfless service for the cause of the special children and the senior citizens of Pondicherry. She was also felicitated by the SADAY Special School for her yeoman service for the cause of special children in Pondicherry and on successfully completing her PhD.
- A three month biweekly Yoga training programme was conducted at CYTER for 2nd year BSc nursing students of KGNC. 50 of the 2nd year BSc nursing students of KGNC (1st Batch) underwent intensive training program including stress reduction, surya namaskar, asanas, pranayamas and relaxation techniques. They were also exposed to an introduction to Yoga philosophy, psychology and lifestyle. The valedictory of



the Yoga training programme for the 1st batch was held on 4th March at CYTER. Prof KR Sethuraman, VC, SBVU gave away the certificates for the 50 students in the presence of Dr Madanmohan (Director CYTER) and Dr Renuka (Principal KGNC). The students did a demonstration and gave excellent feedback. Faculty members of KGNC and CYTER staff participated in the event. At the suggestion of the vice chancellor an 'avant-apres' compassion was done with the students giving single words for the way they perceived the pre -post effects of yoga training in their lives. The second batch of 50 students started their training on 9th March and this biweekly programme is continuing at present. The students have also been participating in pilot studies on the effects of various yoga techniques thus simultaneously enhancing their scientific understanding of Yoga.

- Dr Meena was invited to be a panelist for the Woman's Day celebrations event organized by Pondicherry Tourism and The Hindu at Hotel Surguru. She was felicitated for her significant contribution to the welfare of women in Pondicherry and presented her views on the empowerment of women through Yoga.
- Yogacharya Dr Ananda Balayogi Bhavanani recently attended the Board Meeting of the Council for Yoga Accreditation International of which he is a member of the Board of Directors. The meeting was held at Kaivalyadhama Yoga Institute, Lonavla, India on 14-15 March and presided over by Shri Om Prakash

Tiwari, Chairman of Board in the presence of Dr HR Nagendra, Vice-Chair of Board with other Directors including Dr Ananda in attendance. Dr Rajan Narayanan, Secretary of Board conducted the meeting that passed major resolution on setting standards for Yoga instructors, teachers and therapists. The Council for Yoga Accreditation International is a Peer Accreditation Association of Yoga Certification and Degree Granting Institutions modelled around the University accreditation system in the United States and field specific, standards bodies like that of law schools, business schools and medical schools.

- Dr Ananda was invited to deliver a special address at the Maharishi Gitananda Yoga Centre at the Lexicon school in Viman Nagar, Pune on Sunday 15th March 2015. The centre is run by Sumita and Praveen Mukherjee with the support of the Lexicon Group. More than 30 members of the Pune Yoga family joined Dr Ananda for a Satsangha and enjoyed every moment of the interaction that resulted from inquisitive questions regarding many aspects of Yoga.
- Orientation session was conducted on 18th March by Dr Ananda and Dr Meena for 11 newly joined nursing staff members who visited CYTER supervised by Mrs Deepa, Quality educator, MGMCRI.

On the 12th April, Dr Meena conducted an interactive CME on "Rediscover thyself through the ancient wisdom of Yoga" at the St Joseph's Hospital (Cluny), Pondicherry that was well attended by senior doctors of Pondicherry. CYTER staff and students gave an excellent demonstration.

Dr Ananda and Dr Meena were honored by Nehru Yuva Kendra on the International Day of Yoga (June 21) 2015. The Hon Speaker of Puducherry Legislature Shri V. Sabapathy and Ministers of the Government of Puducherry and eminent personalities of Pondicherry felicitated Dr Ananda and Dr Meena on their service for the cause of Yoga among youth of Puducherry. The Prajapita Brahmakumaris Iswarya



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Viswavidyalaya and Tourism Department were cosponsors of the event.

Dr Ananda was invited to be on the AYUSH Ministry Committee of Yoga Experts for International Day of Yoga celebrations 2015. He attended meetings in New Delhi in April and May 2015. The meetings were chaired by Dr HR Nagendra, Chancellor SVYSA University and attended by eminent yoga experts as well as secretaries and officers from departments of AYUSH, MEA, HRD and Culture. His contribution to the success of the first IDY celebrations was acknowledged by the Ministry of AYUSH during the valedictory function of its International Conference on Yoga and Holistic Health on 22 June 2015 at Vigyan Bhavan, New Delhi and attended by delegates from all over the world. He also participated in the Executive Council meeting of the Indian Yoga Association at MDNIY, New Delhi where many important decisions were taken regard celebration of the International Day of Yoga and the accreditation and registration of Yoga practitioners in India. The meeting was attended by heads of premier Yoga institutions.

Dr Ananda was nominated to the SCIENTIFIC ADVISORY COMMITTEE of the Central Council for Research in Yoga and Naturopathy (CCRYN) in Ministry of AYUSH, Govt of India. This is very prestigious as this is the council that oversees research and propagation of yoga at the national level. His tenure will last three years from 2015-2018.

Dr Ananda was awarded the BHARAT EXCELLENCE AWARD and certificate of honor and felicitation from Friendship Forum, New Delhi for his contribution towards promoting greater friendship and India-International cooperation. He was also honored with the "SIGARAM" (Peak of excellence) Award for his skill and contribution towards the development of Music, Dance and Yoga in Pondicherry by Pondicherry Drama Arts Association during its 59th Annual Celebration on 28th June 2015. Deputy Director, CYTER, Dr. Ananda Balayogi Bhavanani attended Board of Studies meeting of the GS College of Yoga and Cultural Synthesis, at Kaivalyadhama in Lonavla on 4 July 2015. He has been nominated as the chairperson for the subject, "Anatomy and Physiology of the Human Body in the Context of Yoga." This appointment is prestigious as Kaivalyadhama is one of the oldest and premier Yoga institutions of India.

In July 2015, Dr Ananda was nominated to the Search cum Peer Review Committee of the CCRYN for Ministry of AYUSH. This committee is to prepare and vet the materials on Yoga research for the AYUSH Health Portal.

Interactive Yoga sessions were conducted by the CYTER team for first year MBBS students as part of their orientation programme at MGMCRI from 22 to 28 June 2015. The sessions were very well appreciated by the students who gave strongly positive feedback on their experiences at the end of the programme.



CYTER was visited by an expert group from Partners Medical International, USA on 23 July 2015. Both Prof Thomas Aretz and Prof Lynn Eckert, Medical education experts appreciated the work being done towards integrating ancient traditional aspects of Yoga with modern medicine at SBV under its AIM HIGH initiative.

Awareness program on Yoga for Special Children was sponsored by the Lions Club of Pondicherry Host at SADAY (Lions Club building, Kennedy Nagar) on Sunday 9 August 2015. Dr Meena Ramanathan gave a talk and led a lecturedemonstration by students of SADAY and staff and students of CYTER. The presentation was chaired by Dr Ananda and it received warm welcome from all present on the occasion.

Dr Ananda as Hon President Pondicherry Yoga Teacher's Development Association (PYTDA) presided over a Mass Yoga Program organized by the association at Gandhi Tidal on Pondicherry beach front on 21 August. SSP (Law & Order) Shri Chandran was chief guest and event organized under direction of Yogachemmal E Gajendiran President



PYTDA and its team. More than a thousand students, teachers, parents and Yoga enthusiasts participated eagerly in this special event.

Dr Ananda attended the second Scientific Advisory Committee meeting of the Central Council for Research in Yoga and Naturopathy in Ministry of AYUSH, Govt of India on 31 August 2015. Important decisions regarding Yoga research and education in India were made during the meeting.

Dr Ananda was also honored with the Best Personalities of India Award from Friendship Forum, New Delhi for his excellent contribution towards welfare of people. His biographical-note with colour photograph has also included in Asian Admirable Achievers (Vol. VIII) published by Rifacimento International, New Delhi, India. It is to be noted that he has been also invited to be a reviewer for the Indian Journal of Medical Research from August 2015 onwards.

Dr Ananda gave an invited talk on 1 September at the Defense Institute of Physiology and Allied Sciences (DIPAS), New Delhi for participants in its training programme on Yoga for Heath Promotion. His presentation on the health promoting aspects of Yoga was well appreciated by the Director, DIPAS as well as the participants from all over the country.

Dr Ananda also presented a well appreciated 2-day invited workshop on Anatomy, Physiology, Pathology and Yoga therapy with reference to cardio-respiratory systems at Kaivalyadhama Yoga Institute, Lonavla on 10-11 September 2015. More than 125 students, staff and yoga teachers attended the sessions. It is notable that Dr Ananda has been appointed as an Adjunct Professor of Kaivalyadhama's GS College and is also the Chairman of the Board of Studies in Anatomy and Physiology of Yoga practices at the premier institution. Dr. Meena gave an invited talk for College of Nursing, East Coast Institute of Medical Sciences on "Yoga and Stress" on 16 September 2015. The interactive session followed by practical demo by Danushapnadeesh was well appreciated by participants of the seminar.



