

SRI BALAJI VIDYAPEETH DEEMED TO BE UNIVERSITY

Institutional Distinctiveness

- 1. **Sri Balaji Vidyapeeth (SBV)** a health sciences Deemed to be University has been accredited with A grade by NAAC in the first cycle (November 2015). SBV has four constituent colleges, Faculty of Allied Health Sciences, besides five designated centres offering nodal services in academics, patient care, research and extension.
- Research, occupying the pivotal position at SBV fosters evidence based research at UG,
 PG and Doctoral level. Faculty Projects (both intramural and extramural) have been
 effected in cardinal areas related to personalized medicine, therapeutics and with a bend
 towards technology transfer.
- Academic flexibility has been given due impetus as more value added programmes and courses were acceded to the existing list of courses and programs. In addition, clinical observership programmes have also been enabled with a few Indian and International institutions.
- 4. A few unique developmental activities were enabled with reference to publications and IPR. These included the well chalked out sensitisation programme and comprehensive workshops on turning Postgraduate dissertations into publications, Filing Copyrights and Patents. A significant aspect of the developmental initiatives includes the promulgation of value added services in Medical Simulation, Cadaver Lab, and Small Animal Research etc. These are characterized by their uniqueness to the region in terms of availability of the infrastructure and offering of services.
- 5. Another facet that has taken shape during the last one year is the launch of value added hospital based certificate programmes, inter-disciplinary courses as indicated in the revised manual for Health Sciences Universities by NAAC and exclusive, one year (Full Time) Fellowship Program.

- 6. Yoga has been a part of SBV since its inception and since 2010 the Centre for Yoga Therapy, Education and Research (CYTER) of Sri Balaji Vidyapeeth (SBV) has been promoting health in a holistic manner with a scientific research based approach through the Mahatma Gandhi Medical College and Research Institute (MGMCRI). All students of the constituent colleges of SBV are exposed to the Yoga training and numerous courses are offered in the field of Yoga Therapy from certificate to PhD level.
- 7. The innovative focus of CYTER is on "Salutogenesis", the concept of health promotion and disease prevention and management, that enables us to work towards holistic health and wellbeing for all.
- 8. Similarly Music Centre for Music Therapy Education and Training (CMTER) of SBV approaches patient care with a salutogenic focus into medical practice by integrating music therapy service and has explored the integration of Western science with Indian philosophies of music. This is a transformation in new health care delivery system to empower the patients to heal themselves in terms of diseases or illness.

Patient Statistics from Holistic Medicine from July 2018 - June 2019

Month & Year	Music Therapy Patients			Yoga Therapy Patients		
	Male	Female	Total	Male	Female	Total
July 2018	122	140	262	382	346	728
August 2018	250	201	451	346	295	641
September 2018	142	141	283	323	301	624
October 2018	74	82	156	413	434	847
November 2018	86	94	180	492	462	954
December 2018	130	73	201	550	365	915
January 2019	172	104	276	484	403	887
February 2019	112	101	213	511	493	1004
March 2019	150	104	254	477	643	1120
April 2019	155	99	254	614	594	1208
May 2019	124	64	188	751	840	1591
June 2019	53	35	88	276	330	606
Total	1570	1238	2808	5619	5506	11125