Yoga sessions for faculty, staff and students of Sri Balaji Vidyapeeth were inaugurated at CYTER on 23 September 2015 by the Hon' Chancellor Prof Rajaram Pagadala in presence of Prof N Ananthakrishnan (Dean PG Studies, Research and Allied Health Sciences) and Prof Ravi Shankar (Dean Admin). The classes are offered at the CYTER Yoga hall on all working days between 6 to 7am and 4.30 to 5.30pm.

The inauguration of classes for 3rd batch of PGDYT students was held on 27th October 2015. Eminent film maker Shri

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Benoy K Behl was Special Guest for the ceremony and appreciated the work of CYTER in bridging the gap between ancient wisdom of Yoga and modern medical science. Matt Dunn and Maxine Levy, practicing Yoga teachers from the UK visited CYTER and observed the work being done with enthusiasm. They appreciated the far sighted vision of the management in setting up this centre. As part of our social commitment, Dr Ananda gave an invited talk on Yoga for health for members of the Rotary Club of Pondicherry at Hotel Adhithi. The talk was well appreciated and many expressed their interest to visit CYTER in the near future.

CYTER was founded on 1 November 2010 and celebrates it birthday every year with special programs for the community. Last year we celebrated with the senior citizens of Serene Pelican Township and this year with the divine children of the SADAY special school. CYTER celebrated its 5th birthday with faculty, students and patients on 3rd November with a lecture demonstration on YOGA FOR SPECIAL CHILDREN from 10.30am to 1pm. Our inspirational leader, Prof N Ananthakrishnan, Dean PG, Research and Allied Health Sciences) inaugurated the event by lighting the traditional lamp in the presence of our director Prof Madanmohan. Smt Asha Sugatham, trustee of SADAY participated along with an international team from ICYER at Ananda Ashram led by Yogacharini Anandhi of Cyprus. Yogachemmal Shanmugam and Lalitha Shanmugam represented Pondicherry Yogasana Association. The event was supported by SADAY Special School, ICYER at Ananda Ashram and Pondicherry Yogasana Association. We were especially pleased to welcome members of the NAAC Peer Team who enjoyed presentations by the special kids and students from ICYER and CYTER. The



ICYER team consisted of Rocio and Tammy of Canada, Gary R. Beebe Jr of the USA, Moji Attar from Mexico, Shraddha from Mumbai and Rahul from New Delhi. The special kids were amazing and blew the minds of everyone present with their skills and smiles. It is a tribute to the selfless service of Dr Meena that Yoga has effectively reached this neglected section of society and brought about such transformation in their lives. We also had a marvelous special interactive Yogic theater session by Yogacharini Anandhi (Korina), a professional theater artist and Yoga teacher from Cyprus. All the participants enjoyed the event and then the much awaited special 5th birthday cake was cut and relished by all.

CYTER has been associated with the SADAY special school for the past 5 years and Dr Meena conducts weekly Yoga therapy sessions for the special children of the school. To improve their overall health status, a dental health screening programme for special children at SADAY was organized by Department of Pediatric and Preventive Dentistry, IGIDS in coloration with CYTER and Lions Club of Pondicherry was organized on 11th December. Dr Meena coordinated the



event and led a demonstration by the kids who astounded everyone with their ability that transcended their disabilities.

A guest presentation on "Yoga for de-addiction" was given by Gary R. Beebe Jr, a Yoga teacher from the USA in the event organized by CYTER in collaboration with the Department of Psychiatry. This was a prelude to the Yoga sessions that are planned to be given twice weekly by CYTER in the psychiatry ward from 18 January 2016. Gary R. Beebe Jr also gave a special practice session at CYTER. The presentation was a heartfelt and experiential one based on Gary's own experiences of alcohol addiction and the process of coming out of it. He brought in beautiful correlates between the de-addiction process enabled through the AA and how the Yamas and Niyamas of Ashtanga Yoga strengthen one's resolve to move forward in life. He expressed the importance of Yoga that can play an important part in the de-addiction process and in keeping the person sober for the rest of their life. He appreciated pioneering efforts of the Department of Psychiatry for including Yoga in their clinical practice at MGMCRI. Prof Ishwaran and his team from psychiatry enjoyed the presentation and asked pertinent questions thus making it a lively and interactive event. International

Yoga teachers and students from ICYER at Ananda Ashram participated in the event and also had a courtesy meeting with the respected VC. The team was led by Yogacharini Latha (Leena Elo) of Germany and consisted of Anna Sara of Germany along with Rocio and Tammy of Canada.

Our Deputy Director Yogacharya Dr Ananda Balayogi Bhavanani received Best Paper Award on the theme



"Experiential Paradigm of Yoga in Education" during 8th International Conference on Yoga & Education at Kaivalydhama, Lonavla, India from 27th - 30th December 2015. He participated in the panel discussion on Yoga research that was chaired by Prof R Bijlani of New Delhi. He also attended the Board Meeting of the Council for Yoga Accreditation International of which he is a member of the Board of Directors. The meeting was held at Kaivalyadhama Yoga Institute, Lonavla, India on 31 and 31 December 2015 and presided over by Shri Om Prakash Tiwari, Chairman of Board with other Directors in attendance. He along with Dr Meena received blessings from our respected Vice Chancellor of Sri Balaji Vidyapeeth Prof KR Sethuraman Sir upon his successful return to duty.

Yoga sessions for faculty, staff and students of Sri Balaji Vidyapeeth are going on regularly after the inauguration in September by the Hon' Chancellor Prof Rajaram Pagadala. Classes are offered at CYTER Yoga hall on all working days between 6 to 7am and 4.30 to 5.30pm and more than 500 members of our Sri Balaji family have attended sessions till date.

International Day Of Yoga Celebrations 2015:

To celebrate the INTERNATIONAL DAY OF YOGA 2015 CYTER organized a week-long programme with various multifaceted activities from 21 to 26 June 2015.

More than 300 participants took part in the Mass Yoga Practice of the Yoga Day Protocol from 7 to 7.35 am as per guidelines issued by AYUSH Ministry, Govt of India. This was followed from 9 am by Yoga demonstrations by staff and students of CYTER, and students of Yogachemmal Senthil Kumar. Dr Madanmohan. Prof & Head, Physiology & Director CYTER, MGMCRI gave a lecture on "What is yoga and yoga therapy?". Inaugural address was delivered by Prof KR Sethuraman, the respected Vice Chancellor of Sri Balaji Vidyapeeth University and special address by Dr KV Raman, Director Health Services and Director Indian System of Medicine & Homeopathy, Pondicherry. Dr Raman released the e-souvenir for the IDY 2015 celebrations specially brought out for the occasion. The event was felicitated by Prof Ravishankar, Dean MGMCRI, Dr S Ravichandran, Additional Director, MGMCRI, Yogachemmal Shanmugam of the PYA and Dr S Thiyagarajan, Medical Officer of the MGMCRI City Centre. Various lecture-demonstrations were presented by Yogachemmal Anbhazhagan on Managing diabetes through yoga, Yogacharya O Gangadharan on Yogic management of cardiovascular disorders and Yogachemmal E Gajendiran on Yogic management of back and neck pain. This was followed by a lec-dem on Yoga for children by Yogacharini Devasena Bhavanani, on Yoga for women by Yogachemmal Lalitha Shanmugam and on Yogic management of respiratory disorders by Yogachemmal Dr R Balaji. More than 250 participants benefited from free Yoga therapy consultations



and general Yoga sessions as well as had medical checkup and free consultations. The event concluded with open forum, feedback from participants & valedictory at 1.30 pm.

From June 22 to 25, the CYTER team led by Prof Madanmohan conducted Yoga Awareness Programmes for more than 600 students and staff from 10am to 12 noon in the constituent colleges of the SBVU. They gave presentations, lecture-demonstrations and practical instructions to nursing students of KGNC on 22nd June, dental students of IGIDS on 23rd June, medical students of SSMCRI on 24th June and MGMCRI on 25th June. This is in keeping with the latest guidelines of the Medical Council of India that has recommended introduction of Yoga for medical students in its revised curriculum. Sri Balaji Vidyapeeth is one of the

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first to comply with these guidelines and through CYTER is giving regular training to medical and paramedical students in its Pillayarkuppam campus.

A National Seminar & CME on "Therapeutic Potential of Yoga"



The National Seminar & CME on "Therapeutic Potential of Yoga was organised in collaboration with Dept of Physiology at MGMCRI campus on 26 June 2015 in the Ground Floor Lecture Hall, College Block of MGMCRI. The event was organised by CYTER in collaboration with the Department of Physiology. The day-long event began with a lecture on "Psychosomatic mechanisms of yoga" by Prof Madanmohan, Director CYTER and Professor & Head, Dept. of Physiology, MGMCRI. This was followed by the inaugural function with a Special Address by Prof KR Sethuraman, Vice Chancellor of SBVU who said that CYTER combines rigorous scientific approach with faithful adherence to the traditions of Yogic practice to create an effective therapy that is complementary to modern medicine. He reiterated the whole hearted support of the management of SBV for Yoga therapy as an effective complementary therapy and that these services are offered totally free to all patients. He emphasized the need for clinicians to move from "pathogenesis, the search for factors causing pathology to salutogenesis a search for factors supporting health and wellbeing".

The keynote address was given by Ammaji Yogacharini Meenakshi Devi Bhavanani, Director of ICYER at Ananda Ashram, Pondicherry. She stressed on the need to have a questioning attitude as exemplified by the great Rishis in the Vedic and Upanishadic lore. "The question is more important than the answer for the question determines our viewfinder, our trajectory and pathway towards higher evolution." said she in an inspiring address. Felicitations were offered by Prof N Ananthakrishnan, Dean PG, Research Studies and Allied Sciences as well as Prof M Ravishankar, Dean Administration. In the forenoon session, there were invited presentations on "Yoga in mental health" by Prof BN Gangadhar, the Dean (Behavioural Sciences) who enlightened the audience about the effects of yoga in schizophrenia, depression and dementia as supported by the work at NIMHANS in Bengaluru.

This was followed by a dynamic lecture-demonstration on the "Therapeutic potential of yoga" by Dr Manoj Naik, Consultant physician and direct student of Padma Bhushan BKS Iyengar from the Ramamani Iyengar Memorial Yoga Institute in Pune. Dr Naik blew the minds of all participants with his amazing skillful presentations done while taking up the most complicated Asanas on the lecture table itself. The afternoon session consisted of a presentation on "The heart of yoga therapy" by Dr Kausthub Desikachar, son and successor of Yogacharya TKV Desikachar of the Sannidhi of Krishnamacharya Yoga from Chennai. He stressed the need for experiential models rather than experimental trials. "How can we measure and analyze through modern science something like Prana that is non-physical" said he.

A Panel Discussion on "Integrating yoga therapy in mainstream medicine" was conducted with panelists including Dr Prakash Rao, Senior Homeopath and Scientist, Central Council for Research in Homeopathy, Dr Ananda Balayogi Bhavanani and Dr Meena Ramanathan of CYTER and Sri J Mohanakrishnan, Physiotherapist from JIPMER. The event concluded with an open forum and valedictory. The souvenir of International Day of Yoga 2015 celebrations at our Sri Balaji Vidyapeeth, Pondicherry is available for free download from www.slideshare.net/anandabhavanani/souvenir-of-the-international-day-of-yoga-2015

Importance of Cyter:

The Government of India and its Ministry of Health & Family Welfare are currently promoting indigenous systems of health in a strong manner through the ministry of AYUSH. The limitations of modern medicine in managing stress induced psychosomatic, chronic illnesses are the strength of Yoga and hence a holistic integration of both systems enables best quality of patient care. CYTER can be projected a nodal centre to train medical educators and administrators for setting up such integrative health centers in our country as we have the necessary infrastructure and man power. We can proudly state that it is only in the supportive and innovative milieu of Sri Balaji Vidyapeeth that the holistic art

and science of Yoga, our cultural heritage, has been able to reach both the classes and the masses of our society optimally, effectively & holistically.

EXPERIENCING DEEPER RELAXATION THROUGH GITANANDA YOGA

Yogacharya Dr Ananda Balayogi Bhavanani, Deputy Director CYTER, MGMCRI, Pondicherry

Introduction: Charles Warner wittily said, "Everybody talks about the weather, but nobody does anything about it." In modern times, we all seem to talk so much about Yoga, but don't do anything about experiencing it! "Atha yoganushasanam" says Maharishi Patanjali in his very first verse implying that Yoga is something to be experienced through mindfulness. We can never really 'do' Yoga, but we can prepare ourselves for the 'experience' of Yoga. Yoga is an experiential science, and Vairagya the key to develop objectivity towards subjective experiences obtained through Abhyasa.

Rishiculture Ashtanga Yoga: We can experience states of expanded consciousness through Hatha and Jnana Yoga relaxation techniques as codified by Yogamaharishi Dr Swami Gitananda Giri in the tradition of Rishiculture Ashtanga Yoga. This is now popularly known as Gitananda Yoga in tribute to this great master who played a significant role in bridging modern science and spirituality. This wholesome system focuses on Yoga as a "Way of life" encompassing cultivation of wholesome lifestyle, adoption of health promoting diet, development of unbiased attitudes with bountiful practices for positive health.

Four-fold relaxation: A systematic and conscious adoption of attitudes results in deep experiential states of relaxation.

- Letting go: We need to let go of our prejudices and preconceived notions.
- Giving up: We must develop a firm desire to give up our stresses. This does not mean defeat, but is to throw off any tensions that turn us into a smoking volcano. This is a positive, relaxing and evolutionary process.
- 1. Giving in: A positive process of opening up to dictates of Higher Consciousness.
- Giving over: The highest stage of relaxation where control of mind is given over to the Self. One thus merges into beautiful super-conscious states indescribable in words.

Conclusion: Swamiji taught us that 'we' are the source of our problems. If we are to solve them, we need to change our attitude. An egocentric perspective will never be able to change anything as all the ego wants to do is survive at any cost (Abhinivesha). The Yoga Dristi (perspective) offers a more elevated and conscious perspective of life that enables us to convert our seemingly insurmountable problems into mere molehills.

CENTRE FOR MUSIC THERAPY EDUCATION AND RESEARCH (CMTER)

The Center for Music Therapy Education and Research conducted a week-long campaign to mark its 4th anniversary



from 05.01.2015 to 10.01.2015 continuously, seeking to popularize the medical benefits of music. The events planned were diverse with clear focus on 1) rural outreach, 2) collaboration with the clinicians, medical and para-medical students and 3) dissemination of professional knowledge on music therapy. During the inaugural function on 05.01.2015, the logo of the CMTER Unit was officially unveiled and an annual report showcasing the activities of CMTER in the areas of clinical practice, research and training was released by Prof. Dr. S. Krishnan, Dean (Administration). Prof.



Dr. Vellore A.R. Srinivasan released two official bulletins "The Harmony" volume 3 Issue 1 and 2 for the years 2014 which reported empirical studies, clinical cases, patient stories, photo stories and many interesting music therapy information to benefit practitioners from diverse specialties. Dr. Parin Parmar, Paediatric Physician, allergist and music

therapy consultant from Rajkot, Gujarat was the special guest during the occasion. Dr. Sumathy Sundar, Head CMTER elaborated on the clinical and research activities of CMTER which collaborates with the different clinical specialties like Anaesthesiology, Psychiatry, Obstetrics and Gynaecology, Dermatology, Paediatrics and CIDRF and also detailed on the various projects undertaken, both on-going and completed.

The following community programs were inaugurated by Prof.Usha Carounanidy, Principal, IGIDS and Prof. K Renuka, Prinicipal, KGNC.

Community mass singing and sharing music program at Seliamedu Village at Bahour Commune on 06.01.2015

A mass community singing event was organized in the Seliamedu village at Bahour Commune during which the CMTER team shared, learnt and sang together along with the villagers in an attempt to build community, and share culture. The villagers very enthusiastically shared songs which they usually sing during diverse occasions like marriage, grief, praying and working and the CMTER team also sang the preferred and favourite songs of the group participants. The CMTER team also celebrated the New Year with all the children and adults in the community and engaged in a street play. Mass Singing and playing simple rhythmic musical instruments made all the participants very happy and uplifted their moods and spirits. CMTER has begun to strategize about the singing ways to help the participants to overcome their difficulties that they face in every- day life and go forward!

Music therapy event on health and well-being for geriatric adults in Serene-Pelican neighbourhood, Pinnachikuppam, Bahour Commune 06.01.2015

The event was organized with the objective of increasing the self confidence, empower, improving well-being and inter personal skills, enhancing the moods, lifting the spirits and promoting a sense of joy. Dr. Sumathy Sundar addressed the gathering with the benefits of group singing on the health and well-being of geriatric adults. There were around 35 to 40 geriatric adults who attended the program who were actively engaged by the CMTER team comprising of Dr. Sumathy Sundar, Ms. Priyanka Dixit, Mrs. Bhuvaneswari Ramesh, Dr. Sobana Jaiganesh, Mr. Stephen Sathiamoorthy and Mrs. Kala Varadhan in devotional group singing with accompanying simple rhythmic musical instruments. The participants felt that they were all singing with their heart which energized them, spiritually elevating and felt very peaceful. They all loved the music, the rhythm, and the repetitive words which was a divine bliss that elevated their moods.

Sing along program with transgender population on 07.01.2015

This sing- along event was organized by the CMTER team, at SCOHDS, Sahodaran Community Oriented Health Development Society funded by Tamil Nadu State Aids Control Society at Pudupalayam, Cuddalore District. The transgender population gathered at the SCOHDS Center had the opportunities to sing their most favoured and preferred songs in a group along with the CMTER faculty and students team under the guidance of Dr. Sumathy Sundar, increased the social connectedness of the community, reduced personal stress, promoted a sense of self esteem and also developed a sense of oneness within the group. The high energy of the group was felt during the drumming activity which the participants felt made them to focus their mind on the present and forget all their worries when they were musically engaged. All the participants thanked the CMTER team for organizing the program. The event was attended by the Project manager from Tamil Nadu Aids Control Society who also appreciated the efforts of CMTER to organize this program for the transgender community.

Music therapy awareness campaign with the clinicians in MGMC &RI campus on 07.01.2015

Though music therapy is an established allied health care profession globally, it is yet to develop fully in India and CMTER as a part of Sri Balaji Vidyapeeth is a pioneering Center actively engaged in offering patient care services. But often, the clinicians wonder as to what are the appropriate referral areas for which they could recommend music therapy services and also more particularly the referral procedures. In order to create an awareness on the problem areas for which music therapy services could be recommended, the CMTER team under the guidance of Dr. Sumathy Sundar visited the heads of various clinical specialties and explained the music therapy referral procedures and also presented posters indicating the possible referral areas pertaining to each clinical speciality as an illustrative list. The faculty and the



residents were addressed of the benefits of music therapy. The CMTER team visited Department of Paediatrics, Surgery, Anaesthesiology, Radiology, Cardiology and Dermatology to name a few. The team also visited the Dental College and created awareness on the music therapy goal areas and the procedures to refer the patients to CMTER. All the clinicians appreciated this effort and also shared their ideas and thoughts about the scope of music therapy services within their fields of specialization and also research areas in the application of music. There were some good research questions which emanated during this campaign from the Paediatric and Pulmonary rehabilitation department.

Rathna Special School of Life Health Center for Rural Rehabilitation and Development in Alapakkam, Chidambaram District 08.01.2015

The music therapy event was an attempt to empower the



children with disabilities through a music, movement and playing of musical instruments program. The focus was to offer a very safe and non threatening environment through music to enhance self expression, encourage creativity and self expression. All the children participated with great interest in all the activities and some interesting responses for the program from the children who could verbalize were "Please come every day", "Will you all come home with me?" The event motivated the faculty and students to make this a regular program to integrate effectively music in their learning environment with a goal to make previously difficult learning tasks easy and to enhance physical and psycho social growth of the children housed in the school. The SBV university approved this program to be an on-going one, weekly once from CMTER from Jan' 2015 not only as a community project but also as a way to provide opportunities to the music therapy students to learn to work with this population as a part of internship training offered during the Post Graduate Diploma program in music therapy.

Flash Mobs for Students in Sri Balaji Vidyapeeth Campus on 09.01.2015

While there is a growing interest in the field of music therapy as a complementary medicine among budding medical professionals and students studying medicine, there is a lack of clarity as to what are the exact benefits of music in medicine and also about the music therapy process. In an innovative attempt to subject the medical students to a music therapy intervention flash mobs were conducted as a part of the 4th Anniversary celebrations on 09.01.2015. The aim of the flash mobs also is to create awareness about the therapeutic properties of music experienced through unexpected and sudden participative music performances during the class hours. Flash mobs as a music therapy intervention increase concentration, improve focus and reduce levels of personal stress and also improve other cognitive functions by stimulating the brain. The CMTER team under the guidance of Ms. Privanka Dixit, Lecturer performed flash mobs to the students of MBBS, MGMCRI through rhythmic improvisations using percussion instruments. The team also engaged the students to improvise rhythmically during the flash mobs.

Chancellor's Visit to CMTER

Prof. Dr. Rajaram Pagadala, Hon'ble Chancellor, Sri Balaji Vidvapeeth who visited CMTER on 07.01.2015 along with the Hon'ble Vice Chancellor Prof. Dr. KR Sethuraman, gave an inspiring and motivating talk to all the faculty and students at CMTER. He encouraged all the efforts of CMTER in the areas of patient care services and research collaborations with diverse clinical speciality departments. In addition to teaching the post graduate diploma course, he encouraged all the faculty to engage in active research and professional writing and to collaborate especially with the Central Inter-disciplinary research facility (CIDRF) at the university, a unique opportunity available. The Chancellor also explained how CMTER offers the students rich opportunities for clinical observation and internship training facilities in diverse specialties which is a unique feature in the country and also encouraged the students to pursue their doctoral studies from CMTER choosing their specializations in which they were interested to practice Dr. Sumathy Sundar, thanked the Chancellor for his visit and guidance to the future activities of CMTER.

2nd International Conference on Music Therapy held on 23.06.2015

Center for Music Therapy Education and Research, a unit of Mahatma Gandhi Medical College and Research Institute organized the 2nd International Conference on Music Therapy on "Current Trends in Music Therapy Education,

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Clinical Practice and Research at the college block Ground floor lecture hall on 23 06 2015.

Dr. Amy Clements-Cortes, President of World Federation of Music Therapy inaugurated the conference online from Ontario, Canada and delivered the Presidential address. Prof. Dr. Vellore A R Srinivasan, Registrar and Organizing Chairman welcomed the gathering. Hon. Vice Chancellor Prof. KR Sethuraman released the conference proceedings. Dean, Allied Health Sciences Prof. N. Ananthakrishnan presented the felicitation address and released the official bulletin "THE HARMONY" from Centre for the quarters March 2015. The June issue was released by Dean, Administration Prof M. Ravishankar.

Professor Dr. Gerhard Tucek, Head and Program Director, Department of Music Therapy, IMC University of Applied Sciences, Krems, Austria delivered the key note address on Music Therapy in Neurological Rehabilitation: Evidence-Based Practice and Research. Dr. Sumathy Sundar, Organizing Secretary delivered the Vote of Thanks.

The deliberations during the conference proceedings recorded the present levels of evidence for music therapy practice and research and stressed the importance of considering Music Therapy as both a medical and social science integrating medical, psychological and anthropological perspectives. All the delegates thanked and appreciated Center for Music Therapy Education and Research for organizing this unique conference to disseminate scholarly information on evidence, clinical practice and research on music therapy

Visit Of Overseas Music Therapists To CMTER

Musings of Dr. Maria Montserrat Gimeno, Associate Professor, State University of New York (SUNY), Buffalo, New York on her two day visit to CMTER between 09.06.2015 and 10.06.2015

This is a report to inform you about the content of two days visit at the Center for Music Therapy Education and Research at Pondicherry on June 9th and 10th, 2015. During that time, I had the privilege to share professional affairs with Dr. Sumathy Sundar, the program director, to be in touch with medical faculty at the hospital and to observe some of the faculty and also music therapy students who currently undergo their internship training at the department. My visit included giving a workshop on the use of the technique Music/ Imagery Induced Relaxation (MIR) as well as experiencing three personal sessions in chakra activation.

The music therapy program is integrated in the medical school, Mahatma Gandhi Medical College and Research Institute. This fact makes the program very unique in the music therapy field and perhaps the pioneer in the world. The program has an emphasis on quantitative and qualitative research, and the students have the opportunity not only to get involved in music therapy clinical practices right away



in their training, but also in research projects with faculty in collaboration with other disciplines at the hospital. Another unique aspect of this program is that it has its own clinic at the hospital that provides music therapy services. There is a nurse at the clinic as part of the staff. One of her jobs is to take physiological measures from the patients.

I was impressed observing how well the team worked together, and how much the music therapy services were integrated in the hospital treatment as a complementary medical treatment. Everything seemed natural and run smoothlMy. I saw a doctor from the department of Internal Medicine bringing a patient who was experiencing high

levels of stress to the music therapy clinic. At this moment, I was also able to observe the entire procedure on how this patient was being treated. The music therapist (MT) offered a relaxation technique that used specific elements of Indian healing traditions. She guided the patient to focus on her breath and provided specific chanting that had only two tones. The chant was repetitive like a mantra and had a soothing effect on the patient who responded positively.

During the afternoon I went with the students to the Hemodialysis Unit where patients were receiving the treatment. Once more, I witnessed how natural was the relationship between the medical staff and the students, they were so well accepted at the unit and fully respected as if their music therapy treatment intervention would be as important as the main stream medical treatment that the patients were receiving. The music therapy intervention in this occasion started with a chant and continued with specific raga improvisations with some engagement from the patients. An electronic tampura was used to provide a constant drone to accompany the vocal melody.

I was able to meet with Dr. K. R. Sethuraman, the Hon. Vice - Chancellor of the University. During the conversation he showed his passion for music and his belief on the power of music to help patients while in the hospital. Dr. Sethuraman was very knowledgeable in music, not only Indian classical, but Western as well. I was thrilled to see how much support he gives to the music therapy program. In this meeting, I also realized how much awareness about the therapeutic powers of music already existed in the culture.

In addition, I would like to report on the opportunity I had to experience three personal sessions on chakra activation: (1) chakra activation to decrease anxiety; (2) sacred devotional signing to improve mood; and (3) chakra activation to increase energy level. Each intervention was done differently and had its own purpose. Physiological measures were taken before and after each intervention. Concentration on the breath, on the sound vibration, and in each chakra were part of these techniques.

Finally, I want to express my gratitude to Dr Sumathy for her hospitality and the many opportunities that she gave me to be attuned to what she does. I admire the work at CMTER and its commitment to the development of music therapy profession in India. I am hoping to do some research collaboration during my sabbatical year as well as to learn from the culture and its music traditions.

Musings of Experiencing Indian clinical music therapy – a report on the differences and similarities of Austrian and

Indian clinical music therapy. Pondicherry, June 2015 by Mag. Doris Buchmayr, Music Therapist, Vienna, Austria. Due to the World Congress of Music Therapy held in Austria in July 2014 under the theme of "Cultural Diversity in Music Therapy Practice, Research and Education" I was able to meet Dr. Sumathy Sundar, Director of the Chennai School of Music Therapy and the Center for Music Therapy Education and Research in Pondicherry, South India. Always interested in cultural exchanges referring to our profession and its origins, I arranged a visit in Chennai/Pondicherry to get an insight in the development of South Indian clinical music therapy on 2nd and 3rd of june 2015.

This report reflects on the frame conditions of the educational music therapy program in Pondicherry compared to the Viennese school of music therapy as well as on three main factors seen as responsible for the diverse application of music therapy in the above mentioned countries, namely idea of man & cultural approach, music theoretical background, applied instruments & techniques and settings of clinical work.

Similar to the beginnings of music therapy in Austria in the late 1950s, the education in Pondicherry nowadays is run as a one year program with 4-5 students annualy, terminating with a so far non accredited diploma in music therapy. Six months of theory are followed up by six months of clinical practice at the Mahatma Gandhi Medical College and Research Institute. Students are asked to provide a research paper of their clinical work acknowledged by research and ethical juries. Whereas the formation in Pondicherry aims to develop into a two-years Master program in the following years, the Viennese school of music therapy concludes with a Master degree (10 students annualy) after four years of studies, including music therapy theory, clinical and musical practice and research. The contents of the formation are determined by the Austrian law of music therapy, established in 2009.

Concerning the three main factors for diverse application of music therapy in India and Austria, the idea of man seems to be the same. The influence of humanism as well as of depth psycology, founded and systematized by the Austrian Dr. Sigmund Freud in 1913, can be found in music therapy education in Pondicherry as well as in Chennai. Considering practical clinical work, the therapeutical relationship between therapist and client is of high importance both in India and Austria. However, the use of music differs due to the music theoretical and cultural background. Whereas Austrian folk music is mainly played in major and minor, South Indian classical music named Carnatic music consists of 72 ragas,

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which manifests a highly elaborated music system. For a European music therapist Carnatic music opens up a totally new world of sound and patterns. The main instrument used in clinical work in South India is the voice itself. A widely used technique also unknown in Austria is the Chakra activation through music, esp. through singing the seven Carnatic tones Sa, Ri, Ga, Ma, Pa, Dha, Ni in different ragas. I was able to observe and also participated doing this technique in the raga Maya Malava Gowla which is considered to be a basic raga used for teaching music. In contrast, Austrian music therapists use folk songs and the ancient technique of yodeling when singing with their patients. Nevertheless, similar instruments for therapeutical use are found in both countries, including drums, percussion instruments, keyboard, metallophones, xylophones, flutes, wind chimes, gongs, etc. The work with children also implements hand puppets and other little toys which attract the children's attention. Music therapists in South India offer drum circles as well as listening to music for relaxation purpose over head phones. In this case, the choice of music depends on the preference and the need of the patient (movie songs, spiritual songs, music without words/beats, Carnatic music, etc.).

Last but not least, the setting of practical clinical work codetermines the outcome of music therapy. Whereas Indian music therapy is being established in mostly the same clinical fields as in Austria (i.e. psychiatry, oncology, geriatrics, intensive care, immunization, nephrology), the frame conditions still show a beginning state of establishment. Clinical work is mostly done at the patient's bed itself or patients are asked to come to the department of music therapy CMTER, affiliated to Mahatma Gandhi Medical College and Research Institute, where a separated part of a room for group sessions is provided. Appropriate music therapy rooms dedicated only to the work with the patient are so long not installed in South India. As far as I was able to observe, clinical staff welcomes the new methods of music therapy, which will be set up in further departments of the hospitals in Pondicherry.

In all, Music therapy in South India can be seen as in a developing process of establishment and gaining professionalism. Even if a clear need for music therapy can be marked on the patients side, being a music therapist in India demands a lot of idealism and belief in future change as the work situation does not provide any jobs so far. International congresses and networking between different universities for music therapy at least hold a high potential for exchanging ideas towards a set up for music therapy.

International Clinical Music Therapy Observership Program from CMTER

An International clinical music therapy observership program has been established from CMTER to provide an opportunity to music therapists from around the world to learn about the three tiered music therapy program integrating professional training, patient care services and research and/orthe hospital based music therapy culture in India. This program also helps an overseas music therapist to observe and interact closely with the practising clinical music therapists from Center for Music Therapy Education and Research and participate in the day to day clinical and educational activities of the Center without directly involving in patient care services. To apply online and down loaded application form to be sent to <u>musictherapy@mgmcri.ac.in</u>

Publications from CMTER

Sumathy, S. Bhuvaneswari R. Anandraj R. Effect of Relaxing Music on Blood Pressure and Heart Rate in Hospitalized Pre-hypertensive pregnant women in 3rd trimester of pregnancy: A Randomized control study. (Accepted for publication by Asian Journal of Pharmaceutical and Clinical Research)

Sumathy, S. Parmar, Parin, Nair, Renu. Effect of a Single Musical Chakra Activation Maneuver on Body Temperature: A Pilot Study (Accepted for publication by Journal of the Science of Healing Outcomes)

Sumathy, S. Bhuvaneswari, R. Dixit, Priyanka, Venkatesh, Soma, Das, Prarthana Das, Gunaseakaran,D. Effect of music therapy on pediatric pain and distress levels during immunization procedures. (Accepted for publication by Clinical Pediatrics)

Ramesh B, Sundar, S, Anandraj R. Effect of relaxing music on blood pressure and heart rate in hospitalized pre-hypertensive women in the third trimester of pregnancy: a randomized control study. Asian J Pharm Clin Res,2015.vol 8-issue 5

Sundar S, Ramesh B, Dixit PB, Venkatesh S, Das P, Gunasekaran D. Live music therapy as an active focus of attention for pain and behavioural symptoms of distress during pediatric immunization. Clinical pediatrics. 2015 Oct 7:0009922815610613.

Sundar S, Srinivasan AR. Proceedings of the 2nd International Conference: Current trends in Music Therapy Education, Clinical Practice and Research. Sri Balaji Vidyapeeth. 23, June. 2015. Int J Pharm Bio Sci. Nov. 2015. ISSN 6299

0975 available online at http://www.ijpbs.net/admin/upload/ con_25.pdf

Center for Music Therapy Education and Research (CMTER), one of the innovative initiatives of Sri Balaji Vidyapeeth is a pioneering step in India towards integrating complementary therapeutic approaches with modern medical care. SBV introduced music therapy into patient care through its music and medicine unit in the year 2010 and also simultaneously initiated relevant research. In these five years of its inception, the music medicine unit has grown into CMTER which is engaged in the best practices of clinical music therapy services and has been taking long strides in all its activities in the areas of professional training, patient care services and research.

Expansion of CMTER

In the month of July 2015, three new faculty joined CMTER. Dr. Baishali Mukherjee, a psychologist and a music therapist who holds a doctorate degree from Strathclyde University, UK and Dr. Parin Parmar, M.D., a Paediatric Physician, allergist and asthmologist and a qualified music therapist from Rajkot, Gujarat both joined as part-time faculty. Mrs. Kala Varathan, an alumnus of CMTER who completed her Post graduate Diploma in Music Therapy joined as a full time tutor in the Center.

Patient Care Services

CMTER offers both traditional and the latest global music therapy techniques (passive and receptive & active and participatory) in the form of outpatient and inpatient services to patients (neonates, infants, children, adolescents, adults and geriatric individuals) with wide range of medical conditions in the areas of the hospital like operation theatres, paediatrics, pulmonary rehabilitation, psychiatry, dermatology and maternity. The CMTER team consisting of five music therapists and headed by a director support and help patients with their experiences in the areas of 1) pain management 2) quality of life issues 3) enhance moods and regulate emotions 4) improve communication and cognition 5) improve sleep quality and 6) reduce anxiety and depressive symptoms 6) increase compliance to diagnostic and interventional procedures and 7) help cope with the diseases and illnesses and the hospital experiences. The music therapy models integrate medical, psychological and anthropological approaches to explain the therapeutic processes. CMTER also offers community music therapy services to transgender and old age communities, children with developmental delays, learning disabilities, ADHD and

Autism. Around 3500 patients have been benefitted so far by the music therapy program from CMTER.

Recently, faculty Mrs. Kala Varathan introduced live music therapy (Playing Veena) in the hemodialysis unit of the Department of Nephrology in the hospital during the haemodialysis procedures that the patients undergo and recorded that patients reported reduction in their anxiety and perceived fatigue levels and there was reduction in physiological measures like blood pressure after the liver music therapy sessions.

Also, Mrs. Kala Varathan, Tutor, CMTER has introduced music therapy services to patients during outpatient MRI examinations to improve their perception of the MRI Scan experiences and also exploring if music therapy can reduce the time taken for the patients to complete the scan procedure by reducing the number of body movements and the breaks during the scans.

Research Activities of CMTER

The following Research Clusters were formed and inaugurated by the visiting University team in July 2015. These clusters were formed and will operate to encourage faculty and students to work collaboratively and engage in high quality music therapy research

Five research clusters 1) Traditional Music Healing Practices with an aim to objectify and create evidence for traditional healing practices to be integrated in clinical practice 2) Inter-disciplinary Collaborations and Patient Outcomes with an aim to encourage and strengthen evidence by interdisciplinary collaborations to improve Quality of Life and Patient Outcomes 3) Community Health and Well-Being to create awareness and serve families and communities with music as a cultural resource and defense for health 4) Mind-Body Medicine with an aim to foster high quality music therapy research on influence of music on auto-regulation, psychoneuroimmunology and psychoneuroendocrinology and 5) Education and Professional Training with an aim to help students and faculty to learn and practice music therapy skills, prepare them for teaching and research and make them global players.

Ongoing Research Projects

- 2. Does distraction and active focus of attention with music enhance patient's comfort under regional anaesthesia? A randomized controlled study
- 3. A study of the effect of adjunct music listening on the outcome of depressive disorders.

- 4. Effect of music therapy on fatigue and anxiety levels of patients undergoing haemodialysis procedures.
- 5. Fetal programming in-utero with music therapy.
- 6. Effect of music listening on the state anxiety of patients undergoing dermatosurgery procedures with local anaesthesia.

Visiting Scholar Program

A visiting scholar program was established from CMTER to encourage national and international scholars to visit CMTER and share their expertise and simultaneously learn. The following activities are encouraged during the time stay of the visiting scholars art CMTER

- 1. Relationship building at the Center for Music Therapy, Education and Research (CMTER), in Pondicherry.
- 2. Give guest lectures on topics of their expertise.
- 3. Engage in research in the hospital in collaboration with the CMTER faculty after approval by the ethics committee.
- 4. Engage in observations along with the faculty and students of CMTER who provide music therapy services in rural areas as part of an internship program called "Best Practice Community Services".

"The Harmony" Quarterly Bulletin from CMTER

Bringing forward CMTER's usual enthusiasm in updating the readers of the activities of CMTER, the third issue for the quarter ended September 2015 was published. This issue features an article about a recent study conducted by the faculty of CMTER in collaboration with the department of pediatrics on the topic " Live music therapy as an active focus of attention for pain and behavioral symptoms of distress during pediatric immunization" reporting the various results of the study. This manuscript is published in "Clinical Pediatrics'."

Academic Presentations

Dr. Sumathy Sundar, Director presented a key note speech during the International Seminar on Science of Music "Naadam" held at the Inter University Center for Studies in Science of Music and Mahatma Gandhi University, Kottayam on 27.09.2015 on the topic "The Science of Music and Music Therapy".

SBV collaborates with the IMC University of Applied Sciences, Krems, Austria.







Center for Music Therapy Education and Research a unit of Sri Balaji Vidyapeeth (AIM HIGH) Academy of Integrative Medicine for Holistic Interventions for General Health through its innovative measure of moving forward from pathogenesis to salutogenesis has been pioneering in introducing music therapy services through its training, research and patient care activities since 2010 in India. Since then, the Center has been very actively engaged in inter-disciplinary research creating evidence for music therapy applications in patient care outcomes and also shortly commences a Masters Degree program in Medical Music Therapy in the beginning of the year 2016. The university also in continuation of its persevering efforts to strive for excellence, today entered into a memorandum of understanding with an Austria based IMC University of Applied Sciences (leaders in music therapy education and research in Europe) with a goal to internationalize its educational and research activities and promote student

exchange programs and collaborative research projects in music therapy and collaborative Master's and Ph.D. Programs in music therapy. The faculty and students of both the universities would benefit through these exchange programs on music therapy neurological rehabilitation, neuro-science in music therapy, microanalysis and video documentation in music therapy, traditions in music therapy, hospital based music therapy and medical research methods in music therapy and so on. The IMC University runs the bachelors degree and masters degree program in music therapy and SBV plans to launch a Ph.D. program in music therapy soon. Through this MOU, the Masters degree students of IMC Krems will have the opportunity to pursue their Ph.d. program from SBV through its wing CMTER. IMC University of Applied Sciences, Krems have so far established 27 music therapy programs in all the hospitals of Austria and are funded by the Austrian Government. All the programs are established under the federal law of Austria for music therapy. The MOU ceremony started with an invocation by the CMTER faculty Mrs. Bhuvaneswari Ramesh. Dr. Sumathy Sundar, Director, CMTER gave the welcome address and described the purpose of the MOU ceremony. An introduction to the activities of CMTER was presented by Dr. Shobana Jaiganesh, Adjunct faculty of CMTER. Prof. Karl Ennsfellner, CEO presented on the vision of the IMC University and Prof. Tucek on their robust brain research on music therapy processes and how they integrate the ethno therapeutic and neuroanthropological aspects in their music, practice and research. Benediction address - Music Therapy as value addition to standard medical care was given by Hon. Vice Chancellor, Prof. Dr. KR Sethuraman. Prof. Karl Ennsfellner, CEO of the IMC University of Applied Sciences, Krems, Austria and Prof. Dr. Gerhard Tucek, Head of Research, Department of Health Sciences and Program Director, Department of Music Therapy were the distinguished guests for the day to sign the Mou. Ms. Bhuvaneswari Ramesh, Tutor delivered the vote of thanks



CMTER's International Presence

Dr. Sumathy Sundar, Director, CMTER was invited to deliver a spot light speech on 11.11.2015 during the Best Practice Day in Music Therapy organized by the IMC University of Applied Sciences, Krems, Austria on the topic "Role of Traditions in Therapeutic Relationship during the Music Therapy Process"

Release of "The Harmony" the official bulletin for the Quarter ended December 2015

The cover page for this issue is "Ragamala Paintings". Ragamala paintings of medieval Indian period depict expression of different ragas through imagery. They are visual representations of different musical modes capable of evoking pleasant feelings, mood or emotions on the performer and the listener of the raga. Guided and Unguided Imagery techniques of music therapy are popular in western countries and are used in medical settings to relax the patients and alleviate their anxious and depressive symptoms. More studies will be emanated from CMTER to test the efficacy of using Ragamala visual illustrations as tools in guided imagery techniques in Indian context. In this issue, as usual, there is a featured article on one of the studies emanated from CMTER on the topic "Effect of relaxing music on blood pressure and heart rate in hospitalized pre-hypertensive women in third trimester of pregnancy: A randomized controlled trial." This article is published in the Asian Journal of Pharmaceutical and Clinical Research. There is also another article on the application of "SOLO" taxonomy in music therapy education. There is also flash news on the launch of "Master's degree in Medical Music Therapy" from CMTER.





CENTRAL INTER-DISCIPLINARY RESEARCH FACILITY (CIDRF)

Message From

Prof.G.Subramanian,

Director, CIDRF



I am elated to indite a skimpy missive to the Annual report of CIDRF for the year 2015, barely three years from its inception. True to the proverb "Growing crop is visible in the limb", CIDRF has progressed in infrastructure build up; human resource development and procuring research grants from funding agencies, in addition to progress of work in the already funded projects during this year under report. Motivation of students, faculty and clinicians to undertake translational research "from bed to bench to bed" initiated through seminars and workshops was continued and improved upon this year also. This unique interdisciplinary research unit, dedicated toresearch in health sciences, (a product of the farsighted vision of Shri M.K.Rajagopalan, Chairman of SBECPT) links academicians and practising clinicians effectively through a variety of research projects, colloquia and the like, targeted to bring in quality and innovation in medical education, research and practice.

Hoping and wishing for progress in leaps and bounds,

Officiation/Participation in Academic/Scientific Events

Dr.J.Shanmugam, Senior Deputy Director of CIDRF was nominated by the Director of the National Assessment and Accreditation Council (NAAK) as the Inspector for evaluating Health Science Institutions. He was invited and participated in a two days workshop on "Interaction Workshop for NAAK Inspectors for Health Professionals" held on 3rd and 4th February, 2015 at NAAK - HQ, Bangalore. Dr.J.Shanmugam as the Chairman of the IEC, conducted the "Institutional Ethics Committee meeting on 16th February, 2015 at Indira Gandhi Medical College and Research Institute, Government of Puducherry. He was one of the resource persons for the CME program on "Bloodstream Infections-An Update", held at MGMC& RI on 28th March, 2015. He delivered an update talk on "Sources and Microbial species causing Bloodstream Infections". He was also the Organizing Secretary of the CME program. He has also delivered the inaugural address on "Importance and feasibility of research by Nursing professionals" in the KGNC Scientific Society meeting held at Kasturba Gandhi Nursing College, SBV. He delivered the felicitation speech after the inaugural address by Vice-Chancellor, SBV Dr.K.R.Sethuraman, during the Symposium on "Research Methodology" organized at KGNC, SVB on 25th March, 2015. In the scientific session, he delivered a talk on "Financial Aid for Nursing Research - Achieving Strategies".

The German House for Research and Innovation (Deutsches Wissenschafts- und Innovations Haus – DWIH New Delhi) organized the DWIH Horizon: Art Meets Science exhibition at Alliance Française Pondichéry from 21st to 26th February, 2015, which was attended by the Scientists from CIDRF.

Research Scholars, Ms. Preethi Sridharan and Ms. Akshayavardhani attended a one day workshop on Science and Communication (SCI - COMM) organized by Wellcome Trust - DBT India Alliance at the Department of Biochemistry & Biotechnology, Annamalai University, Chidambaram, on 11th March 2015.

Faculty and research students from CIDRF attended a one day CME entitled – 'Bloodstream infections - an update' organized MGMCRI under the auspices of the IMSA Chapter, Puducherry & MGMCRI - HICC on 28th March 2015.

Journal Club and Internal Doctoral committee Meetings

Journal club presentations titled, 'Degradation of amyloid beta by human induced pluripotent stem cell - derived macrophages expressing neprilysin-2. Stem Cell Research. 2014 Nov;13:442-53' and 'Mitochondrial genomic acquisition restores respiratory function and tumorigenic potential of cancer cells without mitochondrial DNA'. Cell Metabolism. 2015 Jan 6;21(1):81-94 were given by Ms. Karthika Sundaramoorthy, Research Assistant on 14.01.2015 and by Ms. Preethi Sridharan, Research Scholar, on 11.02.2015 respectively.

Internal monitoring meetings of the Doctoral program was held on 26.02.2015 for Ms. Akshayavardhani and Ms.Preethi Sridharan to evaluate and discuss the progress of their Ph.D work.

Visit by CIDRF staff to other institutions

C-Camp, Bangalore: On 5th February, 2015 Dr.J.Shanmugam, Senior Deputy Director-CIDRF, and Dr.Bala Nehru, Deputy Director-CIDRF, along with CEO Mr.S.Ravishankar visited the C-Camp-DBT research facilities in Bangalore and held discussions with the Scientists of the C-Camp

Institute of Biological Sciences, MKU, Madurai: On 11th Februay, 2015 Dr.J.Shanmugam and Dr.Bala Nehru visited the Institute of Biological Sciences, Madurai Kamaraj University at Madurai and held discussions with their Scientists in the Department of Molecular Biology-DBT research facilities.

TRPVB - TANUVAS, Chennai: On 13th February, 2015 Dr.J.Shanmugam and Dr.Bala Nehru visited the "Translational Research Platform for Veterinary Biological" at Tamil Nadu University of Veterinary and Animal Sciences and held discussions with the Director of TRPVB, a DBT – TANUVAS partnership initiative.

RIVER, Puducherry: On 16th February,2015, Dr.J.Shanmugam along with Dr.Selvaraj Stephen, Professor of Microbiology visited the Rajiv Gandhi Institute for Veterinary Education and Research (RIVERT) in Puducherry and held discussion with Microbiologists regarding possible collaborative research project on comparative study on the prevalence and characterization of MRSA among diseased and healthy animals and human beings.

Dr.N.Mangaiyarkarasi, UGC Fellow visited the Center for Advanced Studies in Marine Biology, Porte Novo on 14th, 28th and 29th August, 2015 and held discussion with the Director. She also visited Mandapam and Rameshwaram for Marine algal collection on 5th, 6th & 7th september, 2015.

VISIT of Dignitaries to CIDRF

On 14th March, 2015, Mr.P.Balakrishnan, Consultant Toxicologist, Chennai. He took participation in the

discussion regarding the organization of a modern animal house facility at SBV

On 28th March, 2015, Dr.K.Jagadeesan, President of International Medical Sciences Academy (IMSA), Honorary Overseas Advisor (India)-Royal College of Physicians and Surgeons of Glasgow, UK and Director of K.J Hospital, Chennai visited CIDRF.

On 23rd January, 2015, four Faculty from Department of Medical Education, Dundee University, Scotland visited CIDRF on 16th January, 2015

Dr. Thomas Aretz, Vice President of Global Programs and Dr.Lynn Eckhert of Partner Medical International visited CIDRF on 22.07.2015

Dr.N.Srivastava, Senior Scientist, Central Salt and Marine Chemical Research Institute, Bhavnagar, Gujarat, visited the CIDRF facility on 14th July, 2015 and held discussion with our Scientists regarding possible joint collaborative research.

SBV SANCTIONED RESEARCH PROJECTS

Five Five research projects were presented in front of the IRC and IEC and four projects have been approved. The details of the approved projects are:

One year Project-I titled, "A comparative study of prevalence and characterization of MRSA isolates from Human beings and domestic animals from Puducherry" with Dr.J.Shanmugam (CIDRF), Selvaraj Stephen (MGMCRI), Dr.X.Antony (RIVER), Dr.K.Renuka (KGNC), Dr.H.K.Mukhopadyay (RIVER), Dr.Pramodhini (MGMCRI) and Ms.Farzana Begum L (CIDRF) as the investigators.

A one year Project-II titled, "Prevalence and characterization of Candida species isolated form clinical specimens and healthy carriers" with Dr.J.Shanmugam (CIDRF), Dr.Selvaraj Stephen (MGMCRI), Dr.Seethesh Ghose (MGMCRI), Dr.S.Pramodhini (MGMCRI), Dr.Ramana Priya (MGMCRI) and Ms.A.Akshayavardhani (CIDRF) as investigators.

A six 6 months Project-II titled, Development of a novel egg shell based in vitro model calcium mineralization with Mr. Sam Vijay Kumar J (CIDRF), Dr. P.S. Manoharan (IGIDS) and Dr. M. Chandrasekaran (MGMCRI) as the investigators.

The last Project-IV titled "Association of maternal Periodontitis with preterm birth and low birth weight – A molecular study in a South Indian tertiary care hospital", with Mr.Sam Vijay Kumar J (CIDRF) Dr. Jannani (IGIDS) Dr. Sunitha Samal (MGMCRI) Ms. Farzana Begum L (CIDRF) as the investigators will be for a period of one and half years.

INAUGURATION OF SEMINAR PROGRAM AT CIDRF

Besides weekly journal club, CIDRF has started a monthly seminar program from the month of June, 2015. Every last Saturday of each month a seminar presentation will be made by CIDRF scientists in rotation on current topics of interest and relevant to CIDRF vision and mission. Dr.G.Subramanian, Director of CIDRF formally inaugurated the program with Dr.J.Shanmugam as the first speaker. The topic of his seminar presentation was on "Biocrime, Bioterrorism and Biowarfare – A global threat"

CIDRF-JOURNAL CLUB

The following research articles were presented and discussed. 1. "RB loss contributes to aggressive tumor phenotypes in MYC-driven triple negative breast cancer". Cell Cycle. 2015; 14(1):109-22. Presented by Akshayavardhani. 2. "Abnormal pregnancy outcomes in mice using an induced periodontitis model and the haematogenous migration of Fusobacterium nucleatum sub-species to the murine placenta". PLoS One. 2015 Mar 25; 10(3). Presented by Farzana Begum. 3. "Protection against T1DM- Induced Bone Loss by Zinc Supplementation: Biomechanical, Histomorphometric, and Molecular Analyses in STZ- Induced Diabetic Rats". PLoS One. 2015 May 1; 10(5) Karthika Sundaramoorthy. 4. "Modulation of Alternaria infectoria cell wall chitin and glucan synthesis by cell wall synthase inhibitors". Antimicrob Agents Chemother. 2014 May; 58 (5):2894-904. Presented by Rakesh Sharma. 5. "In vitro evidence for senescent multinucleated melanocytes as a source for tumor-initiating cells". Cell Death Dis. 2015 Apr 2; 6. Presented by Preethi Sridharan.

Activities of Prof.J.Shanmugam, Senior Deputy Director-CIDRF:

Participated in a three day CREATE Workshop on "Capacity Building of Ethics Committees for Clinical Research in India", at Pondicherry Institute of Medical Science, (PIMS),Kalapet, Puducherry between 6th to 8th of April,2015.

Held discussion with Dr.Usha Carounanidi, Principal of IGI Dental Sciences, SBV, regarding collaborative research work on the role of Streptococcus mutans causing Dental caries and the prevention of the same by steve sugar on28th April,2015

Discussed with Dr.Selvaraj Stephen, Professor of Microbiology (MGMCRI) and Dr.X.Antony, Professor of Microbiology from Rajiv Gandhi Institute of Veterinary Education and Research (RIVER), Govt.of Pondicherry regarding the joint research project on "Study of prevalence and characterization of MRSA and MSSA from human beings and domestic animals in Puducherry on29th April,2015

As the Chairman of the Institutional Ethics Committee, conducted two IEC meetings at Indira Gandhi Medical College and Research Center, Govt. of Pondicherry on 14th May,2015 (For Faculty Projects) and on 28th May, 2015 (For students' ICMR-STS projects).

Delivered an invited talk at the CME program on "Research Methodology and Medical Writing" organized at Sri Sathya Sai Medical College and Research Institute on. The title of his presentation was "Preparation of the manuscript for successful publication". He also coordinated with the Organizers in selecting the CME Speakers and their topics of presentation on 21st May,2015

As the Chairman of the Puducherry IMSA Chapter, Dr.J.Shanmugam was honored for conducting many CME programs in Puducherry by the President of the International Medical Sciences Academy (IMSA) during the Tamil Nadu IMSA Chapter meeting held at K J Hospital, Chennai on 10th May, 2015 Photo showing Dr.K.Jagadeesan, President of IMSA honoring Prof.J.Shanmugam at KJ Hospital in Chennai

On 30th May,2015, Dr.J.Shanmugam, Dr.Veni along with Shri.Ravisankar, CEO, SBV held detailed discussion with Dr.Rathnagiri Polavarapu, President & CEO, GENOMICS Molecular Diagnostics Pvt.Ltd, Hydrabad and GENOMIX Biotech Inc., Atlanta, USA, regarding the possible collaboration in rapid diagnostic techniques with our CIDRF.

On 30th June,2015, Dr.J.Shanmugam was invited as the External Expert to conduct the Ph.D public viva voce examination for Ms.Divya Bojari, (Guide Dr.Thangam Menon) in Microbiology at Dr.ALM Postgraduate Institute of Basic Medical Sciences at Taramani, Chennai.

PARTICIPATION AT SCIENTIFIC EVENTS

Dr.J.Shanmugam was invited to deliver a talk on "Arbo viruses in India and South East Asia, during the World Congress of Virology to be held at Atlanta, USA from 7th to 9th December, 2015. As the national President of the Indian Association of Medical Microbiologists, he was requested by the President of the International Society of Infectious Diseases (ISID) to organize a Symposium on "Diagnostic Microbiology - Future perspectives" during the forthcoming International Conference of Infectious Diseases to be held in March,2016 at Hyderabad, India Mr. Sam Vijay kumar, Ms. Farzana Begum and Mr. Rakesh Sharma attended a one day CME on Clinical embryology and its clinical significance in ART conducted by the Department of Anatomy, MGMCRI on 22nd June 2015.

Mr.Rakesh Sharma attended the International Conference on Music Therapy on "Current Trends in Music Therapy Education, Clinical Practice and Research on the 23rd June, 2015.

PRESENTATIONS/ PARTICIPATIONS IN ACADEMIC/SCIENTIFIC EVENTS

Dr.J.Shanmugam, Senior Deputy Director, CIDRF, delivered an invited presentation on "Ebola Virus.an highly virulent virus causing increased mortality" during the IAMM.CME program on "Microbial Infections - an Update" held at Sri Manakula Vinayagar Medical College and Hospital, Madagadipet, Puducherry on 11th July,2015.

Dr.J.Shanmugam, Senior Deputy Director, CIDRF, as the Chairman of the Institutional Ethics Committee, conducted IEC meeting at Indira Gandhi Medical College and Research Center, Government of Pondicherry on 15th September, 2015. As a Member of the Committee he has also attended the IEC meeting held at IGIDS, Sri Balaji Vidyapeeth, on 25th July, 2015.

Dr.J.Shanmugam attended the Workshop on Parasitology organized by the department of Microbiology (Convener Prof.Karthika), Sri Sathya Sai Medical College & RI, Chennai on 30th July, 2015.

Dr.N.Mangaiyarkarasi, UGC Fellow and Mr. Sam Vijay Kumar J, Scientist from CIDRF attended the National Conference on Intellectual Property Rights organized by the Intellectual Property Rights Cell, Sri Balaji Vidyapeeth on the 25th September, 2015

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Awards and Honours

Dr.J.Shanmugam, Senior Deputy Director, CIDRF, got elected as the Fellow of the Royal Society of Tropical Medicine and Hygiene (FRSTM&H), London (UK) for his significant contributions made in the field of Medical Microbiology during the past four decades.

PUBLICATIONS

Shanmugam,J and Anitha,T.S:2015. Copper- A Promising Antimicrobial Metal Having Potential Application to Reduce Healthcare Acquired Infections. Journal of Internatl. Med.Sci.Acad., Vol.28, No.4 (2015)

Nagarajan U, Pakkiriswami S, Pillai B.A. 2015. Sugar tags and tumorigenesis. Front Cell Dev Biol. 2015; 3: 69,

Nagarajan U, Pakkiriswami S and Pillai AB (2015) Sugar tags and tumourigenesis. Front. Cell Dev. Biol.3:69. doi:10.3389/ fcell.2015.00069

CONDUCTION OF CME / SYMPOSIUM

The CIDRF organized one National Workshop on "PCR Techniques" on 29*th* & 30*th* of October, 2015 and one National Symposium on "Molecular Techniques in Diagnosis and Research" on 31*st* October, 2015.

National Workshop

Techniques demonstrated: DNA isolation, RNA isolation, Conventional PCR, Reverse transcription PCR and Realtime PCR. Resource persons: Dr. Agieshkumar, Dr.S.Veni, Dr.T.S.Anitha, Mr. Sam Vijay Kumar J & Mrs.Farzana Begum L. Coordinator: Dr. Balanehru, S, Deputy Director, CIDRF. Number of selected participants: Twenty numbers. Sponsor: SBV University, Puducherry.

National Symposium

Coordinator: Dr.J.Shanmugam, Senior Deputy Director, CIDRF. Sponsor : Medical Council of India, New Delhi. Resource persons and their topics of presentations: 1. Dr. S. P. Thyagarjan, SRU., Porur, Chennai who spoke on the topic, Molecular diagnosis of infectious diseases, 2. Dr. J. Shanmugam, CIDRF, SBV, Puducherry, who spoke on the topic, Synthetic Biology – Applications and ethical issues, 3. Dr. C. Adithan, JIPMER, Puducherry, who spoke on the topic, Pharmacogenomics and Personalized Medicine, 4. Dr. Priya Abraham, CMC, Vellore, who spoke on the topic, Drug resistance in Viral infections-Molecular approach, 5. Dr. S. Nagini, Annamalai University, Chidambaram who



spoke on the topic, PCR – Applications and modifications, 6. Dr. Malali Gowda, C –CAMP, Bangalore who spoke on the topic, Next generation sequencing and Microarray, 7. Dr. S. Thanumalayan, CCMB, Hyderabad, who spoke on the topic,

Molecular diagnosis in Cardiovascular diseases and 8. Dr. M. Malathi, Sankara Nethralaya, Chennai, who spoke on the topic, Detection of Uncultivable and unidentifiable Microbes.

AWARDS & HONORS

Dr.J.Shanmugam, Senior Deputy Director, CIDRF, delivered the Presidential Oration award lecture on 27th November, 2015 during the 39th Annual Conference of the Indian Association of Medical Microbiologists head at JIPMER, Puducherry. The title of his Presidential oration was "Bio-crime, Bio-terrorism and Bio-warfare- A global problem".

Dr.J.Shanmugam, Senior Deputy Director, CIDRF, also delivered an invited talk during the plenary session at Pondicherry Central University on 20th December, 2015 during the 36th Annual Conference of the Indian Association of Biomedical Scientists. The title of his presentation was "Flying Viruses- Emerging and re-emerging viruses from Bats"

PATENT

Mr. Sam Vijay Kumar, Scientist, CIDRF, has applied for a provisional patent at Chennai on October, 2015 for the "Development of a novel cell culture insert for studying calcium mineralization".

MISCELLANY

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Mr. Sam Vijay Kumar had discussions with Dr. Kannan from Department of Surgery, MGMCRI regarding a collaborative project – 'Comparative study of virulence of Helicobacter pylori in patients with functional dyspepsia in alcoholics versus non alcoholics'.

Ms. Farzana Begum had discussions with Dr. Chetan Anand from Department of Surgery, MGMCRI regarding a collaborative project – 'Evaluation of nested PCR vs fecal antigen testing for H.Pylori in documentary eradication after H.Pylori treatment'.

Dr. Pooja Pratheesh was engaged in a research project involving PCR and real-time PCR with Dr. Stephen Selvaraj from Department of Microbiology, MGMCRI

Ms.Preethi Sridharan has successfully submitted her first year PhD work report to Department of Science and Technology which has been approved and money has been sanctioned for the second year.

Dr.N.Mangaiyarkarasi, UGC Fellow received an appreciation certificate on 15th August, 2015 from the Vice.Chancellor of SBV for her Body Donation. She has also attended the Advanced Lions Leadership Institute meeting at Colombo on 26th and 27th of September, 2015.





SRI BALAJI VIDYAPEETH UNIVERSITY

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